Dignity Health East Valley

Mercy Gilbert Medical Center & Chandler Regional Medical Center

Community Benefit 2023 Report and 2024 Plan

Adopted November 2023







A message from

Mark Slyter, President, and Jason Bagley, Chair of the Dignity Health Valley Hospital's Community Board

Dignity Health's approach to community health improvement aims to address significant health needs identified in the Community Health Needs Assessments that we conduct with community input, including from the local public health department. Our initiatives to deliver community benefit include financial assistance for those unable to afford medically necessary care, a range of prevention and health improvement programs conducted by the hospital and with community partners, and investing in efforts that address social determinants of health.

Dignity Health East Valley, which is a subsidiary of CommonSpirit Health, comprises Chandler Regional Medical Center (CRMC) and Mercy Gilbert Medical Center (MGMC). Dignity Health East Valley shares a commitment with others to improve the health of our community, and delivers programs and services to help achieve that goal. The Community Benefit 2023 Report and 2024 Plan describes much of this work. This report meets requirements in California (Senate Bill 697) that not-for-profit hospitals produce an annual community benefit report and plan. Dignity Health hospitals in Arizona and Nevada voluntarily produce these reports and plans, as well. We are proud of the outstanding programs, services and other community benefits our hospital delivers, and are pleased to report to our community.

In fiscal year 2023 (FY23), Mercy Gilbert Medical Center provided \$22,764,326 in patient financial assistance, unreimbursed costs of Medicaid, community health improvement services and other community benefits. The hospital also incurred \$8,540,107 in unreimbursed costs of caring for patients covered by Medicare fee-for-service.

In fiscal year 2023 (FY23), Chandler Regional Medical Center provided \$72,706,390 in patient financial assistance, unreimbursed costs of Medicaid, community health improvement services and other community benefits. The hospital also incurred \$23,681,462 in unreimbursed costs of caring for patients covered by Medicare fee-for-service.

The hospital's Community Board reviewed, approved and adopted the Community Benefit 2023 Report and 2024 Plan at its November 21, 2023 meeting.

Thank you for taking the time to review our report and plan. We welcome any questions or ideas for collaborating that you may have, by reaching out to 1750 E. Northrop Blvd., Suite #200 Chandler, AZ 85286 or by e-mail to theresa.dettler@dignityhealth.org.

Mark Slyter	Jason Bagley
President	Chairperson, Board of Directors

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At-a-Glance Summary

Community Served



Dignity Health Mercy Gilbert and Chandler Regional Medical Center are located in Maricopa County, the 4th most populous county in the United States of an estimated 4.5 million people, according to the U.S. Census Bureau. Maricopa County encompasses 9,224 square miles, includes 27 cities and towns, as well as the whole or part of five sovereign American Indian reservations and it is home to more than 1.4 million Hispanic and Latino individuals; 2.3 million White individuals, 251,535 African American or Black individuals; 203,454 Asian American individuals and 60,298 American Indians according to census data ACS 2022.

The Town of Gilbert's current population estimate of just over 288,000 doubled every five years from 1980-2000. By 2030, Gilbert is expected to be fully built out, with an anticipated population of over 330,000. (2023 Gilbert, Arizona Economic Development).

The City Chandler has a growing population, from 9,531 in 1960 to 287,024 as of Nov. 1, 2023. By 2030, Chandler is expected to have an anticipated population of over 309,100. (ESRI Business Analyst 2023).

Economic Value of Community Benefit



Mercy Gilbert Medical Center: \$22,764,326 in patient financial assistance, unreimbursed costs of Medicaid, community health improvement services, community grants and other community benefits. \$8,540,107 in unreimbursed costs of caring for patients covered by Medicare fee-for-service.

Chandler Regional Medical Center: \$72,706,390 in patient financial assistance. unreimbursed costs of Medicaid, community health improvement services, community grants and other community benefits. \$23,681,462 in unreimbursed costs of caring for patients covered by Medicare fee-for-service.

Significant Community **Health Needs** Being Addressed



The significant community health needs the East Valley hospitals, Mercy Gilbert and Chandler Regional Medical Centers are helping to address and that form the basis of this document were identified in the hospitals most recent Community Health Needs Assessment (CHNA). Needs being addressed by strategies and programs are:

- Behavioral & Mental Health/ Suicide
- Substance Misuse
- Cancer
- Chronic Disease / Diabetes / Cardiovascular Disease / Obesity / Oral Health
- Access to Care / Immunization
- Housing / Homelessness
- Violence Prevention / Human Trafficking / Trauma
- **Equity**
- Nutrition / Food Access / Exercise
- **Injury Prevention**

FY23 Programs and Services



The hospital delivered several programs and services to help address identified significant community health needs. These included:

Behavioral & Mental Health / Suicide

Pregnancy & Postpartum support group and Let's Talk group therapy, Zero Suicide Initiative and Heaven's Hummingbirds support group.

Substance Misuse

Dignity Health East Valley 2023 Community Health Improvement Grant recipients: Youth Mental Health Coalition and Freedom House and a Dignity Health community investment partner participant Hushabye Nursery.

Cancer

Chandler Regional Medical Center and Ironwood Cancer Center Cancer Integrative services, support groups and classes.

Chronic Disease/ Diabetes/ Cardiovascular Disease/ Obesity/ Oral Health

Yoga of the Heart, WomenHeart Health Support Group, Healthier Living Program, Chandler Children's Medical and Dental Clinics & Early Childhood Oral Health and Center for Faith Health Partnerships.

Injury Prevention

Dignity Health Chandler Regional Medical Center's Trauma Services programs: Stop the Bleed, D4 Dignity Doesn't Drive Distracted, Matter of Balance programs and Dignity Health Community Health's Healthier Living workshops.

Access to Care/ Immunization

Dignity Health East Valley community health department outreach/education programs: Children's Dental and Medical clinics, Community Health Worker (CHW), Immunization program, Dignity Health Financial Assistance Policy and Center for Faith Health Partnerships, along with hospital partnerships through the organizations Mission of Mercy of Az. medical clinics and FSL's ACTIVATE.

Housing/ Homelessness

Dignity Health East Valley hospitals Homeless Initiative & Taxi Vouchers.

Violence Prevention/ Human Trafficking

Dignity Health East Valley hospitals Healthy Families Program and Human Trafficking Taskforce.

Equity

WomenHeart Health Support Group, Community Health Worker, Dignity Health Financial Assistance Policy and Center for Faith Health Partnerships.

Nutrition/ Food Access/ Exercise

Mommy Fit Camp & Healthy Eating, Active Living (H.E.A.L) and Postural Orthostatic Tachycardia Syndrome (P.O.T.S.) program and Yoga of the Heart.

FY24 Planned Programs and Services



Dignity Health East Valley intends to continue many of the FY23 programs in FY24. The following is a brief summary. Program level detail can be found in the Program Highlights section of this report.

- Community health improvement grants program annually assesses and funds programs and services dedicated to significantly impacting CHNA findings. This strategy encompasses the potential to address identified needs.
- Strategies organized by health needs and program activities the hospital has delivered, or intends to deliver, to help address significant health needs identified in the community health needs assessment outline in the report and Dignity Health community outreach program highlights.
- Flourish collaborations with community based organizations through Dignity Health's Community Health Improvement Grant program, Community Investment programs and partnerships to address needs and social determinants of health, with an emphasis on proposals that address social justice and/or racial disparities.
- Connected Community Network (CCN) creates linkages between hospitals, clinics, and local community organizations that provide services vital to vulnerable populations. Grow the population served by the Dignity Health, Community Health Worker (CHW) partners with community based organization (CBO) to address the social determinants of health and link individuals to appropriate community resources.

This document is publicly available online at https://www.dignityhealth.org/arizona/locations/chandlerregional/about-us/community-benefit-outreach/b enefits-reports.

Written comments on this report can be submitted to the Dignity Health Community Health department at 1750 E. Northrop Blvd., Suite #200 Chandler, AZ 85286 or by e-mail to or by e-mail to theresa.dettler@dignityhealth.org.

Our Hospitals and the Communities Served

About Mercy Gilbert Medical Center and Chandler Regional Medical Center

Mercy Gilbert Medical Center (MGMC) and Chandler Regional Medical Center are members of Dignity Health, which is a part of CommonSpirit Health.

Mercy Gilbert Medical Center, opened in June 2006. Our award-winning hospital is home to a full range of services, including cardiovascular, emergency care, family birth center, gastroenterology, sleep center, orthopedics, and diagnostic services, among others. The hospital has 197 beds, with more than 1,516 employees. Mercy Gilbert is a Catholic hospital, sponsored by the Sisters of Mercy, and serves people of every denomination and beliefs. Mercy Gilbert is expanding with the development of the Women's and Children's Pavilion – a joint project between Mercy Gilbert and Phoenix Children's Hospital.

- Healthgrades 2024 Five-Star Recipient for; Treatment of Heart Failure, Upper Gastrointestinal Surgeries, Treatment of GI Bleed, Treatment of Sepsis.
- In 2023, Healthgrades ranked Mercy Gilbert Medical Center as one of America's 100 Best Hospitals in 2023.
- Mercy Gilbert Medical Center is home to a full range of services, including cardiovascular, emergency care, family birth center, gastroenterology, sleep center, orthopedics, and diagnostic services, among others. The hospital has 197 beds, with more than 1,542 employees and more than 1,083 physicians.

