



MERCY MEDICAL CENTER

## Diabetes Support Group

*A monthly support group for those affected by diabetes.*

### What is the Diabetes Support Group?

Diabetes can seem to be an overwhelming disease because it impacts so many areas of your daily life. It's important to have support from family, friends and from other people with diabetes.

Don't underestimate the importance of peer support. Our Diabetes Support Group meets on the first Tuesday of every month.

There is no cost to attend this support group, however registration is required.

### Meetings are held at:

Mercy Outpatient Center  
Community Health, 3rd Floor  
2740 M Street  
Merced, CA 95340

### 2018 Support Group Dates and Time:

1:30pm

January 16  
February 20  
March 20  
April 17  
May 15  
June 19  
July 17  
August 21  
September 18  
October 16  
No November Group  
December 18

For more information about the Diabetes Support Group call:

209.564.4310

### To Register:

*Call Mercy's Community Health Center at 209.564.4310 or send an email to [Lillian.Sanchez@DignityHealth.org](mailto:Lillian.Sanchez@DignityHealth.org).*