



Mercy Gilbert Medical Center Community Health Implementation Strategy 2019-2021

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EXECUTIVE SUMMARY

Dignity Health defines the community served by a hospital as those individuals residing within its primary and secondary service areas. For this report the focus will be on the primary service area of Mercy Gilbert Medical Center (MGMC). The primary service area includes all residents in a defined geographic area surrounding the hospital and does not exclude low-income or underserved populations. The primary service area for MGMC includes the zip codes making up the top 75% of the total patient cases.

The Town of Gilbert is primarily served by MGMC for acute care and trauma services. The Town of Gilbert is one of the fastest growing communities in Maricopa County and one of the largest primary service areas being served by MGMC for acute care and emergency services. Surrounding communities include Apache Junction, Chandler, Mesa, Queen Creek, and Tempe. In addition to residential growth, Gilbert is also growing more industries that include retail, manufacturing, construction, healthcare, and education.

However, despite strong economic growth there continue to be many factors and social determinants of health in the Town of Gilbert that need to be addressed in order to improve the health and wellbeing for the broader community, and the underserved. According to the Community Needs Index (CNI), a proprietary tool developed by Dignity Health, the primary service area includes both moderate and high-risk areas with significant socio-economic barriers. Zip code areas with the highest risks include 85143, 85204, 85224, 85225, and 85233.

The significant community health needs that form the basis of this document were identified in the hospital's most recent Community Health Needs Assessment (CHNA), which is publicly available at: https://www.dignityhealth.org/arizona/locations/mercygilbert/about-us/community-benefit-outreach/benefits-reports Additional detail about identified needs, data collected, community input obtained, and prioritization methods used can be found in the CHNA report.

The significant community health needs identified are:

A. Access to Care

Community members and key informants overwhelmingly felt that access to care is an important issue for the community. When MGMC community survey respondents were asked, what was the most important "Health Problem" impacting their community, access to care was one of the top concerns. Within MGMC's primary service area, 29.2% of the population are unemployed and uninsured with 17.6% employed making under \$25,000). Additionally, there are disparities experienced across members of certain racial/ethnic backgrounds, with Hispanics and American Indians being least likely to have insurance.

B. Mental Health and Behavioral Health

Mental health was ranked as the most important health problem impacting the community by key informants. This was echoed by participants in the focus groups who believe mental health is one of top health issues impacting community residents.

Substance abuse was one of the top concerns for both focus group participants and key informants. Key informants listed alcohol and drug abuse as two of the riskiest health behaviors community members are engaging in. In 2017, the United States Health and Human Services Department declared a public health

emergency and announced a plan to combat the opioid crisis. In 2016, 790 Arizonians died from opioid overdoses and trends show an increase of a startling 74% over the past four years. Suicide was the eighth leading cause of death for Maricopa County residents and MGMC's primary service area in 2016.

Suicide rates across Maricopa County have slightly increased from 2012-2016, with male rates 3 times higher than female suicide rates. In Maricopa County, rates of suicide are highest among age groups 45-54 and 75+, which could indicate a potential health disparity in identification, referral or treatment of suicidal ideation.

C. Diabetes

Overall the number of deaths related to diabetes is decreasing in Maricopa County compared to 2015. Although rates are decreasing county wide, it is the seventh leading cause of death in Maricopa County and in the MGMC's primary service area, indicating a sustained health need.

D. Breast Cancer

Breast Cancer is the second leading cause of cancer among U.S. women. About 1 in 8 women in the U.S. will develop invasive breast cancer during their lifetime. While advancements continue to be made in the fight against breast cancer, incidence rates in Maricopa County continue to be highest among white non-Hispanic and blacks in Maricopa County. In MGMC primary service area breast cancer mortality rates are higher than Maricopa County among women 35-44 years of age.

E. Injury Prevention

Injuries are not accidents, they are predictable and preventable. Unintentional injuries, including traffic-related, injuries, falls, burns, poisonings, and drowning were responsible for lost lives in the MGMC primary service area. Unintentional injury is the fifth leading cause of death in Maricopa County and sixth leading cause of death for MGMC's primary service area.

Highest rates for death are within the American Indian populations, including high rates seen in the MGMC primary service area. Males are more likely to suffer from an unintentional injury with the exception of falls which are more prevalent among females.

F. Social Determinants of Health

Social determinants of health are conditions in the environments in which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks. Dignity Health MGMC is dedicated to making a positive impact on the social determinants of health, particularly on the health of those economically-disadvantaged communities. Resources that enhance quality of life can have a significant influence on population health outcomes. MGMC will focus on addressing homelessness, food insecurity, and transportation.

Over the next three years, Mercy Gilbert Medical Center plans to support current, expanded and new programs through hospital resources, grants, foundation funding, and partnerships. Current programs include:

- ACTIVATE; transitional care program
- Building Blocks for Children; Hearing and Visions Screening Program
- Center for Diabetes Management
- Center for Faith Health Ministries
- Chronic Disease Self-Management

- Community of Care Grants and Investment Programs; addressing identified needs
- Prenatal Classes and Support Groups
- Injury Prevention
- Community Education
- Dignity Health Children's Dental Clinic
- Early Childhood Oral Health Program
- Immunization Program
- Children's Medical Clinic at Chandler Care Center

This report is available upon request, distributed to key community partners, board members and constituents, and is on the Mercy Gilbert Medical Center and Dignity Health websites at https://www.dignityhealth.org/arizona/locations/mercygilbert/about-us/community-benefit-outreach/benefits-reports

Written comments on this report can be submitted to the Mercy Gilbert Medical Center's Community Integration Department or by e-mail to Mercy-CHNA@DignityHealth.org

MISSION, VISION AND VALUES

Our Mission

We are committed to furthering the healing ministry of Jesus. We dedicate our resources to:

- Delivering compassionate, high-quality, affordable health services;
- Serving and advocating for our sisters and brothers who are poor and disenfranchised; and
- Partnering with others in the community to improve the quality of life.

Our Vision

A vibrant, national health care system known for service, chosen for clinical excellence, standing in partnership with patients, employees, and physicians to improve the health of all communities served.

Our Values

Dignity Health is committed to providing high-quality, affordable healthcare to the communities we serve. Above all else we value:

Dignity - Respecting the inherent value and worth of each person.

Collaboration - Working together with people who support common values and vision to achieve shared goals.

Justice - Advocating for social change and acting in ways that promote respect for all persons.

Stewardship - Cultivating the resources entrusted to us to promote healing and wholeness.

Excellence - Exceeding expectations through teamwork and innovation.

Hello humankindness

After more than a century of experience, we've learned that modern medicine is more effective when it's delivered with compassion. Stress levels go down. People heal faster. They have more confidence in their health care professionals. We are successful because we know that the word "care" is what makes health care work. At Dignity Health, we unleash the healing power of humanity through the work we do every day, in the hospital and in the community.

Hello humankindness tells people what we stand for: health care with humanity at its core. Through our common humanity as a healing tool, we can make a true difference, one person at a time.

OUR HOSPITAL AND OUR COMMITMENT

HOSPITAL DESCRIPTION

Since opening its doors in 2006, Mercy Gilbert Medical Center (MGMC) has been committed to making the Gilbert community a healthy one. Our focus on quality patient care is based on the ethical and social teachings of the Catholic tradition. Under the guidance of the Sisters of Mercy, emphasis is placed on humanistic treatment of our patients and its role in the healing process. Mercy Gilbert is a full-service, acute-care, catholic community hospital located in Maricopa County. Mercy Gilbert has 198 licensed adult beds, and also is home to a Phoenix Children's Hospital 22-bed inpatient pediatric unit. With nearly 1348 employees and 874 physicians on staff representing all major specialties, Mercy Gilbert offers a full range of medical and surgical services, including cardiovascular, maternal child health, orthopedics, advanced diagnostics, robotic surgery, sleep medicine and emergency care.

OUR COMMITMENT

Rooted in Dignity Health's mission, vision and values, Mercy Gilbert Medical Center is dedicated to delivering community benefit with the engagement of its management team, Community Board and Community Benefit Committee. The board and committee are composed of community members who provide stewardship and direction for the hospital as a community resource.

Mercy Gilbert Medical Center is committed to meeting the health needs of the community by ensuring implementation of successful programs that meet the specific needs of the people it serves. Success is achieved through assessment of community needs, involvement of key hospital leaders, and implementation of community benefit activities. Organizational and community commitment includes:

Executive Leadership Team: The Mercy Gilbert Medical Center Executive Leadership Team is responsible for reviewing the Community Benefit Report and Plan prior to presentation and approval by the Community Board. The Executive Leadership Team's contribution to the community benefit plan includes reviewing alignment of the Community Benefit Plan with the CHNA, the hospital's overall strategic plan, and budgeting for resources.

Community Benefit Committee: The Community Benefit Committee (CBC), chaired by a board member, assists the community board in meeting its obligations by reviewing community needs identified in CHNA, recommending health priorities, recommending implementation strategies, presenting the hospital's annual Community Benefit Report and Plan, presenting the hospitals CHNA Implementation Strategy, and monitoring progress. Refer to Appendix A for a listing of the CBC members.

Community Board: The Community Board is responsible for oversight and adoption of the CHNA and Implementation Strategy, approval of the Community Benefit Report and Plan, and program monitoring. Throughout the fiscal year the Community Board receives reports on community benefit programs. The chair of the Community Benefit Committee reports to the board regarding strategies, programs, and outcomes. Refer to Appendix A for a complete listing of current board members.

Community Benefit Department: The Community Benefit Department, under the Senior Director of Mission Integration, is accountable for planning, implementing, evaluating, reporting, and ultimately for the success of designated programs. The Community Benefit Department is directly responsible for the CHNA and Implementation Strategy, Community Benefit Report and Plan, Dignity Health Community Grants committee, program implementation, evaluation, and monitoring, community collaboration, and reporting of community benefit activities. Key staff positions include: Director of Community Health, Senior Coordinator for Community Benefit, Manager of Center for Diabetes Management, Manager of Community Education, Manager of Oral Health Program, and Manager of Community Wellness.

Mercy Gilbert Medical Center's community benefit program includes financial assistance provided to those who are unable to pay the cost of their care, unreimbursed costs of Medicaid, subsidized health services that meet a community need, and community health improvement services. Our community benefit also includes monetary grants we provide to not-for-profit organizations that are working together to improve health on significant needs identified in our Community Health Needs Assessment. Many of these programs and initiatives are described in this report. In addition to the community grants program, Dignity Health provides financial support to nonprofit organizations in the community through the Community Investment Program that offers below market interest rate loans.

MISSION STANDARDS

At Mercy Gilbert Medical Center, we abide by the nine Dignity Health Mission Standards that include Organizational Identity, Spirituality and Culture, Ethical Principles, and Community Health and the Common Good. The Mission standards serve as a foundation and guide as we further our mission of compassion, advocacy and partnership. Standards seven, eight, and nine under Community Health and Common Good align with the scope of work recommended in the Implementation Strategy.

Standard 7: Dignity Health partners with others in the community to improve the quality of life.

Standard 8: Dignity Health employs a variety of approaches, including advocacy, innovation and philanthropy, to address the social, political and economic structures that affect the health of persons, especially those most vulnerable.

Standard 9: Dignity Health exercises responsible stewardship of the environment and partners with others to advance ecological initiatives.

DESCRIPTION OF THE COMMUNITY SERVED

Dignity Health defines the community served by a hospital as those individuals residing within its primary and secondary service areas. The primary service area includes all residents in a defined geographic area surrounding the hospital and does not exclude low-income or underserved populations. The primary service area for MGMC includes the zip codes making up the top 75% of the total patient cases. A summary description of the Mercy Gilbert community is below, and additional community facts and details can be found in the CHNA report online. The Town of Gilbert is primarily served by MGMC for acute care and trauma services. The Town of Gilbert is one of the fastest growing communities in Maricopa County and one of the largest primary service areas being served by MGMC for acute care and emergency services. Surrounding communities include Chandler, Mesa, Tempe, Queen Creek, and Apache Junction.

