

Pasteurized Donor Human Milk: A Safe and Healthy Option for Your Baby

Why Breast Milk?

- Breast milk is the best first food for your baby. It provides:
- Ideal nutrition for growth and development
- Immune protection to fight infections
- Easier digestion than formula
- Hormones and growth factors for brain and body health

When Breast Milk Isn't Available

If mom's milk isn't available or supply is not adequate for the time being, pasteurized donor human milk is the next best choice. It:

- Offers similar immune and nutritional benefits
- Is easier for babies to digest than formula
- Helps lower the risk of illness

Where Our Donor Milk Comes From

We use milk from the UC San Diego Milk Bank which is:

- Approved by HMBANA and registered with the FDA
- Collected from screened, healthy donors free of HIV, Hepatitis B&C, & Syphilis
- Pasteurized to remove harmful bacteria and viruses
- Safely frozen and transported

Although every precaution is taken, there is still a very small chance that an infection may be transmitted, as human donors are the source.

There have been no reported safety issues with donated human milk.



Our Commitment to You

St. Joseph's Medical Center offers donor milk as a safe alternative when needed, while supporting your continued breastfeeding, pumping, or hand expression efforts to establish your milk supply.

Questions?

Talk to your healthcare provider or contact our team for more information.