Chandler Regional Medical Center, is the longest established hospital in the southeast valley, providing 60 years of service to the community. Serving the rapidly growing East Valley, Chandler Regional Medical Center is a comprehensive acute-care hospital that provides a full spectrum of services including a Level I Trauma Center, open heart surgery program, neurosurgery, orthopedics, and high risk obstetrics and newborn services.

- Healthgrades 2024 Pulmonary Care Excellence AwardTM and Top 10% in the Nation for Overall Pulmonary Services.
- Healthgrades 2024 Five-Star recipient for; Treatment of COPD, Treatment of Pneumonia, Upper Gastrointestinal Surgeries, Colorectal Surgeries, Treatment of GI Bleed, Treatment of Sepsis, Treatment of Respiratory Failure.
- 2023 Healthgrades ranked Chandler Regional Medical Centers one of America's 50 Best Hospitals and ranked the hospital #5 in Pulmonary Care in the State.
- 2023 American Heart Association Stroke Gold Plus, Target Stroke Elite Plus and Target Type 2 Diabetes Honor Roll.
- Chandler Regional Medical Center provides comprehensive care, from routine check-ups and diagnostic services to a wide range of specialties including advanced diagnostic, surgical, robotics and intensive care services. The hospital has 429 beds, with more than 2,952 employees.

Dignity Health East Valley earned recognition from the American Medical Association (AMA) in 2023 as a Joy in MedicineTM recognized organization. The prestigious AMA distinction is granted only to organizations that attest to the rigorous criteria of the Joy in Medicine™ Health System Recognition Program and demonstrate a commitment to preserving the well-being of clinical care team members through proven efforts to combat work-related stress and burnout.

As of July 1, 2023 Dignity Health Chandler Regional and Mercy Gilbert Medical Centers unified to one organized medical staff. All 1,312 physicians now have membership at both hospitals.

In March, 2023 Dignity Health Mercy Gilbert Medical Center and Chandler Regional Medical Centers announced the creation of graduate medical education programs to meet the health care needs of the growing East Valley community. The residency program will be driven by the latest innovations in medicine, technology and research. It is expected to grow to include 126 medical residents by 2028 and include residents in emergency medicine and OB/GYN.

On November 7, 2023 Dignity Health announced, Equity Heals: Addressing Chronic Kidney Disease initiative, which will scale across the regions it serves, impacting and improving health outcomes for millions of Americans. It focuses on the design and implementation of racial justice-informed, patient and community awareness interventions to improve chronic kidney disease outcomes for racial minorities. The initiative is led by CommonSpirit Health's Office of Diversity, Equity, Inclusion and Belonging. As part of the initiative, CommonSpirit Health is removing race from eGFR calculations.

Our Mission

As CommonSpirit Health, we make the healing presence of God known in our world by improving the health of the people we serve, especially those who are vulnerable, while we advance social justice for all.

Our Vision

A healthier future for all – inspired by faith, driven by innovation, and powered by our humanity.

Financial Assistance for Medically Necessary Care

It is the policy of CommonSpirit Health to provide, without discrimination, emergency medical care and medically necessary care in CommonSpirit hospital facilities to all patients, without regard to a patient's financial ability to pay. This hospital has a financial assistance policy that describes the assistance provided to patients for whom it would be a financial hardship to fully pay the expected out-of-pocket expenses for such care, and who meet the eligibility criteria for such assistance. The financial assistance policy, a plain language summary and related materials are available in multiple languages on the hospital's website.



Description of the Community Served

Dignity Health defines the community served by a hospital as those individuals residing within its Primary and Secondary Service Areas. For this report, the focus will be on the Primary Service Area (PSA) of MGMC and CRMC. The Primary Service Area includes all residents in a defined geographic area surrounding the hospital and does not exclude low-income or underserved populations. The East Valley hospital's primary service area includes both moderate and high risk areas with significant socio-economic barriers. A summary description of the community is below. Additional details can be found in the CHNA report online.

The geographic area for MGMC and CRMC 2022 Community Health Needs Assessment (CHNA) is Maricopa County, the common community for all partners participating in the Synapse collaborative. Maricopa County is the fourth most populous county in the United States. Maricopa County encompasses 9,224 square miles, includes 27 cities and towns, as well as the whole or part of five sovereign American Indian reservations. Maricopa County is ethnically and culturally diverse, as it is home to more than 4.5 million people.

The FY2022 demographic data in Table 1.1 and 1.2 below are based on 2022 CHNA service area zip codes. See Table 1.3 for a map of FY23 Dignity Health East Valley's PSAs.

From July 1, 2022 - June 30, 2023 the top three zip codes in Primary Service Area (based on ZIP codes of residence for the top 75% of patients discharge) at Mercy Gilbert Medical Center are: 85142 Queen Creek/ San Tan Valley, 85295 and 85298 Gilbert.

From July 1, 2022 - June 30, 2023 the top three zip codes in Primary Service Area (based on ZIP codes of residence for the top 75% of patients discharge) at Chandler Regional Medical Center are: 85225 Chandler/ Gaveston Neighborhood, 85248 and 85224 Chandler, with Chandler/ Sun Lakes area 85295 in fourth.

TABLE 1.1 **CRMC**

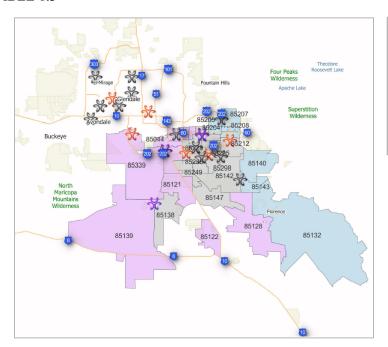
Total Population	700,077
Race	
Asian/Pacific Islander	8.3%
Black/African American - Non-Hispanic	6.5%
Hispanic or Latino	26.5%
White Non-Hispanic	50.7%
All Others	8.1%
% Below Poverty	7.1%
Unemployment	4.6%
No High School Diploma	8.3%
Medicaid	24.9%
Uninsured	10.8%

TABLE 1.2 MGMC

850,465
7.0%
4.5%
23.3%
58.7%
6.6%
5.3%
4.0%
6.7%
26.3%
11.0%

Source: Claritas Pop-Facts® 2022; SG2 Market Demographic Module - SG2 Analytics Platform Reports: Demographics Market Snapshot, Population Age 16+ by Employment Status, Families by Poverty Status, Marital Status and Children Age, Insurance Coverage Estimates (map data export)

TABLE 1.3





Community Assessment and Significant Needs

The hospital engages in multiple activities to conduct its community health improvement planning process. These include, but are not limited, to conducting a Community Health Needs Assessment with community input at least every three years, identifying collaborating community stakeholder organizations, describing anticipated impacts of program activities and measuring program indicators.

Community Health Needs Assessment

The health issues that form the basis of the hospital's community benefit plan and programs were identified in the most recent CHNA report, which was adopted in May 2022.

This document also reports on programs delivered during fiscal year 2023 that were responsive to needs prioritized in the hospital's previous CHNA report.

The CHNA contains several key elements, including:

- Description of the assessed community served by the hospital:
- Description of assessment processes and methods:
- Presentation of data, information and findings, including significant community health needs;
- Community resources potentially available to help address identified needs; and
- Discussion of impacts of actions taken by the hospital since the preceding CHNA.

Additional detail about the needs assessment process and findings can be found in the CHNA report, which is publicly available at:

https://www.dignityhealth.org/arizona/locations/chandlerregional/about-us/community-benefit-outreach/b enefits-reports or upon request at the hospital's Community Health office.

Significant Health Needs

The CHNA identified the significant needs in the table below, which also indicates which needs the hospital intends to address. Identified needs may include specific health conditions, behaviors and health care services, and also health-related social needs that have an impact on health and well-being.

Significant Health Need	Description	Intend to Address?
Mental Health and Suicide	Mental Health includes emotional, psychological, and social well-being, and affects how individuals think, feel, and act. Suicide and suicide attempts cause serious emotional, physical and economic impacts.	\searrow
Substance Misuse	Substance Misuse is caused by multiple factors, including genetic vulnerability, environmental stressors, social pressures, individual personality characteristics, and psychiatric problems.	\triangleright
Cancer	Cancer is a large group of diseases that can start in almost any organ or tissue of the body when abnormal cells grow beyond their usual boundaries to invade adjoining parts of the body and/or spread to other organs.	\searrow
Chronic Diseases/ Diabetes/ Cardiovascular Disease/ Obesity/ Oral Health	Chronic Diseases are defined broadly as conditions that last 1 year or more and require ongoing medical attention or limit activities of daily living or both. Diabetes is a chronic, metabolic disease characterized by elevated levels of blood glucose (or blood sugar). Cardiovascular Disease is a class of diseases that affect the heart or blood vessels. Obesity is a complex health issue resulting from a combination of causes and individual factors such as behavior and genetics. Oral Health, Oral Diseases ranging from dental cavities to oral cancers.	\supset
Injury Prevention	Injury Prevention is activities to prevent, ameliorate, treat, and/or reduce injury-related disability and death.	V
Access to Care/ Immunization	Access to Care means having the timely use of personal health services to achieve the best health outcomes. Access to health care consists of four components; coverage, services, timeliness, and workforce. Immunization is a key component of primary health care and is critical to the prevention and control of infectious diseases.	\supset
Nutrition/ Exercise/ Food Access/	Nutrition, the process of providing or obtaining the food necessary for health and growth. Food Access is an important element of food security, which is having constant access to adequate nutritious food to support healthy eating patterns.	\supset

Significant Health Need	Description	Intend to Address?
	Exercise is proven to help prevent and manage noncommunicable diseases such as heart disease, stroke, diabetes, and several cancers. It also can improve physical/mental health, quality of life and well-being.	
Housing / Homelessness	Homelessness/ Housing social determinant of health due to the range of ways in which a lack of housing, or poor-quality housing.	\searrow
Domestic Violence Human Trafficking	Domestic Violence is abuse or aggression that occurs in family relationships. Human Trafficking is a crime that involves exploiting a person for labor, services, or commercial sex.	S
Racial Equity/ Health Equity/ Social Equity	Racial Equity is the systemic fair treatment of all races that produces equitable opportunities and outcomes for all people. Health Equity means that "everyone has a fair and just opportunity to be healthier. This requires removing obstacles to health such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care". Social Equity refers to all people experiencing impartiality, fairness, and justice in their daily lives. Social equity takes into account systemic inequalities to ensure everyone in a community has access to the same opportunities and outcomes.	

