

Interventional Radiology

Solutions in the

Primary Care Setting

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Our IR Group

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**Anobel M. Tamrazi,
M.D., Ph.D.**
Interventional Radiology
(Board Certified in Vascular &
Interventional Radiology)



- 100% IR Practice
- Consults in Clinic < 1 week
- General and Advanced IR Techniques
- Admitting Privileges
- Available for ED/Inpatient Call
 - Sequoia Hospital
 - El Camino Hospital

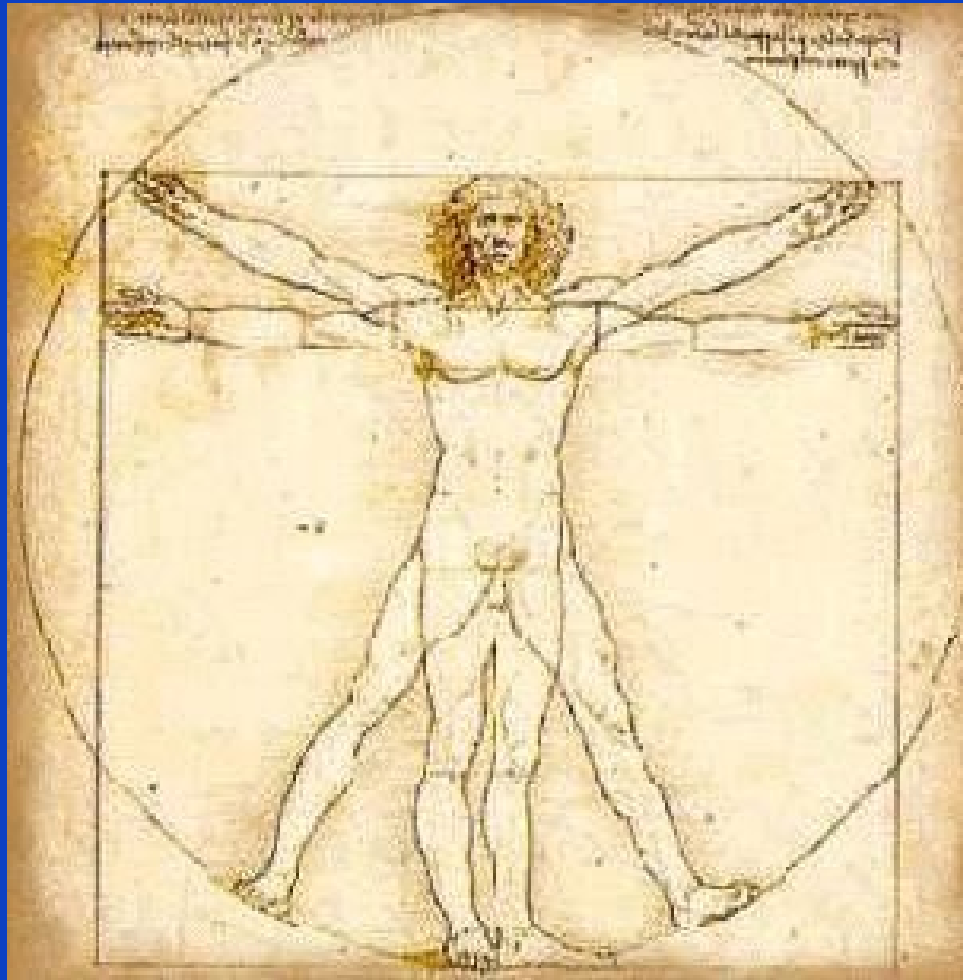
Interventional Radiology



Personalized Care
General and Advanced IR
Care Clinic Consults and
Follow Up

What is Interventional Radiology (IR)?

Image Guided **ACCESS**



1. TREAT
2. SAMPLE

We make Nicks, not Incisions

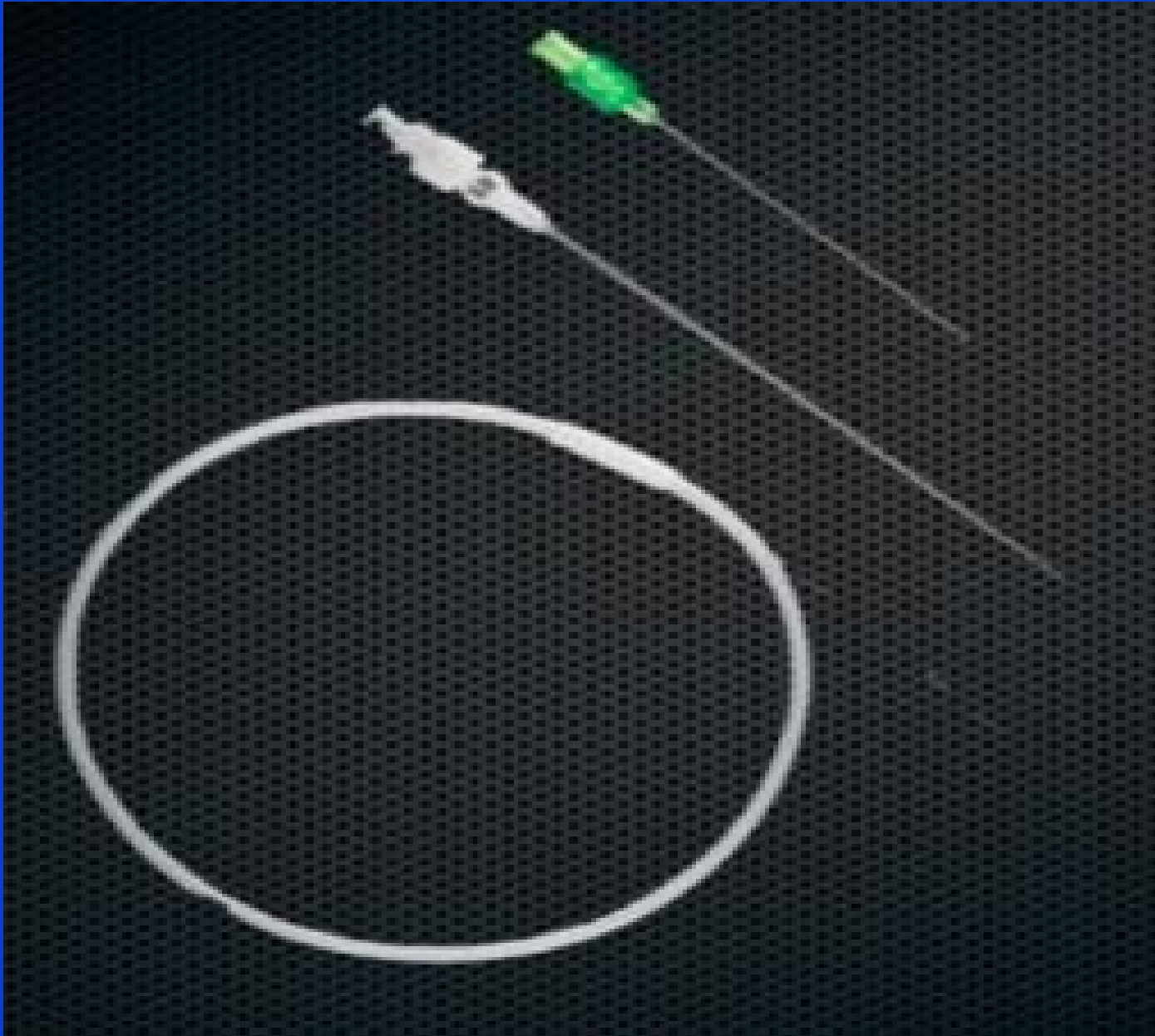
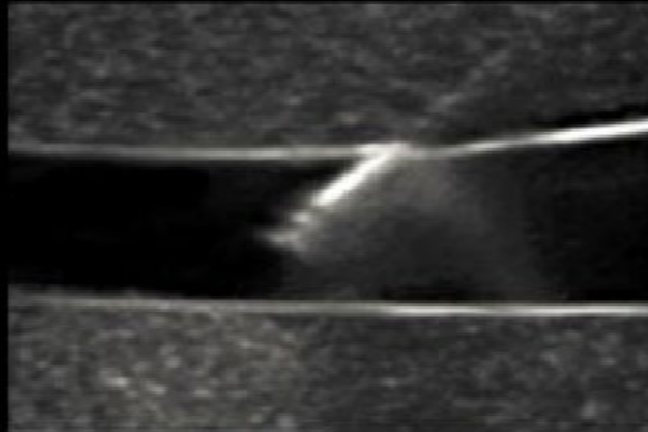


