

## FREE EDUCATIONAL DISCUSSION

The Hearst Cancer Resource Center invites you to attend a panel presentation

# Patient Advocacy 101

## Advocating for your Own Care



**Shannon D'Acquisto**  
Cancer Survivor



**Ashley Hahn, MSW,  
LCSW**  
Social Worker



**Julie Neiggemann, RN,  
MSN, OCN**  
Nurse Navigator

Join us to learn from our local experts on how to maximize your cancer care through advocacy for yourself to receive the care you deserve. Presentation will include tips on how to develop and practice self-advocacy, so you can move forward with confidence!

The concept of self-advocacy has gained a lot of traction in recent years, with greater emphasis on a mutual relationship with the healthcare team, including shared decision-making. This helps patients gain a sense of control and shared power as they navigate the healthcare system. It is a necessary skill to develop in order to promote autonomy and the ability to make one's own informed decisions—choices about one's own life.

### Thursday, February 15, 2024

5:30 to 7:30 p.m.

#### Wacker Family Auditorium

(Third floor in the Copeland Health Education Pavilion at French Hospital)

1911 Johnson Avenue, San Luis Obispo

Space is limited; reservations required. Please call Hearst Cancer Resource Center at 805.542.6234 or email us at [HCRC@dignityhealth.org](mailto:HCRC@dignityhealth.org)

This program is made possible through the support of the Martin Hulburd Family Cancer Education Fund and offered free, as a community service.



**Dignity Health**  
French Hospital Medical Center

**Hearst Cancer Resource Center**



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