

MARK TWAIN MEDICAL CENTER MEALS FOR November 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Reservations Required: Call 728-1672 and leave message by Thursday the week before</p>	<p>3 Drive-Through Service Only - 12:00 - 1:00 Thursday at Murphy's Senior Center 65 Mitchler Ave., Murphy's</p>	<p>4 8 OUNCES OF Low-Fat Milk OFFERED AT EACH MEAL</p>	<p>5 Stuffed Bell Pepper w/Marinara Sauce Giardiniera Vegetables Potato Pierogis Fresh Fruit Salad Dinner Roll</p>	<p>6 ****Thanksgiving Week**** Service will be on Tuesday not Thursday</p>
<p>9</p>	<p>10</p>	<p>11</p>	<p>12 Loaded Chicken Pot Pie Black Bear Veggie Medley Lima Beans Mandarin Oranges Dinner Roll Birthday Cupcake</p>	<p>13</p>
<p>16 VETERANS' DAY</p> 	<p>17</p>	<p>18</p>	<p>19 Pot Roast w/Gravy Winter Roasted Vegetables Herb Fingerling Potatoes Apple Dinner Roll</p>	<p>20</p>
<p>23</p>	<p>24 Roast Turkey Dinner Green Bean Casserole Cheesy Mashed Potatoes Stuffing Fresh Cranberry Relish Dinner Roll Holiday Pie</p>	<p>25</p>	<p>26 - Service on Tuesday this week</p> 	<p>27</p>
<p>30</p>				

MEAL SERVICE @ 12:00 PM

= > 750 mg Sodium **FUNDED BY YOUR DONATIONS***AREA 12 AGENCY ON AGING***MARK TWAIN MEDICAL CENTER FOUNDATION**
SUGGESTED SENIOR DONATION \$5.00