

St. John's Regional Medical Center and St. John's Hospital Camarillo

Community Benefit 2021 Report and 2022 Plan

Adopted October 2021



A message from

Darren Lee, president and CEO of St. John's Regional Medical Center and St. John's Hospital Camarillo, and Billie Joe Rodriguez, Chair of the Dignity Health Ventura County Community Board.

Dignity Health's approach to community health improvement aims to address significant health needs identified in the Community Health Needs Assessments that we conduct with community input, including from the local public health department. Our initiatives to deliver community benefit include financial assistance for those unable to afford medically necessary care, a range of prevention and health improvement programs conducted by the hospital and with community partners, and investing in efforts that address social determinants of health.

St. John's Regional Medical Center and St. John's Hospital Camarillo share a commitment with others to improve the health of our community, and deliver programs and services to help achieve that goal. The Community Benefit 2021 Report and 2022 Plan describes much of this work. This report meets requirements in California state law (Senate Bill 697) that not-for-profit hospitals produce an annual community benefit report and plan. We are proud of the outstanding programs, services and other community benefits our hospital delivers, and are pleased to report to our community.

In fiscal year 2021 (FY21), St. John's Regional Medical Center and St. John's Hospital Camarillo provided \$39,312,995 in patient financial assistance, unreimbursed costs of Medicaid, community health improvement services and other community benefits. The hospital also incurred \$62,141,016 in unreimbursed costs of caring for patients covered by Medicare.

The hospital's Community Board reviewed, approved and adopted the Community Benefit 2021 Report and 2022 Plan at its October 2021 meeting.

Thank you for taking the time to review our report and plan. We welcome any questions or ideas for collaborating that you may have, by reaching to out to George West at george.west@commonspirit.org or calling 805-988-2688.

Darren W. Lee

Billie Joe Rodriguez





President/CEO


Chairperson, Community Board

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At-a-Glance Summary

Community Served 	<p>The Primary Service Area of St. John's Regional Medical Center and St. John's Hospital Camarillo includes Oxnard and Port Hueneme Zip codes of 93030, 93033, 93035, 93036, 93041, 93042, 94043, Camarillo Zip codes 93010, 93012 and Somis Zip code 93066 This represents a population of 287,383 people.</p>
Economic Value of Community Benefit 	<p>\$39,312,995 in patient financial assistance, unreimbursed costs of Medicaid, community health improvement services, community grants and other community benefits</p> <p>\$62,141,016 in unreimbursed costs of caring for patients covered by Medicare</p>
Significant Community Health Needs Being Addressed 	<p>The significant community health needs the hospital is helping to address and that form the basis of this document were identified in the hospital's most recent Community Health Needs Assessment (CHNA). Needs being addressed by strategies and programs are:</p> <ul style="list-style-type: none"> • Improve Access to Health Services • Improve Health and Wellness for Older Adults • Reduce the Burden of Chronic Disease • Address Social Needs <p>The hospital delivered several programs and services to help address identified significant community health needs. These included:</p> <ul style="list-style-type: none"> • Improve Health and Wellness for Older Adults Senior Wellness Program • Reduce the Burden of Chronic Disease Living Well with Diabetes Program Diabetes Education and Empowerment Program (DEEP®) Congestive Heart Active Management Program (CHAMP®) Chronic Disease Self-Management Education Program • Improve Access to Health Services The Cancer Center of Ventura County Dignity Health Community Grants Program • Address Social Needs Health Ministries Basic Needs Program & Community Food Pantry <p>In addition there were activities whose outcomes are difficult to quantify.</p>
FY21 Programs and Services 	<p>In 2020-2021 (FY2021) the following programs were planned:</p> <ul style="list-style-type: none"> • Improve Health and Wellness for Older Adults <i>Tentative</i>--Senior Wellness Program Health and Wellness Program • Reduce the Burden of Chronic Disease

	<p>Diabetes Education and Empowerment Program (DEEP®)</p> <p>Living Well with Diabetes Program</p> <p>Congestive Heart Active Management Program (CHAMP®)</p> <p>Chronic Disease Self-Management Education Program</p> <ul style="list-style-type: none"> • Improve Access to Health Services <p>The Cancer Center of Ventura County</p> <p>Dignity Health Community Grants Program</p> <ul style="list-style-type: none"> • Address Social Needs <p>Health Ministries Basic Needs Program with Community Food Pantry</p>
<p>FY22 Planned Programs and Services</p> 	<p>For FY2022 the following Programs & Initiatives are planned:</p> <ul style="list-style-type: none"> • Improve Health and Wellness for Older Adults <p>Health and Wellness Program & Seniors</p> <ul style="list-style-type: none"> • Reduce the Burden of Chronic Disease <p>Diabetes Education Program</p> <p>Living Well with Diabetes Program</p> <p>Local Congestive Heart Active Management Program (like CHAMP®)</p> <p>Chronic Disease Self-Management Education Program</p> <ul style="list-style-type: none"> • Improve Access to Health Services <p>The Cancer Center of Ventura County</p> <p>Dignity Health Community Grants Program</p> <p>Health Equity Initiative for the LGBTQ+ community</p> <ul style="list-style-type: none"> • Address Social Needs <p>Health Ministry Basic Needs Programs (Pantry & Financial Assistance)</p>

This document is publicly available online at <https://www.dignityhealth.org/central-coast/locations/stjohnsregional/about-us/community-benefit>.

Written comments on this report can be submitted in writing to Community Health Office, St. John's Regional Medical Center, 1600 N. Rose Ave., Oxnard, CA 93030 by email to george.west@commonspirit.org or by telephone, call 805-988-2688.

Our Hospital and the Community Served

About St. John's Regional Medical Center & St. John's Hospital, Camarillo

St. John's Regional Medical Center and St. John's Hospital Camarillo are members of Dignity Health, which is a part of CommonSpirit Health.

The Sisters of Mercy, at the invitation of community leaders who discerned a need for a hospital in the Oxnard coastal plane, established St. John's in 1912 as a six-room wooden structure. It grew to be St. John's Regional Medical Center (SJPMC) a 265-bed facility on a 48-acre campus in northeast Oxnard, serving a community that has a land use mix of residential, agricultural & industrial, including a Navy base and a vacation harbor. SJPMC offers comprehensive medical programs and services, including emergency care, acute physical rehabilitation, cardiac care, cancer care, maternity and childbirth services (including a Neonatal Intensive Care Unit), infusion centers, a Chest Pain Center, a Stroke Center, St. John's Cancer Center of Ventura County, and St. John's Surgical Weight Loss Center.