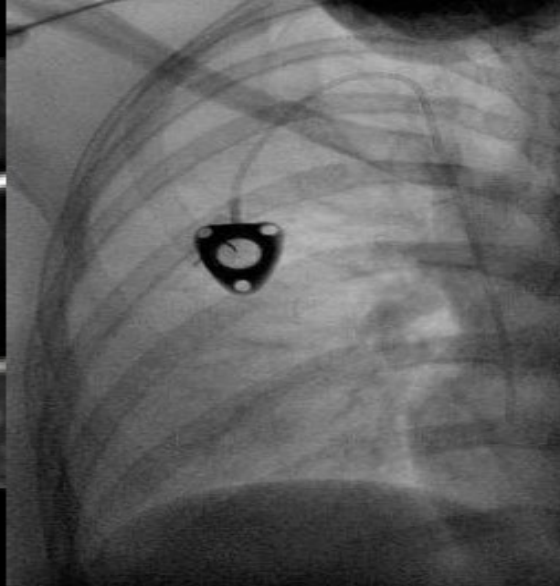
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ACCESS Non-

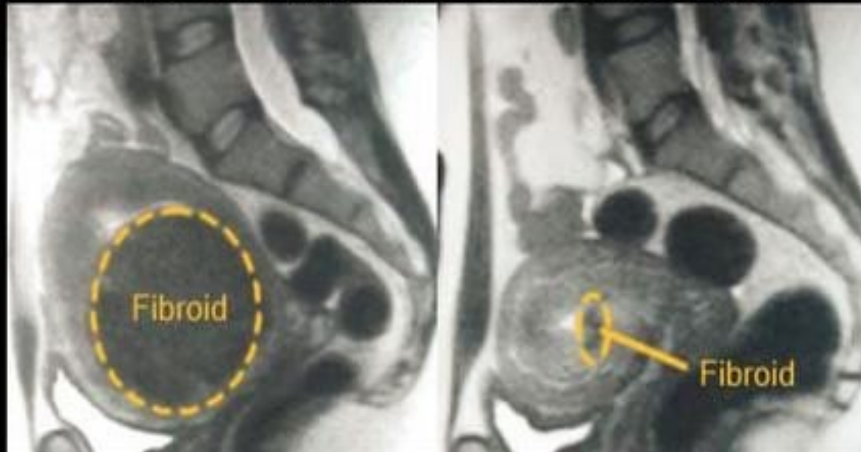
Under Ultrasound Guidance



Needle Access Into a Vein



Uterine Fibroid Embolization: 90% of Patients Treated Benefit from Symptomatic Relief Without Surgery



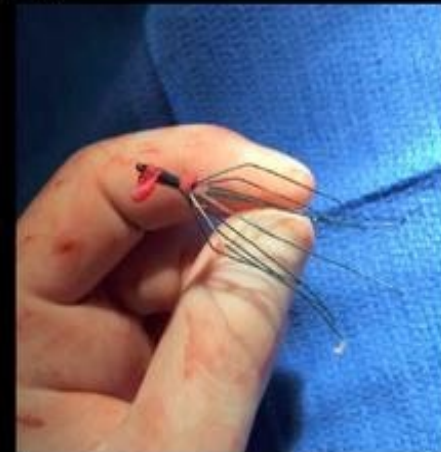
Before

After

IVC Filter Removal



Before

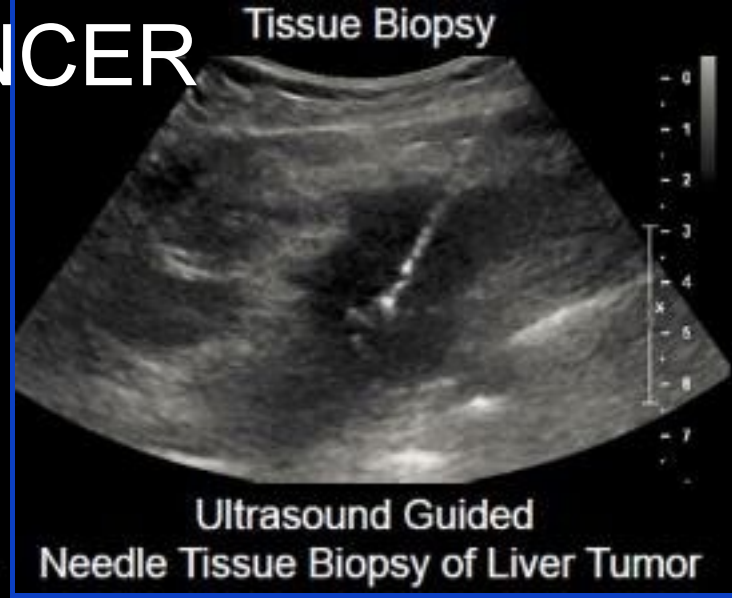
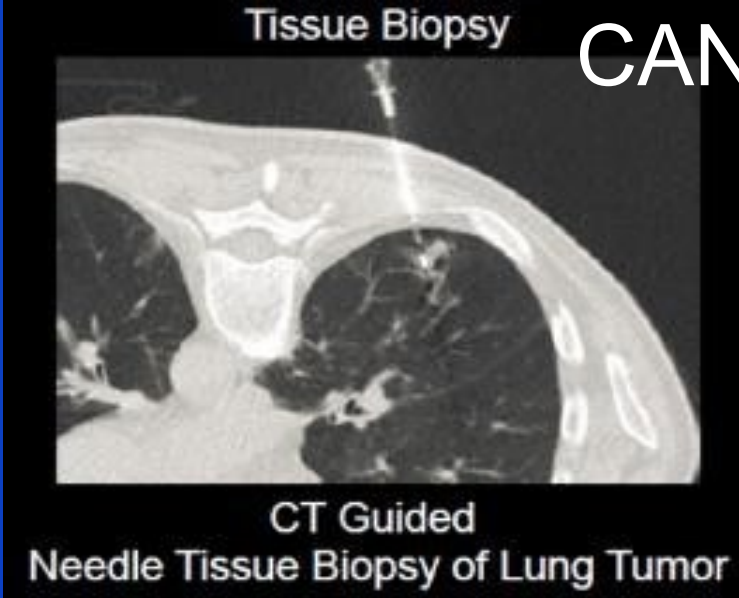