Demographic and Socioeconomic Profile

Primary Care Area (PCA) Statistical Profiles are revised annually and provide detailed information on the demographics, health resources, hospital utilization, and health status indicators in defined geographic areas throughout Arizona. More than half of the population of MGMC's primary service area is adults between 20-64 years of age. Nearly 7.9% of residents do not have a high school diploma, 6.8% are unemployed, and approximately 12.5% are without health insurance. This data shows that the population as a whole is majority white, and with a median income above Maricopa County and the state of Arizona. Table 1 provides the specific age, sex, and race/ethnicity distribution and data on key socio-economic drivers of health status of the population in MGMC's primary service area compared to Maricopa County.

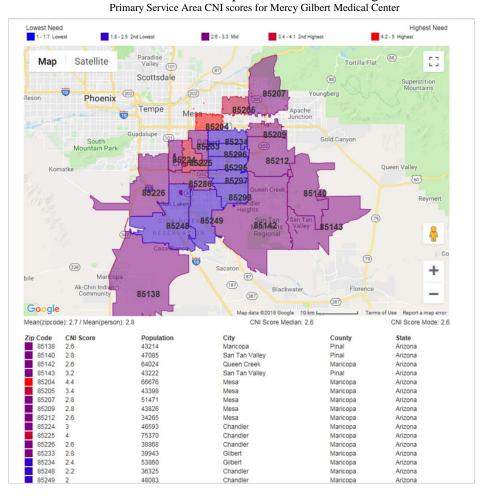
 Table 1: Population Demographics
 Source U.S. Census American Community Survey, 5 year estimates 2012-2016

	MGMC PSA	Maricopa County	Arizona
Population: estimated 2015	892,003	4,088,549	6,728,577
Gender			
• Male	49.5%	49.5%	49.7%
 Female 	50.5%	50.5%	50.3%
Age			
 0 to 9 years 	15.3%	13.8%	13.3%
 10 to 19 years 	15.0%	13.8%	13.6%
 20 to 34 years 	19.2%	21.2%	20.5%
• 35 to 64 years	38.0%	37.3%	36.7%
• 65 to 74 years	7.6%	8.0%	9.2%
75 years and over	4.9%	5.9%	6.7%
Race			
• White	66.6%	56.9%	77.8%
 Asian/Pacific Islander 	5.2%	4.0%	3.2%
Black or African American	3.6%	5.0%	4.3%
 American Indian/Alaska N 	ative 1.6%	1.5%	4.4%
Other	23.0%	32.6%	10.3%
Ethnicity			
Hispanic	20.3%	30.3%	30.5%
Median Income	\$73,058	\$53,694	\$51,340
Uninsured	9.3%	13.9%	13.6%
Unemployment	3.9%	4.4%	5.4%
No HS Diploma	8.9%	14.0%	13.8%
Limited English Proficiency	5.2%	9.3%	9.1%
Renters	29.8%	39.6%	37.5%
CNI Score	2.6	3.4	
Medically Underserved Area	Yes		

Mercy Gilbert Medical Center 2019-2021 Implementation Strategy Despite strong economic growth, there continue to be many factors and social determinants of health in the Town of Gilbert that need to be addressed in order to improve the health and wellbeing for the broader community, and the underserved. Challenges for the community include an increasing number of youth exhibiting risky behaviors, and unemployment within underserved populations. Although Gilbert has a largely educated population with good income, there exist populations of uninsured, underinsured, and non-English speaking persons of all age groups. A large majority of this population is also indigent, with their primary source of income through day labor and seasonal work.

Community Need Index

Dignity Health has developed the nation's first standardized Community Need Index (CNI) in partnership with Truven Health Analytics. The CNI identifies the severity of health disparity for every zip code in the United States based on specific barriers to healthcare access. The CNI considers multiple factors that are known to limit health care access such as income, language, educational, insurance and housing barriers. The ability to pinpoint neighborhoods with significant barriers to health care access is an important new advancement for public health advocates and care providers. According to the CNI illustrated below, the primary service area has a mean CNI score of 2.6 and includes both moderate and high-risk areas with significant socio-economic barriers. Based on a wide array of demographic and economic statistics, the CNI provides a score for every populated ZIP code in the United States on a scale of 1.0 to 5.0. A score of 1.0 indicates a ZIP code with the least need, while a score of 5.0 represents a ZIP code with the most need. The zip code area with the highest risks include 85204.



Mercy Gilbert Medical Center 2019-2021 Implementation Strategy

COMMUNITY HEALTH IMPLEMENTATION STRATEGY DEVELOPMENT PROCESS

The hospital engages in multiple activities to conduct its community benefit and community health improvement planning process. These include, but are not limited to: conducting a Community Health Needs Assessment with community input at least every three years; using five core principles to guide planning and program decisions; measuring and tracking program indicators; and engaging the Community Benefit Committee and other stakeholders in the development and annual updating of the community benefit plan.

Community Health Needs Assessment Process

Development of the Mercy Gilbert Medical Center Community Health Needs Assessment involved engagement and recommendation from internal and external stakeholders. Internal stakeholders included Community Board, Community Benefit Committee, Grants Committee, and Executive Leadership. External stakeholders included Maricopa County Department of Public Health, Community-Based organizations, Mercy Gilbert Medical Center's Community Partnership Collaboration, and community constituents.

Beginning in early 2017, Mercy Gilbert Medical Center, in partnership with the Maricopa County Coordinated Health Needs Assessment (CCHNA) collaborative and the Maricopa County Department of Public Health (MCDPH) conducted an assessment of the health needs of residents of Maricopa County as well as those in their primary service area.

The process of conducting this assessment began with a review of approximately 100 indicators to measure health outcomes and associated health factors of Maricopa County residents. These indicators were based on the Center for Disease Control and Prevention's (CDC) Community Health Assessment for Population Health Improvement: Most Frequently Recommended Health Metrics report. The indicators included demographic data, social and economic factors, health behaviors, physical environment, health care, and health outcomes. Health needs were identified through the combined analysis of secondary data and community input.

Quantitative data used in the report were high quality, population-based data sources and were analyzed by MCDPH, Office of Epidemiology. Data came from local, state, and national sources such as the Maricopa County Department of Public Health, Arizona Department of Health Services, Arizona Criminal Justice Commission, U.S. Census Bureau, U.S. Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System survey, Youth Risk Behavior survey, and Mercy Gilbert Medical Center's Prevention Quality Indicators.

The broad interests of the community were incorporated through three means. First, data was collected through focus groups engaging members of underserved populations and communities. Second, surveys were conducted with key informants who serve the primary service area. Finally, a series of meetings were held with key stakeholders from MGMC's primary service area.

Based on the review of the secondary data, a consultant team developed a primary data collection guide used in focus groups which were made up of representatives of minority and underserved populations who identified community concerns and assets. Surveys were collected from key informants who serve the primary service area to help determine community needs and priorities. Additionally, meetings were

held with stakeholders from the Community Benefit Committee and Community Partnership Collaboration to assist with the analysis and interpretation of data findings.

Members of the Community Benefit Committee and the Community Partnership Collaboration provided input on the selection of data indicators, provided feedback on data collected, and aided in the selection of final priorities. Membership of the above mentioned committees and collaborations intentionally represent vulnerable and disenfranchised populations including the homeless, uninsured/underinsured, Medicaid, Medicare, immigrant, disabled, mentally ill, and elderly.

Dignity Health's Mercy Gilbert Medical Center Board of Directors reviewed, approved, and adopted the Community Health Needs Assessment at its January 2019 meeting. The complete CHNA report is publicly available at: https://www.dignityhealth.org/arizona/locations/mercygilbert/about-us/community-benefit-outreach/benefits-reports

Process and Criteria for Prioritization

The process for prioritization included engagement with both internal Dignity Health stakeholders and community partners from the Community Benefit Committee and the Community Partnership Collaboration (See Appendix C for list of participating organizations). The first step of the process was a comprehensive presentation by MCDPH that included an overview of the CHNA findings and key emerging health needs. Throughout the presentation, stakeholders in attendance responded to survey questions that would later be used during strategy sessions to identify health priorities. After completion of the presentation, stakeholders were given the opportunity to provide additional feedback and recommendations.

The second step in the process involved review and prioritization of the key emerging health needs outlined in the MCDPH presentation. Dignity Health and MCDPH staff scheduled the East Valley Community Health Assessment strategy session and partners were invited. The session entailed assigning participants to groups and instructing them to visit six stations. Each station included data and information on specific health needs. As participants discussed each health need, consideration was given to the size of the problem, disparity and equity, known effective interventions, resource feasibility and sustainability, and community salience. Participants rotated tables until all six health needs had been discussed. Through discussion, participants were able to determine what health need would feasibly results in a greater impact.

Dignity Health and MCDPH staff led the group in an activity using a 4-square grid 'Need' and 'Feasibility' criteria grid. The grid included four quadrants and each quadrant was labeled, 'High Need/High Feasibility,' 'Low Need/High Feasibility', 'High Need/Low Feasibility,' 'Low Need/Low Feasibility'. Participants were then asked to place competing labels on the grid. Information was gathered and a follow up survey was sent to provide another opportunity for feedback and recommendations. Participants were also asked to rank each health priority and/or add more strategies to identified needs, or other issues. Final MGMC health priority recommendations were made and approved by the Community Benefits Committee and presented to the board on November 20, 2018.

CHNA Significant Health Needs

The following statements from Mercy Gilbert's Medical Center's CHNA summarize each of the areas of priority for MGMC, and are based on data and information gathered through the CHNA.

A. Access to Care

Community members and key informants overwhelmingly felt that access to care is an important issue for the community. When MGMC community survey respondents were asked, what was the most important "Health Problem" impacting their community, access to care was one of the top concerns. Within MGMC's primary service area, 29.2% of the population are unemployed and uninsured with 17.6% employed making under \$25,000). Additionally, there are disparities experienced across members of certain racial/ethnic backgrounds, with Hispanics and American Indians being least likely to have insurance.

B. Mental Health and Behavioral Health

Mental health and Behavioral health are terms often used interchangeably to refer to a spectrum of health conditions which are each distinct yet often co-occurring and overlapping. Behavioral health includes not only ways of promoting well-being by preventing or intervening in mental illness such as anxiety or depression, but also has an aim preventing or intervening in substance abuse and suicide. Mental health was ranked as the most important health problem impacting the community by key informants. This was echoed by participants in the focus groups who believe mental health is one of top health issues impacting community residents.

Substance abuse was one of the top concerns for both focus group participants and key informants. Informants listed alcohol and drug abuse as two of the riskiest health behaviors community members are engaging in. In 2017, the United States Health and Human Services Department declared a public health emergency and announced a plan to combat the opioid crisis. In 2016, 790 Arizonians died from opioid overdoses and trends show an increase of a startling 74% over the past four years.

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C. Diabetes

Overall the number of deaths related to diabetes is decreasing in Maricopa County compared to 2015. Although rates are decreasing county wide, it is the seventh leading cause of death in Maricopa County and in the MGMC's primary service area, indicating a sustained health need.

D. Breast Cancer

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E. Injury Prevention

Injuries are not accidents, they are predictable and preventable. Unintentional injuries, including traffic-related, injuries, falls, burns, poisonings, and drowning were responsible for lost lives in the MGMC primary service area. Unintentional injury is the fifth leading cause of death in Maricopa County and sixth leading cause of death for MGMC's primary service area. Highest rates for death are within the

American Indian populations, including high rates seen in the MGMC primary service area. Males are more likely to suffer from an unintentional injury with the exception of falls which are more prevalent among female.