Originally founded as Pleasant Valley Hospital in 1974 by a group of Camarillo community leaders and physicians who discerned that the young City of Camarillo needed a hospital of its own, in 1993 it merged with St. John's Regional Medical Center in Oxnard, becoming St. John's Pleasant Valley Hospital (SJPVH). St. John's Regional Medical Center and St. John's Pleasant Valley Hospital are one ministry of healing with two hospitals, both Catholic and sponsored by the Catholic Health Federation (a Public Juridic Person of the Catholic Church). In 2020 the two hospitals came under one license and are becoming St. John's Regional Medical Center and St. John's Pleasant Valley Hospital and in 2021 St. John's Pleasant Valley Hospital changed its name to St. John's Hospital, Camarillo (SJHC). SJHC provides emergent, acute and intensive care, with extensive surgery services, cancer care, outpatient hyperbaric care and a 99 bed residential sub-acute facility. SJHC is Primary Stroke Certified by the Joint Commission, the only certified Geriatric Care Emergency Dept. in Ventura County and has been recognized for excellence in Pulmonary Care, General Surgery and Critical Care.

Our Mission

As CommonSpirit Health, we make the healing presence of God known in our world by improving the health of the people we serve, especially those who are vulnerable, while we advance social justice for all.

Our Vision

A healthier future for all – inspired by faith, driven by innovation, and powered by our humanity.

Financial Assistance for Medically Necessary Care

St. John's Regional Medical Center and St. John's Hospital Camarillo are dedicated to creating healthier communities by providing financial assistance to persons who have health care needs and are uninsured, underinsured, ineligible for a government program, or otherwise unable to pay. Advocating for the poor and vulnerable is both our mission and our passion. The hospital has financial assistance available to help pay for medically necessary services provided to those patients who meet certain income requirements. The financial assistance policy, a plain language summary of the policy, and a financial assistance application are on the hospitals' web site.

Description of the Community Served

Community is defined as the resident population within the hospital's service area. Committed to addressing health disparities and serving communities with impactful solutions that leverage shared resources and coordinate care. St. John's Regional Medical Center and St. John's Hospital Camarillo entered into a multi-hospital/organization collaborative to develop its current Community Health Needs Assessment (which may be found at <http://www.healthmattersinvc.org>). The seven health agencies that make up the collaborative have come together in defining their service area as the County of Ventura.

In 2019, Ventura County's population of 846,006 had a median age of 37.9 and a median household income of \$84,017. Among county residents, 40,829 have veteran status, 38.4% of the people in Ventura County speak a non-English language, and 22% are foreign born. The median property value in Ventura County is \$559,700 and the homeownership rate is 63.3%. The percent of households with a computer is 91.9% and with a broadband internet subscription is 86.8% (United States Census Bureau, 2019).

St. John's Regional Medical Center's and St. John's Hospital Camarillo's primary service area is comprised of the cities of Oxnard, Port Hueneme, Camarillo and Somis Zip codes of 93030, 93033, 93035, 93036, 93041, 93010, 93012, 93066,

A snapshot summary description of the community is below.* Additional details can be found in the CHNA report online at <http://www.healthmattersinvc.org>.

TOTAL POPULATION:	328,156
RACE:	
White - Non-Hispanic	24.8%
Black/African American - Non-Hispanic	2.2%
Hispanic or Latino	63%
Asian/Pacific Islander	7.7%
All Others	2.3%
% Below Poverty	8.3%
% Unemployment	5.0%
No High School Diploma	22.8%
Medicaid (household)	8.6%
Uninsured (household)	4.8%

