# cancer care



**Hearst Cancer Resource Center** 

Hearst Cancer Resource Center

### About Cancer Care

Hearst Cancer Resource Center at French Hospital Medical Center provides comprehensive support services for all cancer patients in our community at no charge, and appreciates the generosity of our donors who make it all possible.



## The Power of Community and Compassion

By Makenzie Blodgett

As I reflect on my journey with melanoma, I feel an overwhelming sense of gratitude toward the Hearst Cancer Resource Center (HCRC) and the incredible team that supported me every step of the way.

When I was first diagnosed, I was unsure of what to expect and how I would navigate the road ahead. However, from the moment I walked through the doors of the HCRC, I knew I had found a place of comfort, understanding, and unwavering support. The team at HCRC provided me with more than just medical assistance—they offered emotional and mental support when I needed it the most. The resources they provided, from educational materials to support groups, were invaluable. I always felt informed and empowered to make the best decisions for my treatment. The dedicated staff took the time to explain every option and answer every question, ensuring I never felt alone in this journey.

Perhaps the most remarkable thing about the HCRC is the genuine care and compassion they show to each patient. Every interaction, whether with a nurse, social worker, or volunteer, is filled with kindness and respect. They took the time to listen, to understand my fears,



Makenzie Blodgett with one of her support buddies

and to help manage the physical and emotional toll of battling cancer. Thanks to their unwavering support, I found strength in moments of weakness and hope when I was uncertain.

My experience at the Hearst Cancer Resource Center is a reminder of the power of community and the difference it can make in a person's life. As I continue my

journey to recovery, I will forever be grateful for the role the HCRC played in my fight against melanoma. You are truly making a huge difference, and I am proud to share my story in the hopes that others can find the same comfort and support that I did! Always remember, you are not fighting the battle alone. Never judge anyone by the way they look, as everyone has a story to tell and may be hiding behind a smile.

## San Luis Obispo's Melanoma Rate is Shockingly High: What You Need to Know



Johanna Moore, MD Board Certified Anatomic, Clinical and Dermatopathologist

Did you know that San Luis Obispo County has one of the highest melanoma rates in California? At 55.1 cases per 100,000 people, our incidence rate is more than double the state average and climbing. This isn't just a statistic—it's a serious health concern for our community and is at least partially related to our love to experience and enjoy the perfect weather conditions we live in.

What makes melanoma so dangerous? Unlike other skin cancers, even when less than the size of a grain of sand, melanoma can spread to other parts of the body, if not caught early. The good news is that melanoma is highly preventable and treatable if detected in time, even if you love being outdoors.

#### Why Are Our Rates So High?

San Luis Obispo's outdoor lifestyle and high UV exposure play a big role in our elevated risk. Whether it's surfing at Avila Beach, hiking Cerro San Luis, or simply enjoying our sunny climate, we are constantly exposed to the sun's rays. This exposure adds up over time, increasing the risk of skin cancer.

#### **Know the Warning Signs**

Early detection saves lives. If you notice any new, changing, or unusual spots on your skin or-maybe more importantly-on someone else, follow the ABCDE rule:

- Asymmetry One half doesn't match the other
- Border Edges are irregular or jagged
- Color Uneven shades of brown, black, red, or white
- Diameter Larger than a pencil eraser (6mm)
- Evolving Changes in size, shape, or sensation

Melanoma can develop anywhere—even places that don't get much sun, like your scalp, your underwear area, under your nails, or between your toes. Join us at our presentation to learn what the ABCDE's look like with real examples of skin cancers as well as information regarding prevention and early detection.

### **Skin Cancer Prevention and Early Detection**

Discussion will include the latest prevention strategies and what to do if you're worried about a suspicious mole.

PRESENTED BY: Johanna B. Moore, MD

**WHEN:** Thursday, May 29, 2025 • 5:30 p.m.

WHERE: Wacker Family Auditorium, Copeland Health Education Pavilion

at French Hospital/Third floor

To register, contact: HCRC@commonspirit.org or call 805.542.6234

Johanna B. Moore, MD, is a pathologist with subspecialty training in dermatopathology. After more than ten years practicing pathology and review of over 100,000 slides, she is an expert in her field.



