Hearst Cancer Resource Center is pleased to invite you to our



## **Patients with Breast Cancer**



Research has shown that actively engaging in a support group helps to manage the physical, emotional and practical challenges a breast cancer diagnosis can bring. Support groups offer a safe and empowering setting where people can implement important life changes, develop new attitudes and forge meaningful personal connections. Join us!

## Join us Tuesdays at 5:45 p.m.

2<sup>nd</sup> Tuesday of the month (virtual/Zoom)
4<sup>th</sup> Tuesday of the month (onsite only)

## Hearst Cancer Resource Center

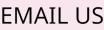
1941 Johnson Avenue, Suite 201, San Luis Obispo



## Hearst Cancer Resource Center

1941 Johnson Avenue, Suite 201, San Luis Obispo, California | 805.542.6234 E-mail: HCRC@dignityhealth.org | Website: Dignityhealth.org/HCRC Held onsite and virtually





Reservations required. Please call Hearst Cancer Resource Center at 805.542.6234 or email us at HCRC@dignityhealth.org





Like us on Facebook: Hearst Cancer Resource Center San Luis Obispo

Keep up with all our classes and programs at our website:

Dignityhealth.org/HCRC