**Is this Research?**

Research is defined as a systematic investigation involving human subjects, including research development, testing, and evaluation, designed to develop or contribute to generalizable knowledge. “Human Subjects” are living individuals about whom investigators (whether professional or student) conducting research are:

* Obtaining information or bio specimens through intervention or interaction with the individual, and uses, studies, or analyzes the information or bio specimens;
* Obtaining, using, studying, analyzing, or generating identifiable private information or identifiable bio specimens.

Click [here](https://www.hhs.gov/ohrp/regulations-and-policy/decision-charts/index.html) to use the OHRP Human Subjects Decision tree as a helpful tool. Still not sure if what you are doing is considered Human Subjects Research? Contact us at [research@DignityHealth.org](mailto:research@DignityHealth.org) and we can help!