

50plus Program Event Calendar

September

28

THURSDAY

September Lecture

Date: September 28th
Time: 12:00pm - 1:00pm
Location: GMH Auditorium
Speaker: Dominique Hamler, RN
Topic: Mental Health

December

6

WEDNESDAY

December Events

December Lecture

Date: December 6th
Time: 12:00 pm - 1:00 pm
Location: GMH Auditorium
Speaker: Dan Murphy, Chief Philanthropy Officer
Topic: Foundation - Estate Planning

October

10

TUESDAY

October Lecture

Date: October 10th
Time: 12:30pm - 1:30pm
Location: GMH Auditorium
Speaker: Dr. Teresa Swida
Topic: Vitamin & Mineral Supplements

December

15

FRIDAY

Social Event

Date: December 15th
Time: 12:00pm - 1:00pm
Location: GMH Auditorium
Event Information:
Come join us for a holiday themed karaoke event!
This event will be capped at 50 reservations instead of the usual 65.

November

2

THURSDAY

November Lecture

Date: November 2nd
Time: 12:00pm - 1:00pm
Location: GMH Auditorium
Speaker: Cecilia Macias, RN
Topic: Wound Care



Dignity Health®

Glendale Memorial Hospital
and Health Center

**RSVP to all events by calling (818) 502-4701 or
email gmh-communityrelations@dignityhealth.org**

"To go" lunches will be provided for those that RSVP!

Surgical masks and KN95 masks will be provided.

