


MARK TWAIN MEDICAL CENTER SENIOR MEALS FOR APRIL 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
You are receiving 3 meals on Thursday including the meals in the cold bags. Suggested contribution is \$15.00 for the week	Reservations Required: Call 728-1672 and leave message by Thursday the week before		Chicken Baked Chicken w/Country Gravy Mashed Potatoes Corn Peaches Dinner Roll	Drive-Through Service Only 12:00 - 1:00 Thursday at Murphy's Senior Center 65 Mitchler Ave., Murphy's
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30
			Chicken Fajitas Black Beans & Roasted Corn Spanish Rice Mandarin Oranges Tortilla	8 OUNCES OF Fat Free Milk OFFERED AT EACH MEAL Menu Subject To Change without Notice

= > 750 mg Sodium

MEAL SERVICE @ 12:00 PM

FUNDED BY YOUR CONTRIBUTIONS, MARK TWAIN MEDICAL CENTER FOUNDATION AND AREA 12 AGENCY ON AGING. SUGGESTED CONTRIBUTION FOR SENIORS \$5.00