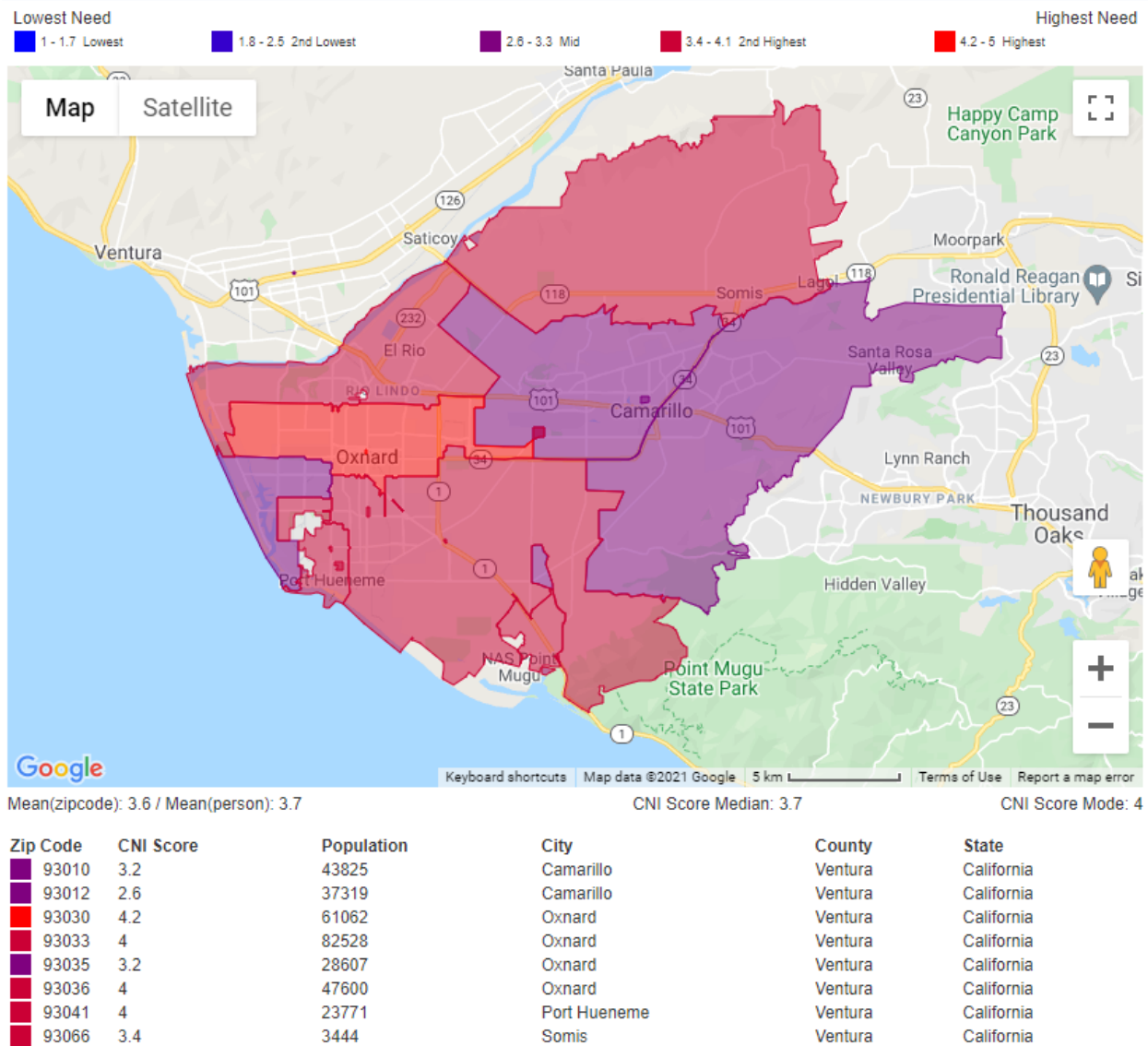


***Source: Claritas Pop-Facts® 2021;
SG2 Market Demographic Module**

Community Need Index

One tool used to assess health need is the Community Need Index (CNI) created and made publicly available by Dignity Health and IBM Watson Health. The CNI analyzes data at the zip code level on five factors known to contribute or be barriers to health care access: income, culture/language, education, housing status, and insurance coverage.

Scores from 1.0 (lowest barriers) to 5.0 (highest barriers) for each factor are averaged to calculate a CNI score for each zip code in the community. Research has shown that communities with the highest CNI scores experience twice the rate of hospital admissions for ambulatory care sensitive conditions as those with the lowest scores.



Community Assessment and Significant Needs

The hospital engages in multiple activities to conduct its community health improvement planning process. These include, but are not limited, to conducting a Community Health Needs Assessment with community input at least every three years, identifying collaborating community stakeholder organizations, describing anticipated impacts of program activities and measuring program indicators.

Community Health Needs Assessment

The health issues that form the basis of the hospital's community benefit plan and programs were identified in the most recent CHNA report, which was adopted in June of 2019.

The CHNA contains several key elements, including:

- Description of the assessed community served by the hospital;
- Description of assessment processes and methods;
- Presentation of data, information and findings, including significant community health needs;
- Community resources potentially available to help address identified needs; and
- Discussion of impacts of actions taken by the hospital since the preceding CHNA.

Additional detail about the needs assessment process and findings can be found in the CHNA report, which is publicly available at <http://www.healthmattersinvc.org> or upon request at the hospital's Community Health office.

Significant Health Needs

The most recent (2019) community health needs assessment identified the following significant community health needs:

The most recent community health needs assessment identified the following significant community health needs:

- **Improve Access to Health Services**—access is a multifactorial issue with our focus on the perception of healthcare consumer. Transportation, the number of physician & non-physician providers, consumer work schedule vs. provider office hours are among the most significant issues.
- **Reduce the Impact of Behavioral Health Issues**—Ventura County has insufficient resources to address the current behavioral health needs.
- **Improve Health and Wellness for Older Adults**—Ventura County has a significantly large elder population. Their needs are unique as are the needs of those who care for them.
- **Reduce the Burden of Chronic Disease**—chronic diseases account for a disproportionate use of health resources. Consumer education on self-management would empower consumers and thereby reduce that utilization.
- **Address Social Needs**—basic needs of food, housing, transportation, utilities, safe neighborhoods, etc. impact health consumer ability to pursue a healthy life style.

Significant Needs the Hospital Does Not Intend to Address

As acute care facilities the hospitals lack sufficient resources and are not licensed to address the following community health need:

Reduce the Impact of Behavioral Health Issues—nevertheless St. John's is pursuing a collaboration that will create a Crisis Stabilization Unit to better serve the community.

The hospital intends to take actions to address all of the prioritized significant health needs in the CHNA report, both through its own programs and services and with community partners. Lists and descriptions of those planned actions are included in this report.

2021 Report and 2022 Plan

This section presents strategies and program activities the hospital is delivering, funding or on which it is collaborating with others to address significant community health needs. It summarizes actions taken in FY21 and planned activities for FY22, with statements on anticipated impacts, planned collaboration, and patient financial assistance for medically necessary care. Program Digests provide detail on select programs' goals, measurable objectives, expenses and other information.

This report specifies planned activities consistent with the hospital's mission and capabilities. The hospital may amend the plan as circumstances warrant. For instance, changes in significant community health needs or in community assets and resources directed to those needs may merit refocusing the hospital's limited resources to best serve the community.

The anticipated impacts of the hospital's activities on significant health needs are summarized below, and for select program initiatives are stated in Program Digests. Overall, the hospital anticipates that actions taken to address significant health needs will: improve health knowledge, behaviors, and status; increase access to needed and beneficial care; and help create conditions that support good health.

The hospital works to evaluate impact and sets priorities for its community health programs in triennial Community Health Needs Assessments.



Creating the Community Benefit Plan

St. John's Regional Medical Center and St. John's Hospital Camarillo are dedicated to improving community health and delivering community benefit with the engagement of its management team, board, clinicians and staff, and in collaboration with community partners.

