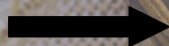


ANNOUNCEMENT

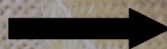
Calaveras County Congregate Meal Sites

MURPHYS' SENIOR CENTER
65 MITCHLER AVENUE
MURPHYS, CA 95247



Tuesdays 11:00am-1:00pm
Lunch Served at 12pm

BURSON OLD FIRE STATION
3624 N. BURSON ROAD.
BURSON, CA 95225



Wednesdays 10:30am-1:00pm
Lunch Served at 12pm

This program is partially funded by
Area 12 Agency on Aging & Mark Twain Medical Center Foundation.

Suggested contributions of \$5.00 for eligible seniors & \$7.00 for
guests, per person. However, no eligible individual will be denied
services because of an inability to contribute.





Dignity Health™
Mark Twain Medical Center

FOR MORE INFORMATION PLEASE
CALL MARK TWAIN MEDICAL CENTER
(209) 754-6118



Area 12
Agency on Aging

MARK TWAIN MEDICAL CENTER SENIOR MEALS FOR MARCH 2020

MONDAY	TUESDAY Murphy's	WEDNESDAY Burson	THURSDAY	FRIDAY
2	3 Hawaiian Chicken & Vegetables over Rice Garden Salad Mandarin Oranges Coconut Brown Rice Whole Grain Bread Stick Fortune Cookie	4 Hawaiian Chicken & Vegetables over Rice Garden Salad Mandarin Oranges Coconut Brown Rice Whole Grain Bread Stick Fortune Cookie	5	6
9	10 Pot Roast w/Potatoes & Carrots Caesar Salad w/Tomato & Croutons Mashed Potatoes Pineapple Whole Grain Bread Stick	11 Pot Roast w/Potatoes & Carrots Caesar Salad w/Tomato & Croutons Mashed Potatoes Pineapple Whole Grain Bread Stick	12	13
16	17 Grilled Vegetable & Chicken White Lasagna Garden Salad Sauté Green Beans Orange Wedges Multi-Grain Garlic Bread <i>Birthday Cake & Ice Cream</i>	18 Grilled Vegetable & Chicken White Lasagna Garden Salad Sauté Green Beans Orange Wedges Multi-Grain Garlic Bread <i>Birthday Cake & Ice Cream</i>	19	20
23	24 Beef Stew w/Vegetables over Brown Rice Garden Salad Peaches Whole Grain Bread Stick	25 Beef Stew w/Vegetables over Brown Rice Garden Salad Peaches Whole Grain Bread Stick	26	27
30	31 Chicken Baked Chicken w/Country Gravy Mashed Potatoes Corn Peaches Whole Grain Bread Stick	RESERVATIONS REQUIRED: Please call the reservation line directly at: 754-6118 		8 OUNCES OF Fat Free Milk OFFERED AT EACH MEAL Menu Subject To Change without Notice

= > 750 mg Sodium

MEAL SERVICE @ 12:00 PM

**FUNDED BY YOUR CONTRIBUTIONS, MARK TWAIN MEDICAL CENTER FOUNDATION AND AREA 12 AGENCY ON AGING.
SUGGESTED CONTRIBUTION FOR SENIORS \$5.00.....NON-SENIOR OR GUEST REQUIRED FEE \$7.00**

