

## Join us for: Diabetes Support Group!

The Diabetes Support Group is held quarterly and is a place for education and discussion, covering a variety of topics related to health & diabetes. The group, led by Angela Fissell MS, RDN Registered Dietitian Nutritionist, is **free** and open to the public.

## 2025 Dates & Times & Location

Wednesday, January 29 5:30-6:30 pm (ZOOM)

Wednesday, April 30 5:30-6:30 pm (In Person)

Wednesday, October 29 5:30-6:30 pm (ZOOM)

## In Person Location:

Copeland Health Education Center Urology Classroom (First Floor) 1911 Johnson Avenue, San Luis Obispo

(Located behind French Hospital Medical Center)

For more information, call or email. Please RSVP for all events. For Zoom, invites will be sent to those that RSVP via email/call.

## Angela Fissell MS, RD

Angela.fissell@commonspirit.org 1-805-597-6780