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### PHYSICIANS

Dignity Health – East Valley is accredited by the Arizona Medical Association to provide continuing medical education for physicians. Dignity Health – East Valley designates this live activity for a maximum of 8.0 *AMA PRA Category 1 credit(s)*<sup>™</sup>.

### PHYSICIAN ASSISTANTS

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credits*<sup>™</sup> from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 8.0 *AMA PRA Category 1 Credits*<sup>™</sup> for completing this activity.

### NURSE PRACTITIONERS

The American Academy of Nurse Practitioners Certification Board (AANPCB) recognizes the Accreditation Council for Continuing Medical Education (ACCME) and the American Nurses Credentialing Center (ANCC) as approved accreditors and allow reciprocity for AANPCB continuing education credit.

### ABIM MOC ACCREDITED

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 8.0 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount MCE credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



### 1ST ANNUAL

## Women's Heart and Vascular Symposium

**Friday, November 15, 2019**

7:00 a.m. - 5:00 p.m.

Omni Scottsdale Resort  
& Spa at Montelucia

**Course Director**

Rachel M. Bond, MD, FACC

### PRESENTED BY



Arizona  
CHAPTER



## Overview

Cardiovascular disease (CVD) is the number one cause of death in women in the United States and the developed world. New research has identified novel risk factors specific to women such as pregnancy related heart conditions, or conditions more prominent in women such as rheumatologic disorders or mental health. While public health initiatives have increased awareness in these areas, there is still confusion among health care providers about risk assessment and best practice with regards to management of women with heart disease. A review of the most current evidence-based guidelines for the prevention of heart disease in women with a focus on the management of diseases as catered to the unique pathophysiology of women, will provide medical practitioners with a clear understanding of the best practice to ensure women are not just treated as “little men”.



### Omni Scottsdale Resort & Spa at Montelucia

4949 East Lincoln Dr.  
Scottsdale, AZ 85253  
Phone: 480.627.3200

## Learning Objectives

- Assess how to risk stratify women, using existing calculators and the additional use of novel risk factors such as pregnancy-related conditions
- Identify patients to refer for cardiology specialists or maternal fetal medicine/high risk obstetrics
- Analyze the practice guidelines for treatment of women with heart disease
- Recognize MINOCA/INOCA and understand the significance to women
- Develop an approach to appropriate risk stratification and selection of diagnostic testing for symptomatic women with suspected ischemic heart disease
- Recognize the relationship between breast cancer and heart disease
- Identify sex-differences in outcomes of valvular disease and coronary artery revascularization
- Recognize heart failure subtypes that predominately affect women – recognize advanced heart failure management specific to women
- Determine gender disparities in the use of mechanical support devices for the management of heart conditions specific to women

## Target Audience

MDs, PAs, NPs, RNs in the areas of Cardiology, Endocrinology, Ob/GYN, Internal and Family Medicine, fellows, residents, and medical students.

Registration is available by calling **1.877.728.5414** or online at [dignityhealth.org/AZCE](https://dignityhealth.org/AZCE). Type in keyword “women’s health”.

\$150	MD, DO
\$75	NP, PA, RN
\$25	Resident, Fellow
\$0	Medical Student



## Course Director

**Rachel M. Bond, MD, FACC**

Medical Director, Women's Heart Health,  
Dignity Health, East Valley  
Sun State Cardiology  
Assistant Professor Internal Medicine,  
Creighton University School of Medicine  
Chandler, Arizona



## Key Note Speaker

**Cindy L. Grines, MD, FACC, FSCAI**

Chief Scientific Officer  
Northside Health Cardiovascular Institute  
Atlanta, Georgia

## Program Faculty

**Estela Apolinar, MD**

General Cardiology  
Sun State Cardiology  
Chandler, Arizona

**Roger Bies, MD, FACC**

Chief Medical Officer  
Dignity Health, East Valley  
Chandler, Arizona

**Kevin M. Brady, MD**

Chief Cardiac Surgery  
Director, Mechanical  
Circulatory Support  
Dignity Health, St. Joseph's Hospital  
and Medical Center  
Southwest Heart & Lung  
Phoenix, Arizona

