

## MONDAY

## Yoga 🗨

5:00 PM  
Virtual/Zoom Meeting

3

## Energy Balancing Session 🗨

11AM-12PM  
Virtual/Zoom Meeting

10

## Prostate Cancer Support Group 🗨

6:30PM  
Virtual/Zoom Meeting

17

## Energy Balancing Session 🗨

11AM-12PM  
Virtual/Zoom Meeting

24

Memorial Day  
HCRC is closed

31

## TUESDAY

## Breast Cancer Support Group 🗨

5:45 PM  
Virtual/Zoom Meeting

4

## Spanish Support Group 🗨

5:30 PM  
Virtual/Zoom Meeting

11

## Breast Cancer Support Group 🗨

5:45 PM  
Virtual/Zoom Meeting

18

## Spanish Support Group 🗨

5:30 PM  
Virtual/Zoom Meeting

25

## WEDNESDAY

## Tai Chi Chih

11:00 AM  
Call HCRC for details

5

## Qigong Class

5:30 PM  
Call HCRC for details

## Skin Cancer 101 🗨

5:45 PM  
Virtual/Zoom Meeting

## Tai Chi Chih

11:00 AM  
Call HCRC for details

12

## All Blood Cancer Support Group 🗨

1-2PM  
Virtual/Zoom Meeting

## Qigong Class

5:30 PM  
Call HCRC for details

## Tai Chi Chih

11:00 AM  
Call HCRC for details

19

## Nutritional Counseling 🗨

by phone appointment

## Qigong Class

5:30 PM  
Call HCRC for details

## Tai Chi Chih

11:00 AM  
Call HCRC for details

26

## Nutritional Counseling 🗨

by phone appointment

## Qigong Class

5:30 PM  
Call HCRC for details

## THURSDAY

## Nutritional Counseling 🗨

by phone appointment

6

## Caregiver Support Group 🗨

5:30 PM  
Virtual/Zoom Meeting

## Living with Cancer 🗨

6:00 PM  
Virtual/Zoom Meeting

## Pilates 🗨

2:00 PM  
Virtual/Zoom Meeting

13

## Nutritional Counseling 🗨

by phone appointment

## Intuitive Collage

2-4 PM  
Call 805.440.8834

## Nutritional Counseling 🗨

by phone appointment

20

## Caregiver Support Group 🗨

5:30 PM  
Virtual/Zoom Meeting

## Living with Cancer 🗨

6:00 PM  
Virtual/Zoom Meeting

## Nutritional Counseling 🗨

by phone appointment

27

## Intuitive Collage

5:30-7:30PM  
Call 805.440.8834

## Young Survivor

## Support Group 🗨 NEW!

6:00 PM  
Virtual/Zoom Meeting

## FRIDAY

HCRC is temporarily  
closed to walk-ins.  
but available by  
appointment

7

HCRC is temporarily  
closed to walk-ins.  
but available by  
appointment

14

HCRC is temporarily  
closed to walk-ins.  
but available by  
appointment

21

HCRC is temporarily  
closed to walk-ins.  
but available by  
appointment

28

Please call Hearst Cancer  
Resource Center for more  
information or to get started with  
our programs: 805.542.6234 or  
email: HCRC@dignityhealth.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Memorial Day</b> <b>HCRC is closed</b> 31	<b>Breast Cancer Support Group</b> ☞ 5:45 PM Virtual/Zoom Meeting 1	<b>Tai Chi Chih</b> 11:00 AM <i>Call HCRC for details</i> <b>Nutritional Counseling</b> ☞ by phone appointment <b>Qigong Class</b> 5:30 PM <i>Call HCRC for details</i> <b>Guided Meditation</b> ☞ 5:00 PM Virtual/Zoom Meeting 2	<b>Nutritional Counseling</b> ☞ by phone appointment <b>Caregiver Support Group</b> ☞ 5:30 PM Virtual/Zoom Meeting <b>Living with Cancer</b> ☞ 6:00 PM Virtual/Zoom Meeting 3	<b>HCRC is temporarily closed to walk-ins. but available by appointment</b> 4
