

St. Joseph's Behavioral Health Center presents

Marriage Skills Group

For Couples

Wednesdays
6 - 8 p.m.

Located in

**St. Joseph's Behavioral Health's
Outpatient Center**

510 E. Magnolia St, Stockton



This four-week class will help couples improve their marriage by providing skills for more effective communication styles, understanding the role that gender and personality differences can play in creating conflict as well as practical ways to grow and improve as a couple.

Class taught by a licensed marriage and family therapist. Both members of the couple are required to attend. Class size is limited to six couples.

Call **209.938.0831** to register for the group

Cost: \$60 per couple / per session*

*Private insurance or private pay accepted



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St. Joseph's Behavioral
Health Center

StJosephsCanHelp.org