

East Valley Internal Medicine Residency Program Newsletter

March 30, 2022

At the outset it is necessary for you to bear in mind that your professional education [on graduation] is by no means complete; you have as it were only laid the foundation and, while it is hoped that a good and promising foundation has been laid under the guidance and instruction of others, it rests with yourselves what the superstructure shall be.

- **Sir William Osler** Valedictory address

Dignity Health Foundation East Valley supports Internal Medicine

The Dignity Health Foundation East Valley is a team of fundraising professionals who serve as the philanthropic support entity for our hospitals and community outreach programs here in the East Valley. They partner with organizations, foundations, grateful patients and families to garner financial support and advance the mission of Dignity Health and advancing health care in our community.

The Foundation team, in partnership with hospital leadership, has expressed an interest in supporting the success of our Internal Medicine residency program, along with our other programs. They are actively engaged in cultivating relationships with corporate and individual donors who may be interested in partnering with us. They've experienced early success in receiving support from employee donors as well as corporate support within the healthcare space.

There are many opportunities to support the GME program, both from a broad perspective and in order to fulfill very specific needs. Support may be allocated

towards construction and facility renovations, chair endowments and administrative support, as well as the purchase of specialized training equipment. The Foundation works to align each donor with an opportunity that will align best with their interests and passion.



Please reach out to the Foundation team if you have ideas for potential fundraising opportunities, or if you or your partners would like to get involved in some way. It is our hope that our DHEV faculty will join Dignity Health employees in including our Foundation in their own charitable giving activities. The Foundation team (Julie, Laurel, Catrina, Cleo, Lisa and Eric) can be reached at EastValleyFoundation@DignityHealth.org or 480-728-3931 and would love to hear from you!

DHEV IM RESIDENCY PARTNERS WITH ST. JOSEPH'S MEDICAL CENTER LIBRARY

Did you know that we have great access to all the resources at St. Joseph's Medical Center Medical Library and its leader Sue Espe MLIS. Sue will be attending our Morning Report sessions with students, residents, and faculty providing education on researching articles and finding relevant information on making clinical decisions.



Currently, all medical staff including our faculty can access databases, clinical decision tools, and textbooks through the online portal at OpenAthens (<https://azhin.org/sjhmcl>). To get online access when not in the hospital for medical staff, contact Sue or Nicole Galvan at libraryservices@dignityhealth.org or Nicole directly at 602-406-3299 or you can register directly on the site.

Program Coordinator's Corner (ACP Membership and Upcoming Interview Season)

Valerie Hill- DHEV IM Program Coordinator

As I continue to learn my role as Program Coordinator for the IM Residency Program here at Dignity Health East Valley, I have been researching and becoming familiar with several organizations dedicated to Internists, each organization offering different, but exceptional information.

The American College of Physicians (ACP), is without a doubt one of the most interesting and informative organizations that I've researched, because it offers something for anyone involved in IM: seasoned physicians, fellows, residents and medical students. This organization offers Lifelong Learners programs with the opportunity to earn CME and/or MOC credits; meetings and specialized courses, clinical and practice information and resources, and widely-cited peer-reviewed journals and publications. ACP has something for current and future internists, and even more for its academic physician members!



According to the website, the American College of Physicians, or ACP, is the largest medical-specialty society in the world. Its physician members are leaders in education, standard-setting and the sharing of knowledge to advance the science and practice of internal medicine. Why would anyone not want to be a member of this prestigious organization?

ACP is divided into Chapters and Regions, whose main focus are the needs and interests of the members in their individual locations. Incidentally, our Program Director, Dr. Allan Markus, is this year's Arizona Chapter Governor-elect Designee. Dr. Markus will begin his four-year term as Governor in Spring 2023!

I recently had the opportunity to speak with Debbie Webber, Executive Director of ACP Arizona, who outlined below the advantages of academic physician membership to ACP:

ACP works for internists, providing education, clinical support, practice resources and vigorous advocacy for issues that will make a difference in their daily work, teaching residents/students and patients' health.

