

Stroke is an emergency. Every second counts.

Act F.A.S.T.



FACE

Does one side of the face droop?
Ask the person to smile.



ARMS

Is one arm weak or numb?
Ask the person to raise both arms.
Does one arm drift downward?



SPEECH

Is speech slurred? Ask the person to
repeat a simple sentence.
Is that sentence repeated correctly?



TIME

If the person shows any of these
symptoms, call 911 or get to the
hospital immediately.



Dignity Health™

Saint Francis Memorial Hospital