



## Interested in Applying for a Community Grant?

At St. Joseph's Hospital and Medical Center, we are interested in new, innovative projects within our community. Any non-profit organization that is interested in applying and would like to learn more about Dignity Health's Community Grants Program, please reach out to [CommunityGrantsSJHMC@dignityhealth.org](mailto:CommunityGrantsSJHMC@dignityhealth.org).

Hello humankindness®



## Community Grants

### 2022 Program Summary



We partner with non-profit organizations working to address health inequities in the communities we serve through our grants program.



The common good needs a champion.





## Addressing the Impact of the Pandemic on Cancer Care & Access to Cancer Screening for Unserved Communities

**Partners:** Cancer Support Community Arizona, Unlimited Potential, Salud En Balance (Protestant Episcopal Church, Iglesia Episcopal De San Pablo), and Wesley Health Center

In 2020, this community of care partnered and focused on providing comprehensive education and empowering services to underserved communities affected by cancer. The mission of the Community of Care is to ignite unity, pride and dignity through education and advocacy. Together, the Community of Care provides equitable opportunities grounded in acceptance and respect, promoting strong individuals, families and communities. Their work in the community empowers individuals to address their social needs and ultimately become agents of change.

*Cancer Support Community Arizona, Lead Agency: 602.712.1006*

## St. Joseph's Hospital and Medical Center | Community Grants Program

### Our Mission

At Dignity Health, St. Joseph's Hospital and Medical Center, we are committed to delivering compassionate, high-quality, and affordable healthcare for all. A key part of our mission is supporting the health and improving the well-being of vulnerable and under-served populations in meaningful, measurable ways.

### Our Grants Program

Dignity Health has led innovative models and high-value community interventions to address health inequities in our communities. In awarding community grants, Dignity Health partners with non-profit organizations working to improve health status and quality of life in the communities we serve. Grant funds are used to deliver services and strengthen service systems, to improve the health and well-being of vulnerable and under-served populations.

**In 2022 we awarded a total of \$608,416 through our Community Grants Program.**

## What is a Community of Care?

**A Community of Care** is three or more non-profit organizations collaborating with distinct roles in a strategic partnership. The Communities of Care listed on the following pages received grants to combine their efforts and focus on the common goal of addressing disproportionate unmet health-related needs, contributing to a seamless continuum of care, and addressing underlying causes of health problems facing our community.

# Communities of Care I 2022

## Resilient Families, Thriving Communities

**Partners:** Hushabye Nursery, Maggie's Place, Women's Health Innovations

In response to pressing community health needs, this partnership is focused on eliminating barriers to access. The program targets one of the most at-risk populations -- pregnant and parenting women experiencing substance use disorder, postpartum depression, homelessness, and/or trauma and their infants and children. The mission of this Community of Care is to create family-centered partnerships that deliver coordinated services allowing families to navigate the healthcare system to stay together and become resilient. The vision is to utilize evidence-based best practices and trauma-informed care to serve the most innocent patients and families in turmoil while keeping children safely with their families instead of in foster care.

*Hushabye Nursery, Lead Agency: 480-628-7500*

## Sembrando Semillas/Sowing Seeds

**Partners:** Chicano's Por La Causa, Inc., Peer Solutions, Hope Network (Arizona State University)

Sembrando Semillas/Sowing Seeds Community of Care will provide parent education and substance abuse prevention services to parents of youth ages 9-18 in Maricopa County. The mission of Sembrando Semillas is to build an alliance that engages the community to create conditions toward the prevention and reduction of substance abuse by youth. The vision is to ensure Maricopa County residents have access to information that will help individuals, parents, and youth make smarter choices and build healthy, safe, and successful lives free of substance abuse.

The Community of Care serves those who have risk factors for drug misuse including poverty, housing instability, academic failure/low attachment to school, family conflict, family history of antisocial behavior, and high risk or drug-related behavior. These services aim to reduce youths' future risk for substance use/opioid abuse or dependence (OUD). Interventions are needed in lower-income communities because they face a disproportionate impact





## Resilient Families, Thriving Communities Success Story

When I first walked into Maggie's Place I felt a weight lift off me...it was a nice house. I felt a huge relief being welcomed somewhere. There was a welcome sign on my bedroom door, outfits for my baby, and even a shower caddy with all the hygiene items I needed. During Korbin's time in the NICU, Hushabye Nursery gave me so much support through phone, class, texts and peer support group every Friday. Hushabye Nursery taught me that I'm not alone, and I can persevere.

Today, I have Korbin back in my care, new clean relationships, and a support system. Hushabye Nursery and Maggie's Place staff were with me at every DCS court appearance to advocate for me and help me stay in control of my emotions and just get a hug and remind me to take a breath. They threw me a party with cake and ice cream when Korbin got to return home to me. I am still living at Maggie's Place and I do counseling and take parenting classes regularly. I just celebrated being clean and sober for 2 years. I received my peer support specialist certification and am working on my Doula certification so that one day soon I can help other Medication Assisted Treatment (MAT) moms.