2023 Report and 2024 Plan

This section presents strategies and program activities the hospital is delivering, funding or on which it is collaborating with others to address significant community health needs. It summarizes actions taken in FY23 and planned activities for FY24, with statements on impacts and community collaboration. Program Highlights provide additional detail on select programs.

Planned activities are consistent with current significant needs and the hospital's mission and capabilities. The hospital may amend the plan as circumstances warrant, such as changes in community needs or resources to address them.

Creating the Community Benefit Plan

The hospital is dedicated to improving community health and delivering community benefits with the engagement of its management team, board, clinicians and staff, and in collaboration with community partners.

Hospital and health system participants included: CommonSpirit Health Community Health department, Dignity Health East Valley; Community Health, Mission Integration, Center for Faith Health Partnerships, Trauma Services, Maternal Child Health, Care Coordination, Center for Transitional Care and Emergency departments and Dignity Health Foundation East Valley.

Hospitals' community health programs involve departments beyond Community Health and Mission in their planning and operation.

Community input or contributions to this community benefit plan included: Dignity Health East Valley Community Hospital Board, Community Health Committee (CHC) and Community Health Improvement Grants Committee comprised of members in the community and Dignity Health, community leaders, community educators, program managers from local nonprofit's, Maricopa County Department of Public Health, previously grant funded East Valley Communities of Care and current grantee recipients, East Valley Resource Coalition and other stakeholders in the East Valley service area.



The programs and initiatives described here were selected on the basis of priority as they relate to one or more of the following principles: focus on disproportionate unmet health-related needs; emphasize prevention including activities that address the social determinants of health; build community capacity; demonstrate collaboration; and contribute to a seamless continuum of care.

The strategies identified that address significant needs are achievable through the hospital's capacity to meet the need, available resources, existing hospital services, and collaborative partnerships.

Community Health Strategic Objectives

The hospital believes that program activities to help address significant community health needs should reflect a strategic use of resources and engagement of participants both inside and outside of the health care delivery system.

CommonSpirit Health has established four core strategic objectives for community health improvement activities. These objectives help to ensure that our program activities overall address strategic aims while meeting locally-identified needs.



Create robust alignment with multiple departments and programmatic integration with relevant strategic initiatives to optimize system resources for advancing community health.



Scale initiatives that complement conventional care to be proactive and community-centered, and strengthen the connection between clinical care and social health.



Work with community members and agency partners to strengthen the capacity and resiliency of local ecosystems of health, public health, and social services.



Partner, invest in and catalyze the expansion of evidence-based programs and innovative solutions that improve community health and well-being.



Report and Plan by Health Need

The tables below present strategies and program activities the hospital has delivered or intends to deliver to help address significant health needs identified in the community health needs assessment.

They are organized by health need and include statements of strategy and program impact, and any collaboration with other organizations in our community.

Programs in which Dignity Health collaborates with /or resources to a community based organization, in order to help address a significant health or social need, are designated with two orange asterisks (**) and organizations that were awarded funding from the 2023 Dignity Health Community Health Improvement Grant program are designated with an orange asterisks (*).



Health Need: Mental and Behavioral Health / Suicide

Strategy or Program	Summary Description	Active FY23	Planned FY24
Heaven's Hummingbirds Support Group	Maternal Child Health (MCH) department perinatal bereavement services care for parents from hospital to home, with trained & certified facilitators grief support.	abla	V
Zero Suicide Initiative	A toolkit with training and utilization of practical framework for hostpial-wide transformation toward safer suicide care.		
Pregnancy & Postpartum Support Group and Let's Talk Group Therapy	A peer based support group that provides a safe, judgment-free place to connect other moms experiencing similar challenges. Let's Talk is a closed perinatal therapeutic group led by a licensed therapist specializing in perinatal mental health.	\searrow	V

Goal and Impact: Increase in number of individuals who feel confident they can identify signs of mental health crisis and respond appropriately with resources.

Collaborators: 988, Gilbert, Chandler, Queen Creek, Mesa and Tempe Unified School Districts, Women's Health Innovations, Youth Mental Health Coalition, East Valley Resource Coalition (EVRC), Maternal child health, ER and Care Coordination departments, Community health workers, Heritage Resource Center, Chandler CARE Center, Gilbert, Mesa, Tempe and Chandler PD Crisis Response Team and Children's Medical Clinic.



Health Need: Substance Misuse

Strategy or Program	Summary Description	Active FY23	Planned FY24
Youth Mental Health Coalition	*Evidence-based and evidence-informed programming includes culturally inclusive prevention that educates youth.	abla	\checkmark
Freedom House	*Freedom House provides expanded support, structure and intentional guidance for single moms with children coming out of substance abuse treatment.	abla	
Hushabye Nursery - Peer Support	**Peer Support Program, those with lived/living substance use disorder receive first-hand knowledge of systemic barriers & meaningful coaching work in the area of resilience/coping skills as a means to address and overcome the challenge.	V	V

Goal and Impact: Provide relevant and timely care for those in need of substance abuse recovery.

Collaborators: Care Coordination department social workers, Children's Medical Clinic, Town of Gilbert and Town of Queen Creek, City of Tempe, Chandler and City of Mesa, community based organizations (CBOs), East Valley Resource Coalition (EVRC), Gilbert PD and Chandler PD Crisis Response Teams.



Health Need: Cancer

Strategy or Program	Summary Description	Active FY23	Planned FY24
Amanda Hope Rainbow Angels	**Supports needs of families impacted by childhood cancer & other life-threatening illnesses through Comfort and Care counseling.	V	\searrow
Desert Cancer Foundation of Arizona	**Provides cancer education, screenings, and secures treatment resources and transportation for the uninsured and underinsured.	V	\checkmark
Chandler Regional Medical Center and Ironwood Cancer Center	Cancer support groups, classes and integrative services for cancer patients and their families and/or caregivers. Support to manage appointments, record keeping and communication between providers.	\checkmark	

Goal and Impact: Improve education and awareness leading to increased prevention practices and access to resources and support.

Collaborators: 2023 Community Health Improvement Grants Program recipients, EVRC, Dignity Health's Care Coordination department, Center for Faith Health Partnerships and Community health worker.

Health Need: Chronic Diseases / Diabetes / CVD / Obesity / Oral Health

Strategy or Program	Summary Description	Active FY23	Planned FY24
Yoga of the Heart / WomenHeart Health	Breathing exercises and meditation, lowering blood pressure, cholesterol and glucose levels, as well as heart rate.	✓	✓
Healthier Living Program	Healthier Living programs serve participants with chronic conditions and pain, diabetes and fall risk to self-manage their conditions at no cost.	\checkmark	\checkmark
Chandler Children's Medical and Dental Clinics Early Childhood Oral Health Program	Dental clinics provide dental exams, dental cleanings, fluoride varnish treatments and oral health education. Medical clinic provides well visits, education and resources to the uninsured. Early Childhood Oral Health provides dental screenings for expecting moms, fluoride varnish and oral health education for children, child care centers and medical offices.	abla	V

Goal and Impact: Increase in primary care and clinic use for care of chronic conditions, increase in education prevention efforts.

Collaborators: Care Coordination department, Community Health department: Healthier Living, Community health worker, Children's Dental and Medical Clinics, Early Childhood Oral Health, Emergency department and Transitional Care Clinics, EVRC, Heritage Resource Center, Chandler CARE Center, Women's HeartHealth Program, Equity Heals: Addressing Chronic Kidney Disease program and Center for Faith Health Partnerships.



Health Need: Injury Prevention

Strategy or Program	Summary Description	Active FY23	Planned FY24
Stop the Bleed	Dignity Health Chandler Regional Medical Center's Trauma ServicesNationally recognized courses teach hemorrhage control to aid in saving lives.	✓	\checkmark
Matter of Balance program	Reduce fear of falling & increase activity levels for senior citizens. A community based education program incorporates a CRMC physician.	\checkmark	\checkmark
D4 Dignity Doesn't Drive Distracted	The driving simulation curriculum teaches the dangers of distracted/impaired driving.	\checkmark	\checkmark

Goal and Impact: CRMC Trauma Injury Prevention and Outreach Education programs increase; survivability & capacity to treat severe hemorrhaging from incidents and teach fall prevention to vulnerable communities & educate the public on the dangers of distracted/impaired driving.

Collaborators: Healthier Living programs and Community health worker, Center for Faith Health Partnerships, Care Coordination, EVRC, Children's Medical Clinic and Maricopa County Dept. Public Health, East Valley school districts, Gilbert and Chandler Fire departments.

