

# EDUCATION PROGRAMS

Presented by the Alzheimer's Association®



The Alzheimer's Association® offers a range of awareness and caregiver skill-building classes. The classes aim to help caregivers feel more prepared to handle the challenges that come with caring for someone living with dementia. Join us at one of our education classes below.

## ENGLISH CLASSES

### Alzheimer's Awareness

(30 mins class and Q&A 15 mins)

July 31 3-4 p.m.

### Understanding Alzheimer's and Dementia

August 8, 5:30-6 p.m.

### 10 Warning Signs

September 12, 5-5:30 p.m.

### Healthy Habits for Your Brain and Body

October 10, 10:30-11:30 a.m.

### Money Management

November 14, 11 a.m.-Noon

### Empower The Caregiver

December 5, 1-2 p.m.

Hosted by:



**Dignity Health.**  
Mercy Medical Center

All courses are held at:

**Mercy Outpatient Center**

**Community Health Classroom, 1st Floor**

**27th St entrance**

**2740 M. St. | Merced, CA 95340**

To register contact **Patty Dailey** at

**559.795.5970 (call or text) or email**

**pdailey@alz.org**

**Para registrarse, comuníquese con Patty Dailey**

**al 559.795.5970 (llame o envíe un mensaje de**

**texto) o pdailey@alz.org**

## SPANISH CLASSES

### Conozca a la Alzheimer's Association

July 31, 9-10 a.m.

### Entender la Enfermedad de Alzheimer's y la Demencia

August 8, 9-10 a.m.

### 10 Señales de Advertencia de la enfermedad de Alzheimers

September 12, 9-10 a.m.

### Una Vida Saludable Para el Cerebro y el Cuerpo

October 10, 9-10 a.m.

### Administración del Dinero: Una Guia de Finanzas para Cuidadores

November 14, 9-10 a.m.

### Empoderar a la Cuidadora

December 5, 9-10 a.m.

**ALZHEIMER'S ASSOCIATION®**

Program descriptions on back. Visit [alz.org/CRF](http://alz.org/CRF) to explore additional education programs in your area.