

FREE EDUCATIONAL EVENT



The Hearst Cancer Resource Center  
is pleased to present a virtual presentation:

# Bone Health

## After Cancer

Featuring Deneen DiCarlo, MD, via Zoom Meeting



**Thursday, July 14 • 5:30 p.m.**

Reservations required. Please call Hearst Cancer Resource Center at  
805.542.6234 or email us at [HCRC@dignityhealth.org](mailto:HCRC@dignityhealth.org)

Exposure to cancer treatment such as chemotherapy and radiation may lead to bone loss and increased the risk of osteoporosis and fractures. However, our bones are in a constant state of regeneration and renewal and can be strengthened. For good bone health, it is important to diagnose osteoporosis in its early stages. If needed, there are several medications that can be used to directly slow down the speed of bone loss. In addition, it is essential to signal the body to continue making new strong bone. Exercise—especially weight-bearing exercise such as walking, jogging and stair climbing—will help to slow down bone loss and is especially helpful in fall prevention.

Join Dr. DiCarlo on Zoom as she shares her expertise in helping patients to build and maintain strong bone health after cancer.



**Deneen DiCarlo, MD**

Internal Medicine/ Rheumatology

■ Dr. DiCarlo started her medical career in New York over 15 years ago. Later she moved back to California and opened her own small private practice in Santa Maria and Pismo Beach specializing in arthritis and autoimmune diseases. In 2016, Dr. DiCarlo joined Rheumatology Services Medical Group at their San Luis Obispo office.

This program is made possible through the support of the Martin Hulburd Family Cancer Education Fund and offered free, as a community service.



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