

# Community Resources

Information posted in this document may not be directly related to Calaveras Public Health services or programs – it is intended only to identify external programs that may be available in your region.

## Health & Human Services Programs

[hhsa.calaverasgov.us](http://hhsa.calaverasgov.us) or  
call (209) 754-6448

## 24 Hour Mental Health Crisis Hotline

(209) 754-3239 or  
(800) 499-3030

## C4Yourself

- Cash Assistance
- Medi-Cal

[c4yourself.com](http://c4yourself.com) or  
call (877) 410-8804

## Cal Fresh

- Food Benefits
- Food Stamps (SNAP)

[getcalfresh.org](http://getcalfresh.org)

## Addiction Resources

- Text a Message to 55753
- [Send an Email](#)
- Call (855) 378-4373

## Calaveras Unified Food Services

- Drive through and pick up meals for children
- For details please visit the CUSD website

[cUSD.custudents.net](http://cUSD.custudents.net) or  
call (209) 754-2121

Resources will updated as they  
readily become available



Public Health Division  
Calaveras Health and Human Services Agency



**COVID-19**  
NOVEL CORONAVIRUS

For more information: <https://covid19.calaverasgov.us/>