The Hearst Cancer Resource Center invites you to attend a panel presentation

## **Survivors to Thrivers Celebration**



Thomas R. Vendegna, MD, FCCP Chief Medical Officer, FHMC



Kristin McMaster, MSW, LCSW Program Director, Cancer Support Community

Please join us to celebrate the cancer survivors and thrivers among us. Our speaker panel (shown at left, plus one more to be determined!) will discuss the challenges of survivorship, how to support mental health, and other important topics. Question and answer session to follow.

We invite all members of the public who are cancer survivors, caregivers, family members, and those looking for more information about survivorship to join us for this special event.

### Tuesday, June 10, 2025 • 5:30 to 7:30 p.m.

### **Wacker Family Auditorium**

(in the Copeland Health Education Pavilion/Third Floor)

French Hospital Medical Center, 1911 Johnson Avenue, San Luis Obispo

Space is limited; reservations required. Please call Hearst Cancer Resource Center at 805.542.6234 or email us at HCRC@commonspirit.org



### Surfing for Hope's Cancer Survivors Surf Camp

Register today for this unique opportunity to join other survivors for a fun-filled day of surf lessons and lunch on the beach: Saturday, May 17.

https://surfingforhope.org/survivor-camps

### Floral Arranging is Back at HCRC!

You are invited to join your fellow cancer survivors and teacher Linda Ward for free floral arrangement classes at HCRC. Flowers are provided and you can take home your own creation! Flowers are generously donated by the Cancer Victory Garden which started in 2022, while Linda was recovering from breast cancer and wanted to create the garden as a symbol of hope and triumph over cancer. It started as a small cut flower garden, but

soon blossomed into something much more meaningful. Please join us on this journey of hope and make a difference in the lives of those touched by cancer.

## Wednesdays: May 7 and June 4, 2025 1:00 to 3:00 p.m.

To register, please call Hearst Cancer Resource Center at 805.542.6234 or email us at HCRC@commonspirit.org

For more information on the Cancer Victory Garden visit: www.cancervictorygarden.com/



## SabesWings and Hearst Cancer Resource Center-Restoring Dignity, Providing Hope

By Kandace Saberhagen, Co-Founder of SabesWings

Cancer is more than a medical diagnosis—it's a life-altering crisis that touches every aspect of a patient's existence. While the emotional and physical toll is immense, the financial burden can be just as devastating. Medical Financial Toxicity (MFT) forces patients to make impossible choices, sometimes sacrificing essential needs just to afford treatment. No one should have to decide between their health and their financial stability.

That's why SabesWings and the Hearst Cancer Resource Center (HCRC) have forged a critical partnership—a united front dedicated to easing the financial distress of cancer patients. Together, they provide not only direct financial relief but also compassionate guidance, advocacy, and long-term support to ensure no patient fights alone.

This partnership is deeply patient-centered, with both organizations working tirelessly to assess financial challenges and provide immediate solutions. Candace **Oestreich**, Executive Director of SabesWings, plays a

critical and multifaceted role in this process. Beyond meticulously reviewing patient bills, she takes a comprehensive approach, evaluating not just medical costs but the entire financial landscape affecting a patient's household. Many cancer patients are also

primary breadwinners, forced to miss work or leave their jobs entirely. Others rely on caregivers—spouses, parents, or adult children—who must reduce their hours or quit working to provide support. The loss of income, the sudden shift in benefits, and the financial ripple effect on the entire family are often overlooked aspects of MFT.

navigate this complex, often overwhelming reality allows SabesWings to provide targeted support that extends beyond the patient—because cancer doesn't just affect one person, it affects an entire family.