Health Need: Access to Care / Immunization

Strategy or Program	Summary Description	Active FY23	Planned FY24
Immunizations program	Provides no cost immunizations for un/underinsured, AHCCCS, American Indian or Alaskan Native and conducts mobile sites/events.	✓	abla
Community Health department outreach	Based on the significant health/social needs identified in the CHNA programs with a variety of support/resource services to address the social and economic needs of patients. Some of which include Dignity Health outreach services provided in underserved communities: Children's Dental Clinics, Children's Medical Clinic, Immunization clinics, Hearing and Vision Screenings, Healthier Living, Early Childhood Oral Health Program and Pathways to Wellness.		V
FSL, ACTIVATE program and Community Health depart. Community Health Worker (CHW)	Enrolled patients & family receive medication education, DME & resources at the hospital, and follow-up for 90 days. CHW is a patient navigator between health/social services and the community to facilitate access to services and improve the quality & cultural competence of service delivery.	abla	abla

Goal and Impact: Increase the ability for everyone to receive care they need within their community. To help maintain childhood immunization rates and administer vaccinations with emphasis on medically underserved communities and families while providing education and awareness on the importance of immunizations.

Collaborators: Arizona Korean Nurses Association, local school districts, CBOs, Thew Elementary at Thrive To Five Resource Center, Heritage Resource Center, Chandler CARE Center, Center for Faith Health Partnerships and Community health worker, City of Chandler Cares team and Chandler Flex.

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Health Need: Housing / Homelessness

Strategy or Program	Summary Description	Active FY23	Planned FY24
Homeless Initiative/ Taxi Vouchers	Provide charity rides to vulnerable patients unable to access transportation home from the hospital. Modivcare Transportation Initiative provides transportation for homeless patients.	V	
One Small Step: Clothing Cabin	**Supply children, families, and those living in poverty to attain a more productive life by providing quality clothes, shoes and other support services.	✓	\checkmark

Goal and Impact: Through internal processes, key stakeholders and partnership with CBOs to create an increased awareness of resources, increase in accessing/connection of workforce development and housing resources connection to community-based services.

Collaborators: House of Refuge, I-HELP coalition (TCAA, AZCEND, LSSSW), Destination Diploma program, Chandler CARE Center, One Small Step: Clothes Cabin, Matthew's Crossing, Circle the City, Mission of Mercy of AZ, Heritage Resource Center, ACTIVATE, Community health worker, CeCe's Hope, Freedom House, Winged Hope and City of Chandler Cares team.



Health Need: Violence / Domestic Violence / Human Trafficking

Strategy or Program	Summary Description	Active FY23	Planned FY24
Healthy Families Program	Hospital license medical social worker screens charts of high risk mothers of newborns to refer for child abuse prevention programs & provides parenting resources.	\checkmark	\checkmark
Human Trafficking Task Force	Provide health care professionals with tools to identify & appropriately assist patients whose health, safety, may be affected by trafficking or other types of violence.	\checkmark	\checkmark

Goal and Impact: Increase healthcare workforce education to provide trauma informed care for victims of violence and prevent future violence.

Collaborators: ACTIVATE, Children's Medical Clinic, Hope Women's Center., Hope for Addiction-Freedom House, CeCe's Hope, Winged Hope, Community health worker and EVRC.



Health Need: Equity / Racial Equity / Health Equity / Social Equity

Strategy or Program	Summary Description	Active FY22	Planned FY23
WomenHeart Health Support Group	This group is the only national organization dedicated to advancing women's heart health through advocacy, community education WomenHeart advocates for equal access to quality care and provides information and resources to help women take charge of their heart health.	abla	V
Connected Community Network (CCN)	This network uses a trusted community convener, together with a technology platform for referrals and coordination, to connect multiple health plans with community-based organizations providing a range of social services.		\checkmark
Financial Assistance Policy	Providing financial assistance to persons who have health care needs and are uninsured, underinsured, ineligible for a government program, or otherwise unable to pay.	V	\checkmark

Goal and Impact: Improve access to care and promote health equity for all across all prioritized significant health needs.

Collaborators: City of Chandler's Diversity, Equity & Inclusion, Youth Mental Health Coalition, EVRC, Heritage Resource Center, Chandler CARE Center, one-n-ten, Chandler Pride, Equity Heals: Addressing Chronic Kidney Disease program, Center for Faith Health Partnerships and Community health worker.



Health Need: Nutrition/ Food Access/ Exercise

Strategy or Program	Summary Description	Active FY22	Planned FY23
Mission of Mercy of AZ	Patients with diabetes who are un/underinsured will be able to receive care during regular medical exams, prescriptions, diabetes education/ monitoring and increased access to produce.	V	\triangleright
Mommy Fit Camp	A low to moderate paced exercise class for moms during pregnancy and postpartum. Exercise can be modified to each individual fitness level. Virtual classes are offered.	\checkmark	\checkmark
Healthy Eating, Active Living HEAL	This program focuses on making sustainable healthy lifestyle changes. It addresses the key community needs of nutrition, exercise and obesity.	\checkmark	\checkmark

Goal and Impact: Support community efforts to address nutrition, food access, and exercise through effective service referrals, resource navigation and Community Health department outreach programs.

Collaborators: Matthew's Crossing, Mission of Mercy of AZ, ACTIVATE, March of Dimes, Pinnacle Prevention, Maricopa County Department of Public Health, AZCEND, Father McGivney Food Bank, Heritage Resource Center, Aster Aging, Chandler Senior Center, Neighbors Who Care, TCAA, Dignity Health communities of care, Community health worker, Center for Faith Health Partnerships and Chandler CARE Center.

Community Health Improvement Grants Program

One important way the hospitals help to address community health needs is by awarding financial grants to non-profit organizations working together to improve health status and quality of life. Grant funds are used to deliver services and strengthen service systems, to improve the health and well-being of vulnerable and underserved populations related to CHNA priorities.

In 2023, the hospitals awarded the grants below totaling \$459,202. Some projects also may be described elsewhere in this report.

Grant Recipient	Project Name	Amount
Mission of Mercy of AZ	Improving the Health of Uninsured Patients with Diabetes	\$50,000
Aster Aging Inc.	East Valley Senior Home Sharing Program	\$77,000
notMYkid, Inc.	Youth Mental Health Collective	\$95,000
Child Crisis of Arizona	Destination Diploma Chandler	\$100,000
Hope for Addiction	Freedom House	\$100,000

Program Highlights

The following pages describe a sampling of programs and initiatives listed above in additional detail, illustrating the work undertaken to help address significant community health needs.

Injury Prevention		
Significant Health Needs Addressed	List the significant health need(s) from the At-a-Glance Summary that this program helps to address.	
	✓ Mental Health /Suicide ✓ Injury Prevention	
Program Description	Stop the Bleed: CRMC Trauma Services Department teaches this nationally recognized course about hemorrhage control to aid in saving lives. We utilize a standardized lecture and hands-on practice to bring awareness and improve comfort level and skill related to wound packing and tourniquet application. Walk With A Doc Sun Lakes: A community based program that incorporates education on different health topics as well as exposure to providers from the community. A physician attends a monthly community walk promoting healthy lifestyle topics including mobility and fall prevention.	

	Matter of Balance (MOB): An 8 week evidence-based intervention for groups for small groups, to reduce fear of falling and increase activity levels.
	Dignity Doesn't Drive Distracted (D4): A driving simulation curriculum to teach the dangers of distracted/impaired driving. Specifically targeting Juniors and Seniors at local High Schools. The program includes running a Battle of the Belts campaign with the goal of increased seat belt use. Trauma Survivors Network (TSN): Offered to patients and their family members, this service offered to survivors of traumatic injury. Created by the American Trauma Society, our TSN membership provides opportunity for injured patients to connect and begin to heal emotionally and mentally. Staying Active and Independent for Life (SAIL): A six week evidence-based program that utilizes exercise for the elderly to prevent falls. Small groups will meet twice weekly for 1 hour to exercise, build strength and improve balance.
Population Served	East valley community members, school districts, higher education institutions, public safety agencies and community groups.
Program Goal / Anticipated Impact	Stop the Bleed: provide 'Stop the Bleed' supply kits for schools to increase capacity to treat incidents of uncontrolled hemorrhage. Also, continue to educate the community on how to manage life threatening hemorrhages and save lives. Matter of Balance, SAIL and Walk With a DOC: continue to host multiple sessions throughout the East Valley service area. The goal is to reduce falls in the elderly population. D4: continue efforts to educate young adults on the dangers of distracted and impaired driving utilizing the D4 curriculum. TSN: Support and lift up survivors of Trauma Injury and help them to heal emotionally and mentally by providing resources and peer support.
	FY 2023 Report
Activities Summary	Continuous weekly scheduled training sessions for multiple programs within the community. Averaging 1-4 courses / sessions per week. 1,153 individuals learned Stop the Bleed. One MOB Cohort graduated.
Performance / Impact	Continued work with partner school districts Gilbert, Mesa, Tempe Union HS, Chandler and Queen Creek to train an array of High School students and staff on Stop the Bleed. Successfully hosted a Matter of Balance course in an East Valley community with another scheduled in February. Locations are selected in areas of high falls and vulnerable populations based on injury data surveillance. Initiation of the D4 course to East Valley High Schools, launch TSN and support survivors.

Hospital's Contribution /
Program Expense

Stop the Bleed expenses, including maintenance of training equipment and purchasing of kits for distribution, is approximately \$10,000 annually. D4 annual cost is estimated at \$3,000 per year for printing educational material and maintenance of the equipment. MOB, SAIL and Walk With a Doc have a combined budget of \$10,000 to cover the cost of hosting participants and printing education. Program expenses do not include hours provided by Trauma Services and hospital staff.