After

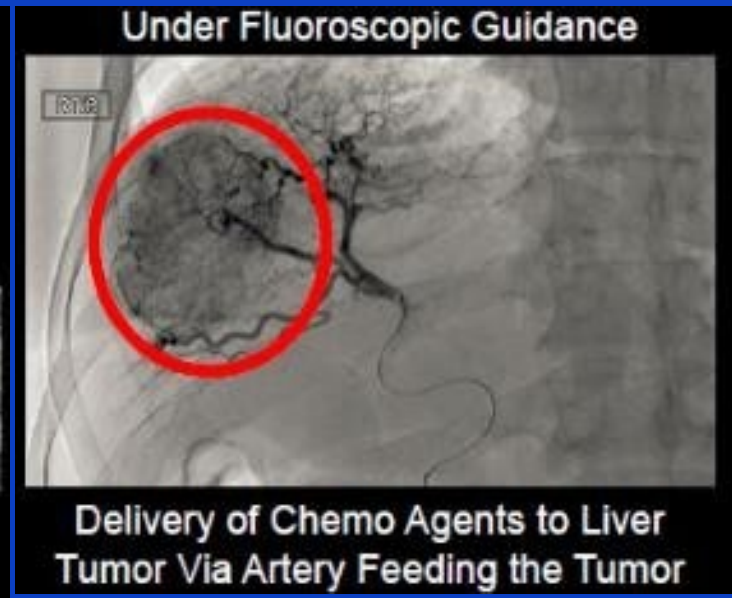
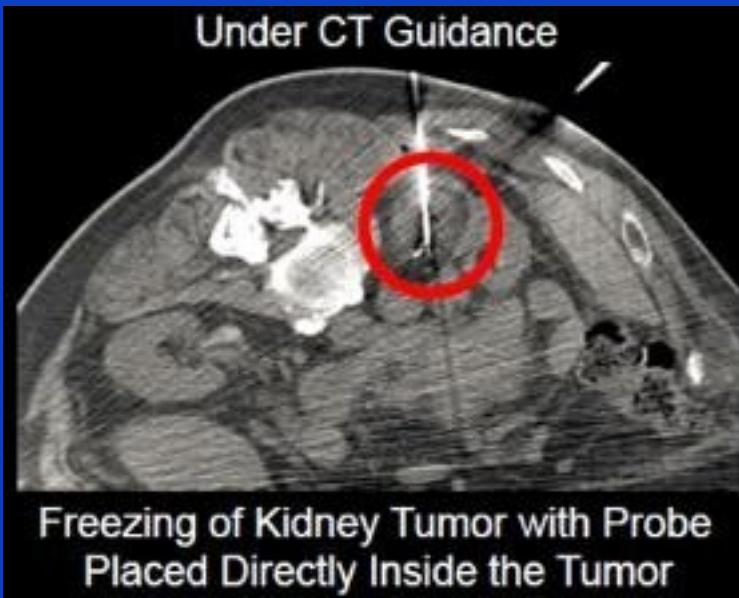
Image Guided ACCESS

CANCER

SAMPLING

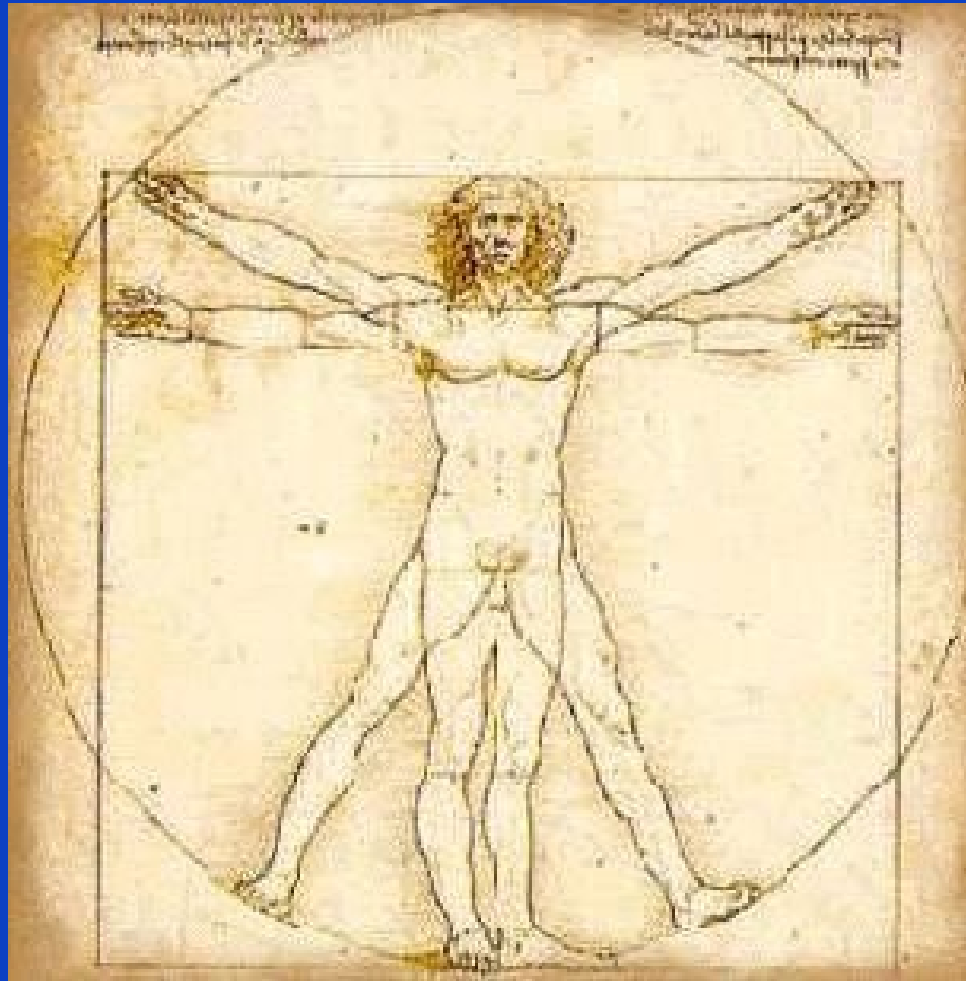


TREATMENT



My View of Interventional Radiology

Image Guided **ACCESS**



1. **TREAT**
2. **SAMPLE**

Treating: Routine IR Stuff

- Placement of Venous Catheters, Ports for Chemotherapy, PICC, and Tunneled Lines for TPN
- Thyroid Nodule / Lymph Node FNA
- Fluid Drainage: Abscess, Ascites, Pleural Effusion.
- Gastrostomy and Gastrojejunostomy Tube
- Biliary Drains and Stents
- Nephrostomy / Nephroureteral Stents/ Double J

Removing Embedded Inferior Vena Cava Filters

Until now, a patient with an inferior vena cava (IVC) filter that's become trapped in the vessel might have had no option for its removal and faced a lifetime of health risks and anticoagulation therapy. Finally, a few physicians, including Johns Hopkins interventional radiologists **Mark Lesne** and **Anabel Tamraz**, are performing laser sheath tissue ablation to remove the adhesions that hold the IVC filter fast. This novel technique was introduced at Stanford University, where Tamraz trained.