F. Social Determinants of Health

Social determinants of health are conditions in the environments in which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risk. Dignity Health MGMC is dedicated to making a positive impact on the social determinants of health, particularly on the health of those economically-disadvantaged communities. Resources that enhance quality of life can have a significant influence on population health outcomes. MGMC will focus on addressing homelessness, food insecurity, and transportation.

Significant Health Needs Not Being Addressed

The hospital intends to take actions to address all of the prioritized significant health needs in the CHNA report, both through its own programs and services and with community partners. Lists and descriptions of those planned actions are included in this report.

Resources Potentially Available

Additional resources potentially available to address identified needs include services and programs available through hospitals, government agencies, and community based organizations. Resources include access to hospital emergency and acute care services, Federally Qualified Health Centers (FQHC), food banks, homeless shelters, school-based health clinics, churches, transportation services, health enrollment navigators, free or low cost medical and dental care, and prevention-based community education. Below is a listing of potential resources to address prioritized community health needs:

Hospitals and Hospital Systems providing emergency care, acute care, outpatient services, and community programs:

- Arizona Heart Hospital
- Banner Health
- Dignity Health
- Honor Health
- Ironwood Cancer and Research Center
- Maricopa County Integrated Health System
- Phoenix Children's Hospital
- Valley Hospital
- OASIS Hospital
- Arizona Orthopedic Surgical Hospital

Mercy Giblert Medical Center works collaboratively with many community organizations to address the need of the community. Refer to Appendix C for a listing of these valuable partners.

The Health Improvement Partnership of Maricopa County (HIPMC) is a collaborative effort between MCDPH and a diverse array of public and private organizations addressing healthy eating, active living, linkages to care and tobacco-free living. The HIPMC provides a forum to share ideas and resources as well as a data-driven process to identify gaps and barriers to health improvement, especially among vulnerable populations. With more than 100 partner organizations, this is a valuable to resource to help Mercy Gilbert

Medical Center connect to other community based organizations that are targeting many of the same health priorities.

Creating the Implementation Strategy

As a matter of Dignity Health policy, the hospital's community health and community benefit programs are guided by five core principles. All of our initiatives are related to one or more of these principles: **Focus on Disproportionate Unmet Health-Related Needs**: Seek to address the needs of communities with disproportionate unmet health-related needs.

Emphasize Prevention: Address the underlying causes of persistent health problems through health promotion, disease prevention, and health protection.

Contribute to a Seamless Continuum of Care: Emphasize evidence-based approaches by establishing operational linkages between clinical services and community health improvement activities.

Build Community Capacity: Target charitable resources to mobilize and build the capacity of existing community assets.

Demonstrate Collaboration: Work together with community stakeholders on community health needs assessments, health improvement program planning and delivery to address significant health needs.

Creating the Implementation Strategy involved engagement with internal and external stakeholders, including two planning sessions conducted in October 2018 and one session conducted in April, 2019. Agencies represented included:

Gilbert Fire and Rescue, St. Matthew's Episcopal Church, Hushabye Nursery, Tempe Community Action Agency, Women's health Innovations, Community Alliance Against Family Abuse, Y OPAS Senior Outreach Programs Valley of the Sun YMCA, Mission of Mercy, Neighbor Who Care, Lutheran Social Services of the Southwest, Gilbert Police Department, AZCEND, Chandler Fire Department, Chandler Coalition On Youth Substance Abuse, Desert Cross Lutheran Church, Rebuilding Together, Mental Health America of Arizona, About Care, Homeward Bound, Pinnacle Prevention, Addiction Haven, Aura Behavioral Health, Legacy Home Care, Honor Health Forensic, Pan De Vida Foundation, Town of Gilbert, Family Home Care, Hope for Addiction, Circle the City, Foundation for Senior Living, JEM Foundation, House of Refuge, Chandler Human Relations Community, Amanda Hope, City of Maricopa Police Department, ICAN, Desert Cancer Foundation, College Bound, YMCA, P82 Project Restoration, Not My Kid, Advance Care Management, Maricopa Department of Public Health, Dignity Health: Trauma Services, Finance, Executive Leadership, Community Education, Community Health, Volunteers, Hospital Board members, Community Benefit Committee, Community Grant committee, Faith Health nurse, and Compliance.

Throughout the Implementation Strategy planning process, four areas of focus evolved that included: key considerations, approaches, resources, and tools. Table 2: below outlines the recommendations from internal and external stakeholders involved in the Implementation Strategy Process.

Table 2: Implementation Strategy Focus Areas

Table 2: Implementation Strategy Focus Areas			
Key Considerations	Approaches	Resources	Measurement Tools
1.Lean Six Sigma 4-square	1.Collective Impact Model	1. MCDPH – including	1.Dignity Health Program
priority/benefit matrix	2. Evidenced-Based	SYNAPSE advisory	Digest reports
2. Consideration to size of	Practices	board	2. MCDPH: Healthmatters
the problem, disparity, and	3. Health Benefit Model	2. Health Improvement	Tracker reports
equity	4. Education	Partnership of Maricopa	3. Dignity Health
3. Known effective	5. Screening	County (HIPMC)	Community of Care Grantee
interventions	6. Intervention or	3. CDC, including 6/18	reports
4. Resource feasibility	treatment	Initiative	4. MGMC admission and
5. Existing community	7 Providing resources	4. Healthy People	readmission rates
assets and Dignity Health	8. Support	5. Dignity Health	5. Community partner
programs	9. Navigation	6. Arizona Department	program outcomes
6. Existing gaps	10. Community of Care	of Public Health	6. Community Benefit
7. Underlying root causes	Grants Program	7. Resources and data	Reporting
8. Timelines for	11. Continuum of Care	available through	7. MGMC grant funded
implementation	12. CDC 6/18 Initiative	community-based	programs reports
9. Community Needs Index		organizations and	8.Dignity Health Prevention
10. Identified populations		Dignity Health	Quality Indicators (PQI)
		8. Association	
		Community Health	
		Improvement (ACHI)	
		9. Catholic Health	
		Association (CHA)	
		guides and resources	
		10. Health Services	
		Advisory Group	
		(HSAG)	
		11. National Prevention	
		Strategy	

Planning for the Uninsured/Underinsured Patient Population

In keeping with its mission, the hospital offers patient financial assistance (also called charity care) to those who have health care needs and are uninsured, underinsured, ineligible for a government program or otherwise unable to pay. The hospital strives to ensure that the financial capacity of people who need health care services does not prevent them from seeking or receiving care. A plain language summary of the hospital's Financial Assistance Policy is in Appendix B.

Dignity Health is committed to providing payment assistance to persons who have health care needs and are uninsured or under-insured, ineligible for government programs, and otherwise unable to pay for medically necessary care based on their individual financial situations. Consistent with its mission to deliver compassionate, high quality, affordable health care services, and to advocate for those who are poor and disenfranchised, Dignity Health strives to ensure that financial capacity of people who need health care services does not prevent them from seeking or receiving care. Payment assistance is not considered to be a substitute for personal responsibility, and patients are expected to cooperate with Dignity Health's procedures for obtaining payment assistance, and to contribute to the cost of their care based on individual ability to pay. Individuals with financial capacity to purchase health insurance shall be encouraged to do so as a means of assuring access to health care services.

In addition to staff awareness and education, the community is made aware of the Financial Assistance Policy, including postings throughout the hospital that financial assistance is available. Specifically, signage is in English and Spanish in both the admitting areas and the emergency room, at urgent care, and other outpatient centers. Additionally, the Financial Assistance Policy is posted on the Mercy Gilbert Medical Center website. The patient financial services staff works diligently to ensure every underinsured or uninsured patient has the opportunity to apply for financial assistance (AHCCCS, Kidcare, Emergency AHCCCS, and Dignity Health packages).

2019-2021 IMPLEMENTATION STRATEGY

This section presents strategies, programs and initiatives the hospital is delivering, funding, or on which it is collaborating (or anticipates collaborating) with others to address significant community health needs. It includes planned strategies and programs with anticipated impact and measurable objectives for the next three years.

The strategy and plan specifies significant community health needs that the hospital intends to address in whole or in part, in ways consistent with its mission and capabilities. The hospital may amend the plan as circumstances warrant. For instance, changes in significant community health needs or in community assets and resources directed to those needs may merit refocusing the hospital's limited resources to best serve the community.

STRATEGY AND PROGRAM PLAN SUMMARY

Input from internal and external stakeholders resulted in the specified health priorities, strategies, and recommended activities outlined in the tables below. Requests for additional information on the activities and programs listed below can be submitted to the Mercy Gilbert Medical Center's Community Integration Department or by e-mail to Mercy-CHNA@DignityHealth.org

Table 3: Access to Health Care

Strategy	Program Summary: Current and Planned Activities
School-based healthcare for children and families:	 Chandler Care Center on Galveston Elementary School campus Mercy Gilbert Medical Center services provided at school locations
Free and low cost community-based health services:	 Mission of Mercy: Primary Care for uninsured Chandler and Gilbert AZCEND community health centers Mercy Gilbert Medical Center community outreach services Gilbert Heritage Wellness, Educaiton, and Resource Center City of Maricopa Family Advocacy Center
Access to healthcare information and available resources:	 Access to healthcare information and resources: Chandler Care Center, AZCEND, Dignity Health: Gilbert based Heritage Wellness, Education, and Resource Center, Mercy Gilbert Medical Center Resource Link and website, Chandler and Gilbert CAP Improved awareness of resources such as Find Help Phoenix and 211, Community Action Program Foundation for Senior Living Keogh Foundation Dignity Health Faith Health Ministry Program

Education on insurance, including eligibility, enrollment, and understanding one's medical bills:	 Enrollment assistance programs are located at Chandler CARE Center, AZCEND, I-HELP, Senior Community Wellness, Foundation for Senior Living, and Keogh Foundation Financial Assistance: Dignity Health Financial Assistance policy Keogh Foundation
Patient continuum of care:	Patient navigation and referrals to community based services before discharge include: 1. Foundation for Senior Living ACTIVATE 2. Mission of Mercy 3. Circle the City 4. Mercy Gilbert Medical center Community of Care Grant recipients 5. Mercy Gilbert Medical Center Patient Referral program: Community Connection Network
Other recommendations from stakeholder sessions:	 Dental services for adults Mobile dental and immunization services to schools for children and Mobile wellness bus for dental and immunization services for adults in high-risk areas Navigation programs Patent and caregiver resource rooms in hospital After hour and weekend services at low cost clinics for poor Expand clinic hours to accommodate working adults (more outside clinics w/ outside hours (9-5pm) Need to provide more after hour access for working poor who cannot afford missing work for business hours Increased education to parents on importance of immunizations
Identified population from CHNA:	Hispanic, American Indian, uninsured

Table 4: Mental Health and Behavioral Health

Strategy	Program Summary: Current and Planned Activities
Improve education and awareness for mental health, drug addiction, suicide, PTSD, trauma informed care, and reducing the stigma:	 East Valley Behavioral Health Task Force Substance Misuse and Treatment Task Force Mental Health First Aid Let's Talk Empower Hope' Suicide Prevention Tool Kit RX 360 Faith-based Crisis Care Team training
Youth and Adult based prevention services:	Partnership to Build Resilient Families - Dignity Health Community of Care grant recipients: ICAN, Chandler CARE Center, Big Brothers and Big Sisters, CCYSA Empower Hope' Suicide Prevention Tool Kit – Youth focus Substance Misuse and Treatment Task Force – School based presentations
Access to crisis intervention services:	 East Valley Behavioral Health Task Force Substance Misuse and Treatment Task Force Family Advocacy Center – City of Maricopa and Chandler Proposed: Dignity Health Peer to Peer Mentoring Program Hope for Addiction La Frontera Community Bridges New Leaf

