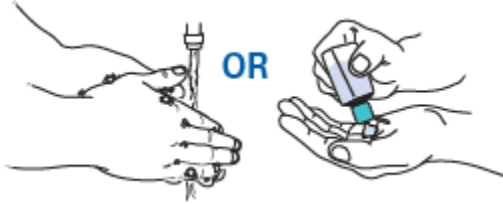


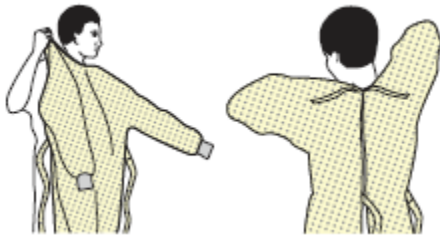
# How to Put on Personal Protective Equipment (PPE) for COVID visitation

Put on PPE in the following order. Ask nursing staff for assistance

1. Perform **hand hygiene**



2. **Gown** - make sure gown covers the front and fastens in the back



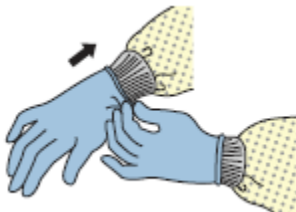
3. **Mask** - ensure covers nose to chin and fits close to face



4. **Eye Protection** - place face shield or goggles over eyes



5. **Gloves** - make sure gloves cover over wrists



## How to Remove PPE

**Hand hygiene between steps decreases risk of contamination.**

Remove in the following order:

1. **Gloves** - use hand sanitizer or wash hands after removing gloves



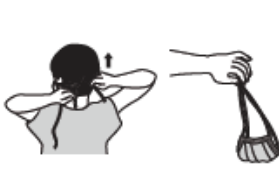
2. **Eye protection** - remove from back of head by lifting band or ear pieces



3. **Gown** - unfasten ties in back and pull gown away from body



4. **Mask**- remove only when outside of patient room and place a new mask



5. **Wash hands** with soap and water or use hand sanitizer.

