

Instructions for Swelling After Surgery

Some swelling in the surgical extremity is normal after surgery. Most patients notice leg swelling when they arrive home from the hospital. Please remember to elevate your leg above the heart and place ice on your surgical site (hip/thigh or knee) when swelling is present. Make sure that your leg is secure and does not bend more than 90 degrees at the waist.



You may continue to use the compression stockings given to you at the hospital or you can buy different ones at a local drug store or online. If you notice increased redness, warmth or worsening pain with weight bearing, please call the office.