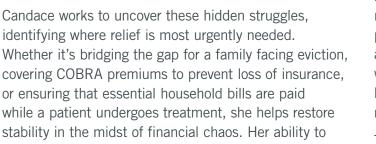
At the same time, Julie Neiggemann, Director of HCRC, and Ashley Hahn, Licensed Clinical Social Worker, form a compassionate and dynamic team dedicated to patient advocacy. Julie's leadership, combined with her deep

> experience as a nurse navigator, ensures that patients receive not only financial guidance but also emotional and logistical support during their treatment journey. Ashley, a trusted teammate and frontline navigator, plays an instrumental role in directly

supporting patients, helping them access care, navigate treatment plans, and find financial assistance options. Together, they provide a lifeline to those facing one of the hardest battles of their lives.

By combining SabesWings' ability to provide direct financial aid with HCRC's dedication to patient support and advocacy, this partnership creates a seamless safety net for those most in need. The impact is profound patients who once felt trapped by financial barriers are given the opportunity to heal without the crushing weight of medical debt. Families are able to stay in their homes, continue treatments, and reclaim the peace of mind that cancer so often tries to take away.

This is more than just financial relief—it's about restoring hope and dignity to those who need it most. Cancer is hard enough. No one should have to fight it alone. SabesWings and HCRC stand together in this mission. Because dignity should never be a casualty of cancer.



SabesWings was formed to be the voice, the lending hand, and the support for those in need. To learn more: www.sabeswings.org

Inviting Local Businesses to become Champions for Cancer Care:

## 'Partners in Patient Care' Program

The French Hospital Medical Center Foundation is excited to announce our new Partners in Patient Care program, offering local businesses a unique opportunity to directly impact the lives of local cancer patients by sponsoring the programs and services of the Hearst Cancer Resource Center (HCRC).

The HCRC is the heart of cancer support in San Luis Obispo County, providing over 30 vital programs and services at no charge to patients and families. With our new, comprehensive cancer center opening in 2026 in San Luis Obispo, the HCRC's role will be more critical than ever as it relocates to the new site.

By becoming an annual Partner in Patient Care, local organizations will:

- Make a Tangible Difference: Directly support the HCRC's lifechanging programs, ensuring accessibility for all.
- **Elevate Your Brand:** Demonstrate your commitment to the community and gain valuable recognition through social media spotlights, website features, event visibility, and more.
- Invest in Your Employees: At higher sponsorship levels, unlock exclusive benefits like VIP hospital tours and health education opportunities.



Join us in building a healthier, more supportive community for local cancer patients and their families.

Your partnership will help French Hospital continue its legacy of providing award-winning, compassionate care through the HCRC. To learn more about becoming a Partner in Patient Care, scan the QR code, email fhmcfoundation@commonspirit.org, or call 805.542.6496.





Staff
Spotlight
Jessica Reyes
Bilingual Patient
Navigator

Q: What inspired you to apply for this position at HCRC?

Being able to be of assistance and guidance to someone who is going through such a difficult time in their life gives me a sense of accomplishment. When I was going through my sister's cancer journey with her, her care team was so helpful and compassionate and I aspire to provide the same level of care and compassion to these patients.

Q: What experience do you bring to this role? I've worked in the medical field for twenty-two years and I bring a combination of professional experience and personal dedication to supporting patients through their journey. I've gained hands-on experience in healthcare, working closely with patients to provide emotional support, help navigate complex healthcare systems and ensure they receive the necessary treatments and resources. I am deeply empathetic and committed to ensuring that each patient feels supported, informed and cared for.

Q: What is something personal that you enjoy and would like to share?

I love going on walks and listening to a good podcast! I have three Goldendoodles and four beautiful daughters. Three of whom are in college: Allan Hancock, Sonoma State and Grand Canyon University. My sister Julia passed away from cancer in 2020 and becoming a part of HCRC feels like an honor in her memory by using my experience to support others who are facing the same challenges.





## HCRC CLASSES, GROUPS & PROGRAMS

#### Color Key:

- SAN LUIS OBISPO (SLO) Hearst Cancer Resource Center (HCRC) 1941 Johnson Avenue, Suite 201
- VIRTUAL/ZOOM SESSION Call for phone consultation
- COMMUNITY PARTNER **OFFERING**



#### **GETTING STARTED**

#### **Patient Orientation**

Get to know us and the services we provide so we can better support your journey. Please call our office so we can help you get oriented with our services prior to attending support groups or classes.