FY 2024 Plan

Program Goal / Anticipated Impact

- Continued awareness and instruction of Stop the Bleed. FY24's goal is 1000 trained individuals.
- Elderly Fall Prevention programs including Matter of Balance, Walk With a Doc and SAIL will reach vulnerable populations in the East Valley to teach the importance of exercise and balance to prevent life changing falls.
- D4 is in re-construction and will begin its outreach into the community in FY25, currently seeking additional grant funding.

Planned Activities

Injury Prevention and Outreach instructs 4 - 5 Stop the Bleed events each month. MOB is scheduled for October and November 2023 & February/ March of 2024 (second 2024 session pending dates). D4 will occur at the beginning of the 24/25 school year, SAIL program launching in January of 2024. CRMC's TSN programs will go live December 2023. Walk With a Doc scheduled monthly (October to April) in the Sun Lakes community and we are actively seeking another location to host walks at.



Pregnancy & Postpartum Support Group and Let's Talk Therapy Group

Significant Health Needs Addressed

List the significant health need(s) from the At-a-Glance Summary that this program helps to address.

Mental Health /Suicide

Program Description

Approximately one in five women, and one in 10 men, will experience a perinatal mood disorder. The Pregnancy and Postpartum Support Group (PPSG) is a peer based support group that provides a safe, judgment-free place to connect with other moms in similar stages of life and experiencing similar challenges. This is a free drop-in group that currently meets twice weekly. Let's Talk is a closed perinatal therapeutic group that meets for six weeks and is led by a licensed therapist specializing in perinatal mental health. This free group meets for two hours per week for six weeks with the same group of moms.

Population Served	Pregnant and postpartum women and families who are struggling with the transition into parenthood, and mental/emotional challenges as it relates to their pregnancy and/or postpartum period.	
Program Goal / Anticipated Impact	To provide pregnant and postpartum mothers (and their partner) services and resources as it relates to perinatal mental health.	
	FY 2023 Report	
Activities Summary	The PPSG was held every Tue. and Wed. for 1.5 hrs, and various topics were presented and discussed as they relate to motherhood, wellbeing, mental health and more. Let's Talk was conducted six times over the year, each series lasting six weeks. During the six week series, each week covered a different topic, including maternal mental health, communication, boundaries, wellbeing and wellness planning, and tools and resources to manage depression, anxiety and more.	
Performance / Impact	The PPSG served 607 clients in FY 2023. Resources and referrals were provided when appropriate. Participants consistently reported improved success navigating emotional adjustment issues, resources and treatment options, and a sense of community for themselves. Let's Talk served 25 clients in 2023. Program evaluations were excellent. Client outcomes were measured through pre and post session administration of the Edinburgh Postnatal Depression Scale (EPDS). The EPDS is a 10-question self-rating scale that has been proven to accurately identify clients at risk for perinatal depression.	
Hospital's Contribution / Program Expense	For the PPSG, a coordinator and/or a department volunteer co-facilitate each week. Time spent facilitating on average is two hours per support group and the coordinator salary was covered by Dignity Health. For the Let's Talk program all expenses were covered by Dignity Health. Total expenditures per six week session were \$1,934.40. This covered three hours per week for the Dignity Health program coordinator to assist with administrative duties and provide support during the weekly sessions, two hours for paperwork and documentation of data following the final session, and \$1,200 for therapist fee.	
FY 2024 Plan		
Program Goal / Anticipated Impact	Ultimately, the goal of both the PPSG and Let's Talk is to provide pregnant and postpartum mothers (and their partner) services and resources as it relates to perinatal mental health. Due to the positive response and continued attendance of offering the PPSG twice per week, the programs will continue to be offered online in 2024. The support and therapy received in these programs will facilitate a decrease in the severity of perinatal mood disorders and isolation for the community members we serve.	

Planned Activities	1. The PPSG will continue to offer semi-structured support twice per week and refer to Let's Talk and/or other resources as appropriate. Participants will report success navigating emotional adjustment issues, resources and treatment options, and a sense of community for themselves. 2. Let's Talk will administer a program evaluation at the completion of the six-week series. The EPDS will be administered pre and post sessions with an anticipated self-report demonstrating a decrease in symptoms and/or procurement of additional professional support and resources outside of Let's Talk. A self-reporting client survey will continue to be
	offered this FY24.

Dignity Health Children's Dental Clinics		
Significant Health Needs Addressed	List the significant health need(s) from this program helps to address.	m the At-a-Glance Summary that
	✓ Mental Health /Suicide	✓ Access to Care
	✓ Nutrition	☑ Equity
	✓ Chronic Disease(s)	
Program Description	The Children's Dental Clinics utilize to provide comprehensive preventive uninsured children. Services include cimaging, sealants, interim therapeutic fluoride varnish treatments, oral healt coordination of care. Integration of m during the patient dental appointment	dental care to underserved and dental assessments, radiographic restorations, silver diamine fluoride, h education, nutrition guidance, and ental health screenings and referrals
Population Served	Low-income and under-insured and uninsured children ages 0 to 21. Located at a school-based health center and a family resource center, the clinics are perceived as safe-havens, where individuals can seek compassionate, culturally sensitive dental care.	
Program Goal / Anticipated Impact	Improve oral health and prevent dental disease in children ages 0 to 21. The impact of the community oral health promotoras strengthens community connections by providing oral health education and supplies to children and parents.	
	FY 2023 Report	
Activities Summary	 Provide preventive dental health s assessments, professional cleaning interim therapeutic restorations, fl health education, nutrition guidan 	gs, radiographic imaging, sealants, luoride varnish treatments, oral

	 Provide referrals and care coordination for children in need of restorative dental care. Increase awareness and improve children's oral and overall health through education for children and parents at the children dental clinics. Provide dental supplies to children at the clinic and in the community. Integration of mental health screenings and referrals at the patient dental appointment. Increase awareness and improve children's oral and overall health through education for children in Community Centers and Title 1 schools. 	
Performance / Impact	 1,315 children received full preventive dental services twice per year. 2,630 dental appointments were completed. 1,315 received a mental health screening during their dental appointment. 60% of patients had "no new decay" at subsequent clinic appointments. 574 patients who experienced pain and dental decay received care coordination. 2,630 children and parents received oral health education in the clinic and the community. 	
Hospital's Contribution / Program Expense	Total program expenses were \$830,054. Grant contributions total \$455,837. Dignity Health Foundation East Valley contributed \$374,217.	
	FY 2024 Plan	
Program Goal / Anticipated Impact	For FY24 the Children's Dental Clinic will improve the oral health of children ages 0 to 21 by reducing barriers to care, providing preventive dental services, improving oral health behaviors and increasing awareness of the importance of oral health. The clinic will also increase the number of patients seen for FY 2024.	
Planned Activities	The program activities are the same as the FY 2023 report.	

Dignity Health Immunizations Program		
Significant Health Needs Addressed	List the significant health need(s) from the At-a-Glance Summary that this program helps to address.	
	☑ Equity	Access to Care
Program Description	Children's and Adult's Vaccine Program provides free immunizations (vaccines provided through the State Vaccines for Children Program) for children 18 years and younger who are uninsured, underinsured, on	

	AHCCCS, or American Indian or Alaskan Native and offers free adult immunizations (vaccines provided through the State Vaccines for Adults Program) for people 19 years and older who are uninsured or underinsured. Free clinics are held at the CRMC Licensed Outpatient Treatment Center at the Chandler CARE Center, Gilbert Heritage Family Resource Center and at mobile sites in partnership with Maricopa County Department of Health Services throughout the East Valley service areas. Chandler Regional Medical Center provides staffing and supplies for the clinics. Free flu vaccines are provided through the Community Health department.
Population Served	Children 18 years and younger who are uninsured, underinsured, on AHCCCS, or American Indian or Alaskan Native. Adults, people 19 years and older who are uninsured or underinsured. Private flu vaccine free for any clinic participants.
Program Goal / Anticipated Impact	To help maintain childhood immunization rates in our community and administer vaccinations to children and adults with emphasis on medically underserved communities and families while providing education and awareness on the importance of immunizations. Impact will be measured through clinic information entered into a database as well as reports run from ASIIS and Lawson reports. 1. Number of immunization clinics for children and adults. 2. Number of people screened: children and adults. 3. Percentage of ASIIS data entered and up to date by June 30th.
	FY 2023 Report
Activities Summary	Immunization clinics were provided for children offering all required and recommended vaccines from the Federal Vaccines for Children program. Immunization clinics for adults provided recommended and required vaccines as they were available through the Federal Vaccines for Adult Program.
Performance / Impact	Number of immunization clinics for children and adults: 114 Number of people screened: children and adults: 2466 Percentage of ASIIS data entered and up to date by June 30th: 100%
Hospital's Contribution / Program Expense	Adult Immunizations: Expenses \$74,815/ Revenue \$2,389/ Net benefit \$72,426. Children Immunizations:
	Expenses \$296,821/ Revenue 0/ Net Benefit \$296,821. Committed resources include staffing, financial support for operations, leadership for program oversight, strategy, partnership.
	Expenses \$296,821/ Revenue 0/ Net Benefit \$296,821. Committed resources include staffing, financial support for operations,

	providing education and awareness on the importance of immunizations. 2. Maintain accurate and regulatory compliant data collection and entry of the data into the state immunization database (ASIIS) by June 30th.
Planned Activities	 Weekly clinics at our licensed Chandler site and our mobile Gilbert site. Back to school focused clinics in July and August. Free flu focused clinics September - November.

