

# RESIDENTS' REPORT

A PLACE FOR  
ALL NEWS  
HIGHLIGHTING  
RESIDENTS  
AND GRADUATE  
MEDICAL  
EDUCATION

The **NEW Resident's Report** is dedicated to all the good news related to our hard-working residents training at San Joaquin General Hospital and St. Joseph's Medical Center. Please email your submissions, written in third person with accompanying photo to [Lisa@sjcms.org](mailto:Lisa@sjcms.org).



## SJMC AWARDED ABIM GRANT FOR BUILDING TRUST AND EQUITY THROUGH DIVERSITY

Dr. Kwabena Adubofour, the Assistant Program Director at SJMC Internal Medicine Residency, and the IM Residency were one of the awardees for ABIM's Building Trust Grant. They will implement DEI principles by using didactic education and experiential opportunities to enhance understanding of the relationship between social determinants of health and the importance of health equity.

Dr. Adubofour and the residents have partnered with three local CBOs (NAACP, El Concilio, and APSARA) and McKinley Elementary School for the project. A learning round table with patients is being coordinated with El Concilio to measure community members' trust in their healthcare providers. A cultural competency and sensitivity curriculum will be introduced to increase their awareness of the beliefs, values and biases they bring to patient encounters, and improve their ability to interact effectively with individuals different from themselves.

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THE SAN JOAQUIN MEDICAL SOCIETY WAS PROUD TO HOST RESIDENTS FROM SAN JOAQUIN GENERAL HOSPITAL AND ST. JOSEPH'S MEDICAL CENTER AT THE ANNUAL HOLIDAY PARTY.

IT WAS A FESTIVE EVENING OF NETWORKING, FELLOWSHIP AND FUN!



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## ST. JOSEPH'S MEDICAL CENTER INAUGURAL CLASS FOR ORTHOPAEDIC SURGERY

June wrote its first chapter for the St. Joseph's Orthopaedic Surgery Residency as the inaugural class of 2028 has begun their residency. Their unique experience as our inaugural class has given our residents the opportunity to set the foundation of our program. These three resident physicians are pivotal to the programs short and long-term goals and successes. Of the three interns two are California natives, one of the inaugural residents is from Los Angeles and one from San Lorenzo. Our other resident is from Newburyport, Massachusetts. St. Joseph's continues to strive to recruit and retain passionate residents for a greater, healthier, and impactful future.

## ST. JOSEPH'S MEDICAL CENTER GRADUATES INAUGURAL CLASS FOR INTERNAL MEDICINE

June wrote a new chapter for the St. Joseph's Internal Medicine Residency as the inaugural class graduated. Their unique experience as an inaugural class and entering their intern year at the height of the pandemic in 2020 truly molded the 10 resident physicians into resilient healers. Aside from being pivotal in the real-time collaborative evolution of our residency curriculum, the residents were also heavily involved with the local community with Decision Medicine; Virgil Gianelli Medical Clinic at St. Mary's Kitchen; the Stockton chapter of the NAACP; Asian Pacific Self-Development and Residential Association; and El Concilio.

Of the seven California natives, two of the inaugural residents were Stockton natives and one from Ripon. All three have committed to staying or returning after specialty fellowship training to care for our local community. Two additional graduates were retained within greater Central California. St. Joseph's continues to strive to retain our residents for a greater, healthier future.



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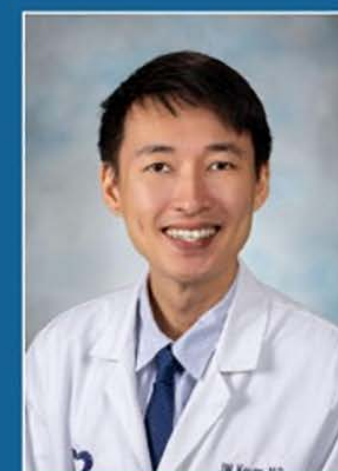
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## Save THE Date

**SJMS Physicians  
Job Fair & Mixer**

**Thursday, September 19  
6pm-8pm  
Mercedes-Benz of Stockton**

Please join us for the inaugural SJMS Physicians Job Fair & Mixer. This is a perfect opportunity to enjoy refreshments, while networking with physician members and senior residents from our local graduate medical education programs. Exhibitors will be providing services to or hiring for positions in the San Joaquin Medical Society service areas of Alpine, Amador, Calaveras, San Joaquin, and Tuolumne counties.



