

St. Joseph's Behavioral Health Center presents

Parenting Skills Group

Wednesdays
6 - 8 p.m.

Located in

**St. Joseph's Behavioral Health's
Outpatient Center**

510 E. Magnolia St, Stockton



Ever feel like you have lost control of your children and don't know where to turn? Well, join us for this four-week class which will help parents improve their parenting skills by providing effective techniques in the areas of communication, understanding reasons for misbehavior, sibling rivalry, discipline and punishment, encouragement and praise, negotiation, and how to conduct family meetings.

Call **209.938.0831** to register for the group

Cost: \$40 per person or \$60 per couple / per session*

*Private insurance or private pay accepted



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St. Joseph's Behavioral
Health Center

StJosephsCanHelp.org