

Positive Life Support Group Physical Distance, Social Connection

A Zoom support group designed for CARE Center clients to connect and socialize during this time of uncertainty. Join us as we discuss the impact of the COVID 19 pandemic on our daily lives and ways to cope with the unending changes.

Join us via **Zoom**Wednesdays from 2:00 pm - 3:00 pm

Call: I-669-900-6833

Meeting ID: 923 3643 7059

Password: 654543

Facilitated by John Blasco, LCSW and Karie del Solar, MSW.

For more information,

Call: Karie del Solar at (562) 283-5528

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