

Hearst Cancer Resource Center is pleased to invite you to our

# Breast Cancer Support Group



Join us Tuesdays  
5:45p.m.  
via zoom



Research has shown that actively engaging in a support group helps to manage the physical, emotional and practical challenges a breast cancer diagnosis can bring. Support groups offer a safe and empowering setting where people can implement important life changes, develop new attitudes and forge meaningful personal connections. Join us!

**Meets Tuesdays: 5:45pm - Via Zoom**

**Hearst Cancer Resource Center**

**1941 Johnson Avenue, Suite 201, San Luis Obispo**

For more information, please call HCRC at 805.542.6234  
or go to: [dignityhealth.org/HCRC](https://dignityhealth.org/HCRC)



**Hearst Cancer Resource Center**



Like us on Facebook:

**Hearst Cancer Resource Center  
San Luis Obispo**

Keep up with all our classes and  
programs at our website:

**[Dignityhealth.org/HCRC](https://dignityhealth.org/HCRC)**