<b>Energy Balancing Session</b> ☞ 11AM-12PM Virtual/Zoom Meeting <b>Yoga</b> ☞ 5:00 PM Virtual/Zoom Meeting 7	<b>Spanish Support Group</b> ☞ 5:30 PM Virtual/Zoom Meeting <b>Celebrating Survivorship</b> ☞ 5:30 PM Virtual/Zoom Meeting 8	<b>Tai Chi Chih</b> 11:00 AM <i>Call HCRC for details</i> <b>All Blood Cancer Support Group</b> ☞ 1-2PM Virtual/Zoom Meeting <b>Qigong Class</b> 5:30 PM <i>Call HCRC for details</i> 9	<b>Pilates</b> ☞ 2:00 PM Virtual/Zoom Meeting <b>Nutritional Counseling</b> ☞ by phone appointment <b>Intuitive Collage</b> 2-4 PM <i>Call 805.440.8834</i> 10	<b>HCRC is temporarily closed to walk-ins. but available by appointment</b> 11
<b>Prostate Cancer Support Group</b> ☞ 6:30PM Virtual/Zoom Meeting 14	<b>Breast Cancer Support Group</b> ☞ 5:45 PM Virtual/Zoom Meeting 15	<b>Tai Chi Chih</b> 11:00 AM <i>Call HCRC for details</i> <b>Nutritional Counseling</b> ☞ by phone appointment <b>Qigong Class</b> 5:30 PM <i>Call HCRC for details</i> 16	<b>Nutritional Counseling</b> ☞ by phone appointment <b>Caregiver Support Group</b> ☞ 5:30 PM Virtual/Zoom Meeting <b>Living with Cancer</b> ☞ 6:00 PM Virtual/Zoom Meeting 17	<b>HCRC is temporarily closed to walk-ins. Please call for assistance.</b> 18
<b>Energy Balancing Session</b> ☞ 11AM-12PM Virtual/Zoom Meeting 21	<b>Spanish Support Group</b> ☞ 5:30 PM Virtual/Zoom Meeting 22	<b>Tai Chi Chih</b> 11:00 AM <i>Call HCRC for details</i> <b>Nutritional Counseling</b> ☞ by phone appointment <b>Qigong Class</b> 5:30 PM <i>Call HCRC for details</i> 23	<b>Nutritional Counseling</b> ☞ by phone appointment <b>Intuitive Collage</b> 5:30-7:30PM <i>Call 805.440.8834</i> <b>Young Survivor Support Group</b> ☞ <b>NEW!</b> 6:00 PM Virtual/Zoom Meeting 24	<b>HCRC is temporarily closed to walk-ins. but available by appointment</b> 25
28	29	<b>Tai Chi Chih</b> 11:00 AM <i>Call HCRC for details</i> <b>Nutritional Counseling</b> ☞ by phone appointment <b>Qigong Class</b> 5:30 PM <i>Call HCRC for details</i> 30	<b>Key</b> ☞ - Phone appointment ☞ - Zoom/Virtual <b>BLUE</b> -Wellness, Qigong, Tai Chi, Pilates, Nutrition <b>GREEN</b> -Education <b>ORANGE</b> -Support Group	

# DIGNITY HEALTH CLASSES, GROUPS & PROGRAMS

## Locations

- **SAN LUIS OBISPO (SLO)**  
*Hearst Cancer Resource Center*  
1941 Johnson Avenue, Suite 201
- **SANTA MARIA (SM)**  
*Mission Hope Cancer Center*  
1325 East Church Street  
*Marian Health & Wellness Center*  
1207 East Main Street
- **ARROYO GRANDE (AG)**  
*Mission Hope Cancer Center*  
850 Fair Oaks Avenue
- **PASO ROBLES (PR)**  
*Oak Park 3 Community Room*  
3120 Pine Street
- **VIRTUAL/ZOOM SESSION**  
*Call for phone consultation*
- **COMMUNITY PARTNER OFFERING**
- **EN ESPAÑOL**

## GETTING STARTED

### Patient Orientation

Get to know us and the services we provide, so we can support your journey.

- *Hearst Cancer Resource Center, SLO—by phone*  
*Call for details:*  
805.542.6234 English  
805.786.6130 Español
- *Mission Hope Cancer Center, SM*  
*By appointment;*  
805.346.3402 English  
805.346.3406 Español
- *Mission Hope Cancer Center, AG*  
*By appointment;* 805.474.5303

## SUPPORT GROUPS

All Blood Cancer Support Group (Leukemia, Lymphoma, Myeloma and MDS)

Helping individuals and families cope with diagnosis and treatment.

