

# Barrow Neuro-Rehabilitation Services: Therapeutic Apps & More





This flyer includes activities that have therapeutic value, to aid in your recovery. These lists have been compiled by therapists at the Barrow Neurological Institute, and are categorized by level of difficulty. Many of these activities allow you to increase the level of complexity as well. Playing these activities is not a substitute for therapy, but can be a fun way to work on important skills.














***Ask your therapists which activities are best for you.***
















## If you're unable to work with a therapist:








- 1) choose which skill area you would like to work on;
- 2) choose a Level 1 (Easy) game to start;
- 3) progress to Level 2 (Medium) and Level 3 (Hard) games as appropriate.














Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
 <b>Motor, Coordination, Balance</b>	Wii Sports/ Sports Resort (Video: Nintendo)	Kinect Adventures (Video: Xbox)	Wii Just Dance (Video: Nintendo)
	Ball Games – toss, kicking, etc.	Wii Fit Plus (Video: Nintendo)	Darts
		Kinect Sports (Video: Xbox)	Ping-Pong
		Bean Bag Toss	











Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
 <b>Fine Motor</b>	 Draw Line (App)	 Fruit Ninja (App)	Operation (Board)
	 Flow Free (App)	 Flick Home Run! HD (App)	Perfection (Board)
	 Magic Piano by Smule (App)	 Dexteria (App)	Cat's Cradle (String game)
	Connect 4 (Board)	Jenga (Board)	
		Mastermind (Board)	

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
 <b>Vision and Visual Perception</b>	 Word Search (Book/App)	 Combin3 (App)	 Slice and Splice (App)
	 Jigsaw Box (App)	 Cross Fingers/Tangrams/Mighty Mind (App/Board)	 BrainHQ (App/Internet)
	 1010! (App)	 Streaq (App) Sequence (Board)	 Brain Teasers 3 (App)
	 Word Bubbles (App)	Blink (Card)	 Little Things (App)
	Bingo (Board)	Quirkle (Board)	 What's the Difference (App/Book)

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
<b>Language</b> 	 94 seconds (App)	 Phrase Party! (App)  Catch Phrase (Board)	 Anagram Twist (App)
	 Pictword (App)	 This is to That (App)	 Chain of Thought (App)
	 Word Collapse (App)	 Word Brain (App)	 4 Pics 1 Word (App)
	 Alphabear (App)	 Pop Words/Boggle (App/Board)	 What's the Saying? (App)
	 Get + Together (App)	Name 5 (Board)	Scattergories (Board)

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
<b>Memory</b> 	 Memory Matches (App)	Wii Big Brain Academy (Video: Nintendo)	Wii Brain Age (Video: Nintendo)
	 Glow Burst (App)	 Memory Block (App)	 Cogmed (App)
	Golf (Card)		 Logic Games (App)
			 BrainHQ (App/Internet)

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
<b>Planning, Problem Solving and Decision Making</b> 	 Draw Line (App)	 Cut the Rope (App)	 ATC 4.0 (App)
	 Flow Free (App)	 Set Pro HD (App)  Set (Board)	 Conundra Math (App)
	7 Up (Card)	 Skill Game (App)	Coffee Shop (Internet)
	Kings in the Corner (Card)	 Madagascar Checkers (App)  HiQ (Board)	 Unblock Me (App)
			 Chess (App/Board)

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
<b>Attention</b> 	 Hammer Fruit (App)	 Bejeweled HD (App)	 BrainHQ (Internet/App)
	 Garage Band (App)	Wii Sports Resort (Video: Nintendo)	 Fit Brains Trainer (App)
	 Ins and Outs (App)	Blink (Card)	 Little Things Forever (App)
	 Splashdash (App)	Speed (Card)	 What's the Difference (App)
	Slap Jack (Card)		

\* Barrow Neurological Institute and St. Josephs Hospital and Medical Center are not affiliated, nor responsible for the content of these software products and activities. These activities are not a substitute for your doctor's or therapist's care. Please discuss with your therapist what activities are best suitable for you. Your personal health information is kept private with your health care provider's privacy policy.