Pregnant and postpartum adjustment Support:	 Mercy Gilbert Medical Center Postpartum Adjustment Support group East Valley Perinatal Network: Dignity Health Community of Care grant recipient: Women's Health Innovation of Arizona, Hushabye Nursery, and Haven 107
Controlled substance prescription monitoring:	Dignity Health Emergency Room: CSPMP (Controlled Substance Prescription Monitoring Participation)
Other recommendations from stakeholder sessions:	 Social work in ED for mental health Connection to Peer to Peer support in emergency room and inpatient before discharge for drug use or mental health Education on managing emotions without substance abuse Screen for mental health in hospital, physician offices, and schools using Mhaarizona.org MHA's of AZ has a free anonymous MH screening Education on Durable Power of Attorney, care giver support, living will Mass community campaign to normalize seeking treatment for mental health Dementia care Increase Dignity Health advocacy efforts – The Jem Foundation Strengthen partnership with faith community Mental health counselors/experts in schools
Identified Population From CHNA:	 Suicide: Youth 15-19 and African American Substance Abuse/Opioid overdose: 20-24 year olds Alcohol abuse: American Indian, blacks, Hispanic, and females Mental Health: Women

Table 5: Diabetes

Strategy	Program Summary: Current and Planned Activities
Access to diabetes management and support:	 Mercy Gilbert Medical Center, Center for Diabetes Management (accredited) Mercy Gilbert Medical Center, Center for Diabetes Management Community based classes and presentations Mercy Gilbert Medical Center, Center for Diabetes Management Sweet Life-Diabetes Outreach Connection support group Mission of Mercy
Access to free Chronic Disease Self- Management education:	 Mercy Gilbert Medical Center's Chronic Disease Self-Management Program (CDSMP) Workshops. Stanford model: Chronic Disease, Diabetes, DEEP, Pain Management, Safe at Home; Dignity Health Community of Care Grant recipients: East Valley Adult Resources, Rebuilding Together Valley of the Sun, AT Still University
Access to Fitness:	 Dignity Health Center for Diabetes Management: Diabetes prevention program: Prevent T2 combining fitness and nutrition ICAN Partnership to Build Resilient Families Chandler/Gilbert YMCA
Other recommendations from stakeholder sessions:	 Creating healthy lifestyle habits as family in schools and community Education with respect to healthy maintenance of their well being Community health workers that are able to connect and build rapport with the patient in order to education about how to manage diabetes Availability of screening Access to free affordable exercise classes Community-based, school-based and home care education on diabetes management

	 Offer diabetes care kit through carekit.com, tele-monitoring through prohealth, electronic caregiver Expansion of chronic disease self-management education – behavior modification for prevention Consider care kits and tele-monitoring through prohelath for chronic conditions that are often associated with diabetes: ASHMA, COPD, and CHF. Care kits can be ed through carekit.com Healthy eating cooking classes Inpatient diabetes educators
Identified Population from CHNA:	African American, American Indian, Adults over 75

Table 6: Injury Prevention

Strategy	Program Summary: Current and or Planned Activities
Injury prevention/intervention education for children:	 Injury prevention education in classrooms and community settings using evidenced-based "Think First" injury prevention program, Safe Sitter, Stop the Bleed, and Distracted Driving. Car seat safety Community based health fair education
Injury prevention/intervention for adults:	 Conduct Matter of Balance evidenced based fall prevention education to senior populations and caregivers on improving mobility and reducing fall risk Work with organizations that offer home safety equipment and resources Safe at Home; Dignity Health Community of Care recipients: East Valley Adult Resources, Rebuilding Together Valley of the Sun, AT Still University. Fall prevention "Matter of Balance" evidenced based program, home safety equipment Installation. Family Advocacy Centers
Other recommendations from stakeholder sessions:	 Higher focus on prevention of texting while driving Continue focus on falls prevention Cell phone – selfie safety More visible cross walks Safe driving education Increase education on prevention of child deaths in hot cars Bloom 365 MADD
Identified population From CHNA:	Unintentional injury (male), falls (female), motor vehicle

Table 7: Breast Cancer

Strategy	Program Summary: Current and Planned Activities
Education on	1. Dignity Health Women's Imaging Center
importance of early	2. Ironwood Cancer and Research Center
detection and	3. Desert Cancer Foundation
availability of	4. Thriving and Surviving
resources:	

Screening:	 Dignity Health Women's Imaging Center Ironwood Cancer and Research Center Desert Cancer Foundation
Treatment:	 Dignity Health – diagnostic and surgical treatment Ironwood Cancer and Research Center – chemotherapy and radiation Desert Cancer Foundation – support and referrals
Other recommendations from stakeholder sessions:	Mobile mammography at work sites PSA on early detection
Identified population from CHNA:	Women ages 35-44

Table 8: Social Determinants of Health (Housing, Food, Transportation)

Strategy	Program Summary: Current and Planned Activities
Shelter, transitional housing, and permanent housing for the Homeless population:	 I-HELP (Interfaith Homeless Emergency Lodging Program) - Dignity Health Community of Care Grant: AZCEND, Lutheran Social Services of the Southwest, Tempe Community Action Agency (TCAA) Circle the City: Respite, hospice, and case management for the homeless Dignity Health Homeless Initiative to improve resources for homeless patients before discharge House of Refuge Maggie's Place Destination Diploma; Dignity Health Community of Care grant recipient: Homeward Bound, Pappas Kids Schoolhouse Foundation, Fans Across America Circle the City Without Walls Church – Mesa, AZ
Transportation to medical appointments: Access to healthy food and/or other basic needs:	Senior Community Wellness - Dignity Health Community of Care grant recipient: About Care, Neighbors Who Care and YOPAS- Ahwatukee Foothills YMCA Outreach Program for Ahwatukee Seniors 1. Mathews Crossing 2. Chandler Care Center 3. AZCEND 4. I-HELP 5 Clothes Cabin 6. Boys and Girls Club SNAP enrollment at Chandler Care Center, AZCEND, Heritage Wellness, Education, and Resource Center, Foundation for Senior Living, and Keogh Foundation
Other recommendations from stakeholder sessions:	 Expand I-HELP Work more formally with farmers markets and community gardens Develop a hospital-based community garden

	4. Increase the number of famers markets that accept SNAP and increase the location for "Double Up Food Bucks"
Identified Populations from CHNA:	Low income, homeless, uninsured/underinsured children and families

Anticipated Impact

The anticipated impacts of specific program initiatives, including goals and objectives, are stated in the Program Digests on the following pages. Overall, the hospital anticipates that actions taken to address significant health needs will: improve health knowledge, behaviors, and status; increase access to care; and help create conditions that support good health. The hospital is committed to monitoring key initiatives to assess and improve impact.

The Community Benefit Committee, hospital executive leadership, Community Board, and Dignity Health receive and review program updates. In addition, the hospital evaluates impact and sets priorities for its community benefit program by conducting Community Health Needs Assessments every three years.

Planned Collaboration

Maricopa County Department of Public Health (MCDPH): Dignity Health Arizona is part of the SYNAPSE Collaborative Community Health Needs Assessment Partnership with other health systems for the Maricopa County, AZ CHNA. Through this partnership, hospitals work collaboratively with the county identify approaches for the most pressing health needs impacting the community.

MCDPH: Health Improvement Partnership of Maricopa County (HIPMC): Dignity Health, Arizona is a member of HIPMC, a community-wide action plan for addressing priority health issues identified in Maricopa County's Community Health Needs Assessment. The Health Improvement Partnership of Maricopa County is a collaborative effort between Maricopa County Department of Public Health and more than 60 public and private organizations addressing priority health issues through the Community Health Improvement Plan (CHIP).

The framework being used by MCDPH aligns with the National Prevention Strategy and falls into four sectors that include: Where We Live, Where We Work, Where We learn, and Where We Seek Care. HIPMC partners, including CRMC, enter their programs and services that align with strategies from each sector. This approach addresses chronic disease in places where people spend significant amounts of time and reflects the importance of wellness and prevention in all aspects of our lives. Emphasis is placed upon utilizing evidence based-strategies and policy, systems, and environmental approaches to impact health priorities (http://www.arizonahealthmatters.org).

Progress with strategies within the fours sectors is tracked and posted quarterly on the Health Matters website at http://www.arizonahealthmatters.org. The CHIP tracker uses a set of indicators for each health priority that can measure progress. Through HIPMIC, partners can work collaboratively to have a large impact on improving the quality of life for all Maricopa County residents, particularly most vulnerable

Town of Gilbert: Mercy Gilbert Medical Center, is a lead collaborator with the Town of Gilbert, along with several nonprofit agencies, collaborating on the Heritage Center's Wellness, Education, and

Resource Center that opened in May, 2018 to improve access to care and resources. Dignity Health services offered at the center include prevention dental services, immunizations, children's hearing and vision screening, and community education.

Town of Gilbert: Mercy Gilbert Medical Center is a member of the Town of Gilbert's East Valley Behavioral Health Coalition that focuses on access to care, education and awareness, and emergency response.

City of Chandler:

Mercy Gilbert Medical Center is a collaborative partner with the Chandler Care Center located on the Galveston Elementary School campus. The Care Center offers access to care for underserved children and families in the Chandler Unified School District and community. Services include Family Resource Center, WIC, Southwest Behavioral Health, food bank, medical clinic for children, and restorative dental services for children in partnership with St. Vincent De Paul. Dignity Health services include a prevention dental clinic, hearing and vision screening, immunizations, and chronic disease self-management.

City of Chandler:

Mercy Gilbert Medical Center is in partnership with the Chandler Substance Misuse and Treatment Task Force that works with hospitals, schools and community stakeholders to provide education, access to treatment and recover, and support for individuals and families experiencing drug addiction.

City of Maricopa: Mercy Gilbert Medical Center is a lead collaborator with the City of Maricopa for the Family Advocacy Center that opened in April, 2019. The Family Advocacy Center will provide a holistic approach with comprehensive care and investigative services for victims of crime, including victims of family violence and their children.

Foundation for Senior Living: Mercy Gilbert Medical Center is a collaborative partner with Foundation for Senior Living to improve outcomes for high risk patients by providing patient navigation before and after discharge. Through the partnership the patient receives support through the continuum of care that improves post hospitalization recovery, reduces readmission, and improves patient quality of life.

Queen Creek: Mercy Gilbert Medical Center is in partnerships with the Town of Queen Creek in efforts to address increasing numbers of teen suicide. In addition, Dignity Health is an advisor to Pan De Vida nonprofit organizations in Queen Creek such as Pan De Vida in planning for a community center in an underserved community in Queen Creek.

Mercy Gilbert Medical Center collaborates with many community agencies, leaders, and partners to address significant health needs through education, intervention, prevention, support, and treatment. Key partners include, but are not limited to, Dignity Health Community of Care grant recipients, local school districts, colleges, and universities, government sponsored agencies, FQHC's and community clinics, nonprofit agencies, churches, and coalitions. Refer to Appendix E for a listing of current and anticipated collaborative partners.

Program Digests The following pages include Program Digests describing key programs and initiatives that address one or more significant health need in the most recently completed CHNA report.

