

St. Joseph's Behavioral Health Center presents

# Social Skills Group

For children ages  
8 – 13

Every Wednesday  
3:30 - 5:00 p.m.



Located in

**St. Joseph's Behavioral Health's Outpatient Center**

510 E. Magnolia St., Stockton

- Learn tools to help understand thoughts we have about people, our hidden social expectations, how social behavior affects our emotions and how our emotions affect how we treat others
- Understand how actions and words affect others, how flexible thinking and behaving can improve problem solving
- Become more effective in communication, sharing space with others and regulating emotions

Call **209.938.0831** for a free 30-minute behavioral assessment

This assessment determines whether the child would benefit from the group, as well as to set individual goals.

Cost: \$40/session\*

\*Private insurance or private pay accepted



**Dignity Health**<sup>™</sup>

St. Joseph's Behavioral  
Health Center

[StJosephsCanHelp.org](http://StJosephsCanHelp.org)