The usual patient receiving IVC filter is at high risk for venous thromboembolism and a poor candidate for anticoagulation therapy. In total, in the U.S., about 200,000 IVC filters were implanted—supposedly temporarily.

Ideally, these filters are removed when the risk of thromboembolism has passed. The FDA recommends that efforts to remove IVC filters be made as soon as possible, saying that, "If a patient has a retrievable IVC filter that should be removed based on his or her individual risk/benefit profile, the primary care physician and/or those providing ongoing patient care should refer the patient for IVC removal when feasible and clinically indicated."

The standard approach for retrieving an IVC filter is to snare it with a dedicated filter grasping device and ease it out through the jugular or femoral vein. "This can be easier said than done," says Lesne. "Connective tissue can grow into the filter and hold it tight." Although lodged IVC filters are not always problematic, they can fracture, migrate or penetrate the IVC or bowel, or cause acute IVC thrombosis or chronic IVC occlusion. Some patients want the filter removed so they can stop the anticoagulant medications that they're required to take.

The laser sheath tissue ablation technique is an option when the standard approach and progressively more aggressive tension fails, but can still be done minimally invasively through small skin nicks. "We know from the literature that 40 to 60 percent of retrievable filters cannot be removed by standard methods," says Tamraz. "This is especially true of filters that have been in place for over a year."

With the patient under light sedation, Lesne and Tamraz enter the vessel and ablate adhesions by means of photothermal energy from the laser sheath. Using measured tension, they guide the laser sheath progressively along the filter, free it and capture it for removal. The technique may also work on IVC filters of an earlier, permanent design.

"We want physicians in the community to know that the procedure is available. It may eliminate the risk of complications associated with long-term IVC implantation, and it eliminates the burden of filter-related lifelong anticoagulation," says Lesne. "We like hearing from patients that with the filter removed, their life has returned to normal."



Anabel Tamraz, left, and Mark Lesne are using laser sheath tissue ablation to remove IVC filters, like the one pictured here, that have become trapped in the blood vessel.



Treating: Compression Fractures



Treating: Uterine Fibroid Embolization

Cardiovasc Intervent Radiol (2008) 31:73–85

DOI 10.1007/s00270-007-9195-2

CLINICAL INVESTIGATION

Midterm Clinical and First Reproductive Results of a Randomized Controlled Trial Comparing Uterine Fibroid Embolization and Myomectomy

**Michal Mara · Jana Maskova · Zuzana Fucikova · David Kuzel ·
Tomas Belsan · Ondrej Sosna**

Treating: Prostate Artery Embolization (BPH)



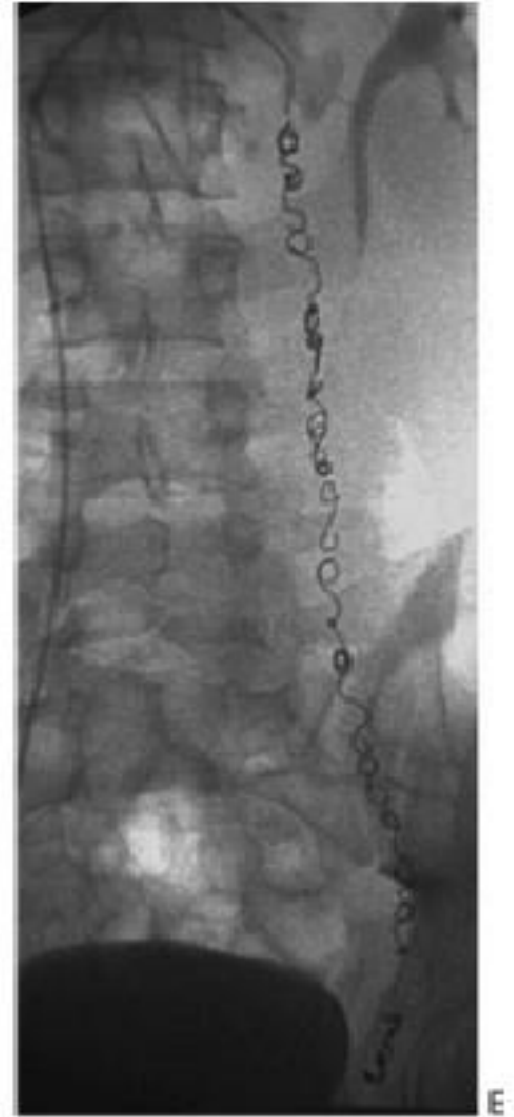
Techniques in
Vascular and
Interventional
Radiology

Prostatic Artery Embolization in the Treatment of Benign Prostatic Hyperplasia: Short and Medium Follow-up

Hugo Rio Tinto, MD,* João Martins Pisco, MD, PhD,* Tiago Bilhim, MD, PhD,*
Marisa Duarte, MD,† Lúcia Fernandes, MD,† José Pereira, MD,† and
L. Campos Pinheiro, MD, PhD‡

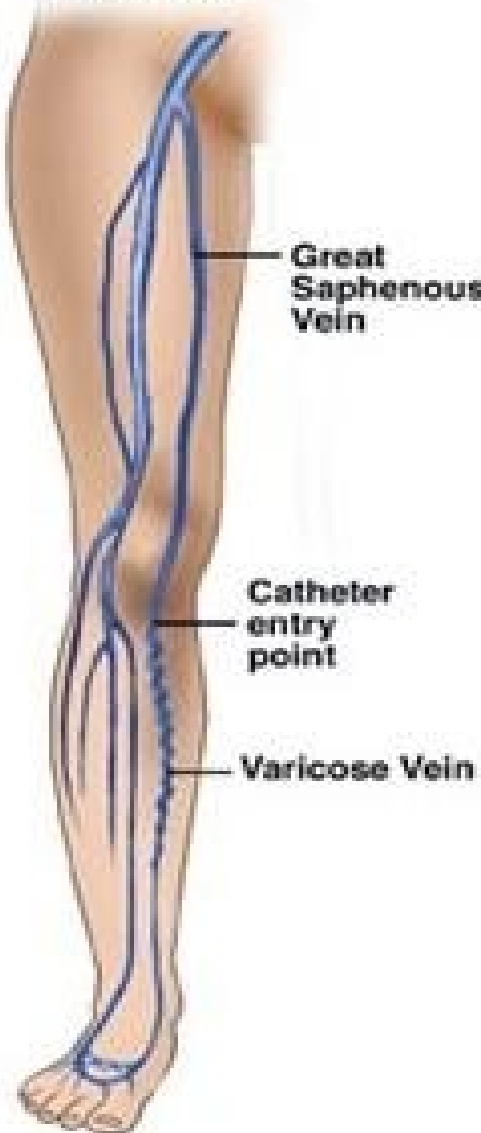
To evaluate the short and mid-term results of prostatic artery embolization in patients with benign prostatic hyperplasia. Retrospective study between March 2009 and June 2011 with 103 patients (mean age 66.8 years, 50-85) that met our inclusion criteria with symptomatic benign prostatic hyperplasia. The clinical outcome was evaluated by the International Prostate Symptom Score (IPSS), quality of life (QoL), International Index of Erectile Function, prostate volume (PV), prostate-specific antigen (PSA), peak urinary flow (Q_{max}), and post-void residual volume (PVR) measurements at 3 and 6 months, 1 year, 18 months, and 2 years after PAE and comparison with baseline values was made. Technical and clinical successes, as well as poor clinical outcome definitions, were previously defined. In this review, we evaluate the short and mid-term clinical outcomes and morbidity of patients treated only with non-spherical polyvinyl alcohol. Six months after the procedure, the PV decreased about 23%, IPSS changed to a mean value of 11.95 (almost 50% reduction), the QoL improved slightly more than 2 points, the Q_{max} changed to a mean value of 12.63 mL/s, the PVR underwent a change of almost half of the baseline value, and the PSA decreased about 2.3 ng/mL. In the mid-term follow-up and comparing to the baseline values, we still assisted to a reduction in PV, IPSS, QoL, PVR, and PSA, and an increase in Q_{max} . Prostatic Artery Embolization is a safe procedure with low morbidity that shows good short- and mid-term clinical outcome in our institution. Tech Vasc Interventional Rad 15:290-293 © 2012 Elsevier Inc. All rights reserved.

