

**Mark Twain Medical Center/Murphy's Senior Center
MEALS FOR JUNE 2021**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Drive-Through Service Only - 12:00 - 1:00 Thursday at Murphy's Senior Center 65 Mitchler Ave., Murphy's	Reservations Required: Call 728-1672 and leave message by Thursday the week before	2	3 Lemon Garlic Chicken Macaroni & Cheese Herb Sauté Carrots Swiss Chard Fresh Fruit Salad Dinner Roll	4
7	8	9	10 Meatloaf & Gravy Mashed Potatoes California Veggies Lima Beans Apple Dinner Roll	11
14	15	16	17 Chicken & Veggie Lasagna Grilled Fresh Asparagus Corn Orange Dinner Roll Birthday Cupcake	18
21	22	23	24 Cheeseburger w/Lettuce & Tomato Coleslaw Seasoned Potato Wedges Fresh Fruit Salad	25
28	29	30		8 OUNCES OF Fat Free MILK OFFERED AT EACH MEAL

MEAL SERVICE @ 12:00 PM



= > 750 mg Sodium
FOUNDATION

FUNDED BY YOUR DONATIONS*AREA 12 AGENCY ON AGING***MARK TWAIN MEDICAL CENTER**

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SUGGESTED SENIOR DONATION \$5.00