Program Digests

	Dignity Health Community Grants Program
Significant Health Needs	X Access to Care
Addressed	X Mental Health and Behavioral Health
	X Diabetes
	X Breast Cancer
	X Injury Prevention
	X Social Determinants of Health
Program Emphasis	X Disproportionate Unmet Health-Related Needs
	X Emphasize Prevention
	X Seamless Continuum of Care
	X Build Community Capacity
	X Demonstrate Collaboration
Program Description	Each year the hospital allocates a percentage (0.05) of the previous year's
	expenses to support the efforts of other not-for-profit organizations in the local
	communities. An objective of the Community Grants Program is to award
	grants to nonprofit organizations whose proposals respond to identified priorities
	in the Community Health Needs Assessment and initiative. Additionally, it is
	required that a minimum of three organizations work together in a Community of
	Care to address an identified health priority.
Community Benefit	E2-a Grants: Community Grants Program
Category	
D G M	Planned Actions for 2019-2021
Program Goal /	1. To award funds to nonprofit organizations whose proposals respond to the
Program Goal / Anticipated Impact	1. To award funds to nonprofit organizations whose proposals respond to the priorities identified in the CHNA and/or Implementation Strategy Plan
	1. To award funds to nonprofit organizations whose proposals respond to the priorities identified in the CHNA and/or Implementation Strategy Plan 2. Fund proposals that best align with the community benefit core principle
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Anticipated Impact	1. To award funds to nonprofit organizations whose proposals respond to the priorities identified in the CHNA and/or Implementation Strategy Plan 2. Fund proposals that best align with the community benefit core principle a) disenfranchised populations with unmet health needs b) primary prevention c) continuum of care d) capacity building e) collaborative governance 3. Fund Communities of Care initiatives to address identified needs and provide a more integrated approach and a collective impact on improving health. Specifically to address health priorities of chronic disease, access to health, oral health, mental health, and obesity. 4. Increase membership of community based partners by a least one. 5. Conduct committee and agency survey and consider changes to improve program, including forms and process. 6. Monitor funded initiatives through site visits, six month report, and Dignity Health sponsored networking/workshops.
Anticipated Impact Measurable Objective(s)	 To award funds to nonprofit organizations whose proposals respond to the priorities identified in the CHNA and/or Implementation Strategy Plan Fund proposals that best align with the community benefit core principle a) disenfranchised populations with unmet health needs b) primary prevention c) continuum of care d) capacity building e) collaborative governance Fund Communities of Care initiatives to address identified needs and provide a more integrated approach and a collective impact on improving health. Specifically to address health priorities of chronic disease, access to health, oral health, mental health, and obesity. Increase membership of community based partners by a least one. Conduct committee and agency survey and consider changes to improve program, including forms and process. Monitor funded initiatives through site visits, six month report, and Dignity Health sponsored networking/workshops. 1.100% of agencies awarded a community grant will be addressing an identified
Anticipated Impact	 To award funds to nonprofit organizations whose proposals respond to the priorities identified in the CHNA and/or Implementation Strategy Plan Fund proposals that best align with the community benefit core principle a) disenfranchised populations with unmet health needs b) primary prevention c) continuum of care d) capacity building e) collaborative governance Fund Communities of Care initiatives to address identified needs and provide a more integrated approach and a collective impact on improving health. Specifically to address health priorities of chronic disease, access to health, oral health, mental health, and obesity. Increase membership of community based partners by a least one. Conduct committee and agency survey and consider changes to improve program, including forms and process. Monitor funded initiatives through site visits, six month report, and Dignity Health sponsored networking/workshops. 1.100% of agencies awarded a community grant will be addressing an identified need as stated in the initiative, CHNA, and community benefit plan.
Anticipated Impact Measurable Objective(s)	 To award funds to nonprofit organizations whose proposals respond to the priorities identified in the CHNA and/or Implementation Strategy Plan Fund proposals that best align with the community benefit core principle a) disenfranchised populations with unmet health needs b) primary prevention c) continuum of care d) capacity building e) collaborative governance Fund Communities of Care initiatives to address identified needs and provide a more integrated approach and a collective impact on improving health. Specifically to address health priorities of chronic disease, access to health, oral health, mental health, and obesity. Increase membership of community based partners by a least one. Conduct committee and agency survey and consider changes to improve program, including forms and process. Monitor funded initiatives through site visits, six month report, and Dignity Health sponsored networking/workshops. 1.100% of agencies awarded a community grant will be addressing an identified need as stated in the initiative, CHNA, and community benefit plan. 2.100% of the agencies awarded a community grant will be providing services
Anticipated Impact Measurable Objective(s)	 To award funds to nonprofit organizations whose proposals respond to the priorities identified in the CHNA and/or Implementation Strategy Plan Fund proposals that best align with the community benefit core principle a) disenfranchised populations with unmet health needs b) primary prevention c) continuum of care d) capacity building e) collaborative governance Fund Communities of Care initiatives to address identified needs and provide a more integrated approach and a collective impact on improving health. Specifically to address health priorities of chronic disease, access to health, oral health, mental health, and obesity. Increase membership of community based partners by a least one. Conduct committee and agency survey and consider changes to improve program, including forms and process. Monitor funded initiatives through site visits, six month report, and Dignity Health sponsored networking/workshops. 1.100% of agencies awarded a community grant will be addressing an identified need as stated in the initiative, CHNA, and community benefit plan.

	 3. 100% of the agencies funded will be part of a Community of Care whereas three or more agencies working collaboratively to address an identified need. 4. One to two new members will be added to the community grants committee 5. Survey completed, and at least one program improvement made as a response to survey. 6. Committee members will complete site visits for 100% of awarded agencies, 100% of six month reports will be submitted and reviewed, and Dignity Health will sponsor at least one workshop.
Intervention Actions	1. Use the Request for Proposal (RFP) process to fund Communities of Care that
for Achieving Goal	address identified needs, align with significant health needs identified in the
	CHNA, and align with core community benefit principles.
	2. Meet and recruit community leaders to participate in the Committee
	3. Monitor and support funded agencies through reporting, site visits, and one:
	one, workshops, and connection to needed resources
Planned Collaboration	Through the grant awards, Dignity Health becomes a collaborative partner with each Community of Care, and associated agencies. To ensure success of the program. Specific planned collaborations over the past three years include: About Care, Neighbors Who Care, Valley of the Sun YMCA/Ahwatukee, AZCEND., Lutheran Social Services of the Southwest, Tempe Community in Action, Chandler Education Foundation, ICAN, My Sister's Place, Hope Community Health Center, Valley of the Sun YMCA/Chandler/Gilbert, Community Alliance Against Family Abuse, Maricopa Police Foundation, Hope Women's Center, Chandler Coalition on Youth Substance Abuse, East Valley Adult Resources, Rebuilding Together Valley of the Sun, AT Still University, Homeward Bound, Pappas Kids Schoolhouse Foundation, Fans Across America.

	First Teeth First
Significant Health Needs	X Access to Care
Addressed	☐ Mental Health and Behavioral Health
	□ Diabetes
	□ Breast Cancer
	□ Injury Prevention
	□ Social Determinants of Health
Program Emphasis	X Disproportionate Unmet Health-Related Needs
	X Emphasize Prevention
	X Seamless Continuum of Care
	X Build Community Capacity
	X Demonstrate Collaboration
Program Description	First Teeth First provides oral health education, oral health screening, and
	fluoride varnish treatment to expectant women, and children up to age 6 years
	and best practice oral health education to dentists, pediatricians, and other early
	childhood professionals. First Teeth First is funded primarily through First
	Things First (Arizona Early Childhood Development and Health Board).
	Chandler Regional Medical Center supports the program with administrative
	functions and funding of employee benefits.

Community Benefit Category	A1b Community Based Clinic
	Planned Actions for 2019-2021
Program Goal / Anticipated Impact	Dignity Health will work with Maricopa County Department of Public Health to provide a coordinated approach to oral health prevention services in Maricopa County. First Teeth First will provide oral health education, oral health screening, fluoride varnish treatment, and care coordination for expectant women, and children up to age 6 years. First Teeth First will also provide outreach and training to medical and dental professionals that serve the target population. The program will decrease the number of children with early childhood tooth decay and the associated risks for pain and infections that can lead to lifelong complications to health and wellbeing.
Measurable Objective(s) with Indicator(s)	6000 children will receive oral health screenings. 6000 children will receive fluoride varnish application. 900 expectant women will receive oral health screenings. 6000 adults will receive oral health education. 37 education presentation for professionals will be provided in the community.
Intervention Actions for Achieving Goal	 Oral health education based on the most up-to-date evidence will be provided to expectant women and children up to age 6 years and their families. Children up to age 6 years will be screened for oral health status and provided with fluoride varnish when appropriate. All children receiving services will receive a toothbrush, toothpaste, floss, and educational materials. Care coordination for establishment of a dental home will be provided when appropriate. Clinics will be scheduled at community locations including WIC centers, pediatric medical offices, OB offices, child birth preparation classes and pregnancy support programs, community resource centers, and health fairs. Bilingual staff will provide oral health education in Spanish when appropriate. Other language translation services will be available by phone if needed. Medical providers and staff will be provided with strategies to identify children at risk for tooth decay and encourage establishment of a dental home by age one. Staff at general dental practices will be provided with strategies for working with young children and developing the practice as a dental home for children beginning at age one.
Planned Collaboration	Collaboration with community partners is key to the success of First Teeth First. Dignity Health is developing partnerships with four WIC centers, two community resource centers, three child birth preparation and pregnancy support programs, two pediatric offices, and two OB offices in the East and Southeast Valley. Our collaboration with the Mesa Community College Dental Hygiene program provides an opportunity to engage future dental professionals. Dental hygiene students participate in First Teeth First clinics as part of their community clinic rotations. Dignity Health will work with the Maricopa County Department of Public Health to deliver the First Teeth First program.

	Children's Dental Clinic
Significant Health Needs	X Access to Care
Addressed	☐ Mental Health and Behavioral Health
	□ Diabetes
	□ Breast Cancer
	□ Injury Prevention
D E I	□ Social Determinants of Health
Program Emphasis	X Disproportionate Unmet Health-Related NeedsX Emphasize Prevention
	X Emphasize PreventionX Seamless Continuum of Care
	X Build Community Capacity
	X Demonstrate Collaboration
Program Description	The Children's Dental Clinic utilizes Affiliated Practice Dental Hygienists to
1 1 0 g 2 u 2 u 3	provide comprehensive preventive dental care to low-income and uninsured
	children. Services include dental assessments, radiographic imaging, sealants,
	fluoride varnish treatments, oral health education, nutrition education, orofacial
	myofunctional therapy, and coordination of care. Located at a school-based
	family resource center, the clinic is perceived as a safe-haven, where individuals
	can seek compassionate, culturally sensitive care. While clinic services are
	important, behavior change is a critical component of oral health. The dental
	clinic's bilingual Promotora works with families to complete risk assessments
	and goals setting for behavior change to improve oral health. The dental clinic's
	Community Oral Health Liaison strengthens the clinic's connection with the community by providing oral health education and supplies to children, families,
	and expectant women at community locations. The clinic is grant-funded with
	additional financial and operational support from Chandler Regional Medical
	Center and the Dignity Health Foundation- East Valley.
Community Benefit	A1b Community Based Clinic
Category	
Duranes Carl	Planned Actions for 2019-2021 The Children's Deptat Clinia will improve the anal health of children ages 0 to
Program Goal / Anticipated Impact	The Children's Dental Clinic will improve the oral health of children ages 0 to 21 by reducing barriers to care and increasing awareness of the importance of
Anticipated Impact	oral health.
Measurable Objective(s)	Number of children receiving full preventive dental services
with Indicator(s)	2. Percent of patients with "no new decay" at subsequent clinic appointments.
Will Indicator (5)	3. Number of children, pregnant teens, parents, educators, and community
	leaders who received comprehensive oral health education.
	•
Intervention Actions	1. Provide preventive dental health services including dental assessments,
for Achieving Goal	professional cleanings, radiographic imaging, sealants, fluoride varnish
	treatments, oral health education, nutrition education, orofacial myofuntional
	therapy, and care coordination.
	2. Provide care coordination for 100% of children in need of restorative dental
	care.
	3. Increase awareness and improve children's oral and overall health through education for children and parents.
	4. Provide dental supplies to children at the clinic and in the community.
	7. I To vide dental supplies to enhance at the enhance and in the community.

