

COMMUNITY HEALTH EVENTS MARCH 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2</p> <p>Nutrition Bingo @Colonia Vista Senior Center 10:30 am - 11:30 am</p>	<p>3</p> <p>St. John's Food Pantry @ Christ the King Church 9:00 am - 12:30 pm</p>	<p>4</p> <p>Blood Pressure & Blood Sugar Screenings @ South Oxnard Center 9:15 am - 11:30 am</p>	<p>5</p> <p>Diaper Distribution @ Christ the King Church 9:00 am - 10:00 am</p> <p>St. John's Food Pantry @ Christ the King Church 11:30 am - 2:30 pm</p> <p>Cooking Demo @St. John's Regional Medical Center Conference Room 5:30 pm - 7:00 pm</p>	<p>6</p> <p>Walking Club 10:00 am - 10:30 am & Arthritis Exercise 10:30 am - 11:00 am @ Colonia Center</p>
<p>9</p> <p>Free Diabetes Education! Schedule your appointment by calling 805-988-2709</p>	<p>10</p> <p>St. John's Food Pantry @ Christ the King Church 9:00 am - 12:30 pm</p>	<p>11</p> <p>Arthritis Exercise @ South Oxnard Center 9:00 am - 9:30 am</p> <p>Blood Pressure & Blood Sugar Screenings @ Colonia Center 10:00 am - 11:30 am</p>	<p>12</p> <p>Diaper Distribution @ Christ the King Church 9:00 am - 10:00 am</p> <p>St. John's Food Pantry @ Christ the King Church 11:30 am - 2:30 pm</p>	<p>13</p> <p>Walking Club 10:00 am - 10:30 am & Arthritis Exercise 10:30 am - 11:00 am @ Colonia Center</p>
<p>16</p> <p>Nutrition Counseling Schedule your free appointment by calling 805-988-2709</p>	<p>17</p> <p>St. John's Food Pantry @ Christ the King Church 9:00 am - 12:30 pm</p>	<p>18</p> <p>Arthritis Exercise @ South Oxnard Center 9:00 am - 9:30 am</p> <p>Blood Pressure Screenings @ Wilson Center 10:00 am - 11:30 am</p>	<p>19</p> <p>Diaper Distribution @ Christ the King Church 8:30 am - 9:30 am</p> <p>St. John's Food Pantry @ Christ the King Church 11:30 am - 2:30 pm</p> <p>Vituity Cares-Free Clinic @ Christ the King Church 11:30 am - 2:30 pm</p>	<p>20</p> <p>Walking Club 10:00 am - 10:30 am & Arthritis Exercise 10:30 am - 11:00 am @ Colonia Center</p>
<p>23</p> <p>Fall Prevention: Balance Exercise @Wilson Center 10:00 am - 11:00 am</p>	<p>24</p> <p>St. John's Food Pantry @ Christ the King Church 9:00 am - 12:30 pm</p>	<p>25</p> <p>Arthritis Exercise @ South Oxnard Center 9:00 am - 9:30 am</p> <p>Blood Clots: What You Need to Know @St. John's Community Health Dept. 5:00 pm - 6:00 pm</p>	<p>26</p> <p>Diaper Distribution @ Christ the King Church 9:00 am - 10:00 am</p> <p>St. John's Food Pantry @ Christ the King Church 11:30 am - 2:30 pm</p>	<p>27</p> <p>Walking Club 10:00 am - 10:30 am & Arthritis Exercise 10:30 am - 11:00 am @ Colonia Center</p>



<p>St. John's Community Health Dept. 1600 N. Rose Ave</p>	<p>Christ the King Church 535 Cooper Rd.</p>	<p>Camarillo Public Library 4101 Las Posas Rd.</p>
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*St. John's reserves the right to cancel and change dates/times for classes and services.