

# Breast-Feeding Class



This class is designed for expectant and new mothers seeking information on breastfeeding.

## 2020 Dates:

January 22  
February 19  
March 18  
April 22  
May 20  
June 17  
July 15  
August 19  
September 16  
October 21  
November 16  
December 21

## Location:

**Mercy Medical Pavilion**  
3rd Floor, Classrooms C/D  
315 Mercy Avenue  
Merced, CA 95340

## Time:

**6pm - 9pm**

**This class teaches the basics of breastfeeding, which include:**

- Reasons to breastfeed
- How hold and latch your baby
- How your support people can help

*There is no cost to attend this class, however registration is required. To register, contact Mercy Health Education at 209.564.4384.*