- *Virtual/Zoom Session, SLO*  
2<sup>nd</sup> Wednesday of each month; 1PM  
*Call 805.542.6234 for details*
- *Mission Hope Cancer Center, SM*  
*Call 805.346.3402 for updates*

Apoyo y Educación para Personas con Cáncer (Spanish Support Group)

Usted no está sola(o) en la lucha contra el cáncer. Si usted o alguien de su familia sufre de cáncer, acompañenos para discutir temas de como combatir y sobrevivir la enfermedad.

- *Virtual/Zoom Session, SLO*  
El Segundo y cuarto martes de cada mes; 5:30PM  
*Llame e Eloisa al 805-786-6130*
- *Mission Hope Cancer Center, SM*  
Last Tuesday of each month  
*Llame e Hector al 805.346.3406*  
*En Español*

Breast Cancer Support Group

A support group focusing on breast cancer, the journey and sharing valuable information and resources.

- *Virtual/Zoom Session, SLO*  
1<sup>st</sup> and 3<sup>rd</sup> Tuesday of each month; 5:45PM  
*Call 805.542.6234 for details*
- *Virtual/Zoom Session, SM & AG*  
1<sup>st</sup> and 3<sup>rd</sup> Tuesday; 4PM  
*Call 805.474.5302 for details*

Caregiver Support Group

A forum for people to get together with those who understand their concerns, share helpful strategies and lend support.

- *Hearst Cancer Resource Center, SLO*

1<sup>st</sup> and 3<sup>rd</sup> Thursday of each month; 5:30PM

*Call 805.542.6234 for details*  
● *Mission Hope Cancer Center, SM*  
*Call 805.219.HOPE for details*

Support for Pediatric Oncology Patients and their families. Virtual support groups are available in English and Spanish for children, teens and parents.

- *Virtual/Zoom Session, SM*  
*Call for details:*  
805.219.HOPE English  
805.346.3406 Español

Grupo de Apoyo Para Hombres con Cancer

Tome la oportunidad e intercambiar informacion relacionada con todos los tipos de cancer, y asi como el cuidado de su salud.

- *Mission Hope Cancer Center, SM*  
1<sup>st</sup> Tuesday of each month  
805.346.3406 Español

Living with Cancer Support Group

Support group for anyone facing or living with cancer.

- *Virtual/Zoom Session, SLO*  
1<sup>st</sup> and 3<sup>rd</sup> Thursday of each month; 6PM  
*Call 805.542.6234 for details*
- *Mission Hope Cancer Center, AG*  
*Call 805.474.5303 for details*

Prostate Cancer Support Group

Information, support and encouragement for newly-diagnosed patients and survivors.

- *Virtual/Zoom Session, SLO*  
3<sup>rd</sup> Monday of each month; 6:30PM  
*Call 909.912.4492 for details*

SPOHNC, Santa Maria and Arroyo Grande (Support for People with Oral, Head, and Neck Cancer, Inc.)

Information, support and encouragement to newly-diagnosed patients and survivors.

# DIGNITY HEALTH CLASSES, GROUPS & PROGRAMS

- **Virtual/Zoom Session, SM & AG**

June 15; 3:30PM

Call 805.219.HOPE for details

## EDUCATIONAL LECTURES

### MAY

#### Skin Cancer Education

Learn important updates and information about the prevention, diagnosis and treatment of skin cancer. Question and answer session included with Dr. Karen Allen.

- **Virtual/Zoom Session, SLO**

May 5; 5:30PM

Contact 805.542.6234 or  
HCRC@dignityhealth.org for details

#### Taking Back Control When Emotions Become Overwhelming

Join us for an informative and compassionate discussion on how to use Cognitive Reframing and Mindfulness techniques to respond to emotions in a way that supports resiliency during the cancer journey. Question and answer session with Nell Bennett, MSW, LCSW included.

- **Virtual/Zoom Session**

May 20; 5PM

Call 805.219.HOPE for details

### JUNE

#### Celebrating Survivorship—Don't just survive—Thrive!

Kathleen McKinnon, M Ed, is an educator, artist and survivor—learn from her journey and her use of artistry to support her healing.

- **Virtual/Zoom Session**

June 8; 5:30PM

Contact 805.542.6234 or  
HCRC@dignityhealth.org for details

## SELF-HELP CLASSES

#### Art Therapy Class

Join Catherine Lemoine for an art workshop using varied materials and techniques to help boost creativity. No artistic ability needed. Seating is limited.