- **The collegiality that comes with membership and meeting other physicians from around the state and**

country through ACP membership

- **Tools for managing your practice and billing compliance**
- **A subscription to the Annals of Internal Medicine**
- **Free or substantially discounted resources and teaching tools to help meet educational goals including MKSAP which will help our residents and those faculty who need to recertify, pass their ABIM board exams and prepare for their In-Training Exams.**
- **Enhancing your own personal learning through ACP's many opportunities to earn CME and MOC. Most are free to ACP members; those that aren't are available at a substantial member discount.**
 - **Being able to encourage our resident and student learners to work with you and participate in the ACP and ACP Arizona Abstracts Program and Doctor's Dilemma competition in order to help them demonstrate scholarship and enhance their CVs.**
 - **The use of many of ACP's resources to enhance our curriculum:**
 - **There are a number of prepackaged curricula on topics ranging from high-value care to caring for the underserved.**
 - **Access to ACP JournalWise**
 - **Access to the clinical decision-support tool DynaMed**
 - **Access to online point-of-care ultrasound modules for use in group discussions and other learning formats.**
- **Providing our residents career and well-being support by connecting our residents to Impower, an ACP program offering nonclinical tools and resources to support residents during their training and catalyze their professional future.**
- **You and your learners will benefit from ACP's ongoing advocacy to improve the graduate medical education (GME) system and make a difference in the professional lives of our members and the health of our patients.**

Of the many resources that I personally found interesting on both the ACP and ACP-Arizona websites, one I found particularly inspiring was the abundance of wellness/emotional support information provided for both practicing physicians and residents. With wellness being highlighted in ACGME's requirements for its accredited residency programs, I was pleased to see such a variety of self-care resources provided on the ACP-Arizona Chapter site.

I spoke with Dr. Melanie Cloonan-Schulte, Internist with

(cont from page 2-ACP)

Cloonan-Schulte Medical Group, DHEV IM Assistant Program Director, and twenty-two year member of ACP and this is what she had to say about ACP:

"There are many benefits to ACP membership. Discounts on conferences and MKSAP, access to many online resources, and being part of a collective of internists to have a voice when politics and medical practice intersect are certainly good reasons to be an ACP member. But for me, the ability to represent our profession and give back - by mentoring young physicians and standing in solidarity with our colleagues - is the most gratifying part of ACP membership. The fact is, I like internists - I find internists to be earnest but not lacking in humor, conscientious but still fun, and empathetic toward others. However, the stresses of medical practice can dampen these wonderful qualities and collegiality is a great way to vent and avoid burnout, maintain our love for our patients and our work."

Dr. Markus will be making sure all of our resident physicians are active ACP members. We strongly encourage all of our faculty to become members and benefit from all that is available in ACP and ACP-AZ. After learning about the organization, I personally urge you to check it out! Visit ACP at www.acponline.org.

For more information on physician membership, or to apply for ACP membership, go to:
www.acponline.org/membership/physician-membership

In other exciting news, over the next month or two, I will be reaching out to all of our faculty to start our scheduling interview dates for our incoming residency class. We will start interviewing in late September and go through the middle of January. This will be your chance to shape the very FIRST class here at DHEV Internal Medicine Residency program. We will be scheduling about 300 interviews to fill those 13 first slots. Almost all of these will be done virtually. I look forward to talking to you!!

ACGME INTERNAL MEDICINE REVIEW COMMITTEE MEETS APRIL 9 TO DECIDE ON OUR PROGRAM ACCREDITATION. KEEP YOUR EYES PEELED ON THE NEXT NEWSLETTER FOR INFORMATION

UPCOMING INTERNAL MEDICINE GRAND ROUNDS SCHEDULE

SAVE THE DATES First Tuesday of each month from 1-2 pm in the Morrison Auditorium and Via Zoom [Link through Zoom](#) Passcode 390203
CME and MOC Credit available for attendees

April 5, 2022- Non-Invasive Ventilation- The When, What, and Hows of Using NIV- Jill Gualdoni MD

May 3, 2022- Higher Serum Creatinine the Better, Fact or Fiction- Clyde Mendonca MD

June 7, 2022- Coccidiomycosis- More than Just a Blood Test and Fluconazole- Michael Amoa-Asare MD

July 5, 2022- Avoiding Hospital Readmissions- A Comprehensive Approach- Amit Waghay MD

