

Meet The Hearst Cancer Resource Center Clinical Social Workers

Most people diagnosed with cancer experience some form of depression, sadness or anxiety around their health, their ability to take care of their family, or their finances through the cancer spectrum. Hearst Cancer Resource Center is pleased to provide additional support through the services of our social workers.

No cost services include:

- Help to address psychosocial, social, emotional and spiritual issues
- Referrals to counseling services in the community
- Information and referrals to community resources
- Access to financial and social services
- Facilitate support groups and educational programs
- Work with your health care team to maximize support



**Ashley Hahn, MSW,
LCSW**

Licensed Clinical
Social Worker

■ Ashley Hahn, LCSW, is passionate about helping others and providing support to patients and families during the cancer experience. Ashley has worked as a social worker in health care settings for the past 17 years in oncology, home health, hospice and palliative care here on the Central Coast. Ashley is available to facilitate social and emotional care needs and to provide referrals to essential community resources for cancer patients, their families and caregivers.



**Kiersten Arnaudin,
LCSW**

Licensed Clinical
Social Worker

The services of clinical social workers allow Hearst Cancer Resource Center to offer expanded support and programs that can specifically address the mental health needs and concerns that are present with a personal cancer diagnosis—as well as cancer in the family.

For more information or to contact a social worker, please call the Hearst Cancer Resource Center at 805.542.6234 or email HCRC@dignityhealth.org

■ Kiersten Arnaudin, LCSW, is a native of the Central Coast and has worked throughout both Santa Barbara and San Luis Obispo Counties since 2012. During this time Kiersten has worked with patients and families facing a broad range of medical and health challenges in diverse settings such as hospitals, skilled nursing facilities and community based agencies. Kiersten provides a listening ear to offer encouragement to those who are living with a cancer diagnosis and needing support on their journey.



Dignity Health™

French Hospital Medical Center

Hearst Cancer Resource Center

1941 Johnson Avenue, Suite 201, San Luis Obispo, California | 805.542.6234

E-mail: HCRC@dignityhealth.org | Website: Dignityhealth.org/HCRC

Keep up with all our classes and programs at our website: Dignityhealth.org/HCRC



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San Luis Obispo**

