

Accessing the Dignity Health Network

Throughout the Greater Sacramento region, there are a number of health plan options that allow our communities to connect to Dignity Health’s award-winning doctors, medical groups and hospitals. The following steps should be taken to ensure access to Dignity Health.

1

Choose a health plan that we accept

Dignity Health accepts most major insurances including a wide variety of HMO, PPO, Medicare Advantage and Covered California plans.

Visit

DignityHealth.org/OpenEnrollment for a complete list.

2

Choose a Dignity Health doctor

Choose a Primary Care Provider (PCP) through one of our affiliated medical groups:

Dignity Health Mercy Medical Group

Dignity Health Medical Group – Sierra Nevada

Dignity Health Woodland Clinic

3

Get exceptional care

including primary and specialty care, labs, imaging, urgent care, six full-service hospitals and other supportive health care services



Medical Groups



Hospitals



Supportive Healthcare Services

The Dignity Health Difference

Dignity Health's affiliated medical groups—Mercy Medical Group, Woodland Clinic and Dignity Health Medical Group – Sierra Nevada—deliver high-quality, compassionate health care for all. They put that belief into practice by providing the resources patients need, including:



Access to **700 providers** across **32 locations** covering primary care and more than **45 specialties**



Urgent care at 17 locations throughout Greater Sacramento



The convenience of **12 Medical Complexes** with a variety of services available in one location, like primary and specialty care, labs and imaging



MyCare, Dignity Health's patient portal, offering the ability to communicate with care teams online, schedule appointments, view lab results and more



24/7 **free nurse advice** for primary care and pediatrics



Same-day appointments and **online scheduling**



Virtual visits for primary care and all specialties

Learn more at DignityHealth.org/OpenEnrollment.