## Youth Violence Intervention and Prevention Project (Y-VIPP)

**Partners:** Bloom365, Ombudsman Educational Services, MIKID, Peoria Unified School District

Y-VIPP is a preventative school-based intervention program developed to meet the disproportionate health need for youth at risk of perpetrating interpersonal violence. When childhood trauma goes untreated and when family, peer, and/or societal influences condone domestic/sexual/dating violence, young people are more at risk for perpetrating violence. The collective Y-VIPP mission is to prevent violence before it begins, reduce the risk of violence from happening again, and alleviate the trauma of Adverse Childhood Experiences on youth. Our vision is healthy and safe relationships for all.

*Bloom 365, Lead Agency:  
1.888.606.HOPE (4673)*



...We learned to eat healthy using the plate method. They provided us with recipes and ideas on how and what to cook. My daughter started helping with meal prep and she now cooks for herself and us...She was able to lose weight and, more importantly, we were told by the endocrinologist that she no longer has prediabetes!"

—Mother of a 10-year-old participant in ¡Viva!,  
A Family Centered Obesity and Diabetes  
Prevention Program



## ¡Viva!- A Family Centered Obesity and Diabetes Prevention Program

**Partners:** Valley of the Sun YMCA, ASU Center for Health Promotion and Disease Prevention, The Society of St. Vincent de Paul

¡Viva! is an evidence- based diabetes prevention program focused on improving health behaviors and health outcomes of children at high-risk of developing type 2 diabetes. The partnership has come together around a shared vision for addressing one of the most challenging public health disparities, reducing Type 2 diabetes in children in an incredibly vulnerable and high-risk population. Viva's vision is to reduce Type 2 diabetes risks in children and help families make behavioral changes to improve their overall health. The 12-week program focuses on families with children 8-12 years of age who are patients at St. Joseph's Pediatrics and have a BMI greater or equal to the 85th percentile for age and gender. Collectively, the ¡Viva! program has helped reduce Type 2 diabetes factors in more than 100 youth while helping families make behavioral changes to improve their overall health.

*Valley of the Sun YMCA, Lead Agency:  
602.212.5114*



## Overcoming Social Determinants of Health (OSDH)

**Partners:** Elaine, Central Arizona Shelter Services (CASS), Community 43

Established in early 2021, this Community of Care was formed to help improve transportation barriers that exist for the most vulnerable populations in the valley. With a growing demand for rides, OSDH realized there was potential to expand their capacity and connect a greater number of people to social resources, shelter, and behavioral health services. They will help address transportation needs by providing free, compassionate and timely rides for those who need to connect to critical resources and services that affect their health and well-being. The mission of OSDH is to connect Arizona's homeless and under-served with critical resources by eliminating transportation barriers. Their vision is to become a national provider of transportation services in the pursuit of eliminating health disparities.

*Elaine, Lead Agency: (480) 225-3099*







## Improving the Health of Uninsured Patients with Diabetes

**Partners:** Mission of Mercy, Arizona Diabetes Foundation, Diana Gregory Outreach Services Foundation

Formed in 2019, this Community of Care focuses on how to best serve patients with diabetes through a comprehensive, patient-centered care approach. The project consists of free primary healthcare services, patient education and support, and access to nutritious, fresh produce. Collectively, the collaboration offers a continuum of care for under-served patients with diabetes. The mission of this Community of Care is to contribute to the health and wellbeing of uninsured patients by providing a dignified, comprehensive diabetes treatment, management, and education program. Their vision is to empower patients to manage their diabetes and adopt healthier lifestyles to improve their short- and long-term health outcomes.

*Mission of Mercy, Lead Agency: 602.861.2233*

## Improving the Health of Uninsured Patients with Diabetes

Success story described by  
Cecilia Chapman, RD, CDCES, at  
Maryvale Mission of Mercy Clinic:

A patient walked into the Maryvale clinic just before closing time, holding the hand of a young girl. She seemed very sad and told me that she had been praying for a bag of groceries when she picked up her prescriptions. She looked at the little girl and then at me and said quietly, "There is no food at home. The bag would have been a great help and the food would have lasted for a few days."

I smiled and told her I had just taken the last two bags to the doctors in the medical van and that they would be happy to give her a bag of food after refilling her prescriptions. Relieved, the young woman thanked me and walked straight to the van.

**As I was leaving, I saw the patient and her daughter smiling, holding a bright orange bag filled with groceries.**

Many of us are not aware of the great need faced by families in our communities daily. I am blessed to be a part of Mission of Mercy and have the opportunity to help the patients who need us so much. We couldn't do this important work without the generous support of Dignity Health.

