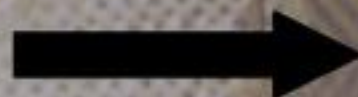


ANNOUNCEMENT

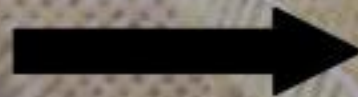
Calaveras County Congregate Meal Sites

**MURPHYS' SENIOR CENTER
65 MITCHLER AVENUE
MURPHYS, CA 95247**



**Tuesdays 11:00am-1:00pm
Lunch Served at 12pm**

**BURSON OLD FIRE STATION
3624 N. BURSON ROAD.
BURSON, CA 95225**



**Wednesdays 10:30am-1:00pm
Lunch Served at 12pm**

**This program is partially funded by
Area 12 Agency on Aging & Mark Twain Medical Center Foundation.
Suggested contributions of \$4.00 per person. However, no eligible individual
will be denied services because of an inability to contribute.
Must be 60+ to participate.**



Dignity Health™
Mark Twain Medical Center

**FOR MORE INFORMATION PLEASE
CALL MARK TWAIN MEDICAL CENTER
(209) 754-6118**



Area 12
Agency on Aging

MARK TWAIN MEDICAL CENTER SENIOR MEALS FOR JANUARY 2020

MONDAY	TUESDAY - Murphy's	WEDNESDAY - Burson	THURSDAY	FRIDAY
RESERVATIONS REQUIRED: Please call the reservation line directly at: 754-6118	8 OUNCES OF Fat Free Milk OFFERED AT EACH MEAL Menu Subject To Change without Notice	HAPPY NEW YEARS 1 Roast Beef w/Gravy Mashed Potatoes Garden Salad Cinnamon Applesauce Whole Wheat Bread Milk	2	3
6	7 Beef Stroganoff over Noodles Caesar Salad Lima Beans Orange Wedges Whole Wheat Dinner Roll Milk	8 Beef Stroganoff over Noodles Caesar Salad Lima Beans Orange Wedges Whole Wheat Dinner Roll Milk	9	10
13	14 Chicken Baked Chicken w/Country Gravy Mashed Potatoes Corn Tropical Fruit Salad Whole Wheat Roll Birthday Celebration Milk	15 Chicken Baked Chicken w/Country Gravy Mashed Potatoes Corn Tropical Fruit Salad Whole Wheat Roll Birthday Celebration Milk	16	17
20	21 Lemon Herb Fish Garden Salad Green Beans Jade Rice Peaches Whole Wheat Dinner Roll Milk	22 Lemon Herb Fish Garden Salad Green Beans Jade Rice Peaches Whole Wheat Dinner Roll Milk	23	24
27	28 Sweet & Sour Pork w/Vegetables Garden Salad Asian Stir Fry Vegetables Brown & Wild Rice Banana Milk	29 Sweet & Sour Pork w/Vegetables Garden Salad Asian Stir Fry Vegetables Brown & Wild Rice Banana Milk	30	31



= > 750 mg Sodium

MEAL SERVICE @ 12:00 PM

**FUNDED BY YOUR CONTRIBUTIONS, MARK TWAIN MEDICAL CENTER FOUNDATION AND AREA 12 AGENCY ON AGING.
SUGGESTED CONTRIBUTION FOR SENIORS \$4.00.....NON-SENIOR OR GUEST REQUIRED FEE \$6.00**