	The Dignity Health Children's Dental Clinic uses education and clinical prevention services to address oral health disparities. Reduced plaque scores and decreased decay to indicate that children are incorporating healthy oral health habits at home. These behavior changes, along with restorative care to alleviate pain, have long-lasting impacts on children. Better nutrition and sleep lead to decreased absenteeism and increased attention in school. A positive dental experience for children increases the likelihood of continuing regular dental care which will carry into adulthood.
Planned Collaboration	The Chandler Children's Dental clinic relies on collaborations to improve access to care and continuum of care. The clinic is located at the Chandler CARE Center, a program of the Chandler Unified School District (CUSD). The St. Vincent de Paul Dental Clinic provides restorative dental services at the same location, providing a direct link to services for patients. Additional partnerships with a variety of dental professionals ensure that children in need of restorative care are treated appropriately. Children in urgent need of restorative care with no means to pay are referred to partnering dentists who have agreed to provide free care to a limited number of children.
	Dental Hygiene students from Mesa Community College Dental Hygiene School have regular rotations through the clinic. The students gain community and public health dental experience and increase the capacity of the clinic, enabling more children to be seen.
	Through a partnership with Maricopa County Department of Public Health, the clinic educator provides education at schools in four Phoenix East Valley school districts which are scheduled with the County's School-Based Dental Sealant Program.

	Immunizations 2019 - 2021
Significant Health Needs	X Access to Care
Addressed	☐ Mental Health and Behavioral Health
	□ Diabetes
	□ Breast Cancer
	□ Injury Prevention
	□ Social Determinants of Health
Program Emphasis	X Disproportionate Unmet Health-Related Needs
	X Emphasize Prevention
	□ Seamless Continuum of Care
	X Build Community Capacity
	X Demonstrate Collaboration
Program Description	Children's Vaccine Program provides free immunizations (vaccines provided
	through the State Vaccines for Children Program) for children 18 years and
	younger who are uninsured, underinsured, on AHCCCS, or American Indian or
	Alaskan Native. Free clinics are held at the CRMC Licensed Outpatient
	Treatment Center at the Chandler Care Center and at mobile sites in partnership
	with Maricopa County Department of Health Services throughout the East

Community Benefit	Valley service areas. Dignity Health provides staffing and supplies for the clinics. Adult Vaccine Program: Offers free adult immunizations (vaccines provided through the State Vaccines for Adults Program) for people 19 years and older who are uninsured, underinsured, on AHCCCS, or American Indian or Alaskan Native. A \$15 administration fee is requested but is not mandatory. Free clinics are held at the CRMC Licensed Outpatient Treatment Center at the Chandler Care Center and at mobile sites in partnership with Maricopa County Department of Health Services throughout the East Valley service areas. Dignity Health provides staffing and supplies for the clinics.
Category	
	Planned Actions for 2019-2021
Program Goal / Anticipated Impact Measurable Objective(s) with Indicator(s)	 Administer vaccinations to children seeking immunization with emphasis on medically underserved communities and families. Provide access to 100% of our immunization clinics for agencies that assess eligibility of people for government subsidized healthcare programs. Provide education and awareness on the importance of immunizations. Data collection and entry of the data into the state immunization database. Ongoing evaluation of current contracts/partnerships. Increase client base through aggressive marketing Seek grant and donated funds to offset cost of program. Number of immunization clinics for children and adults. Number of people screened: children and adults. Monitor and track revenue and pharmaceutical costs. Percentage of State data entered and up to date by June 30th Number and frequency of marketing contacts.
Intervention Actions for Achieving Goal Planned Collaboration	 Seeking grants and funds to help offset costs not covered by Federal government. Continue marketing to the community to increase our vaccination rates and the continued efforts to eradicate communicable vaccine preventable diseases. Chandler Unified School District, Chandler Care Center, VFC, VFA, Town of Gilbert, Gilbert Heritage Wellness, Education, and Resource Center, AZCEND,
D.	Gilbert Fire and Rescue, Maricopa County Department of Health, Tempe School District, The Arizona Partnership for Immunization. Planned collaboration is with Gilbert Public Schools.

Bu	ilding Blocks Vision and Hearing Screening
Significant Health Needs	X Access to Care
Addressed	 Mental Health and Behavioral Health
	□ Diabetes
	□ Breast Cancer
	□ Injury Prevention
	□ Social Determinants of Health

Program Emphasis	X Disproportionate Unmet Health-Related Needs
1 Togram Emphasis	X Emphasize Prevention
	☐ Seamless Continuum of Care
	X Build Community Capacity
	Demonstrate Collaboration
	Demonstrate Condocration
Program Description	Building Blocks Vision and Hearing offers services to:
	1. Help medically prepare under-served children for school.
	2. Help medically prepare the adult uninsured, underserved and/or homeless
	populations to receive vision services that support employment and
	other program outcomes that help the transition from social
	assistance.
	The vision and hearing screening is a portable program targeting children 0-5
	years in the East Valley community and serves children up to age 18 years
	and underserved and homeless adults age 19 and older. The clinics, located in
	areas of greatest need as identified in the 2018 Community Health Needs
	Screening for Chandler Regional Medical Center Service Areas, are
	accessible to those least likely to receive vision/hearing screening from
	mainstream health care. Dignity Health provides salary for the RN manager
	of the Community Wellness department and provides the employee benefits
	for the two BBC program employees. The salaries of the two employees (.6
	FTE each) are grant and foundation funded.
Community Benefit	A -2 Community Based Clinics
COMMINICAL DESIGNATION	1 A -2 Community Dasca Chines
Category	A -2 Community Based Chines
Category	Planned Actions FY 2019-2021
Category Program Goal /	Planned Actions FY 2019-2021 To provide vision and hearing screening and education to the population of
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Program Goal / Anticipated Impact	Planned Actions FY 2019-2021 To provide vision and hearing screening and education to the population of newborn -18 years in the Dignity Health service areas identifying those children requiring intervention and referral and ensuring that each child requiring intervention receives a referral in a timely manner and follows through on the referral. To provide vision screening and accessible and affordable referral for follow-up care to the underserved and homeless adults age 19 and older in conjunction with partners who serve these populations in the Dignity Health service areas.
Program Goal / Anticipated Impact Measurable Objective(s)	Planned Actions FY 2019-2021 To provide vision and hearing screening and education to the population of newborn -18 years in the Dignity Health service areas identifying those children requiring intervention and referral and ensuring that each child requiring intervention receives a referral in a timely manner and follows through on the referral. To provide vision screening and accessible and affordable referral for follow-up care to the underserved and homeless adults age 19 and older in conjunction with partners who serve these populations in the Dignity Health service areas. 1. Number of people screened
Program Goal / Anticipated Impact	Planned Actions FY 2019-2021 To provide vision and hearing screening and education to the population of newborn -18 years in the Dignity Health service areas identifying those children requiring intervention and referral and ensuring that each child requiring intervention receives a referral in a timely manner and follows through on the referral. To provide vision screening and accessible and affordable referral for follow-up care to the underserved and homeless adults age 19 and older in conjunction with partners who serve these populations in the Dignity Health service areas. 1. Number of people screened 2. Number of people educated
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Program Goal / Anticipated Impact Measurable Objective(s) with Indicator(s)	Planned Actions FY 2019-2021 To provide vision and hearing screening and education to the population of newborn -18 years in the Dignity Health service areas identifying those children requiring intervention and referral and ensuring that each child requiring intervention receives a referral in a timely manner and follows through on the referral. To provide vision screening and accessible and affordable referral for follow-up care to the underserved and homeless adults age 19 and older in conjunction with partners who serve these populations in the Dignity Health service areas. 1. Number of people screened 2. Number of people educated 3. Number of grants a. submitted b. awarded 4. Number of partners 5. Number of referrals Describe the principal program/initiative activities planned 1. Confirm sites for calendar year
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Program Goal / Anticipated Impact Measurable Objective(s) with Indicator(s)	Planned Actions FY 2019-2021 To provide vision and hearing screening and education to the population of newborn -18 years in the Dignity Health service areas identifying those children requiring intervention and referral and ensuring that each child requiring intervention receives a referral in a timely manner and follows through on the referral. To provide vision screening and accessible and affordable referral for follow-up care to the underserved and homeless adults age 19 and older in conjunction with partners who serve these populations in the Dignity Health service areas. 1. Number of people screened 2. Number of people educated 3. Number of grants a. submitted b. awarded 4. Number of partners 5. Number of referrals Describe the principal program/initiative activities planned 1. Confirm sites for calendar year 2. Maintain adequate staffing and supplies 3. Provide adequate hours of operation

Planned Collaboration	Current collaborations include: City of Chandler, Chandler Care Center, Vision
	Quest 2020, HEARS for Children, Lions Vision Service Center, Ear Foundation
	of Arizona, Target Optic Service Center, The Birth Haven, Heritage Wellness,
	Education, & Resource Center, AZCEND.

Healthier Living Program		
Significant Health Needs Addressed	 X Access to Care X Mental Health and Behavioral Health X Diabetes X Breast Cancer X Injury Prevention X Social Determinants of Health 	
Program Emphasis	 X Disproportionate Unmet Health-Related Needs X Emphasize Prevention X Seamless Continuum of Care X Build Community Capacity X Demonstrate Collaboration 	
Program Description	Healthier Living is an evidence-based program comprised of workshops originally developed by Stanford University (now SMRC) and the University of Illinois at Chicago. The 6-week workshops are offered 100% free to participants and help those with diabetes, chronic pain, or any chronic disease to self-manage their conditions. The senior and low income/underserved populations are specifically targeted.	
Community Benefit Category	A-1 a Community Health Education	
	Planned Actions for FY 2019-2021	
Program Goal / Anticipated Impact	The Healthier Living Program will deliver quality Healthier Living Workshops – Chronic Disease (CDSMP), Diabetes (DEEP), Chronic Pain (CPSMP), and Matter of Balance (MOB) workshops to participants, improving their overall health and well-being and ability to manage their chronic conditions resulting in a decrease in hospitalizations and ER visits, thus reducing healthcare costs.	
Measurable Objective(s) with Indicator(s)	 Secure funding sources to insure program sustainability Clearly defined agreements with cost sharing partners in place to insure program sustainability Program budget reflecting accurate expenses, revenues, and cost sharing reimbursements Offer 35 workshops annually serving approximately 500 participants Offer DEEP diabetes workshops to take advantage of HSAG cost sharing Program offerings diversification to include CDSMP, DEEP, CPSMP, and MOB to better serve the community. 25% of total workshops delivered annually will serve the senior population Deliver 2 workshops annually serving the homeless population each year 	

	O Deliver a minimum of A modulo mass and a lambda and a l
	9. Deliver a minimum of 4 workshops serving low income/underserved
	population annually
	10. Serve community partners who share in program responsibility for success
	11. Produce meaningful statistics and analytics demonstrating program efficacy
	12. Community partners onboard with desire and capacity to "champion"
	program and commit to success as demonstrated by program analytics
Intervention Actions	Develop annual FY program budget and program strategic plan.
for Achieving Goal	2. Operate program in alignment with program strategic plan and within
for Acineving Goal	budgetary constraints
	3. Continue to seek and secure funding sources to insure program sustainability
	4. Continue to develop and nurture cost sharing partners to insure program
	sustainability
	5. Develop and nurture community partners with desire and capacity to
	"champion" program and commit to success; Strategically review, add, and
	eliminate non-performing community partners
	6. Promote and deliver a "full service" Healthier Living program model.
	7. Deliver workshops in accordance with all Self-Management Resource
	Center (SMRC) fidelity and University of Illinois at Chicago requirements
	8. Continue collecting and reporting meaningful analytics supporting program
	efficacy.
	9. Continue to develop and nurture east valley hospital workshop participant
	referral sources
Planned Collaboration	Community Partners Include:
	Lutheran Social Services of the Southwest, St. Mary's/St. Juan Diego Catholic
	Churches, Mission of Mercy, AZCEND, Tempe Community Action Agency
	(TCAA), Mercy Housing, Friendship Village A New Leaf, Leisure World,
	Tempe Pyle Recreation Center, Chandler/Gilbert Senior Centers, Renaissance
	Luxury Living, The Summit at Sunland Springs, Cal-Am Resorts, Maricopa
	County Library System, Fellowship Square, Clarendale Chandler
	Cost Sharing/Funding Partners Include:
	Maricopa County, Mission of Mercy, AZCEND, Health Services Advisory
	Group (HSAG), Area Agency on Aging Region One (AAA), National Kidney
	Foundation, Arizona, Walmart Stores, East Valley Committee on Aging
	Hospital Partners Include:
	Dignity Health East Valley Foundation, CRMC and MGMC Volunteer Services,
	Dignity Health East Valley Rehabilitation Hospital, Dignity Health Medical
	Group – Chandler, CRMC Neuro floor, Dignity Health East Valley Stroke
	Survivor's Support Group, Dignity Health Faith Health Ministry

