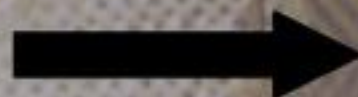


# ANNOUNCEMENT

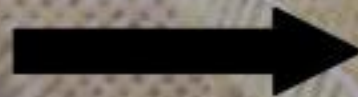
## Calaveras County Congregate Meal Sites

**MURPHYS' SENIOR CENTER  
65 MITCHLER AVENUE  
MURPHYS, CA 95247**



**Tuesdays 11:00am-1:00pm  
Lunch Served at 12pm**

**BURSON OLD FIRE STATION  
3624 N. BURSON ROAD.  
BURSON, CA 95225**



**Wednesdays 10:30am-1:00pm  
Lunch Served at 12pm**

**This program is partially funded by  
Area 12 Agency on Aging & Mark Twain Medical Center Foundation.  
Suggested contributions of \$4.00 per person. However, no eligible individual  
will be denied services because of an inability to contribute.  
Must be 60+ to participate.**



**Dignity Health™**  
Mark Twain Medical Center

**FOR MORE INFORMATION PLEASE  
CALL MARK TWAIN MEDICAL CENTER  
(209) 754-6118**



**Area 12**  
Agency on Aging

# MARK TWAIN MEDICAL CENTER SENIOR MEALS FOR MARCH 2020

MONDAY	TUESDAY Murphy's	WEDNESDAY Burson	THURSDAY	FRIDAY
2	3 Hawaiian Chicken & Vegetables over Rice Garden Salad Mandarin Oranges Coconut Brown Rice Whole Grain Bread Stick Fortune Cookie	4 Hawaiian Chicken & Vegetables over Rice Garden Salad Mandarin Oranges Coconut Brown Rice Whole Grain Bread Stick Fortune Cookie	5	6
9	10 Pot Roast w/Potatoes & Carrots Caesar Salad w/Tomato & Croutons Mashed Potatoes Pineapple Whole Grain Bread Stick	11 Pot Roast w/Potatoes & Carrots Caesar Salad w/Tomato & Croutons Mashed Potatoes Pineapple Whole Grain Bread Stick	12	13
16	17 Grilled Vegetable & Chicken White Lasagna Garden Salad Sauté Green Beans Orange Wedges Multi-Grain Garlic Bread <i>Birthday Cake &amp; Ice Cream</i>	18 Grilled Vegetable & Chicken White Lasagna Garden Salad Sauté Green Beans Orange Wedges Multi-Grain Garlic Bread <i>Birthday Cake &amp; Ice Cream</i>	19	20
23	24 Beef Stew w/Vegetables over Brown Rice Garden Salad Peaches Whole Grain Bread Stick	25 Beef Stew w/Vegetables over Brown Rice Garden Salad Peaches Whole Grain Bread Stick	26	27
30	31 Chicken Baked Chicken w/Country Gravy Mashed Potatoes Corn Peaches Whole Grain Bread Stick	<b>RESERVATIONS REQUIRED:</b> Please call the reservation line directly at: 754-6118 		<b>8 OUNCES OF Fat Free Milk OFFERED AT EACH MEAL</b>  Menu Subject To Change without Notice

= > 750 mg Sodium

**MEAL SERVICE @ 12:00 PM**

**FUNDED BY YOUR CONTRIBUTIONS, MARK TWAIN MEDICAL CENTER FOUNDATION AND AREA 12 AGENCY ON AGING.  
SUGGESTED CONTRIBUTION FOR SENIORS \$4.00.....NON-SENIOR OR GUEST REQUIRED FEE \$6.00**