Treating: Varicocele Vein



Treating: LEG Varicose

Superficial Veins of the Leg



Vein Ablation

Catheter in Vein



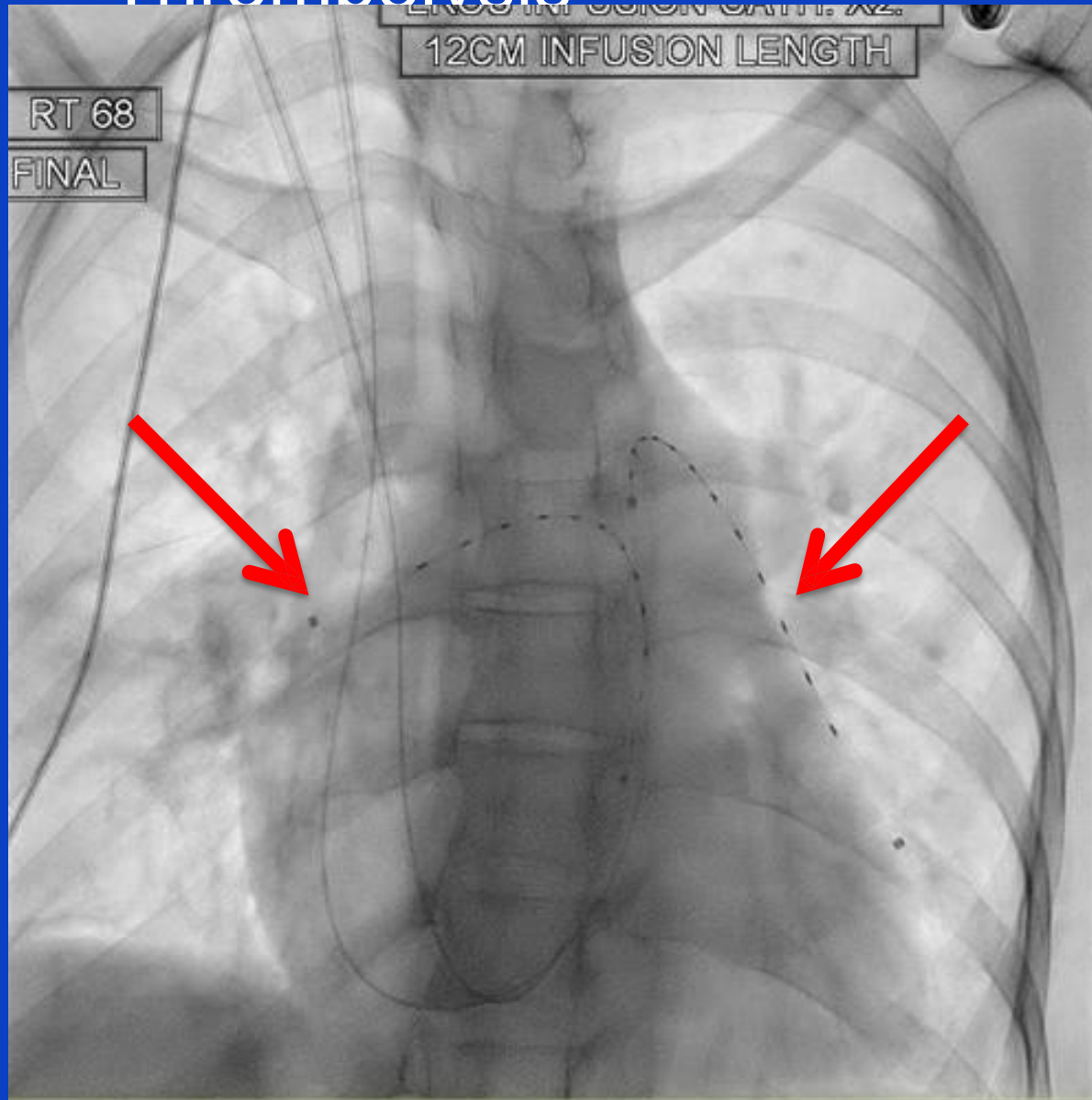
Vein Heated



Vein Closes



Treating: PE Thrombolysis



OPTALYSE PE study explored optimal duration and dose using EKOS®

Patients

Acute PE with RV/LV ratio ≥ 0.9
(n= 101; 17 centers)

Objectives

Evaluate the optimal duration and dose of ultrasound-facilitated, catheter-directed thrombolysis (USCDT) using r-tPA administered via the EKOS® system:

- Efficacy - Change in RV/LV ratio on CTA at 48hrs
- Safety – As measured by major bleeding within 72hrs