• HCRC, SLO *By appointment:* 805.542.6234 English 805.786.6130 Español

#### **SUPPORT GROUPS**

#### All Blood Cancer Support Group

Helping individuals and families cope with diagnosis and treatment of Leukemia, Lymphoma, Myeloma and Myelodysplastic syndrome (MDS).

• HCRC, SLO (Zoom available) 2<sup>nd</sup> Wednesday; 1:00PM Call 805.542.6234 to register

#### **Breast Cancer Support Group**

A support group focusing on breast cancer, the journey and sharing valuable information and resources. Meetings will be hosted both in person and via Zoom.

- • HCRC, SLO (Zoom) 2<sup>nd</sup> Tuesday; 5:45PM
- HCRC, SLO (In Person) 4<sup>th</sup> Tuesday; 5:45PM Call 805.542.6234 to register

#### Cancer Patient Support Group

For newly-diagnosed patients or recently out of treatment to encourage a sense of family with those in a similar place in their care.

• HCRC, SLO (Zoom) 4th Wednesday; 1:00PM Call 805.542.6234 for link

#### Care-Partner Support and **Discussion Group**

Support for the special needs of caregivers and people taking care of a loved one with cancer.

• HCRC, SLO (Zoom available) May 22 and June 19; 1:00PM *Call 805.542.6234 to register* 

#### Grupo de Apoyo de Cáncer

Si usted o alguien de su familia sufren de cáncer, acompáñenos para discutir temas de cómo combatir y sobrevivir la enfermedad.

Llame a Eloisa al 805.786.6130

#### Pediatric Oncology Patient and Family Support

Support in English and Spanish for children, teens and parents.

• HCRC, SLO 805.542.6234 English 805.786.6130 Español

#### Prostate Cancer Support Group

Information, encouragement and support for patients and survivors.

• HCRC, SLO 3rd Monday: 6:30PM Call 805.542.6234 to register

#### Thriving with Advanced Cancer Support Group

This group is designed to create a safe haven for patients to find comfort and support in navigating an advanced cancer diagnosis. The specific needs and concerns of patients with advanced, metastatic or recurrent cancer are addressed.

• HCRC, SLO (Zoom) 3<sup>rd</sup> Wednesday: 5:15PM *Call 805.542.6234 to register* 

#### **EDUCATIONAL LECTURES**

#### – M A Y —

#### Skin Cancer Prevention and **Early Detection**

Presenter: Johanna B. Moore, MD Discussion will include the latest prevention strategies and what to do if you're worried about a suspicious mole. (See page 2 for more information.)

• HCRC, SLO (onsite) Thursday, May 29; 5:30PM Wacker Family Auditorium (Copeland Health Education Pavilion at French Hospital/Third floor) Call 805.542.6234 to register

#### —JUNE—

#### Cancer Survivorship Celebration and Panel Presentation with Q&A

Presenters: Thomas R. Vendegna, MD, and Kristin McMaster, MSW, LCSW, and one other to be announced

Our speaker panel will discuss strategies for coping with the challenges of survivorship, supporting mental health, and other important topics. (See page 3 for more information.)

• HCRC, SLO (onsite) Tuesday, June 10; 5:30PM

Wacker Family Auditorium (Copeland Health Education Pavilion at French Hospital/Third floor) *Call 805.542.6234 to register* 

## HCRC CLASSES, GROUPS & PROGRAMS

#### **WELLNESS PROGRAMS**

#### **Acupuncture Class**

Acupuncture is a popular treatment for health complaints, including anxiety, pain and insomnia.

• HCRC, SLO

3<sup>rd</sup> Monday; 2:30PM Held in person, seating is limited. Call 805.542.6234 to register

#### Beauty and You

Schedule an appointment in our center to regain a renewed sense of self, strength and confidence. Learn skin care tips, how to wear hats and wigs and the art of applying make-up.

