

Celebrating Healthy Hearts

Join us for our 28th Annual
“Kings & Queens of Hearts” Celebration.

FOR 28 YEARS, Dignity Health – Glendale Memorial Hospital has collaborated closely with our patients and their family members to focus on their heart health – offering support during challenges and honoring each success. We invite you to applaud our “Kings and Queens” while enjoying multiple health screenings, lectures from our doctors, education and information on preventive care and health management, and a delicious lunch.

No reservations necessary; Parking will be validated. For questions, call (818) 502-2378.

Lectures and presentations will be in the Glendale Memorial Hospital Cardiac Fitness Center, 2nd Floor. Guests must be present to win the raffle drawings.



Thurs., February 19, 2026

9:00 – 11:30 a.m.
Health Screenings & Education Booths

10:00 – 11:15 a.m.
Guest Lectures in CFC gym

10:00 – 10:30 a.m.
Dr. Elie Dancour will be presenting Stroke Prevention and Treatment

10:45 – 11:15 a.m.
Dr. Fred Lim will be presenting Peripheral Vascular Disease: Detection and Treatment

11:30 a.m. – 12:00 p.m.
Dr. Bargout presents
“State of the Heart 2026”

12:00 – 12:30 p.m.
Presentation and Crowning of
2026 Kings and Queens

Raffle to immediately follow Crowning Ceremony in CFC Gym. Must be present to win.