

MAY 2025

Visit us online at dignityhealth.org/glendalememorial for a list of services, health information, classes and more!



Monday	Tuesday	Wednesday	Thursday	Friday	
			1	2	
Sinco Mayor	6	7	8	9 Maternity Tour Recorrido de Maternidad 1:00 PM - 2:00 PM **In Person** **En Persona** Meet in the Hospital Main Lobby	
HAPPY & Mothers Y	13	14	Recorrido de Maternidad 1:00 PM – 2:00 PM	16	
19	20	21	Virtual Maternity Tour English 1:00 PM – 2:00 PM	23	
26 MENONAL PAY	27	28	29	Maternity Tour Recorrido de Maternidad 1:00 PM - 2:00 PM **In Person** **En Persona** Meet in the Hospital Main Lobby	

^{*}Please note classes and events are subject to cancel or reschedule

All Classes are FREE of Charge

Todas las clases son GRATIS

In person Tour: One extra person is invited to attend. NO strollers, No children are allowed.

En persona Recorrido:

Invitan a una persona más para atender. NO carriolas NO niños

Zoom Patient Instructions

Android

Patient will need to download the Zoom Application

Before Video Visit

- 1) Go to the Google Play Store
- 2) Search **Zoom**
- 3) Select Install



IPhone:

Patient will need to download the Zoom Application

Before Video Visit:

- 1) Go to the Apple Store
- 2) Search Zoom
- 3) Select Install



Directions

From Downtown Los Angeles

- Take the 110 North
- Merge onto the I-5 North
- Exit Los Feliz Blvd.
- Turn right on Central Ave.
- Turn left on Laurel Street
- Turn right into the parking structure

From Pasadena:

- Take 210 West toward Glendale
- Merge onto 134 West
- Exit Brand/Central and turn left on Central Ave.
- Go south two miles to Laurel Street
- Turn left on Laurel Street
- Turn right into the parking structure

From the San Fernando Valley

- Take the 101 East toward Glendale
- Merge onto the 134 East
- Exit Brand/Central and turn right on Central Ave.
- Go south two miles to Laurel Street
- Turn left on Laurel Street
- Turn right into the parking structure entrance

From the Santa Clarita Valley:

- Take the I-5 South toward Glendale
- Exit Los Feliz Blvd.
- Turn right on Central Ave.
- Turn left on Laurel Street
- Turn right into the parking structure entrance

Important Phone Numbers

Main Hospital 818.502.1900 Labor & Delivery 818.502.1900 ext. 2345 Admitting 818.502.2212



For more information or to register for a Maternity Tour, please call 855-274-4464

1420 S. Central Avenue, Glendale, 91204 Enter on Laurel Street to access Hospital Visitor's parking structure

1 – Hospital	Main	Entrance
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- 2 Emergency Department / Chest Pain Center
- 3 Marcia Ray Breast link Women's Imaging Center
- 4 Colorectal Care Center
- 5 Women's Center



NOTES			
		 	