Dignity Health Children's Medical Clinic		
Significant Health Needs Addressed	List the significant health need(s) from the At-a-Glance Summary that this program helps to address.	
	✓ Access to Care ✓ Equity	
Program Description	The Dignity Health Children's Medical Clinic opened in October, 2022 as an outpatient treatment center for uninsured children through the age of 18. The clinic is located in the CARE Center on a Title 1 school campus. The clinic is staffed with medical assistants, Dignity Health and community providers pro bono. The Hospital's role includes leadership, financial support through the hospital foundation, leadership support for quality, IT, laboratory services, and pharmaceuticals.	
Population Served	The population being served is uninsured, including refugees, immigrant, and migrant worker children with limited income. Uninsured children 0-18.	
Program Goal / Anticipated Impact	Provide medical homes to uninsured children leading to improved preventative health,education, and access to other identified health and social needs. Indicators: Open the clinic and begin services and track: Number served Number and/or percentage of children returning for well and sick visits Number of referrals to other social needs	
FY 2023 Report		
Activities Summary	 During FY23 the following activities have been conducted: Hired 2 medical assistants and recruited 3 providers. Conducted successful Dept. of Health survey/inspection to open. Developed policies and procedures. CLIA application and lab equipment and supplies. Pharmacy medications and ordered equipment/supplies. Developed medical chart, Quality/assurance, performance improvement plan. Completed contracts for lab and radiology and initiation of services. 	

Performance / Impact	Patient visits: 549
	Return visits: 149 (34.79% of visits)
	Referrals to other health and social services: 191 (27% of visits)
Hospital's Contribution /	Grant funded programs through Dignity Health Foundation East Valley
Program Expense	and Chandler Children's Medical & Dental Clinic foundation.
	Expenses \$226,549
	Revenue/grants \$38,559
	Net \$187,990
	Grant funding supports salaries, equipment, supplies, diagnostic testing,
	specialty consultations, and treatment.
	FY 2024 Plan
Program Goal /	Increased number of patients served.
Anticipated Impact	Increase percentage of returning patients.
· ·	
Planned Activities	Implement EHR
	Initiate formal agreements with Phoenix Children's Hospital and
	Vallewise Health
	Recruit additional Providers
	Partner with Dignity Health Family Practice Residents

Yoga of the Heart		
Significant Health Needs Addressed	List the significant health need(s) from the At-a-Glance Summary that this program helps to address.	
	✓ Chronic Disease(s) ✓ Access to Care	
Program Description	With heart disease being a leading cause of death, it's important to recognize that 80% of one's risk is preventable through lifestyle habits. Yoga of the Heart is a weekly yoga practice consisting of postures that lengthen, improve balance and increase flexibility, all while strengthening the body. Breathing exercises and meditation, which have been scientifically proven to lower blood pressure, lower blood cholesterol and blood glucose levels, as well as heart rate, making it a useful lifestyle tool for staying healthy. This class empowers women to make their health a priority through self-care and self-love, in order to flourish and to fully nourish. Dignity Health currently holds classes virtually through Zoom online platform. Classes are led by Dignity Health's Cardiac Care Yoga Specialist.	
Population Served	Classes are geared for women ages 18 -75 years of age who have heart disease or are at risk of heart disease. We recently put a greater focus on serving pregnant and postpartum women.	

Program Goal / Anticipated Impact	The program goals are to lower women's risk of cardiovascular disease, in addition to lowering anxiety, depression, and chronic stress. Women have a higher risk of such conditions. A regular yoga practice also contributes to a reduction in; • Blood pressure, Cholesterol and Inflammation markers
	FY 2023 Report
Activities Summary	Yoga of the Heart was held every Tuesday for 1 hour and various breathing exercises, asana flows, and meditations were presented and discussed as they relate to empowering the wellbeing of women. Yoga of the Heart instructor also participated in 3 various community settings and events during FY 2023, to support the women's heart health initiative and the annual national Go Red Women's Heart Health month events.
Performance / Impact	Yoga of the Heart served 503 women in FY 2023. Resources and referrals to other services were provided when appropriate. Participants consistently reported improvement in mood, flexibility, reduction in stress, and a sense of community & connection for themselves. Program evaluations were excellent, with 99% of participants feeling less stressed and an overall improved quality of life after regularly participating in the weekly practice. Client outcomes were measured through pre and post session verbal surveys.
Hospital's Contribution / Program Expense	For Yoga of the Heart, one coordinator facilitates and leads the class practice each week. Time spent facilitating on average is 2 hours per class and the coordinator salary was covered by Dignity Health. This also covered 3 hours per week for the Dignity Health program coordinator to assist with administrative duties, practice & curriculum preparation, and client follow up & documentation.
	FY 2024 Plan
Program Goal / Anticipated Impact	Ultimately, the goal of Yoga of the Heart is to provide women who are at risk or have heart disease with the services and resources as it relates to women's heart health. Due to the positive response and continued participant attendance at Yoga of the Heart once a week, the program will continue to be offered weekly online in 2024. The support and therapy received in this program will facilitate a decrease in the incidence of heart disease in women. Program goals also include an increase in attendance by 5%, as well as participating in a minimum of 3 community events.
Planned Activities	Yoga of the Heart will continue to offer weekly classes and refer to other resources as appropriate. At this time the class continues to be offered once a week and attendance will be monitored for continued need for the possibility of adding an additional weekly practice. The program will

continue to seek opportunities for internal and external collaborations and support with community events to support women's heart health.



Early Childhood Oral Health Program (ECOHP)		
Significant Health Needs Addressed	List the significant health need(s) from the At-a-Glance Summary that this program helps to address.	
	✓ Nutrition	Access to Care
		☑ Equity
Program Description	Dental cavities (caries or decay) are the most common chronic disease in children. 1 in 4 women of childbearing age have untreated cavities. The Early Childhood Oral Health Program (ECOHP) provides: Oral health screenings and risk assessments Fluoride varnish application Anticipatory guidance (education) Referral/navigation to a dental home Care coordination and all services provided are free	
Population Served	ECOHP serves the population of children ages 0 to 5 and expectant mothers with an emphasis on the underserved in Mesa, Gilbert, and Queen Creek, Arizona. Locations include childcare facilities, pediatrician offices (medical and dental integration), community events, pregnancy agencies, and resource centers.	
Program Goal / Anticipated Impact	The goal of the ECOHP is to decrease the number of children under age six and expectant mothers with dental decay and increase the number of children/expectant mothers utilizing a dental home. The program also provides 25 professional development training sessions to educate the childcare workforce professionals.	
	FY 2023 Repo	rt
Activities Summary	 provided to pregnant womfamilies. Children up to age six year and provided with fluoride All pregnant women receiv for their unborn infant and receiving services will recematerials. 	ed on the most up-to-date evidence will be en and children up to age 6 years and their as will be screened for oral health status evarnish when appropriate. Wing services will receive oral health aids educational materials. All children eive a toothbrush kit and educational blishment of a dental home will be ex.

	 Clinics will be scheduled to occur at locations including pediatric medical offices, child care centers, preschools, family resource centers, childbirth prep classes in person or via Zoom, pregnancy support centers, health fairs, community events, and churches. Bilingual staff will provide oral health education in Spanish when appropriate. Virtual language translation services will be available. Oral health education sessions for the childcare workforce to increase their understanding of the importance of oral health.
Performance / Impact	For FY 2023 ECOHP 340 clinics 3,264 of children's oral health screenings 1,493 fluoride varnish applications 132 expectant mothers screening 30 professional training (oral health education for childcare workers). 2,268 children educated at childcare centers
Hospital's Contribution / Program Expense	Program expense paid by First Things First Staff \$259,797.80 / Travel \$5,008.69 / Operating expenses (supplies, outside training, mileage, office supplies, cell phone) \$24,383,46 Indirect Costs \$18,797.35 Total Expenses \$ 307,987.30 Dignity Health provided administrative support and employee benefits. \$194,411.
	FY 2024 Plan
Program Goal / Anticipated Impact	ECOHP will continue to provide oral health education, screening, and fluoride treatments. The program goals for FY24 are many. The program received slightly new guidelines for the next 4-year grant cycle. COVID took a toll on many of the program's existing relationships, so strengthening these will be critical. WIC (Women, Infants, and Children) was among these.In October, WIC resumed some required in-person services in their clinics. The hope is to reestablish ECHOHP services in WIC locations. Another goal is to identify and provide assistance in underserved zip codes. Creating new partnerships with agencies that service expectant mothers is another anticipated impact.
Planned Activities	Continued training will occur in the upcoming months for new program grant guidelines. Hiring and training new team members is in progress.



Building Blocks for Children Vision and Hearing Screening

Significant Health	Needs
Addressed	

List the significant health need(s) from the At-a-Glance Summary that this program helps to address.

