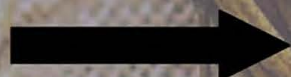


# ANNOUNCEMENT

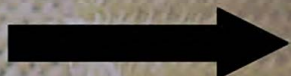
Mark Twain Medical Center is the new provider for the senior congregate nutrition program in Calaveras County.

**MURPHYS' SENIOR CENTER**  
65 MITCHLER AVENUE  
MURPHYS, CA 95247



**Tuesdays 11:00am-1:00pm**  
Lunch Served at 12pm

**BURSON OLD FIRE STATION**  
3624 N. BURSON ROAD.  
BURSON, CA 95225



**Wednesdays 10:30am-1:00pm**  
Lunch Served at 12pm

**EMERALD VETERANS MEMORIAL**  
1551 N. 1ST ST.  
VALLEJO, CA 94590



**THURSDAYS 10:30am-1:00pm**  
Lunch Served at 12pm

This program is partially funded by Area 12 Agency on Aging & Mark Twain Medical Center Foundation. Suggested contributions of \$4.00 per person. However, no eligible individual will be denied services because of an inability to contribute. Must be 60+ to participate.



**Dignity Health™**  
Mark Twain Medical Center

FOR MORE INFORMATION PLEASE  
CALL MARK TWAIN MEDICAL CENTER  
(209) 754-6118



**Area 12**  
Agency on Aging

# MARK TWAIN MEDICAL CENTER MEALS FOR December 2019

MONDAY	TUESDAY - Murphy's	WEDNESDAY - Burson	THURSDAY	FRIDAY
2	3 Chicken Pot Pie w/Vegetables Garden Salad Mandarin Oranges Whole Wheat Bread	4 Chicken Pot Pie w/Vegetables Garden Salad Mandarin Oranges Whole Wheat Bread	5	6
9	10 Pork Chile Verde over Brown Rice Garden Salad Lima Beans Banana Whole Wheat Tortilla	11 Pork Chile Verde over Brown Rice Garden Salad Lima Beans Banana Whole Wheat Tortilla	12	13
16	17 Chicken Baked Chicken w/Country Gravy Mashed Potatoes Corn Peaches Corn Muffin	18 <b>Holiday Special</b> Glazed Ham Garden Salad Maple Roasted Sweet Potatoes Cinnamon Applesauce Whole Wheat Dinner Roll Birthday Cake	19	20
23	24 <b>Holiday Special</b> Glazed Ham Garden Salad Maple Roasted Sweet Potatoes Cinnamon Applesauce Whole Wheat Dinner Roll Birthday Cake	25 <b>CLOSED FOR CHRISTMAS HOLIDAY</b> 	26	27
30	31 Grilled Vegetable Lasagna Garden Salad Green Beans Peaches Multi-Grain Garlic Bread	8 OUNCES OF Fat Free Milk OFFERED AT EACH MEAL		<b>RESERVATIONS REQUIRED:</b> Please call the reservation line directly at: 754-6118



= > 750 mg Sodium

**MEAL SERVICE @ 12:00 PM**

**FUNDED BY YOUR CONTRIBUTIONS, MARK TWAIN MEDICAL CENTER FOUNDATION AND AREA 12 AGENCY ON AGING.  
SUGGESTED CONTRIBUTION FOR SENIORS \$4.00.....NON-SENIOR OR GUEST REQUIRED FEE \$6.00**