**Jae Whan Keum, MD**



**Arenja Shafeque, MD**

### SJGH IM RESIDENTS ACCEPTED INTO FELLOWSHIPS

San Joaquin General Hospital's Internal Medicine Residency Program is excited to announce Dr. Jae Keum's acceptance to the Geriatric Medicine Fellowship at Washington University, St. Louis after graduation in June 2024.

The program would like to also extend congratulations to 2023 grad and current faculty Dr. Arenja Shafeque for her acceptance to the Infectious Disease Fellowship at UC Davis, Sacramento.



### SJMC INTERNAL MEDICINE RESIDENTS KICK OFF MENTORING PROGRAM

The SJMC Internal Medicine residency program kicked off our joint mentoring venture with the San Joaquin Medical Society's Decision Medicine students last month. There was plenty of food, fun, and encouraging conversations on advocating for yourself and finding what makes you happy. We all had a great time with these enthusiastic future physicians and can't wait to keep working with them!



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## ***SJMC Welcomes New Residents and Fellows***

In July, St. Joseph's welcomed its new class of residents and fellows, with 87 new members of the Graduate Medical Education program in nine residencies and four fellowships for the 2024-2025 Academic Year. For the incoming class, St. Joseph's welcomes 57 Californians, including 11 from the Central Valley area, 24 Northern Californians, and 18 previous medical student rotators.

St. Joseph's rapidly-growing Graduate Medical Education program, which was launched in 2018, helps train and retain physicians in San Joaquin Community and to maintain and expand services we offer to our community. Current Residency specialties include Anesthesia, Emergency Medicine, Family Medicine, Internal Medicine, Neurology, Orthopedic Surgery, Psychiatry, Transitional Year, and Urology in addition to four Fellowships, Cardiovascular Disease, Critical Care Medicine, Simulation, and Ultrasound. Ultimately St. Joseph's will have 17 programs with over 270 residents and fellows by 2028.



## ***SJMC Residents Engage with Decision Medicine Students***

A group of SJMC Residents led interactive activities in the Sim Lab for the 2024 cohort of the San Joaquin Medical Society's Decision Medicine students. Later they participated in a panel discussion and Q&A, where they shared their journey to medical school, including their reason for choosing medicine, tips, and tricks for studying and overcoming obstacles. They stressed the importance of resilience, focus and seeking mentors along the way.



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## ***SJMC Internal Medicine*** Residents Start 4th Grade Medicine Project At McKinley Elementary School

Dignity Health Saint Joseph's Medical Center Internal Medicine residents kicked off this school year's 4th Grade Medicine Project in December 2024. Eager, keen and inquisitive McKinley elementary school students each received their own stethoscopes, addressed one another as "doctor", learned how to check their own pulses, and pondered "what a doctor looks like." Arthur, one of the classroom educators, observed how nearly all the resident-physicians volunteering at the event looked like his neighbors with which he grew up. Vish Tuchscherer, one of the resident-physicians who helped establish this project last May, expressed how these outreach sessions with curious students remind him of why he became a doctor in the first place.

ABIM Grant resident-physician coordinators Clarissa Chan, Breeana Hernandez, and Rene Rodriguez under the guidance of Dr. Kwabena Adubofour, continue to coordinate these biweekly Friday sessions to teach, mentor, and encourage kids in the south side of Stockton to become future physicians and to come back to serve their community.



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## ***St. Joseph's Medical Center Graduates Residents***

Dignity Health St. Joseph's Medical Center recently graduated residents from its Anesthesia, Emergency Medicine, Family Medicine, and Internal Medicine Residency Programs. Among the graduates were four Anesthesia residents, who were part of an inaugural cohort split between two postgraduates from 2021. Additionally, St. Joseph's Psychiatry Residency Program marked a milestone with one resident graduating early to pursue fellowship training in New England. Out of the 31 graduates, nine will continue their training in fellowships, with three remaining at St. Joseph's for fellowships in Cardiology, Simulation, and Ultrasound. The other six graduates will complete fellowships in Child and Adolescent Psychiatry, Critical Care Medicine, Pediatric Anesthesia Critical Care Medicine, and Sports Medicine at various institutions. Twenty graduates will practice in California, including five who will remain locally and four in the Greater Sacramento Valley. St. Joseph's is committed to retaining its residents to promote a healthier future for both the community and the Greater Central Valley. As one chapter closes, another begins. St. Joseph's values its trainees and recognizes the positive impact they have on the community-centered mission.