	✓ Mental Health /Suicide ✓ Equity
Program Description	Building Blocks is a grant funded program offering vision and hearing screening services to under-served children in preparation for school. Building Blocks vision program also screens and provides resources for disenfranchised and homeless adults. The clinics are located in areas of greatest need as identified in the Community Health Needs Assessment. Referrals to no cost or low cost follow-up services are monitored to ensure patient and family needs are met. The Hospital's role includes, financial support through the hospital foundation, leadership support for strategic planning, quality, operations, and staffing.
Population Served	The vision and hearing screening are a portable program serving children up to age 18 years and eligible adults.
Program Goal / Anticipated Impact	Program goal for adults is to provide vision screenings, service referrals, case management and education to the population experiencing insecure-housing. Program goal for children vision and/or hearing screening is to newborn up to 18 years in the Dignity Health service areas, identifying those children requiring intervention and referrals and ensuring that each child requiring intervention receives referral and case management in a timely manner. 1. Number of screenings 2. Number educated 3. Number of referrals for vision and hearing diagnostics/treatment
	FY 2023 Report
Activities Summary	 Collaborating partners for sight locations to provide services included the CARE Center, Heritage Center, Asian Community Center, Gilbert Family Birthing Center, AZCEND homeless program (I-HELP), Thew Elementary, Dobson Academy, Salvation Army and day cares in the service area. Referring partner: Sight on Site Mobile Eye Care. Scheduling of clinics at each sight partner. Client follow-up for post screening needs. Addressing other social needs of the client/family.
Performance / Impact	Served 1,497 Education 797 Referrals for hearing and vision diagnostics/treatment 267
Hospital's Contribution / Program Expense	The Hospital's contribution includes leadership support for strategic planning, IT, operations, volunteers, and financial support of the hospital's foundation for grants, donations and other sources of funding. Total expenses: \$48,848 / Total Net community benefit: 306,435.

	FY 2024 Plan
Program Goal / Anticipated Impact	Program goal for adults is to provide vision screenings, service referrals, case management and education to the population experiencing insecure-housing. Program goal for children vision and/or hearing screening is to newborn up to 18 years in the Dignity Health service areas, identifying those children requiring intervention and referrals and ensuring that each child requiring intervention receives referral and case management in a timely manner. 1. Number of screenings 2. Number educated 3. Number of referrals for vision and hearing diagnostics/treatment
Planned Activities	Contine FY23 activities in addition to, collaborating and serving patients at the new Dignity Health Children's medical clinic and hiring a PRN screener.

Healthier Living				
Significant Health Needs Addressed	List the significant health need(s) from the At-a-Glance Summary that this program helps to address.			
	✓ Mental Health /Suicide	☑ Injury Prevention		
	✓ Nutrition	☑ Equity		
	✓ Chronic Disease(s)	✓ Access to Care		
Program Description	Healthier Living, an evidence-based program comprising 5 workshops originally developed by Stanford University, University of Illinois at Chicago, and Boston University, provides free community-based health education to address preventable and/or manageable chronic diseases and falls. The 6-8 week virtual and in-person workshops, taught by certified volunteers and/or staff, are offered 100% free throughout the east valley community and help participants with chronic conditions, diabetes, chronic pain, or fall risk, to self-manage their conditions. The senior and low income populations are specifically targeted.			
Population Served	Participants include Maricopa County east valley community members over 18, with a focus on the senior (60+) and underserved populations.			
Program Goal / Anticipated Impact	To provide free and easily accessible, chronic disease, fall prevention, and diabetes workshops to targeted community members to empower them to better self-manage their chronic conditions and fall risk.			
FY 2023 Report				

Activities Summary Performance / Impact	 Delivered workshops such as; Overall Healthier Living, DEEP Diabetes, Chronic Pain, and Matter of Balance (fall prevention). Program Assistant received DEEP (diabetes) Lead PEER Educator certification in preparation to deliver a FY24 system-wide DEEP Peer Educator certification training. Negotiated new program funding through the Area Agency on Aging, Region One for FY 2024 volunteer facilitator stipend funding to ensure program sustainability. Partnered with Area Agency on Aging, Region One to host a Chronic Pain update training to stay in program compliance. Strategically aligned and partnered with CRMC Trauma Services to increase the reach of fall prevention workshops and assist them in retaining Level One Trauma certification. Served 542 participants through 31 in-person and virtual program workshops with 99% self-reported participant satisfaction. Pre and post workshop surveys demonstrate participants' overall health consistently improved pre-workshop to post-workshop. Participants' 60+ years old self-reported ability to reduce falls and prevent injuries, increased from 65% pre-workshop to 96% post workshop and participants' self-reported ability to manage their diabetes or pre-diabetes improved from 63% pre-workshop to 81% post workshop. 55% of workshops served the vulnerable senior and/or low income populations. 		
Hospital's Contribution / Program Expense	Dignity Health Foundation East Valley provides financial support. They fund 1 FTE Program Manager and a .6 FTE Program Assistant who facilitates many workshops.		
FY 2024 Plan			
Program Goal / Anticipated Impact	The FY24 goal is to increase the number of workshops to 34 and number of participants served to 595. -Improve participants' overall health by empowering them to self-manage their chronic conditions and fall risk more effectively, consequently improving the health of our community, one participant at a time. -Reduce participant risk of unnecessary falls and injuries through education and practical exercises, thus reducing ER visits and healthcare costs. -Improve mental health of participants with the group dynamic and interaction of workshops.		
Planned Activities	 Conduct a CommonSpirit system-wide DEEP diabetes training. Explore the addition of a "Resilience & Thriving" workshop. Expand on Dignity Health Foundation East Valley's relationship with Trilogy at Power Ranch. 		

- 4. Volunteers to acquire cross-trained and certified in Healthier Living program workshops.
- 5. Negotiate FY2025 volunteer stipend funding with Area Agency on Aging, Region One.



Pathways to Wellness

Significant Health Needs Addressed	List the significant health need(s) from the At-a-Glance Summary that this program helps to address.		
	✓ Mental Health /Suicide	✓ Injury Prevention	
	✓ Nutrition	☑ Equity	
	☑ Chronic Disease(s)	Access to Care	
	✓ Violence		
Program Description	Pathways to Wellness is a Community Health Worker (CHW) integrating pilot program that features licensed CHWs who are uniquely trained in; culturally appropriate education, engaging participants to be accountable in keeping appointments and ongoing coaching.		
Population Served	Identified patients 55+ serving patients suffering with chronic disease, including congestive heart failure, diabetes and comorbidities.		
Program Goal / Anticipated Impact	Identified in the Community Health Needs Assessment, the elderly population is one with the greatest social and health need. Those 55+ with chronic conditions are recognized as lacking support as they attempt to navigate through confusing healthcare systems and appointments. This pilot program will demonstrate the quantifiable benefits of CHW integration into the healthcare team as the CHW partners and supports elderly patients through their personalized care plans and connect them to community resources, while tracking risk factors from identification through mitigation. Overall, improve access to care. Anticipated Outcomes Number of unique patients/clients Number of referrals per unique patients and all patients Number of referrals with reduced ER visits Percent of Patients with reduced admission within Percentage of patient with completed care plans		

FY 2023 Report				
Activities Summary	The patient who identifies as having barriers to accessing health and social services: self identified, screening tool, in take assessment, etc. That provides (unit social worker, case worker, RN, etc.) makes referrals to support any identified unmet needs that the patient would like assistance with. By using the Pathways Community HUB Institute (PCHI) evidence base skill-set, the CHW can begin the participants personalized care plans and connect them to community resources.			
Performance / Impact	Since June 2023 our two CHWs have enrolled 16 participants, of which opened 163 Pathways and closed/completed 65 Pathways. With the intervention of a CHW, the participants have exhibited an increase in appropriate health care utilization by not being readmitted to the hospital. CHWs collaborate with participants to develop a care plan based on identified risks and needs and use Pathways Learning Modules to help the participant learn how they can improve their health.			
Hospital's Contribution / Program Expense	Total expense for the program from June was \$59,623 which is 100% supported by a Mercy CARES Community Reinvestment Grant Agreement in collaboration with Dignity Health Foundation East Valley.			
FY 2024 Plan				
Program Goal / Anticipated Impact	Contine FY23 activities in addition to, collaborating and serving patients at the Dignity Health Medical Groups and expanding to Community Health outreach programs, while hiring 2 additional CHWs and a CHW Supervisor.			
Planned Activities	 Utilize the closed loop referral and case management software, Unite Us. At this time the case management feature is not available to our program. However, Dignity Health Arizona Market hospitals EHR will have access to Unite Us by 2024 to send the program referrals. Grow the pilot program workforce and sustainability through state reimbursement codes. Prepare for increase in referrals once the hospitals enforce and adopt the CMS social determinant of health questions. 			

Other Programs and Non-Quantifiable Benefits

The hospital delivers community programs, services and non-quantifiable benefits in addition to those described elsewhere in this report. We work to support community health by giving local non-profit partners the financial tools they need to serve the underserved and improve their community's health and quality of life. Dignity Health Investments are to be used by nonprofit organizations for community development programs benefiting under-served populations (economically poor; women and children; mentally or physically disabled; or other disenfranchised populations). Types of Investments: direct loan, intermediary investment, line of credit and more. Like these programs and initiatives, the ones below are a reflection of the hospital's mission and its commitment to improving community health and well-being.