Mommy Fit Camps Program		
Significant Health Needs	X	Access to Care
Addressed		Mental Health and Behavioral Health
		Diabetes
		Breast Cancer
		Injury Prevention
		Social Determinants of Health

Program Emphasis	 X Disproportionate Unmet Health-Related Needs X Emphasize Prevention □ Seamless Continuum of Care □ Build Community Capacity
	□ Demonstrate Collaboration
Program Description	Obesity is on the rise and has significantly increased among women of the childbearing age range and women in the perinatal period. Maternal obesity can lead to a variety of pregnancy, birth, and future complications. Mommy Fit Camps – is a preventive program that provides free pregnancy and postpartum fitness classes. Classes are held at Dignity Health, Mercy Gilbert and Rome Towers - Community Education. Lead by a CAPPA Certified Pregnancy Fitness Educator. Staffing and supplies are provided thru Dignity Health. Classes are geared for two populations: pregnant moms, postpartum moms, and their babies. Each class is low to moderate pace and can be modified to each individual fitness level. Exercising during pregnancy and postpartum, reduces general perinatal discomforts, reduces your risk for gestational diabetes, lower incidence of perinatal mental health disorders, and decreases likelihood of future challenges with obesity.
Community Benefit Category	A1-e Community Health Education – Self Help
8 1	Planned Actions for 2019-2021
Program Goal /	Weekly fitness classes held to improve birth outcomes, manage weight gain in
Anticipated Impact	pregnancy and manage weight loss after birth and recovery period.
Measurable Objective(s)	Offer weekly classes.
with Indicator(s)	Pregnancy Fit Camp – 43 weekly classes held in FY18
	Postpartum Fit Camp – 45 weekly classes held in FY18
	Track weekly participation
	Pregnancy Fit Camp served 220 participants FY18
	Postpartum Fit Camp served 293 participants FY18
Intervention Actions	1. Continue to offer weekly fitness classes: One pregnancy fit camp per week
for Achieving Goal	and one postpartum mom and baby fit camp per week.
	2. Look at the possibility of adding additional fit camp per week.
Planned Collaboration	Collaborated with March of Dimes, to lead participants in the annual March for Babies event in downtown Phoenix Collaborated with Women's Health Innovations, Maternal Mental Health awareness event. Lead a prenatal and postnatal workout during event

Think First		
Significant Health Needs		Access to Care
Addressed		Mental Health and Behavioral Health
		Diabetes
		Breast Cancer
	X	Injury Prevention
		Social Determinants of Health

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Program Emphasis	□ Disproportionate Unmet Health-Related Needs
	X Emphasize Prevention
	□ Seamless Continuum of Care
	□ Build Community Capacity
	□ Demonstrate Collaboration
Duo anoma Danasia (*	The Think Circle for Wide Decorres and decolored to the description of the Control of the Contro
Program Description	The ThinkFirst for Kids Program was developed by the ThinkFirst National Injury Prevention Foundation to increase awareness and knowledge among children about the risks of brain and spinal cord injury, and the use of good safety habits. The program is designed to enhance students' interest and learning by using four interactive components which include: 1) curriculum for brain and spinal cord injury prevention containing six subject- integrated lessons, 2) an animated cartoon video that provides an overview of brain and spinal cord injury and safety topics, 3) a set of five comic sheets (one per safety topic), 4) a set of five full-color classroom posters that reinforce key messages
	presented during classroom instruction.
	Teaching strategies are used that inspire creativity and learning (e.g., role-play, stories, visual enforcement, hands-on, reading, sharing ideas, etc.). The ThinkFirst for Kids Program's goal is to help students (grade 1-3) develop safety habits that will minimize their risks of sustaining a brain or spinal card injury. This is done in a fun but interactive way, which also involves teachers, parents and the community.
Community Benefit Category	A1 Community Health Education
	Planned Actions for 2019-2021
Program Goal / Anticipated Impact	Present the ThinkFirst for Kids Program to at least two Title I schools and one afterschool community center Provide bike helmets for each student Continue collaboration with Maricopa School District in order to bring Think First for Kids Program to this new service area Apply for grant to expand the program in high schools teaching ThinkFirst for Teens curriculum
Measurable Objective(s) with Indicator(s)	 Present ThinkFirst for Kids curriculum to third graders in public schools in the City of Maricopa. Present ThinkFirst for Kids curriculum to third graders in the Gilbert/Chandler public school district. Present ThinkFirst for Teens curriculum to high school students if funding secured. Continue to apply for grants to fund the programs as evidenced by receiving either money or a rejection. Pre and post-tests to be administered to third grade students to assess knowledge transfer. Post-evaluations are to be given to all teachers once the classroom/assembly

	7. Continue to collaborative ThinkFirst for Kids outreach events with the East Valley Dignity Health Trauma Department, Safe Kids of Maricopa and St Joseph Hospital and Medical Center/Barrow Neurological Institute. 8. If funding can be secured, provide lessons to children, 8-9 years at ICAN.
Intervention Actions	1. Provide education to prevent brain and spinal cord injury at local health fairs
for Achieving Goal	and clinics.
	2. Continue to provide ThinkFirst for Kids to the third graders in public schools
	in the City of Maricopa and Gilbert/Chandler School Districts.
	3.Provide program in summer to students at ICAN
	4. If funding secured expand program to include ThinkFirst for Teens in high schools.
	5. Seek grant funding to sustain programs.
Dlamad Callabaration	The Think First for Vide collaborates with Chandles Decional & Marcy Cilbert
Planned Collaboration	The ThinkFirst for Kids collaborates with Chandler Regional & Mercy Gilbert
	Medical Center's Trauma Department, Gilbert Public Schools and the Maricopa
	Unified School District #20. The program also collaborates with Safe Kids of
	Maricopa. The program currently has no grant funding.

Pregnancy ar	nd Postpartum Support Group & Let's Talk Therapy Group
Significant Health Needs	X Access to Care
Addressed	X Mental Health and Behavioral Health
	□ Diabetes
	□ Breast Cancer
	□ Injury Prevention
	□ Social Determinants of Health
Program Emphasis	X Disproportionate Unmet Health-Related Needs
	X Emphasize Prevention
	X Seamless Continuum of Care
	□ Build Community Capacity
	X Demonstrate Collaboration
Program Description	Approximately one in five women, and one in 10 men, will experience a
	perinatal mood disorder. The Pregnancy and Postpartum Support Group is a
	peer based support group that provides a safe, judgement-free place to connect
	with other moms in similar stages of life and experiencing similar challenges.
	This is a free drop-in group that meets weekly.
	Let's Talk is a closed perinatal therapeutic group that meets for six weeks and is
	led by a licensed therapist specializing in perinatal mental health. This free
	group meets for two hours per week for six weeks with the same group of moms.
Community Benefit	A1-d Community Health Education – Support Groups
Category	
	Planned Actions FY2019-2021
Program Goal /	To provide pregnant and postpartum mothers (and their partner) services and
Anticipated Impact	resources as it relates to perinatal mental health.
Measurable Objective(s)	1. After attending the Pregnancy and Postpartum Support Group, participants
with Indicator(s)	will report improved success navigating emotional adjustment issues, resources
	and treatment options, and a sense of community for themselves.

	2. After attending the Let's Talk sessions, the participant will experience a decrease in perinatal mental health disorder symptoms as indicated on Pre- and Post-evaluations, and Edinburgh Perinatal Depression Scale. 3. After attending Let's Talk, moms will be able to verbalize one way to have better communication skills with family members. 4. At the completion of Let's Talk, the participant will be able to verbalize two situations with the infant which causes her stress levels to increase and activities she can do to circumvent these stressors.
Intervention Actions for Achieving Goal	Provide different and pertinent topic for discussion, or tool each week. Provide education about Maternal Mental Health to increase awareness about the condition, resources, and treatment options. Provide mothers the opportunity to talk, listen, and share experiences, thoughts, and feelings with other women in a safe and nonjudgmental environment.
Planned Collaboration	Dignity Health has contracted with Women's Health Innovations of Arizona to provide the six-week therapeutic program, Let's Talk. Women's Health Innovations is a 501(c)(3) organization and are considered experts in their field and provide a variety of services to families within the community struggling with perinatal mental health. Recent collaboration with AZCEND in Chandler to offer Let's Talk for the Spanish speaking population, beginning in July 2019.

	Center for Diabetes Management
Significant Health Needs	□ Access to Care
Addressed	☐ Mental Health and Behavioral Health
	X Diabetes
	□ Breast Cancer
	□ Injury Prevention
	□ Social Determinants of Health
Program Emphasis	□ Disproportionate Unmet Health-Related Needs
	□ Emphasize Prevention
	□ Seamless Continuum of Care
	□ Build Community Capacity
	□ Demonstrate Collaboration
Program Description	Our comprehensive Center for Diabetes Management (CDM) offers education
	for a wide variety of patient needs:
	• Diabetes self-management training for people with type 1 and type 2 diabetes
	Gestational diabetes/diabetes and pregnancy classes
	Blood glucose meter training
	Insulin initiation and management
	Pre-diabetes/metabolic syndrome
	Continuous glucose monitoring
	Insulin pump management
	CDC Prevent T 2 program

Mercy Gilbert Medical Center 2019-2021 Implementation Strategy

Community Benefit	The center also participates in community events and offers free outreach and support groups and screenings to promote community awareness on lifestyle changes and the prevention and management of diabetes. All classes are taught at Center for Diabetes Management, an outpatient facility of Mercy Gilbert Medical Center. Facilities, expenses and staffing are supported by the hospital. A-1 Community Health Education
Category	
	Planned Actions for 2019-2021
Program Goal / Anticipated Impact	Actively market Center for Diabetes Management to promote our services to patients, hospital staff and health care providers to achieve an average of 360 patient encounters per month. Coordinate with inpatient departments, care coordination, and nursing education to develop an effective system for referrals from inpatient to outpatient. CDM is currently getting referrals through both NaviHealth and Cerner.
Measurable Objective(s)	Number of patient encounters per month
with Indicator(s)	 Number of in-house referrals made, if able to accurately track. Number of community events
Intervention Actions for Achieving Goal	 Form appropriate community partnerships and collaborative efforts to meet our goals related to community outreach and serving the underserved populations. Continue with collaboration with hospital departments to establish inpatient education and an effective referral process. Currently represented on the hyperglycemia management team Participate in AZ Diabetes Coalition. Continue making second calls on referrals as staffing allows improving
	referral to scheduled percentage and net patients scheduled.
Planned Collaboration	Collaboration is planned with the Gilbert Wellness and Resource Center. One workshop presented during FY 19. We will continue to work with existing community partners and local municipalities.