• HCRC, SLO Call 805.542.6234 to register

#### Cancer Rehabilitation

A 12-week group program including strengthening and aquatic exercise offered in both Santa Maria and Arroyo Grande.

Assessment required SM: call 805.346.3413 to register AG: call 805.474.5334 to register

#### Cancer Well-Fit

A supervised 10-week exercise program for first year survivors and those within two years post treatment. Physician medical release required.

- Avila Bay Athletic Club & Spa Call 805.595.7600 x122
- Paso Robles Sports Club Call Kathy at 805.610.6486

Scan the QR code below to learn more about HCRC programs and services



#### Counseling

Patient, family and caregiver counseling offered by Cancer Support Community—CA Central Coast.

• Call 805.238.4411

#### **Energy Balancing**

Certified practitioners help promote relaxation, decrease stress and enhance well-being.

- HCRC, SLO (onsite by appt.) 2<sup>nd</sup> Monday; 11:00AM-1:00PM
- •• *HCRC*, *SLO* (*Zoom*)
  Monday, June 23; 11:00AM *Call* 805.542.6234 to register

#### Floral Arrangement Class

Learn this beautiful art with Linda and take home your own creation. Flowers provided.

• HCRC, SLO 1<sup>st</sup> Wednesday; 1:00PM Call 805.542.6234 to register

#### Intuitive Collage

Explore ideas using colorful pictures, meaningful words and phrases that appeal to you in a personal way.

• HCRC, SLO 1st and 3rd Fridays; 2:00PM Call 805.440.8834 to register

#### Lymphedema Evaluation

• HCRC, SLO
Call Jamie Cinotto, DPT,
CWS, CLT-LANA, ONC, for an
evaluation: 805.782.9300

#### Mindfulness

Experience the healing energy and calmness a gentle guided mindfulness session can bring.

• HCRC, SLO (Zoom)

1st Monday; 4:30PM

Call 805.542.6234 to register

#### **Nutritional Counseling**

One-on-one phone or in-person consultation with a Registered Dietitian. Appointment required.

• HCRC, SLO call 805.542.6234

In honor of National Cancer Survivors Month HCRC will be the Free Foul Ball Sponsor at the



#### **SLO Blues Game**

Wednesday, June 25 • 6:00 pm

Free tickets available!

HCRC patients please call 805.542.6234

#### Qigong

Involves flowing movements coordinated with deep-breathing to increase energy, improve health, balance, flexibility and stamina. *In-person and outside* 

• HCRC, SLO (hosted offsite) 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays; 3:00PM Call 805.542.6234 to register

#### T'ai Chi Chih

This exercise uses slow, rhythmic movements which helps to promote circulation and stimulate the lymphatic system, as well as improve energy, balance and flexibility. *In-person and outside* 

• HCRC, SLO (hosted offsite) Every Wednesday; 11:00AM Call 805.542.6234 to register

#### Yoga (Restorative) *In-person*

Gentle yoga classes feature slower paced movements focusing on strength, balance, and flexibility. Please bring a yoga mat.

• HCRC, SLO
Please call for schedule
Call 805.542.6234 for details and

to register

### **WIGS ACCEPTED**

If you have a wig to donate, please call **805.542.6234**.

Wigs will be professionally cleaned.

## ADDITIONAL DIGNITY HEALTH CLASSES, GROUPS, & PROGRAMS

#### **SUPPORT GROUPS**

#### **Breast Cancer Support Group**

Sharing information and resources to help manage the physical, emotional and practical issues a breast cancer diagnosis can bring.

• MHCC, AG (Zoom only)
Call to register: 805.474.5302 or
805.219.HOPE (4673)

#### **Breast Cancer Support Group**

This support group addresses the unique challenges women/men face. Our onsite meeting provides a variety of topics and activities to help cope with this stage of life.