Randomization

Cohort 1

26 Patients
2 (h) EKOS®
4/8 mg r-tPA*

Cohort 2

26 Patients
4 (h) EKOS®
4/8 mg r-tPA*

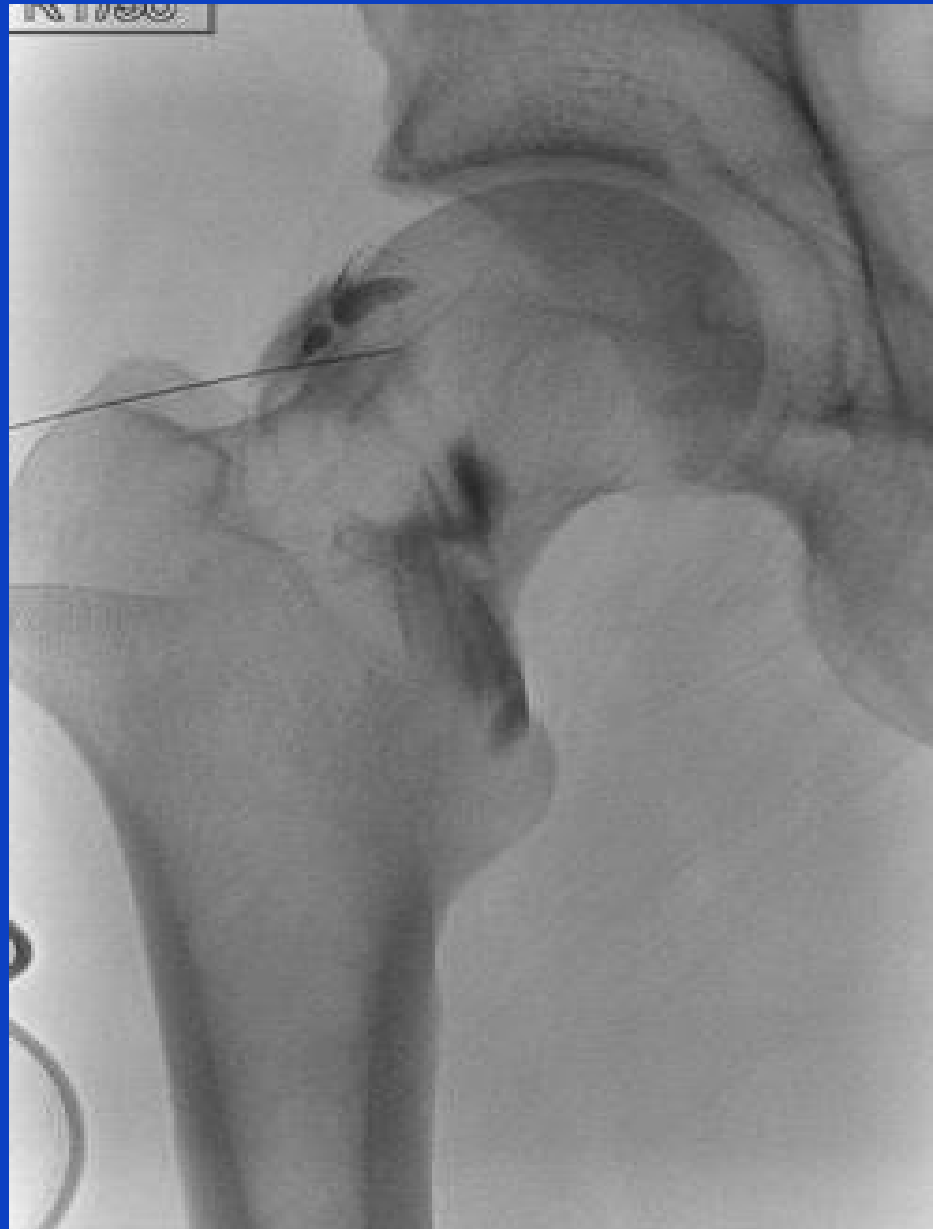
Cohort 3

27 Patients
6 (h) EKOS®
6/12 mg r-tPA*

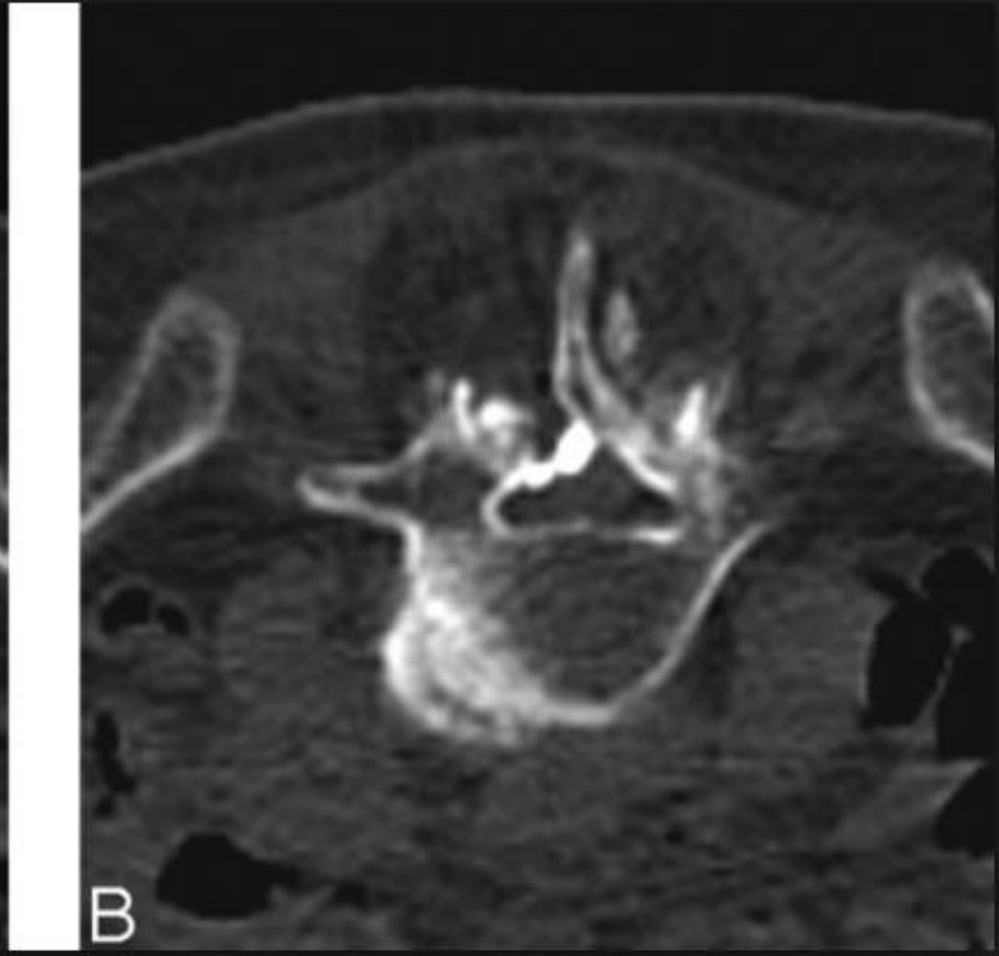
Cohort 4

18 Patients
6 (h) EKOS®
12/24 mg r-tPA*

Treating: Hip Injection

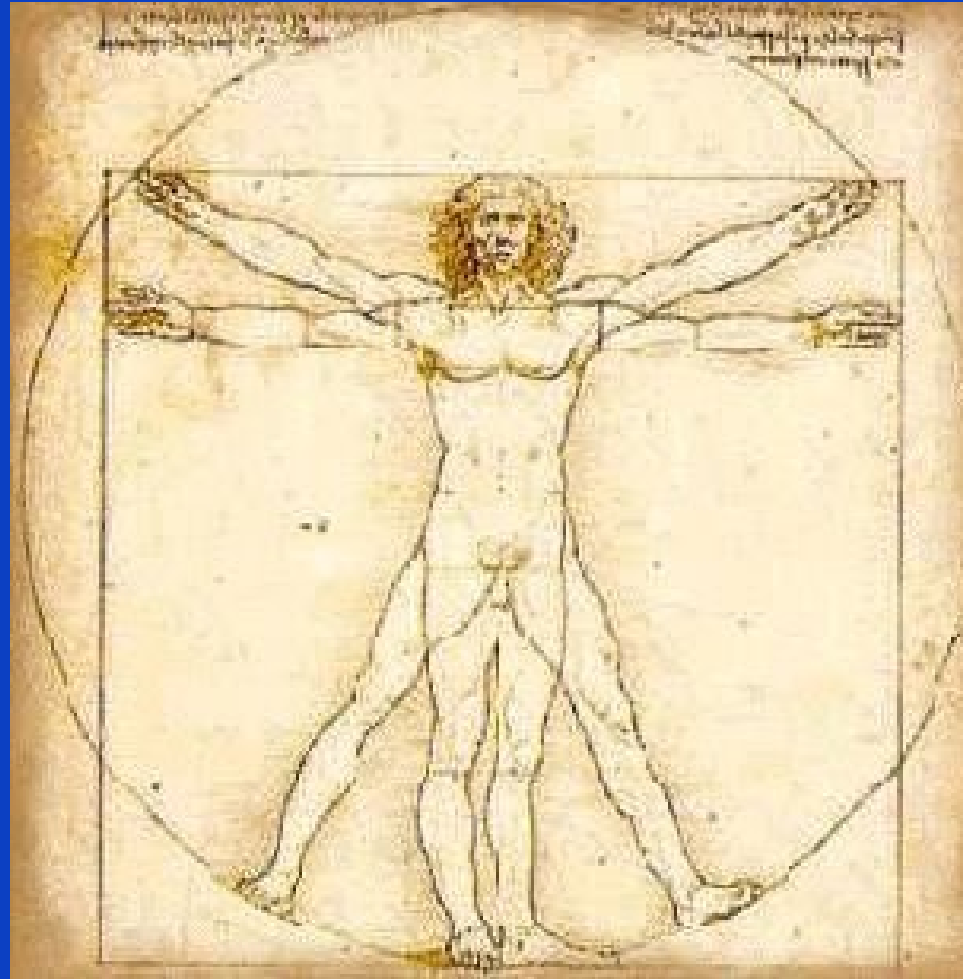


Treating: Epidural Injection



My View of Interventional Radiology

ACCESS



1. TREAT
2. SAMPLE

IR's Stance: Get Ready for More **Tissue** Biopsy

SPECIAL COMMUNICATION

Image-Guided Biopsy in the Era of Personalized Cancer Care: Proceedings from the Society of Interventional Radiology Research **Consensus Panel**