- **Mission Hope Cancer Center, SM,**

May 12 & 26; 10–12:30

Call 805.219.HOPE for details

#### Cancer Rehabilitation

A 12-week program which includes group strengthening and aquatic exercise. Each participant will meet one-on-one with our Certified Exercise Trainer for an individualized program. A fitness assessment and medical release are required before participating.

Call 805.346.3413 for details

\*Now offered in both Santa Maria and Arroyo Grande.

#### Cancer Well-Fit

A 10-week supervised, quarterly exercise program for first year survivors and those within 12 months post treatment. Physician medical release required.

- **Avila Bay Athletic Club & Spa**

Mon, Wed and Fri; 12PM

Call 805.595.7600 x 122

- **Paso Robles Sports Club**

Call Kathy at 805.610.6486

to register.

#### Counseling

Patient, family and caregiver counseling offer by Cancer Support Community—CA Central Coast

- Call 805.238.4411 for details

#### Energy Balancing

Certified practitioners help promote relaxation, decrease stress and enhance well-being to cancer patients.

- **Virtual/Zoom Session, SLO**

2<sup>nd</sup> and 4<sup>th</sup> Monday of each month; 11AM

Call 805.542.6234 for details

- **Marian Health & Wellness Center, SM**

May 25 & June 22

Reservation and assessment required; call Natasha Escobedo at 805.346.3400

- **Mission Hope Cancer Center, AG**

June 10

Reservation and assessment required; call Natasha Escobedo at 805.346.3400

#### Fight Against Falls Class

This class will provide you with knowledge to reduce risk of falls and conditioning your muscles to battle muscle fatigue. A fitness assessment is required before attending.

- **Marian Health & Wellness Center, SM**

Every Friday of each month

Call 805.346.3413 for details

- **Mission Hope Cancer Center, AG**

Every Thursday of each month

Call 805.346.3413 for details

#### Folk Art Therapy

Mission Hope is pleased to offer this exciting class designed to introduce patients and caregivers to the diverse world of art. The class each month features a different medium presented by a skilled artist. Join us to learn imaginative techniques to help boost your creative expression.

- **Mission Hope Cancer Center, SM**

May 13; 2:30PM

Call 805.219.HOPE for details

#### HEAL: Healthy Eating and Activity for Living

Our Registered Dietitian and Fitness Trainer join forces for an exciting class which combines delicious recipes and nutrition advice with practical exercise tips.



# DIGNITY HEALTH CLASSES, GROUPS & PROGRAMS

## ● **Virtual/Zoom Session**

MAY 11; 2-3PM

Staying Hopeful and Balanced  
with Nutrition and Exercise

JUNE 8; 2-3PM

Creating Cancer Fighting Habits  
for Survivorship

*Call 805.219.HOPE for details*

## Guided Meditation

Join us for a gentle guided  
meditation session.

## ● **Virtual/Zoom Session, SLO**

1<sup>st</sup> Wednesday of each month  
starting in June; 5PM

*Call 805.542.6234 for details*

## Intuitive Collage

Using colorful pictures, meaningful  
words and phrases that appeal to  
you in a personal way, you will  
explore ideas and dreams. Your  
collage will speak, inspire and  
motivate you in creative ways.

## ● **Hearst Cancer Resource Center, SLO**

2<sup>nd</sup> Thursday; 2–4PM

*Call 805.542.6234 for details*

## Learn Golf

## ● **Monarch Dunes, Nipomo**

2<sup>nd</sup> and 4<sup>th</sup> Wednesday; by  
appointment

*Call 805.346.3413 for details*

## Lymphedema Evaluation

## ● **Hearst Cancer Resource Center, SLO**

Contact Jamie Cinotto, DPT,  
CWS, CLT-LANA, ONC for an  
evaluation: 805.782.9300

## Lymphedema Prevention Exercise

Therapeutic exercise program for  
cancer survivors and those battling  
chronic conditions. RSVP and  
fitness assessment required

## ● **Marian Health & Wellness Center, SM**

Every Tuesday of each month

*Call 805.346.3413 for details*

## ● **Mission Hope Cancer Center, AG**

Every Thursday of each month

*Call 805-474-5334 for details*

## Nutritional Counseling

One-on-one phone consultation  
with a Registered Dietitian.

## ● **Hearst Cancer Resource Center, SLO**

*By phone appointment;*

805.542.6234

## ● **Mission Hope Cancer Center, SM**

*By appointment; 805.346.3403*

## ● **Mission Hope Cancer Center, AG**

*By appointment; 805.474.5304*

## Pelvic Floor Strengthening Class For Prostate Cancer Survivors

Join us to learn about exercises that  
could help strengthen your pelvic  
floor after prostate cancer.