APPENDIX A: COMMUNITY BOARD AND COMMITTEE ROSTERS

EAST VALLEY HOSPITALS COMMUNITY BOARD MEMBERS

Name	Occupation/Title	Company
Jason Bagley	Director, State Government Relations	Intel Corporation
Puneet Bhalla, M.D.	Physician (Oncology, Internal Medicine)	Ironwood Cancer & Research Centers
Mark Slyter	Hospital President	Mercy Gilbert and Chandler Regional Medical Centers
Helen Davis, J.D.	Attorney (specializing in family law)	The Cavanagh Law Firm
Tom Dwiggins	Fire Chief City of Chandler Fire Department	City of Chandler Fire Department
Linda Hunt	Service Area President/CEO	Dignity Health Arizona Service Area
Rick Kettner- Chair	Senior Director of Engineering	Nothrup Grumman Corp. (aerospace)
Sister Mary Kilgariff, R.S.M.	Liaison for Community Health & Senior Programs	Dignity Health St. Mary's Medical Center
Johnathan Hodgson, DO	Neurologist Gilbert Neurology	Gilbert Neurology
Tom Marreel	CEO	Marreel Slater Insurance
JJ Linder, MD	President of Medical Staff	Envision Physician Services/Chandler Regional
Sister Bridget McCarthy, R.S.M.	Sister of Mercy; V.P. Mission Integration Greater Sacramento Area	Dignity Health
W. Les Presmyk	Principal Mine Engineer	Salt River Project
Hector Peñuñuri	Senior Distribution Key Account Manager	Salt River Project
Sandy Cooper	Assistant Superintendent	Chandler Unified School District
Margarita Silva	Ex officio nonvoting member from SJHMC/SJWMC Board	Silva & Fontes
Veena Vats, M.D.	Physician (ear, nose, throat and facial surgery)	Trinity ENT and Facial Aesthetics
Joan Warner, M.D.	Physician (OB/GYN)	Desert Foothills OB/GYN

EAST VALLEY HOSPITALS COMMUNITY GRANTS COMMITTEE

Name	Occupation	
Lori Bacsalmasi	Manager Community Education/Lactation, CRMC/MGMC	
Jeanne Cahill	Manager Center for Diabetes Management, CRMC/MGMC	
Staci Charles	President & CEO, Brain Lab	
Kathleen Dowler	Director Community Integration, CRMC/MGMC	
James Kern	Dignity Health Volunteer	
Susan Ohton	Manager Community Wellness, CRMC/MGMC	
Desiree Granillo	Manager of Clinical Social Work Care Coordination, CRMC	
John Sentz	Town of Gilbert Board, Community Member	
Julie Graham	Director of External Affairs Dignity Health	
Ivars Vancers	Owner, Vancers Consulting	
Theresa Dettler	Sr Coordinator Community Benefits, CRMC/MGMC	
Gia Snooks	Prenatal Program Coordinator, CRMC/MGMC	
Michelle Gross-Panico	Dignity Health- Manager Community Oral Health	
Joyce Cannon	Dignity Health volunteer	
Laurel Vetsch	Dignity Health Grants Manager East Valley Foundation	

EAST VALLEY COMMUNITY BENEFIT COMMITTEE MEMBERS

Name	Occupation	
Mark Slyter	CEO President, Chandler Regional and Mercy Gilbert	
	Medical Centers	
Milissa Chanice	Director Environment of Care,	
	CRMC/MGMC	
Trinity Donovan	CEO,	
	AZCEND	
Kathleen Dowler	Director of Community Integration,	
	CRMC/MGMC	
Jason Bagley	Intel - Director, State Government Relations	
Tom Dwiggins	Fire Chief- Chandler Fire Department	
Molonio Dukatno	Town of Gilbert	
Melanie Dykstra	Town of Gilbert	
Sandy Cooper	Chandler Unified School District	
Sandy Cooper	Chandler Chinica School District	
Susana Swann	Finance –Dignity Health	
Susana Swami	Timulice Diginty Treatm	
Carl Landrum	Retired,	
	Community Member	
Dr. Paul McHale	MD Emergency Services,	
	CRMC	
Dr. Sandy Indermuhle	MD Emergency Services,	
•	CRMC	
Wendy Otten	Director Trauma Services	
Ivars Vancers	Owner,	
	Vancers Consulting	
Sister Bridget McCarthy	VP, Mission Integration Greater Sacramento	
Sister Mary Kilgariff, RSM	Liaison for Community Health & Senior Programs Dignity	
	Health St. Mary's Medical Center	
Chris Clark	Queen Creek Chamber of Commerce	
Jeanene Fowler	Maricopa County Dept. Public Health	
Jeanne Cahill	Dignity Health- Center for Diabetes Manger	

APPENDIX B: FINANCIAL ASSISTANCE POLICY SUMMARY

SUMMARY OF FINANCIAL ASSISTANCE PROGRAMS

Dignity Health's Financial Assistance Policy describes the financial assistance programs available to uninsured or under- insured patients who meet certain income requirements to help pay for medically necessary hospital services provided by Dignity Health. An uninsured patient is someone who does not have health coverage, whether through private insurance or a government program, and who does not have the right to be reimbursed by anyone else for their hospital bills. An underinsured patient is someone who has health coverage, but who has large hospital bills that are not fully covered by their insurance.

Free Care

If you are uninsured or underinsured with a family income of up to 200% of the Federal Poverty Level you may be eligible to receive hospital services at no cost to you.

Discounted Care

If you are uninsured or underinsured with an annual family income between 200-500% of the Federal Poverty level, you will be charged the Amount Generally Billed (AGB), which is an amount set under federal law that reflects the amounts that would have been paid to the hospital by private health insurers and Medicare (including co-pays and deductibles) for the medically necessary services that you received.

If you are eligible for financial assistance under our Financial Assistance Policy you will not be required to pay more than the Amount Generally Billed described above. If you qualify, you may also request an interest-free extended payment plan.

You will never be required to make advance payment or other payment arrangements in order to receive emergency services.

Free copies of the hospital's Financial Assistance Policy and financial assistance application forms are available online at your hospital's website listed below or at the hospital Admitting areas located near the main entrance. (Follow the signs to "Admitting" or "Registration"). Copies of these documents can also be mailed to you upon request if you call Patient Financial Services at the telephone number listed below for your hospital.

Traducción Disponible: You may also obtain Spanish and other language translations of these documents at your hospital's website, in your hospital's Admitting area, or by calling your hospital's telephone number.

Dignity Health Financial Counselors are available to answer questions, provide information about our Financial Assistance Policy and help guide you through the financial assistance application process. Our staff is located in the hospital's Admitting area and can be reached at the telephone number listed below for your hospital.

Mercy Gilbert Medical Center 3555 S. Val Vista Drive, Gilbert, AZ 85297 | Financial Counseling 480-728-7281 Patient Financial Services 855-892-2400 www.dignityhealth.org/mercygilbert/paymenthelp

APPENDIX C: CURRENT AND PLANNED COLLABORATIVE PARTNERS

AZCEND	About Care
Chandler /Gilbert Substance Misuse Taskforce	Lutheran Social Services of the Southwest
Big Brother Big Sisters of Central Arizona	Neighbors Who Care
Brighterway Dental	Desert Cancer Foundation
Chandler CARE Center	Hushabye Nursey
Child Crisis Arizona	Head Start
Dignity Health East Valley Foundation	Keogh Foundation
Faith Health Ministry/Faith community	Maricopa County Department of Public Health
Foundation for Senior Living	Circle the City
Gilbert Senior Center	Mercy Housing in Gilbert and Mesa
Heritage Center- Gilbert	Area on Aging
Heritage Center Wellness, Education & Resource Center	Haven 107
ICAN	Fans Across America
Ironwood Cancer and Research Center	AT Still University
Kyrene Family Resource Center	Birth Haven
Maggie's Place	Sun Lakes Senior Community
Mesa Community College	Mathew's Crossing
Mission of Mercy	Tempe Community Action Agency
Pappas Kids Schoolhouse Foundation	East Valley Adult Resources
School districts: Chandler, Gilbert, Mesa, Kyrene, Tempe, Queen Creek, and City of Maricopa	Living Well Institute
Southwest Behavioral Health	Marc Community Resources
St. Vincent De Paul	Ahwatukee YMCA
Valley of the Sun YMCA Gilbert/Chandler and Tempe	Rebuilding Together Valley of the Sun
Women's Health Innovations	Phoenix Children's Hospital
Women's Infants and Children's (WIC)	Maricopa Family Advocacy Center

APPENDIX D: OTHER PROGRAMS AND NON-QUANTIFIABLE BENEFITS

The hospital delivers a number of community programs and non-quantifiable benefits in addition to those described elsewhere in this report. Like those programs and initiatives, the ones below are a reflection of the hospital's mission and its commitment to improving community health and wellbeing.

Community Building Activities

Mercy Gilbert Medical Center Community Leadership: Dignity Health provides valuable leadership beyond the walls of the hospital by participating on community building boards that share our common goals and values. Some boards represented with Dignity Health leadership include the Arizona, Maricopa, Ahwatukee, Chandler, Gilbert, Glendale, Mesa, Greater Phoenix, Peoria, Surprise, and Queen Creek Chambers of Commerce, About Care, American Lung Association, American Medical Group Association, Arizona Alzheimer's Consortium, Arizona Department of Health Services Injury Prevention Advisory Council, Arizona Emergency Medical Services Council, Arizona Falls Coalition Leadership Council, Arizona Highway Safety Strategic Plan, Arizona Motorcycle Safety and Awareness Foundation, Arizona Perinatal Trust, Arizona Rural Health Association, Arizona State University Health advisory, Arizona Zanjeros, Chandler and Gilbert Boys and Girls Club of America, Boxer Luv Rescue, Camp Verde Fire Auxiliary, Cancer Support Community, Catholic Charities Community Services, Central Arizona College of Radiologic Technology, Central Arizona Society for Healthcare Engineers, AZCEND, CeCe's Hope Center, Charter 100, City of Chandler Economic Development Advisory Board and People with Disabilities Mayors Council, Coyote Crisis Collaborative, Desert Cancer Foundation, East Valley Hispanic Chamber of Commerce, Epicenter, Fresh Start Women's Foundation, Gilbert Education Foundation, Gilbert Historical Museum, Hospice of the Valley, House of Refuge, ICAN, Keogh Health Connections, March of Dimes, Mathew's Crossing Food Bank, National Think First Injury Prevention Foundation, Phoenix Healthcare Sector Partnership, Positive Paths for Women, Power of the Purse, Southwest Catholic Health Network dba Mercy Care Plan, State Trauma Advisory Board, Town of Gilbert Mayor's Executive Advisory Team, United Food Bank, Mesa and Gilbert YMCA

Ecology

MGMC exercises responsible stewardship of the environment and partners with others to advance ecological initiatives. Policies are developed and implemented to address waste minimization, energy and water conservation and reduction of greenhouse gas emissions. Environmental initiatives include various interested departments, set goals for improved environmental performance and monitor, report and hold employees accountable for progress toward those goals. Examples include: Clinical Laboratory

- Plastic cuvettes used in coagulation analyzers to a company to be washed for our reuse. Divert plastic waste from landfill.
 - Local department-initiated recycle collection points for cardboard.
- The hospital-owned lab courier car is a Prius a high mileage and high efficiency vehicle. Security/ Plant Operations
 - Retrofitting parking lot lights with energy saving and longer life LED fixtures
 - Installation of solar powered code blue stations in employee parking lots
 - Responsible management of construction debris and metals recycling

- Landscaping choices include water minimization considerations
- Water treatment systems have been replaced with a soft water non-chemically treated solution. This replacement also reduces the generation of wastewater.

Clinical Informatics

- Implementation of electronic medical records and managed print equipment and services Environmental Services
- Mercy Gilbert Medical Center has partnered with Chandler Gilbert ARC to further our ecology efforts. Employees of Chandler Gilbert ARC with intellectual and developmental disabilities provide many talents and do a great job in completing important recycling tasks. ARC employees are on site every day to collect recyclable materials from collection locations throughout the facility.