Alda L. Tam, MD, Howard J. Lim, MD, Ignacio I. Wistuba, MD,
Anobel Tamrazi, MD, PhD, Michael D. Kuo, MD, Etay Ziv, MD, PhD,
Stephen Wong, PhD, Albert J. Shih, PhD, Robert J. Webster, III, PhD,
Gregory S. Fischer, PhD, Sunitha Nagrath, PhD, Suzanne E. Davis, MMS, MBA,
Sarah B. White, MD, and Kamran Ahrar, MD

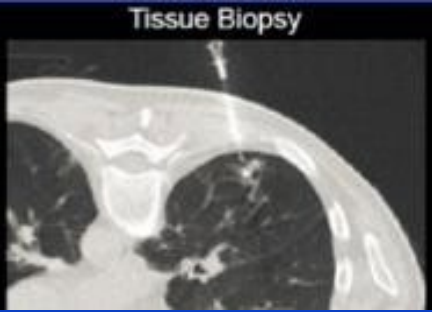
IR Biopsy and Personalized Medicine

Image-guided Needle Biopsies and Personalized Medicine

Authors: A. Tamrazi MD, PhD¹, A. Gulati MD¹, and V. Wadhwa MD²

1. Palo Alto Medical Foundation, Sequoia Hospital Vascular and Interventional Radiology, Redwood City, CA, USA.
2. University of Arkansas Medical Sciences, Department of Radiology, Little Rock, AR, USA.