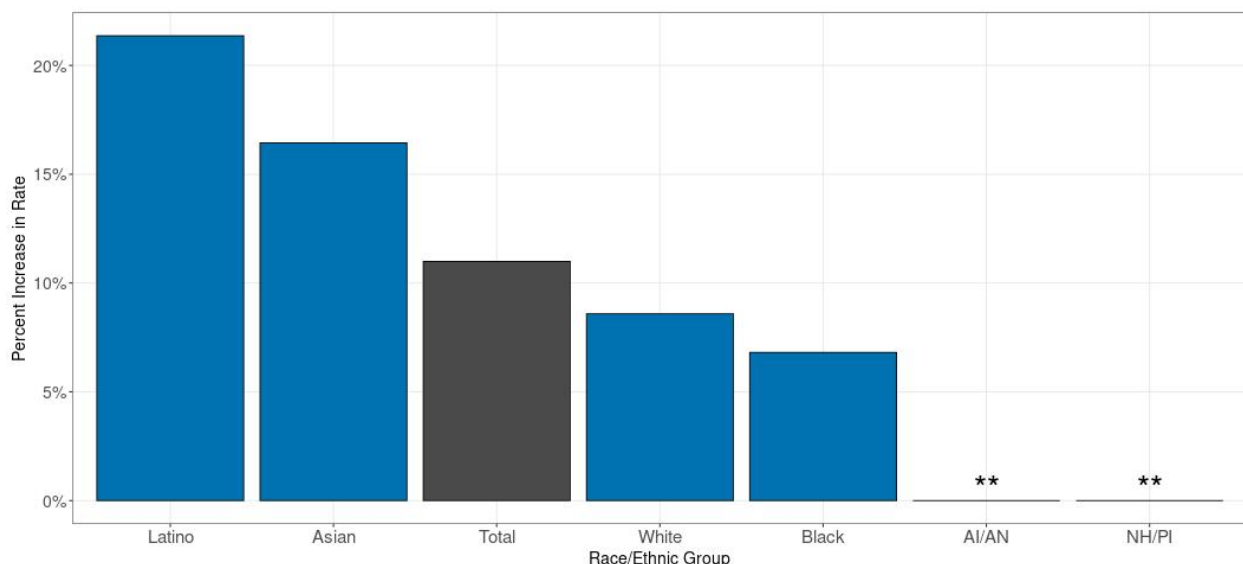
The hospitals' community health and community benefit programs are guided by five core principles. All of our initiatives relate to one or more of these principles:

- Focus on Disproportionate Unmet Health-Related Needs
- Emphasize Prevention
- Contribute to a Seamless Continuum of Care
- Build Community Capacity
- Demonstrate Collaboration

Community Health staff explored current resources, including fiscal and personnel/staff assets and limitations, evidenced based programs available and community resources/collaborations in determining what programs could best address the community's needs. Planning the programs is taken on as a team, under the leadership of the Manager of Community Health, with the counsel of the Medical Director of the Community Health Dept. and the Division Vice President of Mission Integration. Program plans are presented to the Healthy Communities Committee for input prior to implementation. Outcomes are also reported to this committee, the Medical Director and Division VP of Mission. Program participants are surveyed for satisfaction with the program and are encouraged to make suggestions for improvements or others program topics that interest them.

Impact of the Coronavirus Pandemic

The Latino population of Ventura County were hardest hit by the COVID-19 pandemic. For example, the graph below indicates that comparing 2019 to 2020 deaths increased by 21% in the Latino population, in the Asian population 16% increase and White/non-Latino suffered an 8% increase. This data suggests that minorities were hit hardest by COVID-19 in Ventura County.




(Data courtesy of the Fusion Center, Office of Strategic Development & External Relations, CDPH.)

The restrictions on gatherings negatively impacted class based face to face educational activities and staff departures due to COVID-19 with a higher demand for food, especially among families with children, caused the Community Health Dept. to pivot on this urgent health need and funnel more resources to the Community Food Pantry. As the pandemic progressed staff were educated on the ZOOM platform and retooled their educational materials for zoom health education.

Report and Plan by Health Need

The tables below present strategies and program activities the hospital has delivered or intends to deliver to help address significant health needs identified in the community health needs assessment.

They are organized by health need and include statements of strategy and program impact, and any collaboration with other organizations in our community.

 Health Need: Access to Care (and Health Equity)			
Strategy or Program Name	Summary Description	Active FY21	Planned FY22
Cancer Center of Ventura County at St. John's	In addition to a financial assistance to those in need, St. John's Regional Medical Center and St. John's Pleasant Valley Hospital provides an array of free cancer services to all diagnosed with cancer. We serve both campuses Oxnard and Camarillo. The Hospital's administration supports the Cancer Center's free services which includes: <ul style="list-style-type: none"> • navigation, • cancer specific dietary counseling • cancer specific nutrition education, • wigs & headwear, • mental health counselling & groups. 	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
St. John's Financial Assistance Policy	The hospital also offers financial assistance to patients to improve access to care and address healthcare inequities. See page 29 of this report for information regarding our Financial Assistance Policy		
Impact: The ultimate goal is to decrease the incidence of later stage cancers, decrease cancer incidence in our county and find earlier cancer that have more than 90% of chance of remission when found early. Outreach to our young adult population is very important as we have seen more patients diagnosed with cancer even before the recommended screening age. The cancer program screening goals are to increase the number of mammograms, skin screenings, lung cancer screenings and colon screenings in our county.			
Collaboration: The Cancer Center actively participates with the American Cancer Society, the St. John's Cancer Committee and we partner with other systems and community physicians to strengthen our relationship to continue to serve all cancer patients at St. John's Regional Medical Center and St. John's Hospital. The Cancer Center also offers education events at an annual Zoom Breast Symposium.			



Health Need: Improve Health and Wellness for Older Adults

Strategy or Program Name	Summary Description	Active FY21	Planned FY22
Senior Wellness Program	To provide blood pressure and A1C screenings to senior populations. The support elements of this program will need to be redesigned for remote participation in FY22 and given the COVID-19 restrictions on gatherings for vulnerable populations, the physical activity element has been eliminated.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Health and Wellness Programs	To provide health and wellness programs on-line		

Impact: Improve health and wellness of seniors through supportive and safe healthy behavior programs. Monitor and manage hypertension and diabetes among seniors. Prevent a medical crisis and hospitalization through early referral and self-management health education.

Collaboration: The program will be held by Zoom or at local community senior centers by the St. John's Community Health staff.

***We will limit this program in FY22 due to COVID-19 restrictions on in-person gatherings and face to face meetings.**



Health Need: Reduce the Burden of Chronic Disease

Strategy or Program Name	Summary Description	Active FY21	Planned FY22
Congestive Heart Active Management Program (C.H.A.M.P.®)	A telephonic medical home staffed by nurses (bilingual, English & Spanish). Patients are enrolled for free in CHAMP® are provided consistent telephone follow-up, education and facilitation of communication with each patient's physician for the purpose of educating and empowering patients in order to decrease the number of readmissions to all hospitals and all emergency departments. Thus reducing the utilization of limited healthcare resources. In FY 2022 a new local Congestive Heart Failure Program will be created.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Impact: Empower those diagnosed with Heart Failure to manage their condition. In so doing our goal is that participants in C.H.A.M.P. will not be readmitted to any hospital/emergency department within 90 days of enrollment for Heart Failure exacerbation.

Collaboration: The Hospital is contracting with the Dignity Health Heart and Vascular Institute of Greater Sacramento and collaborating with the primary care physicians at St. John's Regional Medical Center and St. John's Hospital Camarillo.



