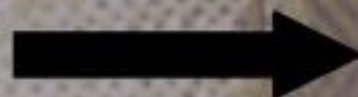


# ANNOUNCEMENT

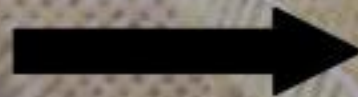
## Calaveras County Congregate Meal Sites

**MURPHYS' SENIOR CENTER  
65 MITCHLER AVENUE  
MURPHYS, CA 95247**



**Tuesdays 11:00am-1:00pm  
Lunch Served at 12pm**

**BURSON OLD FIRE STATION  
3624 N. BURSON ROAD.  
BURSON, CA 95225**



**Wednesdays 10:30am-1:00pm  
Lunch Served at 12pm**

**This program is partially funded by  
Area 12 Agency on Aging & Mark Twain Medical Center Foundation.  
Suggested contributions of \$4.00 per person. However, no eligible individual  
will be denied services because of an inability to contribute.  
Must be 60+ to participate.**



**Dignity Health™**  
Mark Twain Medical Center

**FOR MORE INFORMATION PLEASE  
CALL MARK TWAIN MEDICAL CENTER  
(209) 754-6118**



**Area 12**  
Agency on Aging



# MARK TWAIN MEDICAL CENTER SENIOR MEALS FOR FEBRUARY 2020

MONDAY	TUESDAY MURPHY's	WEDNESDAY BURSON	THURSDAY	FRIDAY
3	4	5	6	7
	Salisbury Steak w/Gravy Collard Greens Scalloped Potatoes Tropical Fruit Cup Whole Grain Bread Stick	Salisbury Steak w/Gravy Collard Greens Scalloped Potatoes Tropical Fruit Cup Whole Grain Bread Stick		
10	11	12	13	14
	Chicken & Biscuits Caesar Salad w/Tomatoes & Croutons 4-Way Vegetable Blend Orange Wedges Whole Grain Bread Stick	Chicken & Biscuits Caesar Salad w/Tomatoes & Croutons 4-Way Vegetable Blend Orange Wedges Whole Wheat Roll		
17	18	19	20	21
 <i>Lincoln</i>	 <i>Washington</i>			
	Spaghetti w/Meatballs Garden Salad Spinach & Mushrooms Banana Multi Grain Garlic Bread  <i>Birthday Cake &amp; Ice Cream</i>	Spaghetti w/Meatballs Garden Salad Spinach & Mushrooms Banana Multi Grain Garlic Bread  <i>Birthday Cake &amp; Ice Cream</i>		
24	25	26	27	28
	Chicken Baked Chicken w/Country Gravy Mashed Potatoes Corn Peaches Whole Grain Bread Stick	Chicken Baked Chicken w/Country Gravy Mashed Potatoes Corn Peaches Whole Grain Bread Stick		
	<b>RESERVATIONS REQUIRED:</b> Please call the reservation line directly at: 754-6118 😊		8 OUNCES OF Fat Free Milk OFFERED AT EACH MEAL  Menu Subject To Change without Notice	



= > 750 mg Sodium

**MEAL SERVICE @ 12:00 PM**

**FUNDED BY YOUR CONTRIBUTIONS, MARK TWAIN MEDICAL CENTER FOUNDATION AND AREA 12 AGENCY ON AGING.  
SUGGESTED CONTRIBUTION FOR SENIORS \$4.00.....NON-SENIOR OR GUEST REQUIRED FEE \$6.00**