Hearst Cancer Resource Center is pleased to offer without cost to cancer patients:

# Community Acupuncture Treatments



## With Bianca Clayton, DTCM, L.Ac. Meets the 3<sup>rd</sup> Monday of each month 2:30 p.m.

Hearst Cancer Resource Center 1941 Johnson Ave, Suite 201, San Luis Obispo

#### Reservations are necessary.

Please call the Hearst Cancer Resource Center at 805.542.6234

For thousands of years, acupuncture has been a treasured way to balance the mind and body and can greatly alleviate symptoms and provide patients immense relief. Acupuncture involves the insertion of extremely thin needles through your skin at strategic points on your body. It is currently endorsed by several major medical organizations including the U.S. National Institute of Health and the World Health Organization. Acupuncture patients often notice a significant improvement to common side effects of cancer treatment such as: nausea, vomiting, pain, anxiety and fatigue.



### Hearst Cancer Resource Center





Bianca Clayton, DTCM, L.Ac.

Doctor of Traditional Chinese Medicine, Licensed Acupuncturist and Herbalist

■ Bianca Clayton is passionate about helping her patients in their personal journey to optimal health—encouraging each person to be an advocate for their own healing. Treating the body as a whole requires a comprehensive approach which is why Bianca's practice includes acupuncture, herbal medicine, nutritional counseling and yin tuina (a subtle touch technique).





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#### Dignityhealth.org/HCRC

Hearst Cancer Resource Center | 1941 Johnson Avenue, Suite 201, San Luis Obispo, California | 805.542.6234