

Breast-Feeding Support



While breastfeeding is a natural process, it can be challenging, especially in the early weeks. Our breastfeeding support is FREE and offered weekly to provide tips and encouragement to new and experienced breastfeeding moms through the first year and beyond.

Location:

Mercy Outpatient Center
Breastfeeding Education Center
1st Floor
2740 M Street
Merced, CA 95340

Dates and Time:

Every Wednesday
10am - 12pm

A lactation professional, experienced in assisting new moms with breastfeeding, is present to answer your questions and provide you with the help you need for breastfeeding success. Topics discussed may include:

- Soreness
- Latching issues
- Infant weight gain
- Nursing aids
- Milk supply concerns
- Exclusive pumping

To attend contact Mercy Health Education at 209.564.5285.