• MHCC, SM Call 805.219.HOPE (4673) for specific details and to register

#### Living with Cancer Support Group

This group provides a forum to share and work through feelings and challenges. All types of cancer diagnoses are welcome.

• MHCC, SM Call 805.219.HOPE (4673) for specific details and to register

## Support for People with Oral, Head, and Neck Cancer (SPOHNC)

SPOHNC offers support for dealing with the unique challenges of oral, head and neck cancer.

• • MHCC, AG (Zoom available) Call 805.219.HOPE to register

#### **WELLNESS PROGRAMS**

#### **Aquatic Therapy Class**

Benefits include increased joint flexibility and range of motion while decreasing pain and swelling.

• Allan Hancock College, SM RSVP and assessment required; please call John Malinowski at 805.346.3413 (SM) or 805.474.5334 (AG)

#### **Art Therapy**

A variety of creative classes offered; instruction and materials are provided. Please call for class details.

#### • • MHCC, SM/AG

Held in-person, seating is limited. SM: Call 805.219.HOPE AG: Call 805.474.5303

#### Barre Class

A low impact class that combines ballet, yoga and Pilates; suitable for all ages and abilities.

• MHCC, AG

Reservation and assessment required; call 805.474.5334

#### Fight Against Falls Exercise Class

Learn to reduce the risk of falls and how to condition your muscles to battle muscle fatigue.

• MHCC, AG

Reservation and assessment required, please call 805.474.5334

#### Gentle Stretching

Gentle range of motion exercises to target muscle groups for less pain.

• MHCC, AG

Reservation and assessment required, please call 805.474.5334

#### Golf

The group meets on a 12-hole, par 3 portion of the golf course to learn the basics of golf.

• Monarch Dunes, Nipomo Call 805.346.3413 for details

#### Lymphedema Prevention Exercise

Therapeutic exercise program for cancer survivors and those battling chronic conditions.

• MHCC, AG

Reservation and assessment required; call 805.474.5334

#### **Nutrition and Exercise Support**

An exciting class which combines delicious recipes and nutrition advice with practical exercise tips.

• MHCC, SM Reservations required: 805.219.HOPE (4673)

## Pelvic Floor Strengthening Class for Prostate Cancer Survivors

This class benefits men with issues such as urinary or fecal incontinence, weak core muscles and/or general deconditioning.

• Marian Health & Wellness, SM Call 805.346.3413 to register

#### $\mathsf{TRX}$

TRX is a form of suspension training that uses body weight exercises to develop strength, balance, flexibility and core stability simultaneously.

• MHCC, AG

Assessment required Call 805.474.5334 to register

#### Yoga (Restorative) In-person

Classes feature slower paced movements focusing on balance and flexibility. Please bring a yoga mat.

• MHCC, AG

Reservation and assessment required, please call 805.474.5334

#### **SPANISH • ESPAÑOL**

#### Clases de Arte

En cada clase aprenderemos una nueva actividad para crecer nuestras habilidades artísticas y darnos animo.

• MHCC, SM

Favor de llamar a 805.219.HOPE (4673) para registrarse

#### Apoyo de Cáncer: Viviendo con Cáncer

Acompáñanos para conectarse con otras personas que viven con cáncer y hablar de temas de cómo combatir la enfermedad.

• MHCC, SM

Por favor llame para reservar 805.219.HOPE (4673)

#### **OUTSIDE THE AREA**

Please note: the classes on this page are held in nearby towns, not in San Luis Obispo. Please call the numbers listed for more information.