## ● **Marian Health & Wellness Center, SM**

2<sup>nd</sup> and 4<sup>th</sup> Friday of each month

*Call 805.346.3413 for details*

## Pilates Class

Develop strength and flexibility  
with exercise geared towards the  
recovery from a cancer diagnosis.

## ● **Virtual/Zoom Session, SLO**

2<sup>nd</sup> Thursday of each month; 2PM

## ● **Marian Health & Wellness Center, SM**

Every Thursday of each month

*By appointment*

## Qigong Class

**Now offered weekly.** Involves  
repetitive, flowing movements  
coordinated with deep-breathing  
which increase energy and improves  
health, balance, flexibility  
and stamina.

## ● **Hearst Cancer Resource Center, SLO**

*Call 805.542.6234 for details*

## Soul Collage

Art therapy in the treatment of  
trauma and life's major transitions.

Materials are provided. Space is  
limited.

## ● June 11; 1PM

*Call 805.219.HOPE*

## Surfing For Hope—for Kids and Adult Survivors - \*NEW addition\*

This unique program provides a  
safe, fun environment utilizing the  
healing energy of the beach and  
ocean to help children and teens  
deal with the stress of a family  
member with cancer. This program  
is so popular they have added new  
dates just for adult cancer survivors.  
Meets at the Sea Crest Hotel in  
Pismo Beach.

● *Visit [surfingforhope.org](http://surfingforhope.org) for details*

## Tai Chi Chih

Increase energy and improve  
health, balance, flexibility and  
stamina.

## ● **Hearst Cancer Resource Center, SLO**

*Call 805.542.6234 for details.*

## TRX

TRX is for everyone, it's simple  
and versatile. The benefits from  
training with TRX are innumerable  
from getting stronger, having  
better balance, increased stamina  
and many more. RSVP and fitness  
assessment is required.

## ● **Mission Hope Cancer Center, AG**

Every Thursday of each month

*Call 805.474.5302 for details*

## Yoga

This gentle yoga class incorporates  
simple flowing sequences and  
slower paced movements focusing  
on alignment, strength, balance,  
and flexibility. RSVP is required.

## ● **Virtual/Zoom Session, SLO**

1<sup>st</sup> Monday of each month; 5PM

*Call 805.542.6234 for details*

## ● **Mission Hope Cancer Center, AG**

Every Thursday of each month

*Call 805-474-5334 for details*

## Turn to us for answers:

### HEARST CANCER RESOURCE CENTER

1941 Johnson Avenue, Suite 201,  
San Luis Obispo, CA 93401  
805.542.6234  
Monday–Friday  
9AM–4:30PM  
[dignityhealth.org/hcrc](http://dignityhealth.org/hcrc)  
HCRC is temporarily closed to walk-ins.  
Please call for assistance.

**Thomas Spillane, MD**  
*Medical Director*

**Shannon D'Acquisto**  
*Director, Cancer Survivor*  
[Shannon.DAcquisto@DignityHealth.org](mailto:Shannon.DAcquisto@DignityHealth.org)

**Julie Neiggemann, RN, MSN, OCN**  
*Nurse Navigator*  
[Julie.Neiggemann@dignityhealth.org](mailto:Julie.Neiggemann@dignityhealth.org)

**Eloisa Medina**  
*Lay Patient Navigator*  
805.786.6130 - en español  
[Eloisa.Medina@dignityhealth.org](mailto:Eloisa.Medina@dignityhealth.org)

**Angela Fissel, RD**  
*Registered Dietician*

### DIGNITY CANCER CARE CENTRAL COAST

Mission Hope Cancer Center  
1325 East Church Street, STE 102  
Santa Maria, CA 93454  
805.219.HOPE (4673)

850 Fair Oaks Avenue  
Arroyo Grande, CA 93420  
805.474.5300

**Katherine M. Guthrie**  
*Senior Regional Director,  
Cancer Services*  
CENTRAL COAST SERVICE AREA  
805.346.3434  
[Katherine.Guthrie@dignityhealth.org](mailto:Katherine.Guthrie@dignityhealth.org)

**Kathleen Sullivan, PhD, RN**  
*Vice President, Post Acute Care and  
Health Services Operations*

### SLO ONCOLOGY & HEMATOLOGY HEALTH CENTER

715-B/C Tank Farm Road  
San Luis Obispo, CA 93401  
Direct: 805.543.5577  
Infusion Center Front Desk:  
805.786.6140

