



**Dignity Health**<sup>®</sup>

Mercy's Orthopedic,  
Spine & Hand Center

## Dr. Arnold Lim, D.O.

Orthopedic Surgeon

Dr. Lim treats orthopedic conditions across a spectrum of ages, from adolescents to adults, including geriatric patients. His specific focuses include preservation, repair, and when necessary, the reconstruction of joints, bones, cartilage, ligaments, and tendons to restore function and motion. Dr. Lim places a particular emphasis on sports-related injuries.

### *Education and Accomplishments:*

- **UC Berkeley** - Bachelor of Arts, Molecular and Cell Biology
- **Johns Hopkins University** - Master of Health Sciences, Molecular Microbiology and Immunology
- **Touro University** - Doctorate of Osteopathic Medicine
- **Keesler Air Force Base Medical Center** - General Surgery Internship
- **[San Antonio, TX United States Air Force School of Aerospace Medicine]** - Aerospace Medicine Primary Course
- **University of Medicine and Dentistry of New Jersey** - Orthopedic Surgery Residency
- **Vandenberg Air Force Base** - General Medical Officer
- **Air Force Commendation Medal**
- **Army Commendation Medal**
- **American Osteopathic Board of Orthopedic Surgery** - Diplomate

Dr. Lim performs a variety of orthopedic surgeries, including shoulder, hip, and knee replacements; shoulder arthroscopy for rotator cuff and biceps tendon; labrum repair; knee arthroscopy; knee ligament repair; meniscal repair; reconstructions; debridement; and cartilage preservation. Dr. Lim utilizes advanced evidence-based treatments, from conservative to surgical, to maximize successful outcomes for his patients.

Dr. Lim is a member of the Arthroscopy Association of North America, Orthopedic Trauma Association, American Academy of Orthopedic Surgeons, American Osteopathic Academy of Orthopedics, and the Society of Military Orthopedic Surgeons.

In his spare time, Dr. Lim enjoys traveling, exploring new cuisines, and camping with his wife and son.

## Specialties:

- Joint Preservation
- Hip, shoulder, and knee arthroplasty (Total joint replacement)
- Knee, shoulder, ankle arthroscopy with joint preservation techniques, such as cartilage repair, knee ligament repair
- Ligament and tendon reconstructions
- Labrum repair
- Meniscus repair

## Mercy's Orthopedic, Spine & Hand Center



300 Old River Road, Suite 200  
Bakersfield Ca, 93312



[dignityhealth.org/bakersfield/ortho](https://dignityhealth.org/bakersfield/ortho)



661.664.2300

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Center+  
Spine Surgery  
Knee and Hip Replacement

Mercy Hospital Bakersfield is designated as a Blue Distinction Center+ for Spine Surgery and Knee & Hip Replacement by Anthem Blue Cross, an independent licensee of Blue Cross Association.

# Our Orthopedic Specialists

## **P.R. Chandrasekaran (Chandra), MD, FAAOS, FACS**

300 Old River Road, Suite 200  
Bakersfield, Ca 93312  
661.663.6529

Specializing in: arthroscopic surgery (minimally invasive), fracture fixation, shoulder injuries, knee injuries, joint replacement

**Clinic Days: Monday (afternoon), Tuesday, Wednesday (limited), Friday (afternoon)**

## **Phil N. Dang, M.D.**

300 Old River Road, Suite 200  
Bakersfield, Ca 93312  
661.663.6529

Specializing in: carpal tunnel, injuries to soft tissues of the hand, wrist, forearm, ankle and hip, ganglion cysts, tumors of upper extremity, tendon and nerve repair, tennis and golfers elbow, non surgical management of hand and wrist issues.

**Clinic Days: Monday (morning), Tuesday, Wednesday (morning), Thursday**

## **Berkay Unal, M.D.**

300 Old River Road, Suite 200  
Bakersfield, Ca 93312  
661.663.6529

Specializing in: sports injuries, shoulder disorders, knee disorders, sports injuries, arthritis, arthroscopic surgery (minimally invasive), ligament reconstruction, cartilage restoration

**Clinic Days: Monday, Wednesday, Friday**

## **Alfred J. Coppola, M.D.**

300 Old River Road, Suite 200  
Bakersfield, Ca 93312  
661.663.6529

Specializing in: Total hip and knee replacement, anterior hip replacement (minimally invasive), shoulder injuries, knee injuries, arthroscopic surgery (minimally invasive), sports injuries, fracture care

**Clinic Days: Monday, Thursday, Friday (morning)**

## **Arnold Lim, D.O.**

300 Old River Road, Suite 200  
Bakersfield, Ca 93312  
661.663.6529

Specializing in: Debridement, cartilage preservation, hip, shoulder, knee, arthroplasty (total joint replacement), knee, shoulder, ankle arthroscopy with joint preservation techniques such as cartilage repair, ligament and tendon reconstructions, labrum repair, meniscal repair

**Clinic Days: Monday (afternoon), Tuesday, Thursday**

## **George M. Wahba, M.D.**

300 Old River Road, Suite 200  
Bakersfield, Ca 93312  
661.663.6529

Specializing in: Neck and back pain, spinal stenosis, disc herniation, sciatica, nerve root compression with radiating pain, spondylolisthesis and spinal instability, degenerative spine conditions, spinal cord compression, spine trauma, scoliosis, spine tumors

**Clinic Days: Wednesday, Thursday, Friday**

## **Charles Wong, D.O.**

300 Old River Road, Suite 200  
Bakersfield, Ca 93312  
661.663.6529

Specializing in: Orthopedic surgery, hand and microsurgery, carpal tunnel surgery, trigger finger, finger, hand, and wrist and forearm fractures, soft tissue injuries (hand, wrist & forearm), ganglion cysts, tendon and nerve surgery, dupuytren's surgery, non-operative management of hand and wrist conditions

**Clinic Days: Monday (morning), Wednesday, Friday**



## Joint Pain Assessment

Take our free online joint pain assessment and take the first step toward a life without pain.

[dignityhealth.org/bakersfield/ortho](https://dignityhealth.org/bakersfield/ortho)



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