**Claudia Chambers, MD, FACOG**

Academic Chair,  
Obstetrics and Gynecology  
Dignity Health, St. Joseph's Hospital  
and Medical Center  
Assistant Professor, Obstetrics &  
Gynecology,  
UA College of Medicine  
Phoenix, Arizona

**Nabil Dib, MD, FACC**

Director, Cardiovascular Research  
Dignity Health, Chandler Regional  
Medical Center & Mercy Gilbert  
Medical Center  
Chandler, Arizona

**Sarika Desai, DO, FACC**

General Cardiology  
CEO, Arizona Heart 360  
Clinical Professor, University of Arizona  
College of Medicine  
Phoenix, Arizona

**Wayne J. Franklin, MD, FACC**

Co-Director of the Heart Center  
Phoenix Children's Hospital  
Professor, University of Arizona  
College of Medicine  
Phoenix, Arizona

**Mohammad R. Hojjati, MD,  
PHD, FSCMR**

Advanced Cardiovascular  
Imaging Specialist  
Heart Care Center of the Valley  
Gilbert, Arizona

**Gautam Kedia, MD, FACC**

Medical Director,  
Echocardiography Department  
Dignity Health,  
Chandler Regional Medical Center  
Lifetime Heart & Vascular  
Chandler, Arizona

**Hursh Naik, MD, FACC, FSCAI**

Director of Structural Heart Disease  
and Cardiac Catheterization Laboratory  
Dignity Health, St. Joseph's Hospital  
and Medical Center  
IMS Cardiology  
Phoenix, Arizona

**Georges Nseir, MD, FACC, ABVM**

Interventional Cardiology  
Premier Cardiovascular Center  
Chandler, Arizona

**Robert Roberts, MD, FRCPC,  
MACC, FAHA**

Director of Cardiovascular  
Genomics & Genetics  
Dignity Health, St. Joseph's Hospital  
and Medical Center  
Professor, University of Arizona  
College of Medicine  
Phoenix, Arizona

**Himal Shah, MD**

Electrophysiologist  
Heart & Rhythm Solutions  
Chandler, Arizona

**Dan Inder S. Sraow, MD,  
FACC, FSCAI, RPVI**

Medical Director, Structural Heart  
Dignity Health,  
Chandler Regional Medical Center  
Sun State Cardiology  
Assistant Professor Internal Medicine,  
Creighton University School of Medicine  
Chandler, Arizona

**Kris Vijay, MD, FACC, FACP, FNLA,  
FHFSA**

Medical Director, Institute of  
Congestive Heart Failure  
Abrazo Arizona Heart Institute  
Clinical Professor of Medicine,  
University of Arizona  
School of Medicine  
Phoenix, Arizona