Health Need: Reduce the Burden of Chronic Disease

Strategy or Program Name	Summary Description	Active FY21	Planned FY22
Pre-Diabetes and Diabetes Management Education	A program that provides outcomes based education and follow-up support to those who are pre-diabetic or diabetic and their families so they are empowered to manage their diabetes and avoid unnecessary hospitalization or use of the ER.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Living Well with Diabetes Support Group Program	Monthly Diabetes support groups were offered in English and Spanish that also included physician presentations/education. FY21 will be redesigned to include ZOOM format		
Healthy Cooking and Plant Based Diet Education	The hospital also offers regular healthy life-style, shopping, and eating classes that include cooking demonstrations		

Impact: Provide free classes in both English and Spanish to community members on a proven outcomes based curriculum that will result clients reporting increased knowledge of diabetes and how to manage diabetes.

Collaboration: The hospitals will utilize Zoom and if possible offer the classes off-site and community senior centers and assisted living facilities. St. John's physicians champion the healthy cooking classes



Health Need: Address Social Needs

Strategy or Program Name	Summary Description	Active FY21	Planned FY22
Health Ministries Basic Needs Programs with a Community Food Pantry	By assisting the poor and homeless with food, shelter, clothing and transportation (the corporal works of Mercy), and counseling (Spanish & English) we seek to alleviate the non-medical barriers to seeking health care. <ul style="list-style-type: none"> • Provide food through a community based food pantry • Provide financial counseling 	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

	<ul style="list-style-type: none"> • Provide basic grants for emergency housing, utilities, transportation, food, medications, etc. 		
Impact: By assisting the poor and homeless with basic needs will it will allow the poor to seek healthier life choices & health care.			
Collaboration: The hospital collaborates with: <ul style="list-style-type: none"> • USDA • FoodShare • The Archdiocese of Los Angles (through Our Lady of Guadalupe Parish) • Local restaurants, markets and supermarkets who donate food. • Raskob Foundation 			

Community Grants Program


One important way the hospital helps to address community health needs is by awarding financial grants to non-profit organizations working together to improve health status and quality of life. Grant funds are used to deliver services and strengthen service systems, to improve the health and well-being of vulnerable and underserved populations.

In FY21, the hospital awarded the grants below totaling \$230,000. Some projects also may be described elsewhere in this report.

Grant Recipient	Project Name	Amount
Kingdom Center	Gabriel's House Homeless Women's Shelter	\$20,000
Servants of Mary, Ministers to the Sick	Free Home Care & Hospice For Those In Need	\$20,000
Boys & Girls Club of Oxnard & Port Hueneme	Triple Play at Home	\$20,000
Livingston Visiting Nurse Assoc.	Subsidized Care for Low Income Patients	\$30,000
No Limits for Deaf Children	No Limits Technology and Innovation	\$75,000
Brain Injury Center of Ventura County	Improving Depression & Mental Well Being for Traumatic Brain Injury Survivors/Families	\$20,000
Interface Children & Family Services	911 Pandemic & Crisis Response	\$25,000
Camarillo YMCA	LIVESTRONG at the YMCA	\$20,000

Program Digests

The following pages include Program Digests describing key programs and initiatives that address one or more significant health needs. The digests include program descriptions and intervention actions, statements of which health needs are being addressed, any planned collaboration, and program goals and measurable objectives.

 St. John's Regional Cancer Center	
Significant Health Needs Addressed	<input checked="" type="checkbox"/> Improve Access to Health Services <input checked="" type="checkbox"/> Improve Health and Wellness for Older Adults <input checked="" type="checkbox"/> Reduce the Burden of Chronic Disease <input checked="" type="checkbox"/> Address Social Needs
Program Description	<p>St. John's Regional Cancer Center provides comprehensive free cancer services to all diagnosed with cancer. We serve Ventura County, and have centers in the Oxnard and Camarillo campus, plus the three Dignity Health infusion centers. We have dedicated medical staff leaders, nursing staff, allied health, and a robust cancer committee. With the support of our administration the Cancer Center is able to provide free services to our patients, and caregivers. We partner with local health systems, organizations, and community physicians to facilitate the delivery of services to all affected by cancer. The Cancer Center is part of different bilingual Cancer Prevention events, presentation and classes to educate the community on age appropriate cancer screenings</p>
Community Benefit Category	<p>A1-a Community Health Education-Lectures/Workshops Health Education A1-c Community Health Education – Individual Health Education A1-d Community Health Education-Support Services A1-e Community Health Education - Self-Help</p>
FY 2021 Report	
Program Goal / Anticipated Impact	<p>Increase cancer awareness efforts by providing bilingual education, counseling, supportive services, and community cancer prevention events. Our goal is to decrease the incidence of breast cancer in our community, and to increase access to mammogram screenings, and to facilitate early access to medical treatment upon initial diagnosis. At St. John's Hospitals, for the last 7 years, breast cancer remains the number one cancer type treated and reported.</p>
Measurable Objective(s) with Indicator(s)	<p>St. John's Cancer Center adheres to standards set forth Commission on Cancer, every year the program evaluates studies, data, and cancer registry. Based on the findings program goals, screening outreaches programs, and prevention studies are developed. Cancer Committee oversees all cancer program duties, and collaborates with different departments within the hospital and community. Evaluations are performed at community outreach events, speaker series talks, and other</p>

