



Stroke Survivors Support Group

If you or someone you know has suffered a stroke, we invite you to join us. Develop a support system with others going through similar stroke lifestyle changes. This support group is for stroke survivors and their families, an informal atmosphere to share common concerns and to learn about community resources and activities.

Every first Wednesday and every last Monday of the month 12:30 to 2:00 p.m.

Mercy San Juan Medical Center
Lukens Auditorium
6555 Coyle Avenue, Carmichael, CA

Facilitated by Mercy San Juan Medical Center
Stroke Survivors Support Group is FREE

All are welcome. For more information, please call **916.537.5177**



2024 Schedule

First Wednesday:

January 3, 2024
February 7, 2024
March 6, 2024
April 3, 2024
May 1, 2024
June 5, 2024
July 3, 2024
August 7, 2024
September 4, 2024
October 2, 2024
November 6, 2024
December 4, 2024

Last Monday:

January 29, 2024
February 26, 2024
March 25, 2024
June 24, 2024
July 29, 2024
August 26, 2024
October 28, 2024
November 25, 2024
December 30, 2024