## Agenda

7:00 a.m.	<b>Registration, Breakfast &amp; Vendor Exhibit</b>
8:00 a.m.	<b>Welcome</b> Rachel M. Bond, MD, FACC
8:05 a.m.	<b>Session Introduction:</b> <b>Cardiovascular Disease in Women: What Does it Look Like &amp; How is it Different?</b>
8:10 a.m.	<b>Key Note Lecture: Ischemic Heart Disease in Women with Updates on Myocardial Infarction and Ischemia with Non-obstructive Coronary Disease (MINOCA/INOCA)</b> Cindy L. Grines, MD, FACC, FSCAI
8:35 a.m.	<b>The Role of Non-invasive Imaging in Women: Best Practice to Diagnose Ischemic Heart Disease</b> Mohammad R. Hojjati, MD, PhD
9:00 a.m.	<b>Peripheral Arterial Disease Management in Women</b> Georges Y. Nseir, MD, FACC, ABVM
9:25 a.m.	<b>Panel Discussion</b> Moderator: Dan Inder S. Sraow, MD & Rachel M. Bond, MD Panelists: Roger Bies, MD; Cindy L. Grines, MD; Mohammad Hojjati, MD; Georges Y. Nseir, MD
9:45 a.m.	<b>Break &amp; Vendor Exhibits</b>
9:55 a.m.	<b>Session Introduction:</b> <b>Population of Women at Risk and How Best to Treat by Breaking Down Silos</b>
10:00 a.m.	<b>Women &amp; Heart Disease: The State of a Woman's Heart in 2019</b> Rachel M. Bond, MD, FACC
10:25 a.m.	<b>What's Driving Maternal Mortality in the U.S.? ACOG Guidance to Improve It</b> Claudia Chambers, MD, FACOG
10:50 a.m.	<b>Management of Pregnancy in Women with Congenital Heart Disease</b> Wayne J. Franklin, MD, FACC
11:15 a.m.	<b>The Cancer Connection: Cardiovascular Disease &amp; Breast Cancer</b> Gautum Kedia, MD, FACC
11:40 a.m.	<b>Women's Heart Health: The Importance of a Cross Disciplinary Approach</b> Rachel M. Bond, MD, FACC
12:05 p.m.	<b>Panel Discussion</b> Moderator: Rachel M. Bond, MD Panelists: Claudia Chambers, MD; Wayne J. Franklin, MD; Gautum Kedia, MD
12:30 p.m.	<b>Lunch &amp; Lecture</b> <b>Attracting and Retaining Women in Cardiology: Will This Make a Difference in the Care of Our Female Patients?</b> Moderator: Rachel M. Bond, MD Panelists: Estela Apolinar, MD; Himal Shah, MD; Sarika Desai, DO

1:30 p.m.	<b>Session Introduction:</b> <b>Gender &amp; Cardiovascular Devices: Are Women Being Left Out?</b>
1:40 p.m.	<b>Gender Based Disparities in Transcatheter Aortic Valve Replacement Utilization</b> Dan Inder S. Sraow, MD, FACC, FSCAI, RPVI
2:05 p.m.	<b>Percutaneous Mechanical Circulatory Support in Women</b> Hursh Naik, MD, FACC, FSCAI
2:30 p.m.	<b>End-Stage Heart Failure Management in Women: Advanced Heart Failure Strategies</b> Kevin M. Brady, MD
2:55 p.m.	<b>Gender Differences in the Utilization &amp; Response to Implantable Device Therapy (Implantable Cardioverter-Defibrillators/Cardiac Resynchronization Therapy)</b> Himal Shah, MD
3:20 p.m.	<b>Panel Discussion</b> Moderator: Dan Inder S. Sraow, MD Panelists: Kevin M. Brady, MD; Hursh Naik, MD; Georges Nseir, MD; Himal Shah, MD
3:40 p.m.	<b>Break &amp; Vendor Exhibits</b>
3:45 p.m.	<b>Session Introduction:</b> <b>The Impact of Screening &amp; Prevention on Cardiovascular Disease in Women</b>
3:50 p.m.	<b>Dissecting the ACC/AHA Lipid Guidelines: Where Do We Stand in 2019?</b> Kris Vijay, MD, FACC, FACP, FNLA, FHFSa
4:15 p.m.	<b>The Practical Approach to Primary Prevention Summing Up the ACC/AHA Primary Prevention Guidelines: How Conducive are they to Women?</b> Sarika Desai, DO, FACC
4:40 p.m.	<b>The Value of Genetics in Cardiovascular Risk Assessment: A Sex-Specific Approach</b> Robert Roberts, MD, FRCPC, MACC, FAHA
5:05 p.m.	<b>Panel Discussion</b> Moderator: Nabil Dib, MD Panelists: Kris Vijay, MD; Sarika Desai, DO; Robert Roberts, MD; Mohammad Hojjati, MD
5:25 p.m.	<b>Closing Remarks</b>
5:30 p.m.	<b>Cocktail Reception, Exhibits &amp; Networking</b>

**Please Engage, Educate & Share with us via #WHVSymposium19**