	cancer prevention education events to assess the attendee's knowledge of the information provided.
Intervention Actions for Achieving Goal	<ul style="list-style-type: none"> •Nurse Navigation •Nutrition Counseling •Virtual Community Education, Support Groups, art classes, relaxation therapies. Virtual Participation in Community Health Fair. •Healing Touch, Spiritual & Art Class, Yoga, Tai Chi, and other cancer classes for patients, families, and caregivers. •Bilingual psychosocial counseling and support groups
Collaboration	<p>St. John's Hospitals Community Education Dept. The American Cancer Society Plastic Surgery Foundation, Sientra Cancer Support Community Ventura Pierpont Women's Club The Soroptimists International of Oxnard The Pacific Corinthian Yacht Club Women St. John's Hospitals Medical Staff St. John's Hospitals Medical Staff St. John's Integrated Breast Center</p>
Performance / Impact	Over 97% of this past year, our virtual community event attendees commented on learning at least one cancer prevention strategy to help them decrease their cancer risk. Common topics included: nutrition, exercise, sleep hygiene, smoking cessation, stress reduction, and social connection. Attendees also expressed they will be getting/scheduling their cancer screenings, not limited to breast, colon, skin, lung, prostate, and cervical screenings.
Hospital's Contribution / Program Expense	The Cancer Center is a department of the hospital, nurse navigator, administrative assistant, cancer registrar and data support staff all are employees of St. John's Hospitals. Our oncology nutritionist, licensed marriage family therapist, yoga classes, tai chi class, meditation class, and wigs are grant based and are supported by the hospitals foundation. The Cancer Center resides in Suite 380 of the MOB; this space is rented by dignity health. The Cancer Center works hard to attain grants/donations to continue to support our free programs.
FY 2022 Plan	
Program Goal / Anticipated Impact	St. John's Cancer Center's goal is to decrease cancer incidence, facilitate access to care, provide better patient outcomes, early detection and treatment. Community outreach to be directed to the community at large ages 16 years of age and older. Over the last few years we have seen an increase incidence of breast, colon, and melanoma in younger patients. The cancer programs prevention and screening goals will continue to efforts to increase the number of mammograms, skin screenings, lung cancer screenings and colon screenings in our county.

Measurable Objective(s) with Indicator(s)	We will measure our impact through the cancer program metrics, patient/ attendee evaluations and hospital data collected by the national cancer registry and our collaboration with the American Cancer Society.
Intervention Actions for Achieving Goal	The cancer center will deliver bilingual community education outreach throughout the year, our goal is to continue to outreach to a younger population, to provide education on age appropriate screenings, early detection education and prevention based on family history. We will continue to collaborate with St. John's Community education department, local health agencies, and established community partners to increase cancer prevention education, facilitate screenings based on age/gender, market free health fairs to the community, and continue to educate on lifestyle modification to prevent cancer.
Planned Collaboration	St. John's Community Education St. John's Integrated Breast Center American Cancer Society, Cancer Support Community Plastic Surgery Foundation St. John's Medical Staff Local Health Systems YMCA The Soroptimists International of Oxnard Pacific Corinthian Yacht Club Women Pierpont Inn Women's Club



Reduce the Burden of Chronic Disease

Significant Health Needs Addressed	<input type="checkbox"/> Improve Access to Health Services <input type="checkbox"/> Improve Health and Wellness for Older Adults <input checked="" type="checkbox"/> Reduce the Burden of Chronic Disease <input type="checkbox"/> Address Social Needs
Program Description	To provide outcome based education to those who are pre-diabetic or diabetic, and their families, so they are empowered to prevent or manage their diabetes.
Community Benefit Category	A1-c Community Health Education- Individual Health Education A1-e Community Health Education- Self-Help
FY 2021 Report	
Program Goal / Anticipated Impact	Improved knowledge of participants who are diabetic or pre-diabetic, and their families, through classes and support group meetings.
Measurable Objective(s) with Indicator(s)	Participant demonstrated increased knowledge of diabetes and how to manage their diabetes.

Intervention Actions for Achieving Goal	Educated/Certified one new Chronic Disease Self-Management Educator- English Offered diabetes and health education classes online via ZOOM
Collaboration	Collaboration with physicians and community agencies to refer and educate people with pre-diabetes and diabetes.
Performance / Impact	Despite limited participation due to COVID-19 restrictions, attendees showed improvement in understanding how to prevent or manage diabetes.
Hospital's Contribution / Program Expense	The programs are offered through the St. John's Community Health Department and are included in the operating budget of the hospital.
FY 2022 Plan	
Program Goal / Anticipated Impact	Participants who attend classes or support groups will have improved knowledge of preventing or managing chronic disease.
Measurable Objective(s) with Indicator(s)	Offer online or in-person quarterly diabetes support group meetings in English and Spanish. Offer bilingual individual telephone diabetes self-management education. Offer monthly health education classes.
Intervention Actions for Achieving Goal	Collaborate with community agencies and hospital physicians to refer patients in need of health education.
Planned Collaboration	Local physicians, clinical dietitians, and community agencies for referrals.



Health Ministries Programs with Community Food Pantry

Significant Health Needs Addressed	<input type="checkbox"/> Improve Access to Health Services <input type="checkbox"/> Improve Health and Wellness for Older Adults <input type="checkbox"/> Reduce the Burden of Chronic Disease <input checked="" type="checkbox"/> Address Social Needs
Program Description	The program assists homeless and other members of our community who are struggling to meet basic needs, especially during the pandemic. The hospital continues to provide the staff to coordinate the services that are rendered at a parish from the Archdiocese of Los Angeles.
Community Benefit Category	E-3 – Cash and In Kind Contributions/Donations in Kind (Food and Basic Services for Individuals).
FY 2021 Report	
Program Goal / Anticipated Impact	St. John's Food Pantry continued to provide services to assist low income families meet their basic needs. It gave out a variety of food items and cooking essentials to prepare meals at home. The Food Pantry consistently increased the distribution of breakfast and other healthy items during this fiscal year.

Measurable Objective(s) with Indicator(s)	Number of people served at the Food Pantry. Sustain the amount (weight) distributed per food categories.
Intervention Actions for Achieving Goal	Distribution of groceries and/or ready to eat food items twice a week at the Food Pantry. Food distribution was re-designed to ensure social distancing and client/staff safety. In addition, clients received face masks as needed. Grant funding for food purchases was increased in order to meet extra demand of services since the pandemic started. Community Health staff was redeployed to cover the absence of volunteers due to COVID-19.
Collaboration	Services are provided through the donation in kind of Archdiocese of Los Angeles/Our Lady of Guadalupe Church, federal programs, like EFSP/CARES, USDA; nonprofit organizations like United Way, Food Share, Raskob Foundation for Catholic Activities, Knights of Columbus, Lions Club; local grocery stores, MUFG Union Bank and St. John's Volunteers.
Performance / Impact	11,593 families visited the Food Pantry, benefiting 36,861 people with food donations 4,800 face masks were distributed to families receiving our services 307,824 lbs. were distributed at the Food Pantry 166 people received rent assistance 13 people received utility assistance
Hospital's Contribution / Program Expense	The hospital provided the staff salaries and supplies to run the programs. Food was donated or purchased with grant funding. Financial Assistance was funded through outside grants and the support of St. John's Healthcare Foundation.
FY 2022 Plan	
Program Goal / Anticipated Impact	To continue to provide Basic Needs activities geared to reduce barriers and promote social justice to the low income population. St. John's Food Pantry will strive to purchase nutrient dense food and improve the quality of items distributed with the assistance of grant funding.
Measurable Objective(s) with Indicator(s)	Number of people served at the Food Pantry. Increase the amount of breakfast items and fresh/frozen fruits and vegetables.
Intervention Actions for Achieving Goal	Purchase of food items based on the donations received in order to incorporate nutrients missing for balanced meals. Distribution of groceries and/or ready to eat items twice a week at the Food Pantry. Referrals to community agencies as needed. Financial assistance – rent and utilities – if grant funding is received.
Planned Collaboration	The Health Ministries Program relies on funding from St. John's Healthcare Foundation and Grant awards (such as EFSP) and St. John's Volunteers. The Food Pantry relies on donations from USDA, Food

