

Hearst Cancer Resource Center is pleased to invite you to our

# Breast Cancer Support Group



**Join us the first  
Tuesday of  
every month  
4-5p.m.**

Research has shown that actively engaging in a support group helps to manage the physical, emotional and practical challenges a breast cancer diagnosis can bring. Support groups offer a safe and empowering setting where people can implement important life changes, develop new attitudes and forge meaningful personal connections. Join us!

**Meets the first Tuesday of every month 4-5 p.m.**

**Hearst Cancer Resource Center**

**1941 Johnson Avenue, Suite 201, San Luis Obispo**

For more information, please call HCRC at 805.542.6234  
or go to: [dignityhealth.org/HCRC](http://dignityhealth.org/HCRC)