### Turn to us for answers

#### HEARST CANCER RESOURCE CENTER

1941 Johnson Avenue, Suite 201 San Luis Obispo, CA 93401 805.542.6234 Monday–Friday 9AM–4:30PM dignityhealth.org/hcrc Please call for an appointment

### Thomas Spillane, MD

Medical Director

Julie Neiggemann, RN, MSN, OCN Director, Nurse Navigator

Ashley Hahn, MSW, LCSW Social Worker

#### Eloisa Medina

Patient Navigator 805.786.6130—en español

#### Jessica Reyes

Patient Navigator en español

### Angela Fissell, RD

Registered Dietitian

#### Lisa Steinbeck

Cancer Registrar

#### **IMAGING CENTERS**

FHMC San Luis Diagnostic Center 1100 Monterey Street, #210 San Luis Obispo, CA 93401 805.542.9700

FHMC Women's Health and Imaging Center 1941 Johnson Avenue, Suite 104 San Luis Obispo, CA 93401 805.597.6700

## SLO ONCOLOGY & HEMATOLOGY HEALTH CENTER

715 Tank Farm Road, Suite C San Luis Obispo, CA 93401 Direct: 805.543.5577

Care Providers:

#### Thomas Spillane, MD

Medical Oncology Director of Clinical Trials

Gorgun Akpek, MD, MHS
Daniel Lewis, MD
James Malone III, MD
Lin Soe, MD
Elizabeth Arvizu, NP
Robin DiBiase, NP, OCN

#### **SLO INFUSION CENTER**

715 Tank Farm Road, Suite B San Luis Obispo, CA 93401 Direct: 805.786.6140 Nurse Line: 805.786.6144

#### Susan Diaz, RN, OCN

Director, SLO Oncology & Hematology and SLO Infusion Center

## DIGNITY CANCER CARE CENTRAL COAST

Mission Hope Cancer Center 1325 East Church Street, Suite 102 Santa Maria, CA 93454 805.219.HOPE (4673)

850 Fair Oaks Avenue Arroyo Grande, CA 93420 805.474.5300

#### Derek Baden, RN

Senior Director, Cancer Care Services

#### **ADDITIONAL SERVICES**

Dignity Health Home Health & Hospice 805.739.3830

Palliative Care 805.739.3950

#### **COASTAL CANCER PARTNERS**

The Hearst Cancer Resource Center has partnered with these organizations to bring programs and activities to the community:

#### 17 Strong

17strong.org

American Cancer Society cancer.org

Camp Kesem Cal Poly campkesem.org

Cancer Connections cancerconnectionsslo.org

Cancer Support Community cscslo.org

Cancer Well-Fit Program cancerwell-fit.com

Central Coast Dragon Boat Association—Central Coast SurviveOars ccdba.org

DreamMakers SLO dreammakersslo.com

Hats for Hope hatsforhope.com

Jack's Helping Hand jackshelpinghand.org

Leukemia and Lymphoma Society *lls.org* 

### LIVESTRONG-SLO YMCA

ciymca.org/livestrong

### SabesWings

SabesWings.org

Surfing for Hope surfingforhope.org

Teddy Bear Foundation teddybearcancerfoundation.org



#### **Hearst Cancer Resource Center**

Mailing address: 1911 Johnson Avenue, San Luis Obispo, CA 93401

Street address: 1941 Johnson Avenue, Suite 201, San Luis Obispo, CA 93401

## **HCRC Advisory Committee**

French Hospital Medical Center

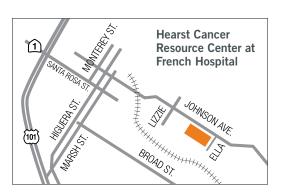
Sue Andersen—PRESIDENT AND CEO Julia Fogelson, MSN, RN—CNE Tessa Espinoza—CPO Thomas Vendegna, MD—CMO

#### Committee Members

Johnson, MD Noreen Martin

Sandy Dunn— Susan Minker, MD CHAIR **Debby Nicklas** Gayle Cekada, MD Don Oberhelman Leslie Coe Lauren Rava Edwin John Ronca Hayashi, MD Colleen Jack Hearst Russell, DPT Stephen Hearst Thomas Stephen Hilty, MD Spillane, MD Jackie Starr Cathy Johnson Christine Williams Robert

### **Hearst Cancer Resource Center**



#### Hearst Cancer Resource Center

Commission on Cancer Community Cancer Program 1911 Johnson Avenue San Luis Obispo, CA, 93401 805.542.6234



A QUALITY PROGRAM of the AMERICAN COLLEGE OF SURGEONS