	Share, Grant awards (such as Raskob Foundation for Catholic Activities, MUFG Union Bank, Albertson's and Conrad Hilton Foundation), Knights of Columbus, local grocery stores, growers and other members in the community.
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Congestive Heart Active Management program (C.H.A.M.P.®)--transition

Significant Health Needs Addressed	<input type="checkbox"/> Improve Access to Health Services <input type="checkbox"/> Improve Health and Wellness for Older Adults <input checked="" type="checkbox"/> Reduce the Burden of Chronic Disease <input type="checkbox"/> Address Social Needs
Program Description	A telephonic medical home staffed by nurses (bilingual). Patients enrolled in CHAMP® are provided consistent telephone follow-up, education and facilitating communication with each patient's physician for the purpose of empowering patients and decreasing the number of readmissions to all hospitals and all emergency departments.
Community Benefit Category	A1-c Community Health Education – Individual Health Education A1-d Community Health Education - Support Services
FY 2021 Report	
Program Goal / Anticipated Impact	Enrolled participants and their families will be educated and empowered by telephonic connection and support to manage their disease process so as to reduce the burden on limited healthcare resources. Additionally, the program will assist enrollees in communicating with the physician and other care resources.
Measurable Objective(s) with Indicator(s)	100% of participants in the Heart Failure Program will not be readmitted to any hospital/Emergency Department within 90 days of enrollment for Heart Failure exacerbation as measured quarterly. The hospital will increase the number of patients enrolled in the CHAMP® program.
Intervention Actions for Achieving Goal	<p>Provide on-going education for staff and healthcare providers about the value of the CHAMP® Program, especially Utilization Management & Nursing.</p> <p>Work with the Dignity Health Heart & Vascular Institute to provided consistent telephone follow-up and education to all patients enrolled in CHAMP®.</p> <p>Attend meetings of the Cardiovascular Committee to identify strategies to increase program enrollment.</p> <p>Attend rounds to identify possible candidates.</p>
Collaboration	CHAMP® is a ministry of the Mercy Health & Vascular Institute.
Performance / Impact	270 people were enrolled, readmission after discharge were as follows: 30-Day: 0% 60-Day: 0%

	90-Day: 0%
Hospital's Contribution / Program Expense	All program expenses are paid for by the hospital (free to participants).
FY 2022 Plan	
Program Goal / Anticipated Impact	CHAMP® of Mercy Health and Vascular Institute is reducing services outside the service area, which includes this program offered at St. John's. As a result St. John's will be developing its own local Congestive Heart Failure Program during FY22 with the assistance of Mercy Health and Vascular Institute. As this local program is created, enrolled participants and their families will be educated and empowered by telephonic connection and support to manage their disease process so as to reduce the burden on limited healthcare resources. Additionally, the program will assist enrollees in communicating with the physician and other care resources.
Measurable Objective(s) with Indicator(s)	The goal is to lower HF patient readmission below the national HF readmission rate of 21.4% (30 day)
Intervention Actions for Achieving Goal	Stand up a local CHFP. Provide education for staff and healthcare providers about the local CHFP especially Utilization Management & Nursing. Attend meetings of the Cardiovascular Committee to identify strategies to increase program enrollment. Attend readmission Committee meeting to identify candidates who may benefit from local CHFP. Attend hospital unit rounds to identify possible candidates.
Planned Collaboration	Continue St. John's contract for the CHAMP® service with the Mercy Health & Vascular Institute until a local program can be created and market the program to local physicians



Health and Wellness Programs & Senior Wellness

Significant Health Needs Addressed	<input type="checkbox"/> Improve Access to Health Services <input checked="" type="checkbox"/> Improve Health and Wellness for Older Adults <input checked="" type="checkbox"/> Reduce the Burden of Chronic Disease <input type="checkbox"/> Address Social Needs
Program Description	To provide health and wellness screenings of blood pressure & A1C and education programs for the community to help participants improve their health and manage chronic health conditions.
Community Benefit Category	A1-c Community Health Education – Individual Health and Group Education A1-e Community Health Education - Self-help

FY 2021 Report

	<p>The physical activity element of this program was curtailed due to COVID-19 in-person gathering restrictions.</p> <p>Staff pivoted to Zoom 1:1 counseling by a bi-lingual Registered Dietician and Zoom classes, support and cooking demonstrations.</p> <p>Late in FY 21 local community senior centers began to open with limited attendance and Community Health Dept. staff began blood pressure and A1C screenings.</p>
FY 2022 Plan	
Program Goal / Anticipated Impact	Improve health of participants by helping them improve their knowledge about health topics and manage chronic health conditions.
Measurable Objective(s) with Indicator(s)	<p>Offer 2 online health and wellness programs per quarter</p> <p>Offer free telephone bilingual nutrition counseling to twelve participants</p>
Intervention Actions for Achieving Goal	<p>Health and wellness online classes</p> <p>Individual telephone nutrition counseling</p> <p>Publicize other online health and fitness programs from Dignity Health</p>
Planned Collaboration	Collaboration with other hospitals in Dignity Health and local recreation and park districts to publicize online health education fitness programs

Other Programs and Non-Quantifiable Benefits

The hospital delivers community programs, services and non-quantifiable benefits in addition to those described elsewhere in this report. Like those programs and initiatives, the ones below are a reflection of the hospital's mission and its commitment to improving community health and well-being.