Domestic American American American	Approved	Geography or Near	
Borrower, Amount and Description	Amount	Specific Hospital(s)	
Tempe Community Action Agency In February 2023, CommonSpirit approved a 10-year secured loan for \$5.0 million to Tempe Community Action Agency ("TCAA"), a Tempe, Arizona based nonprofit social services agency. TCAA is Tempe's largest social service agency in terms of number of people served and range of programs offered. Funds will be used to purchase land and construct a new facility that will become TCAA's permanent home, with adequate space to support current needs and allow for future growth as the surrounding population increases. The new facility will support multiple programs and resources addressing nutritional, health, employment, shelter, housing, and education.	\$ 5,000,000	All Arizona hospitals	
Chicanos Por la Causa (CPLC) In January 2017 Dignity Health approved a 7-year \$3,000,000 loan to CPLC, a multifaceted nonprofit organization offering a wide array of bilingual and bicultural services that include education, advocacy, small business lending, and affordable housing development. This loan complements CPLC's Neighborhood Stabilization Program grant specifically to help acquire, rehabilitate, and manage 95 units of affordable multi-family housing in Phoenix, Arizona with wraparound services. Another 7-year loan for \$1,000,000 was approved in 2018 to provide bridge financing for the development of 187 units of affordable mixed-use and mixed-income housing as part of a comprehensive revitalization for the City of Mesa.	\$ 4,000,000	Chandler Regional Medical Center	
COPA Health In March 2021 CommonSpirit approved a \$4,950,000 loan to COPA Health to expand its health clinic in north Phoenix. COPA Health was formed by a merger between Marc Community Resources and Partners in Recovery in 2018, and is the largest provider of services to the Severely Mentally III population in the greater Phoenix, Arizona market.	\$ 4,950,000	All Arizona hospitals	
Hush-A-Bye Nursery ("HN") In November 2020 CommonSpirit approved a \$500,000 loan to Hush-A-Bye Nursery to pay for tenant improvements for HN's new 12-bed facility in metro Phoenix, Arizona. HN was founded in 2018 and is one of only a handful of companies nationwide specializing in Neonatal Abstinence Syndrome ("NAS").	\$ 500,000	All Arizona hospitals	

Trellis		
In January 2018 Dignity Health approved a 7-year \$500,000 loan to		All Arizona hagnitala
this CDFI specializing in promoting home ownership to low- and		
moderate-income residents of Maricopa County through first and	\$ 500,000	All Arizona hospitals
second mortgages and down payment assistance. Trellis also		
provides financial counseling and homeownership education.		

Economic Value of Community Benefit

The economic value of all community benefits is reported at cost. The economic value of community benefit for patient financial assistance (charity care), Medicaid and other means-tested programs is calculated using a cost-to-charge ratio to determine costs, minus revenue received for providing that care. Other net community benefit expenses are calculated using a cost accounting methodology. Restricted offsetting revenue for a given activity, where applicable, is subtracted from total expenses to determine net benefit in dollars.

512 Mercy Gilbert Medical Center for period	from 07/0	1/2022 through	06/30/2023		
Complete Summary - Classified (Programs) Incl	luding Non	Community Ber	nefit		
	Persons	<u>Expense</u>	Offsetting	Net Benefit	<u>% of</u>
			Revenue		<u>Expenses</u>
Benefits for Poor					
Financial Assistance	1,677	\$2,177,599	\$0	\$2,177,599	0.6%
Medicaid	18,267	\$78,674,892	\$60,239,353	\$18,435,539	5.1%
Community Services					
A - Community Health Improvement Services	206	\$5,980	\$0	\$5,980	0.0%
E - Cash and In-Kind Contributions	19	\$136,725	\$0	\$136,725	0.0%
Totals for Community Services	225	\$142,705	\$0	\$142,705	0.0%
Totals for Benefits for Poor	20,169	\$80,995,196	\$60,239,353	\$20,755,843	5.8%
Benefits for Broader Community					
Community Services					
A - Community Health Improvement Services	1,655	\$161,463	\$3,297	\$158,166	0.0%
B - Health Professions Education	951	\$1,481,568	\$0	\$1,481,568	0.4%
E - Cash and In-Kind Contributions	125	\$68,441	\$0	\$68,441	0.0%
F - Community Building Activities	113	\$28,240	\$15,133	\$13,107	0.0%
G - Community Benefit Operations	0	\$287,201	\$0	\$287,201	0.1%
Totals for Community Services	2,844	\$2,026,913	\$18,430	\$2,008,483	0.6%
Totals for Broader Community	2,844	\$2,026,913	\$18,430	\$2,008,483	0.6%
Totals - Community Benefit	23,013	\$83,022,109	\$60,257,783	\$22,764,326	6.4%
Medicare	14,620	\$71,139,799	\$62,599,692	\$8,540,107	2.4%
Totals Including Medicare	37,633	\$154,161,908	\$122,857,475	\$31,304,433	8.7%

510 Chandler Regional Medical Center For period from 07/01/2022 through 06/30/2023 Complete Summary - Classified (Programs) Including Non Community Benefit Offsetting Net Benefit % of Persons Expense Revenue **Expenses** Benefits for Poor Financial Assistance 4,404 \$11,942,671 \$0 \$11,942,671 1.7% Medicaid 42,395 \$179,691,981 \$124,704,676 \$54,987,305 7.8% **Community Services** A - Community Health Improvement Services \$1,909,634 \$508,194 \$1,401,440 0.2% 7,251 E - Cash and In-Kind Contributions 42 \$247,252 \$0 \$247,252 0.0% 7,293 **Totals for Community Services** \$2,156,886 \$508,194 \$1,648,692 0.2% **Totals for Benefits for Poor** 54,092 \$193,791,538 \$125,212,870 \$68,578,668 9.7% Benefits for Broader Community **Community Services** 0.1% A - Community Health Improvement Services 6,054 \$1,016,824 \$353,904 \$662,920 B - Health Professions Education 2,453 \$2,755,941 \$2,755,941 0.4% 125 \$132,900 \$0 \$132,900 0.0% E - Cash and In-Kind Contributions F - Community Building Activities 112 \$92,704 \$77,333 0.0% \$15,371 0.1% \$498,628 \$0 \$498,628 G - Community Benefit Operations **Totals for Community Services** 8,744 \$4,496,997 \$369,275 \$4,127,722 0.6% 0.6% **Totals for Broader Community** 8,744 \$4,496,997 \$369,275 \$4,127,722 10.3% **Totals - Community Benefit** 62,836 \$198,288,535 \$125,582,145 \$72,706,390 Medicare 27,390 \$149,118,674 \$125,437,212 \$23,681,462 3.3%

90,226 \$347,407,209

\$251,019,357

\$96,387,852

13.6%

Totals Including Medicare

Hospital Board and Committee Rosters

Dignity Health East Valley Hospitals Community Board

Jason Bagley Sr. Director, State Government Relations

Intel Corporation

Puneet Bhalla, MD Medical Oncologist Ironwood Cancer &

Research Center

Tim Bricker SVP Operations/CEO,

Dignity Health Southwest Division

Sankalp Choudhri, MD EV Center for Pulmonary

& Sleep Disorders

Sandy Cooper Retired, Assistant Superintendent, Chandler

Unified School District

Sister Nora Mary Curtin, RN, MS Retired, Dignity Health Mercy San Juan Medical

Center, CA., Mgr. Neuroscience Unit

Trinity Donovan CEO,

AZCEND

Tom Dwiggins Fire Chief,

City of Chandler Fire Department

Tameka Hartman People Solutions Manager,

Town of Gilbert

Jonathan Hodgson, DO Neurologist,

Gilbert Neurology

Richard (Rick) Horn Retired, Ex-Officio, Dignity Health, St. Joseph's

Hospital & Medical Center Board Mbr

Sumeet Kadakia, MD General Surgeon,

Advanced Surgical Associates LTD

Sister Mary Kilgariff, RSM Retired, Dignity Health St. Mary's Medical

Center, CA., Community Health /Senior Prgms.

John Lewis President & CEO,

Phoenix East Valley Partnership

Tom Marreel CEO.

Marreel Slater Insurance

Hector Peñuñuri Sr. Distribution Key Account Manager,

Salt River Project

JW Rayhons President / Owner,

Rayhons Financial Solutions, LLC

David Salvatore, DO Neurohospitalist, Dignity Health Chandler

Regional Medical Center

Mahmood Shahlapour, MD

Internal Medicine,

Pioneer Hospitalists

Mark Slyter President/CEO, Dignity Health Chandler

Regional & Mercy Gilbert Medical Centers

Joan Warner, MD Retired, Specialist,

Desert Foothills OB/GYN

Cory Whyte Broker,

Infinity & Associates Real Estate

Dignity Health East Valley Community Health Committee

Chief Clinical Officer,

Blythe FitzHarris Mercy Care

Community

Carl Landrum Member

President/CEO,

Chris Clark Queen Creek Chamber of Commerce

Chief Administrative Officer,

Debbie Hillman Mercy Care

Prog Ops Administrator, Maricopa County

Jeanene Fowler Department Public Health

President/Owner,

JW Rayhons Financial Solutions, LLC

Director, Community Health,

Kathleen Dowler Dignity Health East Valley

Volunteer and Community Resources Manager, Town

Melanie Dykstra of Gilbert

Retired, Assistant Superintendent,

Sandy Cooper Chandler Unified School District

Dignity Health East Valley Hospitals

Sister Mary Kilgariff, RSM Community Board member

People Solutions Manager,

Tameka Fox Hartman Town of Gilbert

Manager, Community Benefits and Partnerships,

Theresa Dettler Dignity Health East Valley

CEO,

Trinity Donovan AZCEND

Chief Financial Officer

John Bauer Dignity Health Arizona General Hospitals

Market Vice President Mission Integration,

Mario Valadez M. Div. BCC Dignity Health East Valley

President/CEO, Dignity Health Chandler Regional &

Mark Slyter Mercy Gilbert Medical Centers

Program Director, Dignity Health East Valley Family

Richard P. Kratche, MD, FAAFP Medicine Residency