*Care Providers:*  
**Thomas Spillane, MD**  
*Medical Oncology Director of  
Clinical Trials*  
**Gorgun Akpek, MD, MHS**  
**Diane De Vos Schmidt, FNP-C**  
**J.T. Link, MD**  
**James Malone III, MD**  
**Tim Souchek, PA**

### IMAGING CENTERS

FHMC San Luis Diagnostic Center  
1100 Monterey St #210,  
San Luis Obispo, Ca 93401  
805.542.9700

FHMC Women's Health and  
Imaging Center  
1941 Johnson Ave Suite 104,  
San Luis Obispo, Ca 93401  
805.597.6700

### SLO INFUSION CENTER

715-B/C Tank Farm Road  
San Luis Obispo, CA 93401  
Direct: 805.786.6140  
Nurse Line: 805.786.6144

**Susan Diaz, RN, OCN**  
*Director*

**Viridiana Ruiz**  
*Oncology Counselor*

### ADDITIONAL SERVICES

DIGNITY HEALTH HOME HEALTH  
HOSPICE  
800.549.9609

PALLIATIVE CARE  
805.739.3950

### COASTAL CANCER PARTNERS

The Hearst Cancer Resource Center has partnered with these organizations to bring programs and activities to the community:

**17 Strong**  
[seventeenstrong.org](http://seventeenstrong.org)

**American Cancer Society**  
[cancer.org](http://cancer.org)

**Cancer Connections**  
[cancerconnectionslo.org](http://cancerconnectionslo.org)

**Cancer Support Community**  
[cscslo.org](http://cscslo.org)

**Cancer Well-Fit Program**  
[cancerwell-fit.com](http://cancerwell-fit.com)

**Central Coast Dragon Boat Association—Central Coast SurviveOars**  
[ccdba.org](http://ccdba.org)

**Hats for Hope**  
[hatsforhope.com](http://hatsforhope.com)

**Jack's Helping Hand**  
[jackshelpinghand.org](http://jackshelpinghand.org)

**Leukemia and Lymphoma Society**  
[lls.org](http://lls.org)

**Surfing for Hope**  
[surfingforhope.org](http://surfingforhope.org)

**Teddy Bear Foundation**  
[teddybearcancerfoundation.org](http://teddybearcancerfoundation.org)



**Dignity Health™**  
French Health Medical Center

## Hearst Cancer Resource Center

Mailing address:  
1911 Johnson Avenue,  
San Luis Obispo, CA 93401

Street address:  
1941 Johnson Avenue, Suite 201,  
San Luis Obispo, CA 93401

Non-Profit Org
US Postage Paid
Poor Richard's Press
93401

## HCRC Advisory Committee

### Chair

**Thomas Vendegna, MD**

*President and CEO*

**Alan Iftiniuk**

FRENCH HOSPITAL MEDICAL CENTER

*Chief Operating Officer (COO),*

*Chief Nursing Executive (CNE)*

**Julia Fogelson, MSN, RN**

FRENCH HOSPITAL MEDICAL CENTER

*Vice President, Philanthropy*

**Debby Nicklas**

FRENCH HOSPITAL MEDICAL CENTER

### Board Members

**Sandy Dunn**

**Stephen Hearst**

**Stephen Hilty, MD**

**Stephen Holtzman, MD**

**Noreen Martin**

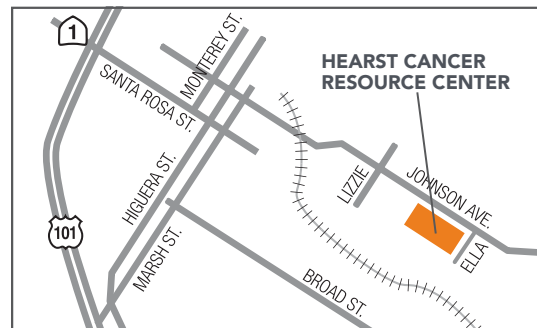
**Susan Minker, MD**

**Don Oberhelman**

**Thomas Spillane, MD**

**Jackie Starr**

## Hearst Cancer Resource Center



### Hearst Cancer Resource Center

*Commission on Cancer Community Cancer Program*

1911 Johnson Avenue  
San Luis Obispo, CA, 93401  
805.542.6234

