

When it comes to stroke, B.E. F.A.S.T.



BALANCE
issues



EYESIGHT
blurred



FACE
drooping



ARM
weakness



SPEECH
difficulties



TIME
to call 911



Other stroke symptoms:

Numbness or weakness of leg, arm, or face, particularly on one side

Confusion, including trouble speaking or understanding

Trouble seeing in one or both eyes

Difficulty walking, including dizziness or a loss of balance or coordination

Severe headache with no apparent cause

Don't wait to know where you'll go.

Our nationally-recognized stroke centers are here to help.

When every moment counts, you can count on the care you'll receive at Dignity Health. Our three Bakersfield hospitals—Memorial Hospital, Mercy Hospital Downtown, and Mercy Hospital Southwest—are designated by The Joint Commission as Primary Stroke Centers, recognized for standards that support positive long-term outcomes for stroke patients. Additionally, Memorial Hospital is recognized as a Thrombectomy-Capable Stroke Center, offering 24/7 in-house neurointensivists and Kern County's only dedicated neurological critical care unit. The hospital also offers:

- Certified stroke nurses
- Stroke care coordinators
- Physical, occupational, and speech therapists
- Interventional radiologists
- Neurosurgeons, neurologists, and neurointensivists
- Telestroke services

All of our stroke programs adhere to clinical practice guidelines for stroke and use evidence-based practices when delivering after-stroke care. Find your nearest Dignity Health Bakersfield location today at DignityHealth.org/Bakersfield/Stroke.