August 2, 2022- Talk Nerdy to Me: The Best Papers of 2021-22- Andi Wolff MD FACEP FAAEM

September 6, 2022- Covid-19 and Cancer Outcomes- Azam Farooqui MD

October 4, 2022- Bedside Manner: The Other Side of Medicine- Anthony Salibi DO

FACULTY POSITIONS AT DHEV AND CREIGHTON UNIV SOM

One of the advantages of being part of the new DHEV Internal Medicine residency program is the faculty titles and resources that can come with the appointment. For all the medical staff who have already joined us thank you and feel free to add your DHEV faculty title to your CV. These faculty titles are not only important to you but they are also important to our applicants as they see the value that comes from faculty who are connected to a medical school. In addition, there are opportunities to teach medical students and potentially receive a stipend from the Creighton Alliance SOM.

As we are going to be recruiting this fall we want ALL of our faculty to get their faculty appointments at Creighton University School of Medicine. The process of applying is not complicated. The link for the application can be found at <https://apex.creighton.edu/apex/?p=410:1:0>

region of India where I was born.

Faculty Spotlight

Dr. Amit Waghray



Dr. Amit Waghray is a board-certified hospitalist at Chandler Regional Medical Center (CRMC) and Mercy Gilbert Medical Center. He is part of the Pioneer Hospitalists group. He is a core faculty member of the DHEV Internal Medicine Residency Program. He has been selected as the Doctor of the Month at CRMC in 2014 and an Arizona Top Doc in 2020.

Dr. Waghray received his undergraduate degree at Case Western University and then received his medical degree from the Medical University of Silesia. He completed his internal medicine residency at St. Joseph's Hospital and Medical Center. Dr. Markus was his Associate Program Director and faculty advisor when he was at St. Joseph's Hospital and Medical Center.

Q: What are you most excited about with the new residency

A: I think when you are choosing to educate the next round of generation of physicians there comes an enormous responsibility. To ensure that we educate them and bring out the best of themselves. To maximize their potential, to get them to trust themselves, to learn how to connect with their patients... these are all things that I will enjoy seeing and being a part of.

Q: What is your favorite thing to do when you are not working?

A: I have three small children, and they occupy every moment of my time when I am not working. Every moment I spend with them I relish, because they grow up so fast.

Q: Where is your favorite place to go out to eat in Chandler or Gilbert?

A: I have found this small cantina in the Indian grocery store called Cloves, which is right near Chandler Regional. The food is excellent and spicy, and from a

Q: Other than being a physician, what other careers interested you when growing up?

A: I was exposed to medicine at a very early age, my father is a family practice physician and I knew I wanted to be like my father. But I had also wanted to be a pilot in the navy, I always loved the idea of flying fighter jets. I was obsessed with planes and with flying as a child.

Q: Something you would like to do on your life "Bucket List" that you have not already done

A: I am lucky and blessed to have fulfilled many of my life's goals and experiences, I have been lucky to have been to many different places in the world, experiencing so many different things. Now my "bucket list" involves my family, I want to take my kids to Africa and take them on safari, where they can appreciate the majesty of animals in their natural habitat, I look forward to taking my children to the horseshoe (Ohio stadium) for a football game and taking them to the World Cup in soccer. I look forward to taking my children to a lot of beautiful places all over the world, and hopefully they develop the travel bug like I have.

Q: If you had the ability to interview anyone from the past or present, who would you choose and what would you ask?

A: I would love to sit down and have a beer with Pele or Barack Obama.

Faculty News & Info

Dr. Sankalp Choudhri and his group has joined our pulmonary faculty. Dr. Choudhri will be the Associate Subspecialty



Coordinator for the pulmonary and sleep medicine elective rotation for the residents. He will be working with Dr. Jill Gualdoni who is the Subspecialty Coordinator for the elective and pulmonary medicine education.

Dr. Shradha Gupta has joined the inpatient medicine faculty and will also be working with Dr. Melanie Cloonan-Schulte, Dr. Hiral Thakrar and Dr. Heather Rabin on our wellness initiatives. Dr. Gupta is also going to be one of the two ACP-AZ representatives to be trained as ACP National wellness champions.