Precision Cancer Care Today: Lung Cancer



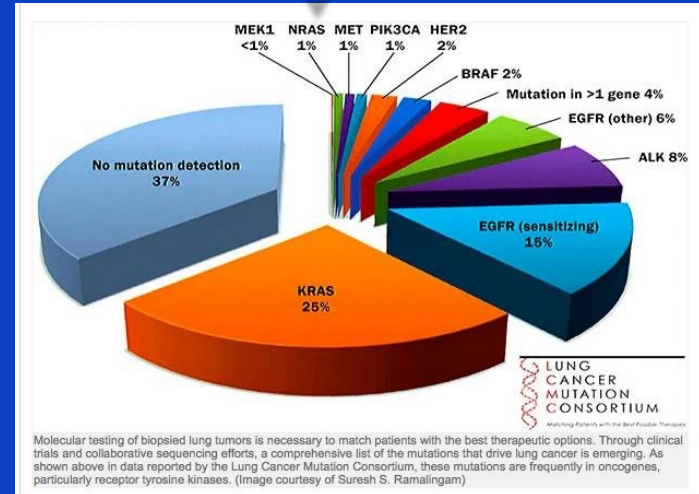
IR Biopsy

Pathology

Molecular

- **Small Cell**
- **Non-Small Cell**

Chemotherapy



- **Targeted Therapy**
- **Immuno-Oncology**

Delayed Care and Exclusion from

STAT

Shoddy biopsies deny cancer patients a shot at personalized treatment

By Elie Dolgin

January 22, 2016



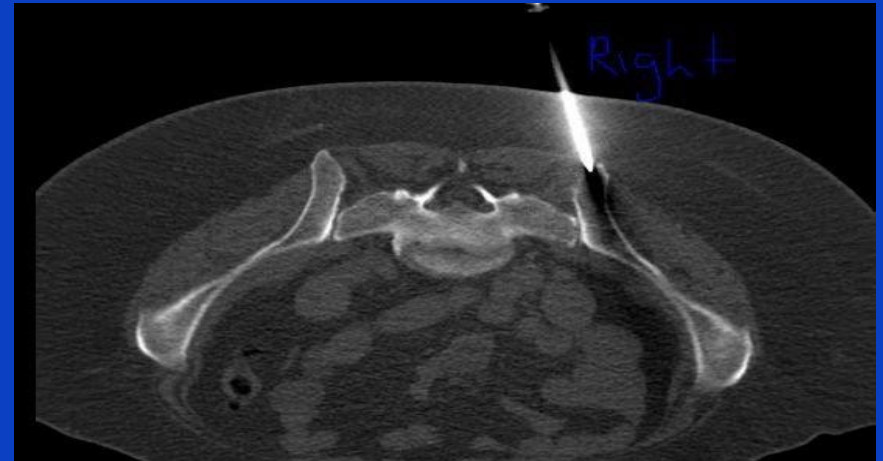
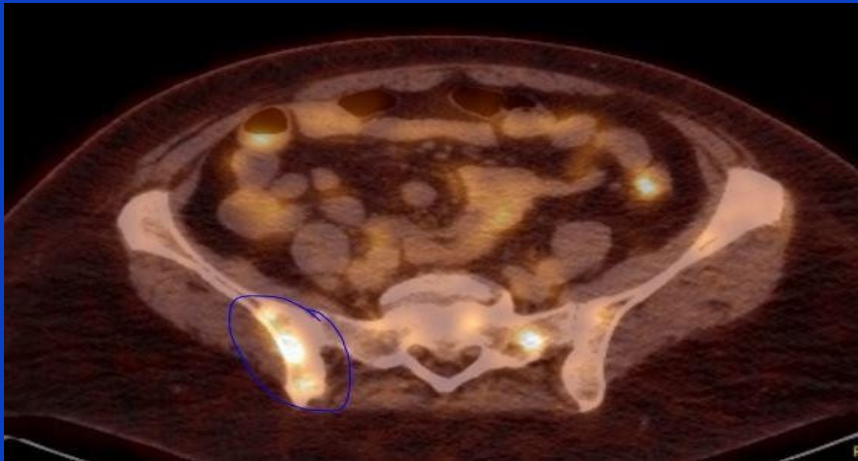
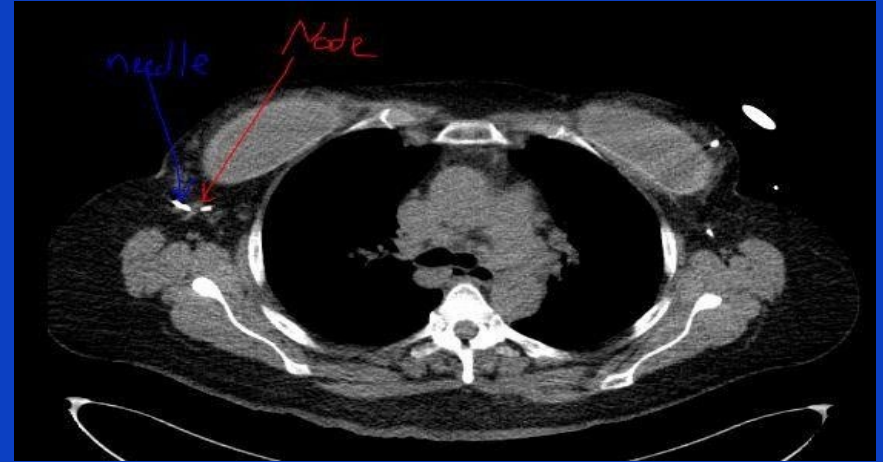
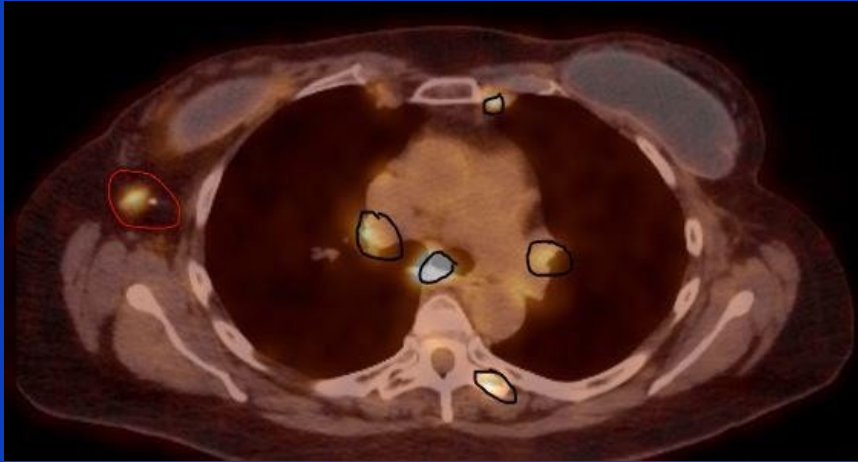
Shoddy tumor biopsies are preventing cancer patients from receiving personalized therapies. *Dan Kitwood/Getty Images/Cancer Research UK*

1 in 5 Biopsy Samples Inadequate for Molecular Analysis

COMPREHENSIVE Sampling

PET/CT

Biopsy



Fiducial Marker Placement

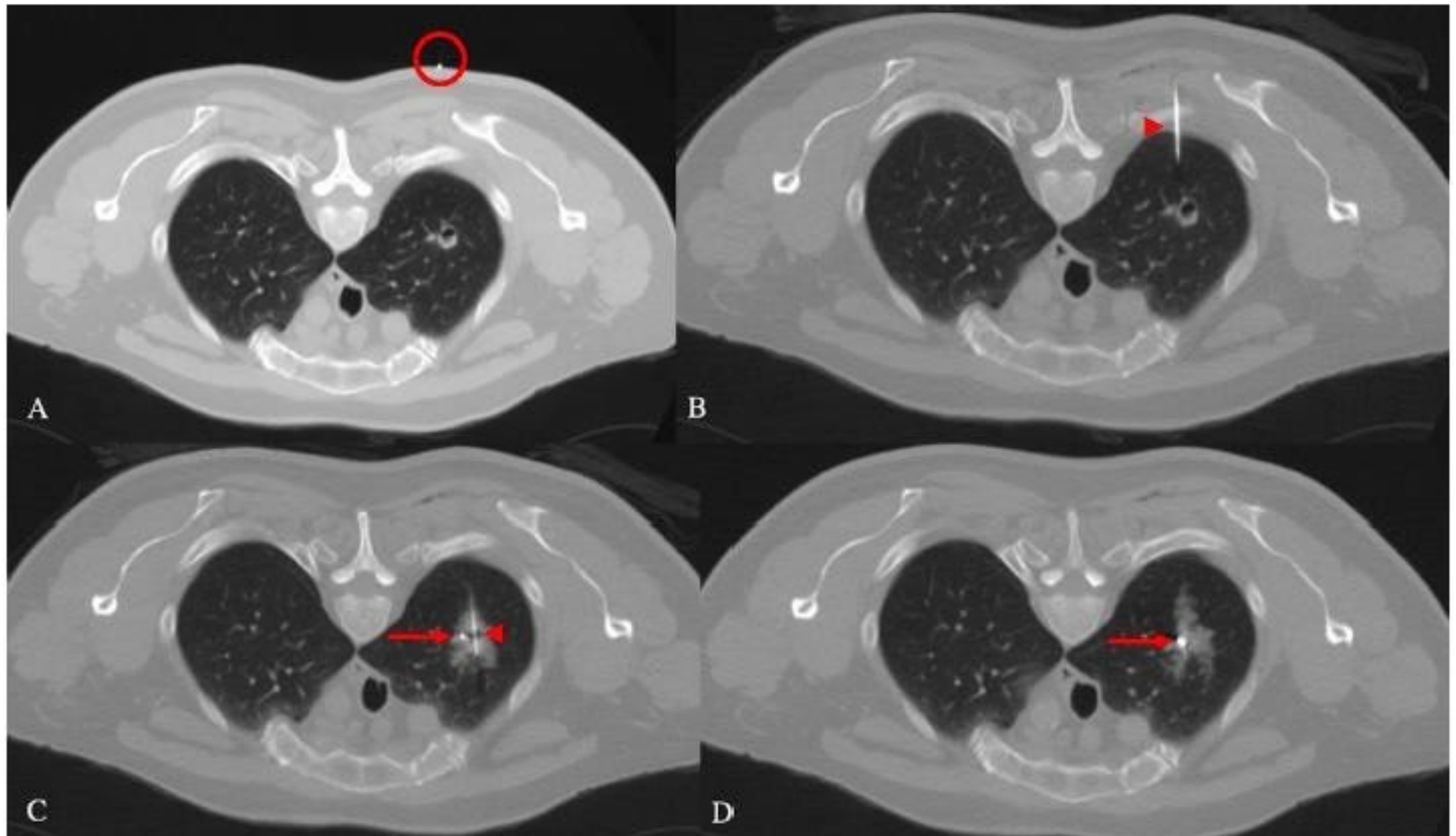


Figure 4: CT-guided Lung Nodule Fiducial Marker Placement and Biopsy

Thank
You!

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