



MERCY MEDICAL CENTER

Diabetes Self Management Program (DSMP)

Living a healthy life with diabetes.

What is the Diabetes Self Management Program?

The Diabetes Self-Management Program is an 8 week workshop held on Wednesdays that helps participants learn proven strategies to manage diabetes and feel healthier.

There is no cost to attend, however, registration is required.

To Register:

To register, contact Lillian Sanchez at Lillian.Sanchez@DignityHealth.org or call **209.564.4310**.

Workshops are held at:

Mercy Outpatient Center
Community Health, 3rd Floor
2740 M Street
Merced, CA 95340

Workshop Dates and Times:

For upcoming workshop dates, contact Lillian Sanchez-Ramos at 209.564.4310 or Lillian.Sanchez@DignityHealth.org.