- COVID-19 offered the opportunity for St. John's to reach out into the community to vaccinate volunteers, local clergy, members of local religious orders and others.
- Human Trafficking has occurred in Ventura County and while not identified as a health need, the conditions under which people are forced to exist when they are trafficked does not bode well for their health. Dignity Health has dedicated resources, as a System and locally, to address this human tragedy. Protocols to identify, protect and treat trafficking victims have been developed and leaders & staff have been trained. Potential cases are recorded and reviewed.
- St. John's funded the following during FY21:
 - Homeless Medical Respite—Corporation for Supportive Housing and Salvation Army, in collaboration with the Hospital Association of Southern California, a 12 bed homeless medical respite center in Ventura.
 - Concussion Education for Students—Youth Brain Injury Prevention with the Oxnard Unified School District. Started at Camarillo High School, the Oxnard Union School District now supports/funds this adolescent brain injury prevention program in the high schools within the district (Camarillo & Oxnard high schools). Other school district in Ventura County have also enquired about adopting this program under St. John's leadership. St. John's continues to pay for the supervisor of these school trainers.
- The St. John's New Nurse Residency Program provides education and mentoring to new nurse graduates in the county. This improves nursing education through hands on work, lectures and mentoring by seasoned nurses.
- St. John's has agreements with local colleges and universities to have nursing students (RN and LVN) and graduate students on site, supervised, to extend their learning in a clinical setting.
- Health equity is a significant concern for St. John's. In addition to planning and delivering most of our community health program activities for those who are most vulnerable and facing health, social and economic inequities, we are looking at several initiatives to specifically address the factors that impact health equity. One example is our application to the Health Equality Index (HEI) of the Human Rights Campaign. St. John's has applied to be included in the HEI, in order to be more visible in how we can provide care for the LGTBQ+ community of Ventura County.
- Medical research offers the possibility of new technologies, procedures and medications to improve the practice of medicine and advancing medical knowledge. The current programs are:
 - Presto: Multi-ethnic study of why people suddenly die from a cardiac event in Ventura County.
 - Graftmaster: Coronary graft stent system under a humanitarian device exemption.
 - Stryker Neuroform: Neuroform micro delivery stent system.
 - Stryker Wingspan: Wingspan stent system with gateway PTA balloon catheter.

Economic Value of Community Benefit

Complete Summary - Classified Including Non Community Benefit (Medicare)
For period from 7/1/2020 through 6/30/2021

	Persons Served	Expense	Revenue	Net Benefit	% of Expense
<u>Benefits for Poor</u>					
Financial Assistance	5,158	\$13,597,190	0	\$13,597,190	2.6%
Medicaid	31,206	\$155,838,244	\$131,744,857	\$24,093,387	4.6%
Community Services					
A - Community Health Improvement Services	3,215	\$281,826	0	\$281,826	0.1%
E - Cash and In-Kind Contributions	37,051	\$614,521	\$115,535	\$498,986	0.1%
G - Community Benefit Operations	0	\$482,576	0	\$482,576	0.1%
Totals for Community Services	40,266	\$1,378,923	\$115,535	\$1,263,388	0.2%
Totals for Poor	76,630	\$170,814,357	\$131,860,392	\$38,953,965	7.4%
<u>Benefits for Broader Community</u>					
Community Services					
A - Community Health Improvement Services	3,924	\$342,497	\$20,406	\$322,091	0.1%
E - Cash and In-Kind Contributions	83	\$3,647	\$3,107	\$540	0.0%
G - Community Benefit Operations	0	\$36,399	0	\$36,399	0.0%
Totals for Community Services	4,007	\$382,543	\$23,513	\$359,030	0.1%
Totals for Broader Community	4,007	\$382,543	\$23,513	\$359,030	0.1%
Totals - Community Benefit	80,637	\$171,196,900	\$131,883,905	\$39,312,995	7.4%
Medicare	38,311	\$246,938,110	\$184,797,094	\$62,141,016	11.7%
Totals with Medicare	118,948	\$418,135,010	\$316,680,999	\$101,454,011	19.2%

The economic value of all community benefit is reported at cost. Patient financial assistance (charity care) reported here is as reported to the Office of Statewide Health Planning and Development in Hospital Annual Financial Disclosure Reports, as required by Assembly Bill 204. The community benefit of Medicaid and other means-tested programs is calculated using a cost-to-charge ratio to determine costs, minus revenue received for providing that care. Other net community benefit expenses are calculated using a cost accounting methodology. Restricted offsetting revenue for a given activity, where applicable, is subtracted from total expenses to determine net benefit in dollars.

Hospital Board and Committee Rosters

Name/Affiliation	Committee(s)
Gloria Marie Avila, RSM Sister of Mercy	<i>Healthy Communities Committee</i>
Brad “Brick” Connors Port Hueneme City Manager	<i>Healthy Communities Committee</i>
Dr. Chirag Dalsania Hematologist	<i>Strategic Planning Committee</i>
Kristin Decas Port of Port Hueneme	<i>Healthy Communities Committee</i>
Dr. Neal Dixon Surgeon	<i>Strategic Planning Committee</i>
Gloria Forgea Livingston Visiting Nurse Association	<i>Quality Improvement Committee</i>
Greg Glover California Bank & Trust	<i>Quality Improvement Committee</i>
Ted Grether Grether Farms	<i>Strategic Planning Committee</i>
Steve Huber S.H. Huber & Associates	<i>Board Executive Committee</i> <i>Board Development Committee</i> <i>Healthy Communities Committee</i>
Tom Laubacher Hub International	<i>Board Executive Committee</i> <i>Board Development Committee</i>
Darren Lee Hospital President & CEO	
Dr. Megan Mescher-Cox Internal Medicine & Wellness	<i>Healthy Communities Committee</i>
Joe Neff	
Sonia Robles Quest Staffing	<i>Healthy Communities Committee</i>
Billie Jo Rodriguez, Board Chairperson Soares, Sandall, Bernacchi & Petrovich, CPAs	<i>Board Executive Committee</i> <i>Quality Improvement Committee</i>
Dr. David Schmidt Chief of Medical Staff	
Tony Trembley Esq. Attorney	<i>Board Development Committee</i>
Grace Tuazon Oxnard Union High School District	<i>Healthy Communities Committee</i>
Katherine Edsall Wells, Esq. Foundation Board Chair	<i>Foundation Board</i>
Dr. George Yu Pulmonologist	<i>Quality Improvement Committee</i>
Omar Zapata Boys & Girls Club of Oxnard/Port Hueneme	<i>Healthy Communities Committee</i>
Jerry Zins, Vice Chair LPL Investments	<i>Board Development Committee</i>